

Fișă de verificare privind îndeplinirea standardelor minimale

Domeniu: Educație Fizică și Sport

UNIVERSITATEA BABEȘ-BOLYAI CLUJ-NAPOCA
FACULTATEA DE EDUCAȚIE FIZICĂ ȘI SPORT
CADRUL DIDACTIC Prof. univ. dr. habil SANDOR IOSIF

A1. Realizări științifice

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsura
Realizări științifice semnificative în calitate de autor principal			
I1	Contribuții în extenso de tip article sau review, publicate în reviste indexate Web of Science (ISI), al căror IF este mai mare sau egal cu p, realizate în calitate de autor principal	3+(3xIF)	articol
1.	Czont A., Freyer T., Bodor Z., Mara G., Sandor I. , Miklossy I., (2023) <i>Position-based anthropometric characteristics and general physiological performance of national level, U18 ice hockey players</i> , Sportis. Scientific Journal of School Sport, Physical Education and Psychomotricity DOI: https://doi.org/10.17979/sportis.2022.8.3 , https://www.revistaeduca.org/index.php/educa	3 + [(3 x 0,9)	5,7
2.	Soos, I., Simonek, J., Karsai, I., Hamar, P., Biddle, S., Sandor, I., (2009) <i>Physical activity and sedentary behaviours in youth: Data from three Central-Eastern European countries</i> , Science_Citation_Expanded, European Journal Of Sport Science, DOI: 10.1080/17461390902829234 , 9 (5), 2009, P.295 – 301 http://apps.webofknowledge.com/Search.do?product=WOS&SID=E5VD7TSYbsuSbMIMLNw&search_mode=GeneralSearch&prID=87af32ec-8d0e-4243-b4aa-22b001e43aad , https://www.tandfonline.com/doi/abs/10.1080/17461390902829234 https://www.cabdirect.org/cabdirect/abstract/20093266490 , http://vuir.vu.edu.au/27273/ , https://core.ac.uk/display/33476102	3 + [(3 x 3,8)	14,4
	Total I1		20.1
I2	Contribuții în extenso de tip article sau review, publicate în reviste indexate Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF=0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format în extenso (full-text) realizate în calitate de autor principal	3+IF	articol
1.	Stan, Delia-Claudia, Boncuț, M., Miron, Mioara, Roxana, Sandor, I. , Christiane Perme, (2024) <i>Perme Intensive Care Unit Mobility Score and ICU Mobility Scale: translation into Romanian and cross-cultural adaptation for use in Romania</i> , Health, Sports & Rehabilitation Medicine, Vol. 25, no. 1, January-March 2024, 4–8 , https://doi.org/10.26659/pm3.2024.25.1.4	3+0 = 3	3
2.	Emanuele Isidori, Irina Leonova, Natalia Poplavskaya, Mario De Martino, Simina-Aurelia Neag, Iosif Sandor (2024) <i>In Search of the Relationship Between Pedagogy and Medicine: Towards a Holistic Paradigm of Well-Being Education</i> , Special Issue: Proceedings of 12th International Conference, Education, Reflection, Development, (ERD 2024), Educatia 21 Journal, (28) 2024, Art. 30 , doi: 10.24193/ed21.2024.28.30	3+0 = 3	3
3.	Vlad Popa, Iosif Sandor , Rareș D. Ciocoi-Pop, <i>Open-source software as an alternative means of biomechanical assessment</i> . Studia Ubb Educatio Artis Gymn., LXIX, 2, 2024, pp. 31-43, DOI: 10.24193/subbeag.69(2).10	3+0 = 3	3
4.	Delia-Claudia Stan, Iosif Sandor , (2023) <i>Early mobilization and the elastic band, an efficient solution for an intubated subject: a case study</i> , Studia Ubb Educatio Artis Gymn., LXVIII, 2, 2023, pp. 57-67, DOI:10.24193/subbeag.68(2).1	3+0 = 3	3

5.	Baias, M., Sandor, I. , Isidori, E., & Magnanini, A. (2023). <i>Safe Education Strategies in Balance Improvement for Children with Cerebral Palsy</i> . In I. Albulescu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2022, vol 6. European Proceedings of Educational Sciences (pp. 109-120). European Publisher. https://doi.org/10.15405/epes.23056.10	3+0 = 3	3
6.	Veres, B. – A., Şandor, I. , Isidori, E., & Claudia, M. (2023). <i>Use Of Mobile Apps In Increasing Adolescents' Compliance With Physical Rehabilitation Programs</i> . In I. Albulescu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2022, vol 6. European Proceedings of Educational Sciences (pp. 322-329). European Publisher. https://doi.org/10.15405/epes.23056.29	3+0 = 3	3
7.	Isidori, E., Poplavskaya, N., Alonzi, R., de Martino, M., Leonova, I., & Sandor, I. (2023). <i>What Does It Mean "To Learn" In The Internet Age?</i> . In I. Albulescu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2022, vol 6. European Proceedings of Educational Sciences (pp. 330-344). European Publisher. https://doi.org/10.15405/epes.23056.30	3+0 = 3	3
8.	Popa, V., Sandor, I. , Ciocoi-Pop, D.R., Isidori, E., Leonova, I. <i>Data extraction using kinovea for accessible on-site biomechanical analysis</i> (2023) eLearning and Software for Education Conference, 2, pp. 71-79. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219146215&doi=10.12753%2f2066-026X-23-049&partnerID=40&md5=9500a475692dda6b76d6cea8cde4d1a DOI: 10.12753/2066-026X-23-049	3+0 = 3	3
9.	Isidori, E., De Martino, M., Poplavskaya, N., Alonzi, R., Leonova, I., Sandor, I. <i>Integrating microcredentials in an e-learning course on pedagogy at the university level: a case study</i> (2023) eLearning and Software for Education Conference, 2, pp. 152-169. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219107674&doi=10.12753%2f2066-026X-23-056&partnerID=40&md5=363c5ca59ec398311bbdd86a5bf328ac DOI: 10.12753/2066-026X-23-056	3+0 = 3	3
10.	Popa, V., Sandor, I. , Ciocoi-Pop, D.R., Isidori, E., De Martino, M., Alonzi, R. <i>Data analysis using python for accessible on-site biomechanical analysis</i> (2023) eLearning and Software for Education Conference, 2, pp. 80-87. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219101813&doi=10.12753%2f2066-026X-23-050&partnerID=40&md5=4b142cc15803caef73d77abf0df9a029 DOI: 10.12753/2066-026X-23-05	3+0 = 3	3
11.	Isidori, E., De Martino, M., Poplavskaya, N., Petrova, I., Leonova, I., Sandor, I. <i>Exploring the use of TELEGRAM as a platform for e-learning at university: a case study</i> (2023) eLearning and Software for Education Conference, 2, pp. 254-266. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219086697&doi=10.12753%2f2066-026X-23-065&partnerID=40&md5=9fffc5fb888ea24c476fd65e545e6763 DOI: 10.12753/2066-026X-23-065	3+0 = 3	3
12.	Popa Vlad, Sandor Iosif , Ciocoi-Pop Dumitru Rareş, (2022), <i>Functional assessment in neuromotor reeducation</i> , Studia Ubb Educatio Artis Gymn., LXVII, 4, 2022, pp. 147-160 DOI:10.24193/subbeag.67(4).43	3+0 = 3	3
13.	Baias Maria-Sofia, Sandor Iosif , (2022), <i>Sports practice as therapeutic method in physical rehabilitation programs for children with special education needs</i> , Studia Ubb Educatio Artis Gymn., LXVII, 4, 2022, pp. 17-28, DOI:10.24193/subbeag.67(4).30	3+0 = 3	3
14.	Stan Delia-Claudia, Sandor Iosif , (2022) <i>The effectiveness of passive exercises on arterial blood gases in mechanically ventilated subjects from intensive care units</i> , Studia Ubb Educatio Artis Gymn., LXVII, 4, 2022, pp. 183-192 , DOI:10.24193/subbeag.67(4).46	3+0 = 3	3
15.	Isidori, E., De Martino, M., Alonzi, R., Poplavskaya, N., Leonova, I., Sandor, I. <i>Teaching sports history by mozilla hubs: a case study</i> (2022) eLearning and Software for Education Conference, 2, pp. 324-330. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85218965832&doi=10.12753%2f2066-026X-22-088&partnerID=40&md5=bc5f2346b344dfe21bbbeb6f8a8e745b DOI: 10.12753/2066-026X-22-088	3+0 = 3	3
16.	Neag, S.-A., Sandor, I. , Patrascu, A., Isidori, E. <i>The transition from junior to senior in handball: estimating throwing acceleration with a portable device</i> (2022) eLearning and Software for Education Conference, 2, pp. 331-337. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85218947312&doi=10.12753%2f2066-026X-22-	3+0 = 3	3

	089&partnerID=40&md5=6940116b157c2276056907dd14f2e0c2 DOI: 10.12753/2066-026X-22-089		
17.	Isidori, E., De Martino, M., Alonzi, R., Poplavskaya, N., Leonova, I., Sandor, I. <i>Social networks, socialization, and values of contemporary society: a challenge for e-learning and the internet's ethics</i> (2022) eLearning and Software for Education Conference, 1, pp. 353-363. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85218255171&doi=10.12753%2f2066-026X-22-045&partnerID=40&md5=d131d2b142532f083127c84012565e3c DOI: 10.12753/2066-026X-22-045	3+0 = 3	3
18.	Isidori, E., Fazio, A., Magnanini, A., Sánchez-Pato, A., Martino, M. D., & Sandor, I. (2022). <i>The Educational Counseling For Disabled Student-Athletes And The Rogerian Perspective</i> . In I. Albuлесcu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2021, vol 2. European Proceedings of Educational Sciences (pp. 302-312). European Publisher. https://doi.org/10.15405/epes.22032.29	3+0 = 3	3
19.	Isidori, E., Magnanini, A., Fazio, A., De Martino, M., Leonova, I., Sandor, I. <i>Developing reflective skills in e-learning: A case study based on the flipgrid platform</i> (2021) eLearning and Software for Education Conference, pp. 423-429. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85127295086&doi=10.12753%2f2066-026X-21-053&partnerID=40&md5=174a8cb2343bf6c1bf6c346c1d95031a DOI: 10.12753/2066-026X-21-053	3+0 = 3	3
20.	Sandor, I. , Neag, Simina-Aurelia, (2021) <i>Study regarding the value of the players anthropometric indicators members of the elite European handball teams qualified at the final tournaments</i> , Studia Educatio Artis Gymnasticae Nr. 2-2021 http://studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=2&an=2021&id_art=18614 DOI: 10.24193/subbeag.66(2).20	3+0 = 3	3
21.	Sandor, I. , Neag, S.-A., Stan, D.-C., Isidori, E. <i>Is e-training a successful method for athletes during covid-19? An answer based on a case study</i> (2021) eLearning and Software for Education Conference, pp. 55-60. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85127231527&doi=10.12753%2f2066-026X-21-007&partnerID=40&md5=ffd70f1a818e1fc94845eaf6ea3590be DOI: 10.12753/2066-026X-21-007	3+0 = 3	3
22.	Isidori, E., Magnanini, A., Fazio, A., Leonova, I., Petrova, I., De Martino, M., Sandor, I. <i>The flipped learning at university by social networks: A challenge for e-learning</i> (2021) eLearning and Software for Education Conference, pp. 430-437. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85127225619&doi=10.12753%2f2066-026X-21-054&partnerID=40&md5=a9c7fd0fc081e30a118421310f7e0d97 DOI: 10.12753/2066-026X-21-054	3+0 = 3	3
23.	Giulio Morelli, Lorenzo Pratelli, Emanuele Isidori, Rafael Mendoza Gonzalez, Iosif Sandor , Angela Magnanini (2021), <i>Performance model in sitting volleyball: the RIO 2016 paralympic games case</i> , Studia Ubb Educatio Artis Gymn., LXVI, 4, 2021, pp. 35 – 51 DOI:10.24193/subbeag.66(4).31	3+0 = 3	3
24.	Sandor Iosif , Neag Simina-Aurelia, (2021) <i>Study regarding the value of the players anthropometric indicators members of the elite european handball teams qualified at the final tournaments</i> , Studia Ubb Educatio Artis Gymn., LXVI, 2, 2021, pp. 117 – 126 , DOI:10.24193/subbeag.66(2).20	3+0 = 3	3
25.	De Martino, M., Gushchina, Yu.Sh., Boyko, Z.V., Magnanini, A., Sandor, I. , Guerrero Perez, B.A., & Isidori, E. (2020). <i>Self-Organisation in Lifelong Learning: Theory, Practice and Implementation Experience Involving Social Networks and a Remote Format</i> . RUDN Journal of Psychology and Pedagogics, 17(3), 373–389. http://dx.doi.org/10.22363/2313-1683-2020-17-3-373-389	3+0 = 3	3
26.	Sandor I. , Isidori E, Taddei F., M.D. Macra-Oșorheana, Kalinin R., Moroz I. (2020). <i>Physical activities practiced in free time by 15-16 years old students: determinants, aims and parents' influence in Romania and the Republic of Moldova</i> . In: (a cura di): Boros-Balint I., Ciocoi-Pop D., Pop N.H., Deak G.F., Education for health and performance. p. 357-363, Bologna:Editografica, ISBN: 978-88-87729-62-7, www.edlearning.it ,	3+0 = 3	3

27.	Isidori E, De Martino M., Taddei F., Sandor I. (2020). <i>The use of Social networks as a platform for the flipped classroom in university education: a case study</i> . In: (a cura di): L. Gómez Chova, A. López Martínez, I. Candel Torres, Edulearn20 Proceedings. 12th International Conference on Education and New Learning Technologies. EDULEARN PROCEEDINGS, p. 3933-3940,9 Barcelona: IATED, ISBN: 978-84-09-17979-4, ISSN: 2340-1117, Palma de Mallorca, Spain, July 6th-7th, 2020, doi: doi.org/10.21125/edulearn.2020, https://library.iated.org/publications/EDULEARN20 https://library.iated.org/?search_text=publication%3AEDULEARN20&adv_title=&rpp=25&adv_authors=sandor+iosif&adv_keyword s=&orderby=page&refined_text=	3+0 = 3	3
28.	Taddei F., Cacchiarelli M., Sandor I. , Isidori E (2019). <i>Social networks use as an element of self-direction in learning: the learning strategies and behaviours of sports sciences university students</i> . In: (a cura di): L. Gómez Chova, A. López Martínez, I. Candel Torres, ICERI 2019. Proceedings of the 12th International Conference of Education, Research and Innovation. ICERI PROCEEDINGS, p. 3093-3098, Barcelona: IATED, ISBN: 978-84-09-14755-7, ISSN: 2340-1095, Seville, 11-13 November, 2019, https://library.iated.org/?search_text=&adv_title=&rpp=25&adv_authors=sandor+iosif&adv_keywords=&orderby=relevance	3+0 = 3	3
29.	Sandor I. , Isidori E, Taddei F, Kalinin R, (2019) <i>The characteristics of physical activity practice in three Romanian schools with different ethnic groups</i> . Studia Universitatis Babeş-Bolyai, Educatio Artis Gymnasticae . Dec 2019, Vol. 64 Issue 4, p5-15. 11p, https://scholar.google.ro/scholar?q=The+characteristics+of+physical+activity+practice+in+three+Romanian+schools+with+different+ethnic+groups&hl=en&as_sdt=0&as_vis=1&oi=scholar http://eds.a.ebscohost.com/abstract?site=eds&scope=site&jrnl=14534223&AN=142899004&h=B572Wt3ytmqJxHDGQ6Tr5doOa2CdC0TyvXGr5eVL7LMO3k9JuJVJbiP1CY7h0NKRY3eC6pvhNmy2Gukk%2beWHKQ%3d%3d&crl=c&resultLocal=ErrCrlNoResults&resultNs=Ehost&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d14534223%26AN%3d142899004	3+0 = 3	3
30.	Isidori, Emanuele, Sandor, Iosif ; Salvador-Garcia, Celina; Fazio, Alessandra, <i>Teaching Sports Pedagogy through Facebook: A Case Study</i> , eLearning & Software for Education . 2018, Volume 3 DOI: 10.12753/2066-026X-18-183 Pages: 280-287. 8p, http://eds.b.ebscohost.com/abstract?site=eds&scope=site&jrnl=2066026X&AN=129483762&h=3n4%2fsDIRrMB3fbjwCLOjDoYn1J0gZDWVfy6YEqS0NMNH8dxTfTFBwi346tSTB9Sa3sPNO93Xj4kuCjuXy9nENw%3d%3d&crl=c&resultLocal=ErrCrlNoResults&resultNs=Ehost&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2066026X%26AN%3d129483762	3+0 = 3	3
31.	Isidori Emanuele, Fazio Alessandra, Sandor Iosif , Chiva Bartoll Oscar, <i>Flipped classroom in physical education: pedagogical models and possible implementation through web 2.0</i> . 2018, Volume 3 DOI: 10.12753/2066-026X-18-182 Pages: 274-279, http://proceedings.elseconference.eu/index.php?r=site/index&year=2018&index=papers&vol=29&paper=794424a4752f3aae874712d2e058d0eb	3+0 = 3	3
32.	Iosif Sandor , Emanuele Isidori, Fabio Togni, <i>Education for sports values, critical reflective methodologies, and human Bildung: from theory to practice</i> , The Fifth International Conference on Adult Education, Education for values – continuity and context Iasi, Romania – April 25th–27th, 2018, Chisinau, Moldova - April 27th–28th, 2018, Pag. 263-271, http://www.edlearning.it/proceedings/moreinfo/20180425.htm , http://www.edlearning.it/ebook/B425.pdf	3+0 = 3	3
33.	Iosif Sandor , Emanuele Isidori, Fabio Togni, <i>Family and Sport: Between Values and Lifelong Learning</i> , The Fifth International Conference on Adult Education, Education for values – continuity and context Iasi, Romania – April 25th–27th, 2018, Chisinau, Moldova - April 27th–28th, Pag. 185-193, http://www.edlearning.it/proceedings/moreinfo/20180425.htm , http://www.edlearning.it/ebook/B425.pdf	3+0 = 3	3
34.	Sandor Iosif , Isidori Emanuele, Taddei Francesco, Stefănescu Horea Leonida, Kalinin Răzvan, <i>Parents' influence on attitudes of adolescents towards sport and physical activity in a changing society: the case of Transylvania</i> , Studia UBB Educatio Artis Gymn.,	3+0 = 3	3

	Lxiii, 3, 2018, pp. 17 - 27 (recommended citation) DOI:10.24193/subbeag.63(3).20 http://www.studia.ubbcluj.ro/download/pdf/1184.pdf		
35.	Sandor Iosif , Emanuele Isidori, Fazio Alessandra, <i>Virtual Reality, Educational Games, And Leisure In Contemporary Society: The Sport Pedagogy Point Of View</i> , Pagina: 137 - 138, An: 2017 Volum: , Conferința: The 13th International Scientific Conference eLearning and Software for Education Bucharest, April 27-28, 2017, Editura: Carol I National Defence University Publisher House, Editor: Ion Roceanu, ISBN/ISSN: 2360-2198, Web: www.elseconference.eu ,	3+0 = 3	3
Total I2		105	
I3	Cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	12 x m	Carte
1.	Sandor Iosif, <i>Antrenamentul la altitudine</i> , Risoprint, Cluj-Napoca, 2005, P. 178 https://www.worldcat.org/title/antrenamentul-la-altitudine/oclc/895158171&referer=brief_results	12x1=12	12
2.	Sandor Iosif, <i>Mediul rural din România și performanța sportivă</i> , Risoprint, Cluj-Napoca, 2005, P. 148 https://www.worldcat.org/title/mediul-rural-din-romania-si-performanta-sportiva/oclc/895158946&referer=brief_results	12x1=12	12
3.	Sandor Iosif, <i>Sisport mindenkinek</i> , Risoprint, Cluj-Napoca, 2013, P. 114 https://www.worldcat.org/title/sisport-mindenkinek/oclc/997427574&referer=brief_results	12x1=12	12
4.	Sandor Iosif, <i>Testnevelés és sport. Elmélet és didaktika</i> , Risoprint, Cluj-Napoca, 2013, P. 191 https://www.worldcat.org/title/testnevelés-es-sport-elmélet-es-didaktika/oclc/997413579&referer=brief_results	12x1=12	12
5.	Sandor Iosif, <i>Comportamentul motric într-o societate în continuă schimbare</i> , Risoprint, Cluj-Napoca, 2014, P. 136 https://www.worldcat.org/title/comportamentul-motric-intr-o-societate-in-continua-schimbare/oclc/933391235&referer=brief_results	12x1=12	12
Total I3		60	
I4	Capitole în cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	3 x m	Capitol
1.	Vereș, B. A., & Sandor, I. (2023). <i>Postural awareness of patients with idiopathic scoliosis: a creative approach using pictures</i> . În Petrova, I., Leonova, I. & E. Isidori (Eds.), <i>Creative person and the development of creativity: a challenge for contemporary society</i> (pp. 141). Rome: Quaepeg Editions. ISBN 9791222437521. https://doi.org/10.5281/zenodo.8309929	3x3=9	9
2.	Sandor Iosif , (2012), <i>Romanian Rural Sport Geography in the Context of High Olympic Performances. Regions of Interest in the Sportsmen Selection</i> , Geografia E Sport Prospettive di ricerca e esperienze, Settecittà, Viterbo, Italia, Editor: Rosario De Iulio, P. 148-158	3x3=9	9
3.	Stan, Delia-Claudia, Boncuț, M., Miron, Mioara, Roxana, Sandor, I. , Christiane Perme, (2024) <i>Perme Intensive Care Unit Mobility Score and ICU Mobility Scale: translation into Romanian and cross-cultural adaptation for use in Romania</i> , Health, Sports & Rehabilitation Medicine, Vol. 25, no. 1, January-March 2024, 4–8 , https://doi.org/10.26659/pm3.2024.25.1.4	3x1=3	3
Total I4		21	
Realizări științifice semnificative în calitate de co-autor			
I5	Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu p, realizate în calitate de co-autor	3 + [(3 x IF) /n]	Articol
1.	Simonek, J., Hamar, P., Ling, J., Biddle, S., Soos, I., Boros-Balint, Iuliana, Sandor, I. , Szabo, P.-Zs.,(2014) <i>Physical activity</i> ,	3 + [(3 x 0,9)	0,7

	<i>sedentary behaviour, use of electronic media and snacking among youth: an international study</i> , Science_Citation_Expanded, Kinesiology, UDC: 613.71:796.012.83-053.6, 46 (2) , 2014, P.155 – 163 http://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=AuthorFinder&qid=3&SID=E5VD7TSYbsuSbMIMLNw&page=1&doc=1 http://sure.sunderland.ac.uk/6290/ https://hrcak.srce.hr/131879 https://core.ac.uk/display/33271883	/8 = 0,7	
2.	Soos, I., Boros-Balint, Iuliana, Biddle, S., Hamar, P., Simonek, J., Sandor, I. , Szabo, P.Zs., (2012), <i>Prevalence of sedentary behaviour in young people in Romania and Slovakia</i> , Science_Citation_Expanded, European Physical Education Review, DOI:10.1177/1356336X1143065918 (I) , , P.19 – 46 http://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=AuthorFinder&qid=3&SID=E5VD7TSYbsuSbMIMLNw&page=1&doc=2 http://journals.sagepub.com/doi/abs/10.1177/1356336X11430659 https://eric.ed.gov/?id=EJ958233 https://www.learntechlib.org/p/110799/ https://eprints.usq.edu.au/31855/ http://sure.sunderland.ac.uk/3181/	3 + [(3 x 3) /7] = 1,7	1,7
	Total IS	2,4	
16	Contribuții în extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format in extenso (full-text), realizate în calitate de co-autor	(3 + IF) / n	Articol
1.	Iosif Sandor ; Adrian Pascan; Gabriela Rusu; Emanuele Isidori; Francesco Taddei; Sabri Kaya, <i>An Examination of Philosophical Profiles in Physical Education. A Comparison between Romania and Italy</i> , 2016, Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae, Volume 61, Number 4, 2016, pp. 5-14(10), http://www.ingentaconnect.com/content/doi/14534223/2016/00000061/00000004/art00001 http://studia.ubbcluj.ro/download/pdf/1065.pdf , Publisher: Directory of Open Access Journals https://www.worldcat.org/title/an-examination-of-philosophical-profiles-in-physical-education-a-comparison-between-romania-and-italy/oclc/7181014531&referer=brief_results http://eds.b.ebscohost.com/eds/detail/detail?vid=3&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxcpcXjb29raWUsdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=edsdoj.515c35ce94f74efaa498504597e05d14&db=edsdoj	0,5	
2.	Sandor Iosif , Ganea Ioan Virgil, Emanuele Isidori, Pascan Adrian, Rusu Gabriela Virginia, <i>Study of the body values in the context of the new Master Programs. A comparative analysis of the students from the three Master Programs of Physical Education and Sport Faculty Cluj-Napoca</i> , BDI, Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae., LX, 1, 2015, pp. 5 – 12, https://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=14534223&AN=102325804&h=Tm0e6yflK8Ci0RDL5M9axeuu4yUjOCT1wYjN0wtQg4m%2b8ppajlV6BhJNNQVmgNQNdYvLR%2fmP%2fkalTbL43X2oJQ%3d%3d&url=c&resultNs=AdminWebAuth&resultLocal=ErrCrINotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d14534223%26AN%3d102325804 http://ulrichsweb.serialssolutions.com/	0,6	

	http://jml2012.indexcopernicus.com/masterlist.php?q=1453-4223 , http://studia.ubbcluj.ro/download/pdf/educatio/2015_1/01.pdf https://scholar.google.com/citations?user=f4Z5yVYAAAAAJ&hl=pl		
3.	Sandor Iosif , Abele Agita, Maulini Claudia, Taddei Francesco, Migliorati Mascia, Isidori Emanuele, <i>Philosophical Paradigms and Pedagogical Orientations of Italian Youth Football Coaches: A Pilot Study</i> , 2011, International Scientifical Conference "Society, Integration, Education", Rezeknes Augstskola, P. 611-619, 978-9984-44-064-4, http://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=AuthorFinder&qid=23&SID=E5VD7TSYbsuSbMIMLNw&page=1&doc=2 http://www.ru.lv/sys/research/konf/files/konf,27-28_05_2011_invitation.docx ,	0,5	
4.	Sandor Iosif , Biddle Stuart, Soos Istvan, <i>The Relation Physical Activity –Rural Space Concerning Romanian 13-18 Age Youth</i> , Ebsco Host, Journal Of Settlements And Spatial Planning, 2010, P.18-21, http://journaldatabase.info/database/search.html?search_inp=SANDOR+IOSIF&search_type=Author http://vuir.vu.edu.au/27183/ http://search.ebscohost.com/ , https://www.worldcat.org/title/relation-between-physical-activity-and-rural-space-concerning-13-18-year-old-romanian-youth/oclc/860109184&referer=brief_results https://eprints.usq.edu.au/32225/ http://geografie.ubbcluj.ro/ccau/jssp/arihiva1_2011	1	
5.	Soos Istvan, Biddle Stuart, Sandor Iosif , <i>Determinants of sedentary behavior of young people in Romania</i> , Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae; 2010, Vol. 55 Issue 3, p125-128, 4p http://eds.b.ebscohost.com/eds/detail/detail?vid=18&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxpCxb29raWUsdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57490072&db=edb http://www.studia.ubbcluj.ro/serii/educatio/index_en.html https://www.researchgate.net/profile/Istvan_Soos/publication/303518726 http://www.studia.ubbcluj.ro/serii/educatio/educatio_eval_en.html ,	1	
6.	Emanuele Isidori, Agita Abele, Iosif Sandor , Ioan Virgil Ganea, Francesco Taddei, Claudia Maulini, <i>Analyzing Body Values in the Context of Postmodern Youth Education. A Comparative Study Between Italy, Latvia and Romania</i> , 2010, Physical culture and sport. Studies and research, Volume XLIX, DOI: 10.2478/v10141-010-0017-x, ISSN 2081-221, pag. 65-71 https://www.degruyter.com/view/j/pcssr.2010.49.issue--1/v10141-010-0017-x/v10141-010-0017-x.pdf , http://cejsh.icm.edu.pl/cejsh/element/bwmeta1.element.doi-10_2478_v10141-010-0017-x https://search.proquest.com/openview/eb070da306b48ecc0dc4283a8249ec10/1?pq-origsite=gscholar&cbl=2026634 http://yadda.icm.edu.pl/yadda/element/bwmeta1.element.-psjd-doi-10_2478_v10141-010-0017-x	0,5	
7.	Rusu Gabriela Virginia, Nicolae Bogdan, Sandor Iosif , <i>Study about the relationship between physical activity and quality of life in different Romanian</i> , Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae . 2010, Vol. 55 Issue 4, p133-137. 5p. https://s3.amazonaws.com/academia.edu.documents/7155549/569.pdf?AWSAccessKeyId=AKIAIWOWYYGZ2Y53UL3A&Expires=1528230508&Signature=lb3I3IPT61Fi3V6%2Ba%2F%2B7SCsYNF4%3D&response-content-	1	

	disposition=inline%3B%20filename%3DDEVELOPING_EDUCATIONAL_VALUES_THROUGH_SP.pdf#page=134 http://studia.ubbcluj.ro/download/pdf/569.pdf , http://eds.b.ebscohost.com/eds/detail/detail?vid=16&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxpCxb29raWUdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57490089&db=edb		
8.	Pascan Ioan, Pascan Adrian-Claudiu, Sandor Iosif , <i>Acrobatic Gymnastics in Schools - Methodological Aspects</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, 2/2008, P.85 – 92 http://eds.b.ebscohost.com/eds/detail/detail?vid=22&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxpCxb29raWUdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57391953&db=edb http://studia.ubbcluj.ro/download/pdf/373.pdf http://studia.ubbcluj.ro/serii/educatio/open_access_en.html	1	
9.	Hamar Pal, Soos István, Biddle Stuart, Sandor Iosif , Boros-Balint Iuliana and Szabo Peter., 2008, <i>A comparative study on Hungarian students' sedentary behaviours and physical activity by using a free-time diary</i> . Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae; 2008, Vol. 53 Issue 3, p13-19, 7p ISSN 1453-4223 http://eds.b.ebscohost.com/eds/detail/detail?vid=20&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxpCxb29raWUdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57391959&db=edb http://vuir.vu.edu.au/27350/ http://studia.ubbcluj.ro/download/pdf/395.pdf	0,5	
	Total I6	6,6	
I7	Cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	12 x m/n	Carte
1.	Rusu Flavia Ileana, Baciú Marius-Alin, Santa-Moldovan Ioan-Cristian, Câmpeanu Melania, Sandor Iosif , Vădan Anca Lucia, 2008, <i>Activitățile fizice la vârsta adultă</i> , Editura Napoca Star , Cluj-Napoca, 2008, P. 234 https://www.worldcat.org/title/activitati-sportive-pentru-populatia-de-varsta-adulta/oclc/895256755&referer=brief_results	12x3/6 = 6	6
2.	Boros-Balint Iuliana, Manasses Ildiko, Vizi Sandor, Baloga Istvan, Bogdan Vasile, Pascan Ioan, Szabo Peter-Zsolt, Andras Almos, Sandor Iosif , Ugron Agnes, 2011, <i>Magyar-roman szakkifejezes gyujtemeny I. Testneveles es sport, gyogytorna</i> . Culegere de terminologii maghiar-roman I. Educație fizică și sport, kinetoterapie, Mido Print, Cluj Napoca, Editor: Boroș-Balint Iuliana, 2011, P. 96 https://www.worldcat.org/title/magyar-roman-szakkifejezes-gyujtemeny-culegere-de-terminologii-maghiar-roman/oclc/895399848&referer=brief_results	12x3x/10=3,6	3,6
	Total I7	9,6	
I8	Capitole în cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	3 x m/n	Capitol
	Total I8		

Alte realizări științifice

I9	Lucrări in extenso (tip proceedings) indexate WoS sau altă BDI recunoscută, realizate în calitate de autor principal, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI (în cazul I9 și I10 se pot puncta cumulativ cel mult două contribuții /ediție conferință)	1	Lucrare
Total I9			
I10	Lucrări in extenso (tip proceedings) indexate WoS sau altă BDI recunoscută, realizate în calitate de co-autor, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI	1/n	Lucrare
1.	Biddle Stuart, Rusu Gabriela Virginia, Soos Istvan, Simonek Jaromir, Ling J, Karsai Istvan, Hamar Pal, Sandor Iosif , Boros-Balint Iuliana, Szabo Peter-Zsolt, <i>Physical activity and sedentary behaviour in youth, in the context of different geographical environments</i> , V Congreso mundial del deporte escolar, education física y psicomotricidad, Sportis.Formacion Deportiva, A Coruña 5-7 noviembre 2015, Cd-Actas, Editor: Victor Arufe Giraldez, 978-84-943477-2-6, 2015, P. 1-15 http://cev.org.br/eventos/v-congreso-mundial-del-deporte-escolar-educacin-fsica-y-psicomotricidad https://www.researchgate.net/publication/284030167 http://www.sportis.es/web/index.php?option=com_content&view=article&id=247& http://editorialinde.tumblr.com/post/132142114297/v-congreso-mundial-del-deporte-escolar-educaci%C3%B3n http://revistas.udc.es/index.php/SPORTIS	0,1	
2.	Bâca Ioan, Stefanescu Constantin Leonida, Sandor Iosif , Ciocoi-Pop Dumitru-Rares, <i>Riverrafting - Essential Means Of Conceptual Active Tourism Developing (River-Basin System Colibița Lake - Bistrița Ardeleană River)</i> , Index Copernicus Journals Master-List, Discobolul – Revista UNEFS de cultură, educație, sport și kinetoterapie Anul IX nr.1 (31) 2013, P.79-91 http://www.unefs.ro/discobolulmagazine/extenso/2013/Discobolul_1_2013_extenso.pdf www.indexcopernicus.com https://ecitydoc.com/download/discobolul-nr-31_pdf	0,25	
3.	Sandor I. , Isidori E, Yuktasir B., Rusu G. B., Kaya S., Lukacs L, 2012, <i>Study regarding the main Alpine Skiing Resorts Potential from Romania and Ukraine: Case Study Poiana Brasov and Bukovel</i> . In: Rural Mountain Areas. Experience, Preservation, Trends and Future Challenges. Cluj-Napoca - Sighetu Marmatiei, 2012, 18-22 July, ISSN-L 2285-3766. http://docplayer.net/6895924-Conference-reader-rural-mountain-areas-experience-preservation-trends-and-future-challenges-the-5-th-international-conference.html	0,16	
4.	Li S, Ling J, Simonek Jaromir, Karsai Istvan, Hamar Pal, Biddle Stuart, Soos Istvan, Sandor Iosif , <i>Electronic Media-Free Zone in the Bedroom! A Global Strategy Needed for Improving Health-Related Behaviours</i> , 17th Annual Congress of the European College of Sport Science, Vrije Universiteit Brussel & Universite Libre de Bruxelles, Editor: Meeusen, R., Duchateau, J., Roelands, B., Klass, M., DeGeus, B., Baudry, S., Tsolakidis, E., /2012/, 978-90902686-8-2, P. 565-565 http://www.ecss-congress.eu http://www.worldcat.org/title/book-of-abstracts/oclc/814127685 ,	0,12	
5.	Nica-Badea Delia, Sandor Iosif , Monea Gheorghe, <i>The research of sportsmen level of information, involvement, motivation involving doping phenomenon</i> , The International Congress of Physical Education, Sports and Kinetotherapy 1st Edition, Editura Discobolul, Editor: UNEFS București, ISBN 978-606-8294-37-7, BDI, 2011, P. 25-31 http://www.unefs.ro/custom_images/file/discobol%20pdf/arhiva/Discobolul%20nr%202026%20decembrie%202011/9.pdf	0,33	

6.	Soos Istvan, Biddle Stuart J H, Hamar Pal, Sandor Iosif and Simonek Jaromir, 2009, "You need to get out more!": Social and physical environments of sedentary and active behaviours of youth in two Central-Eastern European countries. In: 14th Annual Congress of the European College of Sport Science (ECSS), 24 -27 Jun 2009, Oslo, Norway. http://www.ecss-congress.eu/OSLO2009/index.php?opt . http://sure.sunderland.ac.uk/1476/	0,2	
7.	Soos Istvan, Hamar Pal, Biddle Stuart, Sandor Iosif , <i>An Investigation into Physical Activity and Sedentary behaviors in Transylvanian Students: an Ecological Momentary Assessment</i> , Magyar Sporttudományi Szemle, 2008, P.20 -25 https://scholar.google.com/citations?view_op=view_citation&hl=en&user=f4Z5yVYAAAAAJ&citation_for_view=f4Z5yVYAAAAAJ:08ZZubdj9fEC http://mstt.hu/MSSZ/MSTT_200804.pdf	0,25	
8.	Sandor Iosif , Roman Gheorghe, Rusu Flavia Ileana, Boros-Balint Iuliana, <i>Studiu privind sedentarismul și participarea tinerilor din Transilvania la activități fizice</i> , Sport Si Societate, Iași, 2/2007, P.10 – 14, ISSN: 1582-2168 http://www.sportsisocietate.ro http://www.worldcat.org/title/sport-i-societate-revista-de-educaie-fizic-sport-i-tiine-conexe/oclc/988784120?referer=di&ht=edition https://journals.indexcopernicus.com/search/details?id=19881	0,25	
9.	Istvan Soos, Stuart Biddle, Pal Hamar, Iosif Sandor , Jaromir Simonek, & Istvan Karsai, <i>Who is more sedentary in East Europe?</i> , 12th European Congress of Sport Psychology; Sport & Exercise Psychology Bridges between disciplines and cultures, Halkidiki, Greece, 4-9.09.2007, FEPSAC, Editor: Yannis Theodorakis&Marios Goudas&Athanasios Papaioannou, ISBN 978-960-89923-0-6, 2007, P. 199-199, www.fepsac.com/index.php/download_file/-/view/49 , http://library.upol.cz/arl-upol/m-en/detail-upol_us_cat-m0000520-12th-European-congress-of-sport-psychology/	0,16	
	Total I10	1,82	
I11	Alte articole în extenso publicate în calitate de autor/ co-autor în reviste științifice, cu condiția ca revistele să fie indexate la nivel de rezumat în cel puțin o bază de date internațională recunoscută	1/n	Articol
1	Sandor Iosif , Pascan Ioan, 2008, <i>The training ashore – important factor in alpine skiing activities</i> , 10th International Sport Sciences Congress, Bolu – Turkey, Abbant Izzet Baysal University&Sport Sciences Association, P. 958-960 http://katalog.ekonomi.gov.tr/client/tr_TR/default/search/federateddetailnonmodal/\$N/\$N/\$N?qu=Competition+--+Turkey.&qf=AUTHOR%09Yazar%09%C5%9Een%2C+Zeynel.+yazar%09%C5%9Een%2C+Zeynel.+yazar&rw=4&ic=true&te=-253088288&ps=1000	0,5	
2	Pascan Ioan, Pascan Adrian-Claudiu, Sandor Iosif , 2008, <i>Investigation regarding the methodology of acrobatic gymnastics in schools</i> , Vedcka Konferencia s medzinarodnou ucastou, Sport A Zdravie, Editor: Paed. Dr. Jaroslav Brodani, PhD, 978-80-8094-374-5, 18-19 septembra, Nitra - Slovenska republika, P. 176-181 http://elearning.ktvs.pf.ukf.sk/publikacie/zbornik.pdf	0,33	
3	Sandor Iosif , <i>Premise de practicare a activităților de schi-turism în zona Munților Apuseni</i> , Studia Universitatis Babes Bolyai. Geographia, 2, 2006, P.193 – 198, http://studia.ubbcluj.ro/arhiva/abstract.php?editie=GEOGRAPHIA&nr=2&an=2006&id_art=185	1	
4	Sandor Iosif , <i>Relația între talia și greutatea tinerilor din mediul rural din cadrul diverselor unități geografice cu parametrii modelului cerut sportivilor de la caiac-canoe</i> , Palestrica Mileniului III- Civilizatie Si Sport, 2, 2004, P.78 –	1	

	85, http://www.pm3.ro/ro/arhiva/palestrica-mileniului-iii-anul-i-iunie-2004/		
5	Sandor Iosif , <i>The rural geographical environment, as a factor for the sportive performance</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, 1, 2003, P.115 – 118 http://studia.ubbcluj.ro/arhiva/abstract.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2003&id_ar_t=1336	1	
6	Sandor Iosif , <i>Study about the areas from which the Romanian performers medalled at the Olympic Games come</i> , Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae; 2003, Vol. 48, p119-120, 2p http://eds.b.ebscohost.com/eds/detail/detail?vid=30&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxcpcCxb29raWUsdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57403894&db=edb http://studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=91&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2003	1	
	Total I11	4,83	
I12	Cărți publicate în calitate de autor/co-autor în edituri clasificate de tip B (m B = 0,5)	12 x m/n	Carte
	Total I12		
I13	Capitole în cărți publicate în calitate de autor/ co-autor în edituri clasificate de tip B (m B = 0,5)	3 x m/n	Capitol
	Total I13		
I14	Autor/co-autor rapoarte de analiză de politici/strategii educaționale 14.1 rapoarte internaționale (m = 3); 14.2 rapoarte naționale (m = 1)	8 x m/n	Raport
	Total I14		
I15	Brevete de invenție/drepturi de autor/mărci înregistrate OSIM/ORDA, ca urmare a unui demers de inovare științifică în vederea elaborării de materiale curriculare, teste psihologice sau educaționale, teste motrice/ funcționale, softuri specializate etc.	3/n	Brevet/ drept de autor
	Total I15	231,55	

A2. Vizibilitate și impact științific

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsura
I 16	Citări ale publicațiilor candidatului în lucrări indexate Web of Science (autocitările sunt excluse)	0.5	Citare
	Soos Istvan, Simonek Jaromir, Karsai Istvan, Hamar Pal, Biddle S, Sandor Iosif, Physical activity and sedentary behaviours in youth: Data from three Central-Eastern European countries , Science_Citation_Expanded, European Journal Of Sport Science, DOI: 10.1080/17461390902829234, 9 (5), 2009, P.295 – 301		

1.	Abraham J, Velenczei A, Szabo A, Perceived Determinants of Well-Being and Enjoyment Level of Leisure Activities LEISURE SCIENCES (ISSN: 0149-0400) 34: (3) pp. 199-216. (2012), Link(ek): DOI, WoS, Scopus	0.5	
2.	Hadzik Andrzej, Tomik Rajmund, Szromek Adam Ryszard, Szczerbowski Marek, Recreational Physical Activity of International Sports Events Fans, POLISH JOURNAL OF SPORT AND TOURISM (ISSN: 1899-1998) 19: (2) pp. 127-133. (2012) Link(ek): DOI	0.5	
3.	Aibar A, Bois JE, Generelo E, Casterad JZ, Paillard T. A cross-cultural study of adolescents' physical activity levels in France and Spain, EUROPEAN JOURNAL OF SPORT SCIENCE (ISSN: 1746-1391) 13: (5) pp. 551-558. (2013) Link(ek): DOI, WoS, Scopus	0.5	
4.	Vašíčková J, Frömel K, Groffik D, Chmelík F, Decrease in weekend number of steps in adolescents, Acta Universitatis Palackianae Olomucensis, Gymnica 43: (1) pp. 49-55. (2013), Link(ek): Scopus	0.5	
5.	Kudláček M, Increase of the effectiveness of school PE classes through sport preferences survey: Contextual prediction of demanded sport activities, Acta Universitatis Palackianae Olomucensis, Gymnica 43: (1) pp. 41-48. (2013), Link(ek): Scopus	0.5	
6.	Rico ER, García EF, Ángel JB, Levels of physical activity in spanish adolescents (aged 12 to 14) measured by accelerometry, JOURNAL OF HUMAN SPORT AND EXERCISE (ISSN: 1988-5202) 8: (2 SUPPL) pp. 401-411. (2013) Link(ek): DOI, Scopus, Egyéb URL	0.5	
7.	Kudláček Michal, The potential of organized physical activity/physical education for active lifestyle E-PEDAGOGIUM (ISSN: 1213-7758) 2013: (2) pp. 125-136. (2013)	0.5	
8.	Marszalek Jolanta, Morgulec-Adamowicz Natalia, Rutkowska Izabela, Kosmol Andrzej, Using Ecological Momentary Assessment to Evaluate Current Physical Activity, BIOMED RESEARCH INTERNATIONAL (ISSN: 2314-6133) 2014: p. & 9 p. (2014), Link(ek): DOI, WoS	0.5	
9.	Reimann Mart, Tilmer Kaarel, Erkki Erkki, Development of a sport event under the communism and democratic regimes, In: Plevnik M, Retar I, Pisot R, Obid A (szerk.) : Sustainable development of sports tourism. Koper: Annales University Press, 2015. (ISBN 978-961-6964-27-2) pp. 195-202. (Knjižnica Annales Kinesiologiae)	0.5	
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2.	Hassan, A. K., Zahran, K. M., Alibrahim, M. S., Alhumaid, M. M., Ata, S. N., Aldawsari, H. K., ... & Hammad, B. E. (2024). Examining the Effects of Cardio Exercises on Psychological Stress Reduction in Mothers of Children with Special Needs:	0.5	

	A Promising Approach.		
3.	DINA, A. M., & PAVEL, V. (2023). THE INFLUENCE OF PHYSICAL THERAPIST APPROACH IN THE PARENT'S COMPLIANCE OF INFANTILE CEREBRAL PALSY DIAGNOSED CHILDREN. A RANDOMIZED CONTROLLED TRIAL. <i>Studia Universitatis Babeș-Bolyai, Educatio Artis Gymnasticae</i> , 68(2).	0.5	
	Total I16	55	
I17	Alte citări ale publicațiilor candidatului (autocitările sunt excluse) I17.1 Disponibile în lucrări clasificate A1 (m = 3) I17.2 Disponibile în lucrări clasificate A2 sau în baza de date Scopus (altele decât cele deja incluse la I16) (m = 1) I17.3 Disponibile în lucrări clasificate B sau în alte surse academice identificabile prin Google Scholar (altele decât cele deja incluse) (m = 0.5)	m/10	Citare
	Total I17		
I18	Keynote speaker (comunicare științifică în plen) la conferințe internaționale (m = 3)/naționale (m = 1)	2 x m	Conferință
1.	Online seminar within the international event GeoNight 2021 entitled "The geography of sport between education and culture" ROME, ITALY April 9th, 2021,	6	
2.	GEOGRAFIA DELLO SPORT: PROSPETTIVE DI RICERCA ED ESPERIENZE, in Università degli studi di Roma "Foro Italico", Roma, 11 aprilie 2012	6	
3.	V CONGRESO MUNDIAL DEL DEPORTE ESCOLAR, EDUCACION FISICA Y PSICOMOTRICIDAD, in UNIVERSIDADE DA CORUNA, 2015, Localitatea LA CORUNA, calitatea: KEYNOTE SPEAKER, Detalii activitate: 5-7. NOIEMBRIE 2015	6	
	Total I18	18	
I19	Membriu în comitetul științific (A)/Referent științific pentru evaluarea și selecția lucrărilor unei conferințe (B)/Membriu în comitetul de organizare (C)/Coordonator simpozion (Chair) (D) (se punctează o singură calitate/conferință) I.19.1 Conferințe internaționale (m = 3) I.19.2 Conferințe naționale (m = 1)	1 x m	Conferință
1.	<i>Denumire activitate: V CONGRESO MUNDIAL DEL DEPORTE ESCOLAR, EDUCACION FISICA Y PSICOMOTRICIDAD, Calitate: MEMBRU IN COMITETUL STIINTIFIC, Organizatie: UNIVERSIDADE DA CORUNA, Tip Organizatie: International, Localitate: LA CORUNA, Spania, An: 2015, Detalii perioada: 5-7 NOIEMBRIE 2015</i>	3	
2.	<i>Denumire activitate MIEMBRO DEL COMITÉ CIENTÍFICO, : 13º Congreso Internacional de Ciencias del Deporte y la Salud, Calitate: Organizatie: Departamento de Didácticas Específicas de la UDC, el Concello de Pontevedra y el Vicerrectorado del Campus de Pontevedra de la Universidad de Vigo., Tip Organizatie: International, Localitate: Pontevedra, Spania, Tara: Spania, An: 2017, Detalii perioada: 27-29 de abril del 2017</i>	3	
3.	<i>Denumire activitate: 14º Congreso Internacional de Ciencias del Deporte y la Salud. 3-5 de mayo del 2018. Pontevedra. España., Calitate: membru in comitetul stiintific, Organizatie: Departamento de Didácticas Específicas de la UDC, el Concello de Pontevedra y el Vicerrectorado del Campus de Pontevedra de la Universidad de Vigo., Tip Organizatie: International, Localitate: Pontevedra, Spania, Tara: Spania, An: 2018, Detalii perioada: 3-5- mai</i>	3	
4.	The 3rd World Congress of Sciences of Physical Activity and Sport, The New European Dimensions, Romania, CLUJ-NAPOCA, Institutia organizatoare: FEFS, 2006	3	
5.	Moderator, coordonator workshop la conferințe naționale From Interdisciplinary to Transdisciplinarity in Physical Education and Sport, Cluj-Napoca, 5-6 11.2010	1	
	Total I19	13	
I20	Președinte sau membru în comitetul executiv al unei asociații profesionale internaționale (m = 3) sau naționale	2 x m	Asociație

	(m = 1)		
1.	Membru în Consiliul Științei Sportului din România (1998 – în prezent)	2	
2.	Membru al Societății Medicale Române de Educație Fizică și Sport (2014-în prezent)	2	
3.	Membru în Societatea Română de Fiziologie – Physiology (SRF) afiliată la Societatea Europeană de Științe Fiziologice (FEPS) și la Societatea Internațională de Științe Fiziologice (IUPS) (2014-în prezent)	2	
4.	Membru al Asociației „Stresul oxidative în Medicină” ASOM (2014-în prezent)	2	
5.	Comisia de specialitate pentru obținerea „Gradului Didactic II” din Învățământ	2	
6.	Comisii de Inspectori pentru obținerea „Gradului Didactic I” din Învățământ;	2	
	Total I20	12	
I21	Premii și distincții I.21.1 Premii pentru activitatea științifică oferite de către instituții sau asociații științifice/profesionale internaționale (m = 3) sau naționale de prestigiu (CNCS, etc.) (m = 1) (nu sunt incluse granturile de deplasare sau premiarea articolelor din zona roșie, galbenă etc.) I.21.2 Premii pentru activitatea didactică oferite de către instituții/asociații de profil internaționale sau naționale de prestigiu (ex. profesor Bologna etc.) (m = 1) I.21.3 Obținerea în activitate a unor rezultate de prestigiu privind promovarea țării și a învățământului românesc (de exemplu distincțiile, medaliile primite de către sportivi, antrenori, alți specialiști pentru rezultate la JO, CM, CE etc., oferite de Președinția României, MENCS, MTS etc.) (m= 1)	4 x m	Premiu
1.	Premiul de excelență în cercetare științifică UBB,2020	4	
2.	Premiul Cercetării științifice, UBB, 2018	4	
3.	Diploma de Excelență - Simpozionul "George Mocianu" , M.E.C.T.S., I.S.J. Cluj, 2011	4	
4.	Premiul Cercetării științifice, UBB, 2009	4	
5.	Diploma de Excelență Didactică, UBB, 2005	4	
	Total I21	20	
I22	Coordonator al unei colecții de carte	6	Colecție
	Editura: Sette Citta, Biblioteca 20 serie studi geografici, Orasul: Viterbo, (2012 - prezent), Functia: Membru în Comitetul științific serie	6	
	Total I22	6	
I23	Carte coordonată relevantă pentru domeniu (m A1 = 3; m A2 = 1; m B = 0.5)	8xm/n	Carte
	Total I23		
I24	Redactor șef/editor sau membru în comitetul editorial al unei reviste cu comitet științific și peer-review I24.1. Revistă indexată Web of Science (m = 3) I24.2. Revistă indexată în cel puțin două BDI (m = 1) I24.3 Revistă indexată într- un BDI (m = 0.5)	4 x m	Revistă
1.	Editura: Sette Citta, Biblioteca 20 serie studi geografici, Orasul: Viterbo, (2012 - prezent), Functia: Membru în Comitetul științific serie	4	
2.	Editura: Edizioni Nuova Cultura, Roma, 2011 – în prezent)	4	
3.	Secretar de redacție „Studia Educatio Artis Gymnasticae” (2001 – 2004)	2	

	Total I24	10	
I25	Referent științific ad hoc pentru reviste cu comitet științific și peer- review I25.1. Revistă indexată Web of Science I25.2. Revistă indexată BDI (alta decât WoS)	0.3/0.2	Articol
1.	<i>Baltic Journal of Health and Physical Activity</i> , Manuscript ID BJHPA-2021-0016	0,3	
2.	Sportis. Scientific Journal of School Sport, Physical Education and Psychomotricity: 2016	0,3	
3.	Referent, revista: Sportis. Formación Deportiva, un nuevo concepto de formación continua, (2015)	0,3	
4.	Science Citation Expanded, Revista: European Journal of Sport Science, (2011	0,3	
	Total I25	1,2	
I26	Profesor asociat/visiting scholar pentru o durată de cel puțin o lună de zile/susținerea unei conferințe sau prelegeri în fața cadrelor didactice sau a doctoranzilor (se punctează un singur aspect per universitate; nu sunt incluse aici schimburile Erasmus) I.26.1 la o universitate din TOP 500 conform clasamentului URAP (m = 3) I.26.2 la o universitate din afara topului 500 URAP, ca urmare a unei invitații nominale din partea instituției gazdă (m = 1) I.26.3 profesor invitat/lector al federațiilor internaționale pe ramură de sport /Academiei Olimpice a CIO/Asociații profesionale internaționale (m = 1)/federațiilor naționale pe ramură de sport sau Academiei Olimpice a COSR (m = 0,5)	0.5 x m	Instituție/in viație
	Visiting researcher - Coordonator al International Research Group on E-Learnng and Innovative Education (IRGELIE) -University of Rome Foro Italico, Italy, (2016 -prezent)	1,5	Invitatie
I.26.1	Plymouth State University, Plymouth, USA (01.2005 – 06. 2005)	1,5	
	Total I26	3	

I27	Director al unui grant finanțat/instituția coordonată I27.1 Director grant de cercetare cu relevanță publică largă obținut prin competiție internațională, acordat de către o agenție/instituție internațională (m = 3) I.27.2 A. Director grant de cercetare cu relevanță publică largă obținut prin competiție națională/B. Coordonator echipă România pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție internațională (m = 1) I.27.3 A. Director sau coordonator partener al unui grant de dezvoltare instituțională (de exemplu tip POSDRU, Erasmus + etc.)/B. Director sau coordonator partener al unui grant de cercetare cu relevanță specifică (de exemplu finanțat de către o companie), obținut prin competiție națională sau internațională/C. Coordonator partener pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție națională (m = 0.5)	9 x m	Grant
1.27.3.	Coordonator al <i>International Research Group on E-Learnng and Innovative Education (IRGELIE)</i> -University of Rome Foro Italico, Italy, (2016 -prezent)	4.5	1
1.27.3	“Plan de Amenajare a Teritoriului Interorășenesc Sinaia-Busteni-Azuga-Predeal-Rasnov-Brasov”.Beneficiar: Ministerul Dezvoltării Rurale și Turismului. Categoria proiectului: național, Tipul programului: consultanță; Data începerii:	4.5	1

	11.05.2009; durata: 2 ani, Numărul de înregistrare: 392 / 11.05.2009		
	Total I27	9	
I28	Membru în echipa unui grant finanțat/instituția coordonată I28.1 Membru în echipa unui grant de cercetare cu relevanță publică largă obținut prin competiție internațională sau națională (m = 1) I28.2. Membru în echipa unui grant de cercetare cu relevanță specifică sau a unui grant de dezvoltare instituțională obținut prin competiție internațională sau națională (m = 0,5)	3 x m	Grant
	Membru în Proiectul instituțional de Cercetare cu finanțare națională cu titlul “Plan de Amenajare a Teritoriului Inter-orășenesc Sinaia-Busteni-Azuga-Predeal-Rasnov-Brasov”.Beneficiar: Ministerul Dezvoltării Rurale și Turismului. Categoria proiectului: național, Tipul programului: consultanță; Coordonator proiect: Pompei Cocean, Departamentul de geografie regională și planificare teritorială Facultatea de Geografie, UBB Cluj-Napoca. Data începerii: 11.05.2009; durata: 2 ani, Numărul de înregistrare: 392 / 11.05.2009	3	
	Coordonator in Proiectul „Cercetator, viitor antreprenor – Noua Generatie” cod 123793/ POCU	3	
	Total I28	6	
I29	Activitate de mentorat/îndrumare I.29.1 Conducător științific/membru în comisia de îndrumare sau de evaluare a tezelor de doctorat (punctajul total la 29.1 este plafonat la maximum 10 puncte) I.29.2 Mentor cu rol oficial de îndrumare a unor cercetători postdoctorali	1/0.5	Doctorand/ comisie Îndrumat
	Conducător științific/membru în comisia de îndrumare sau de evaluare a tezelor de doctorat	5x2	10
	Mentor post-doctorand proiectul POCU 123793 Cercetator, viitor antreprenor - Noua Generatie la Pop Sergiu	1	
	Mentor post-doctorand proiectul POCU 123793 Cercetator, viitor antreprenor - Noua Generatie la Neag Simina	1	
	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2021	1	
	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2020	1	
	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2019	1	
	Total I29	15	
I30	30.1. Inițierea sau coordonarea unor programe de studii universitare sau postuniversitare	2	Program
	1. MASTER Educație Fizică și Agreement În Turism – Învățământ La Distanță	5	
	2. MASTER Educație Fizică și Agreement În Turism – ZI	5	
	30.2. Publicarea unor cursuri universitare (nu pot fi punctate aici contribuții ce au fost incluse la indicatorii I3, I7 sau I12)	1	Curs
	1. Bevezetés a Sport és Testnevelésmélethe, GMI , Cluj - Napoca, 2008, P. 120	1	
	2. Az iskolai testnevelés és sport oktatásának módszertana (Metodica Educației Fizice și Sportive Școlare), Curs, 103 pagini, 2005.	1	
	3. Az iskolai testnevelés és sport oktatásának módszertana (Metodica Educației Fizice și Sportive Școlare), Curs, 144 pagini, 2009.	1	
	4. Bazele generale ale teoriei educației fizice și sportului, suport de curs, uz intern, Cluj-Napoca, 153 pagini, 2008.	1	
	5. Teoria educației fizice și sportului suport de curs, IFR, uz intern, Cluj-Napoca, 85 pagini, 2011.	1	
	6. Proiectare curriculară, suport de curs, uz intern, FEFS, Cluj-Napoca, 75 pagini, 2010	1	
	7. Ontogeneza mișcării, suport de curs, uz intern, FEFS, Cluj-Napoca, 80 pagini, 2010	1	
	8. Educație și sănătate suport de curs, uz intern, FEFS, Cluj-Napoca, 53 pagini, 2011	1	
	9. Caracteristicile efortului și metodologiile de optimizare a acestuia în funcție de condițiile de mediu, suport de curs, uz intern,	1	

	Master: Turismul sportiv și agrementul din perspectiva ecodezvoltării, UBB, Facultatea de Geografie, Extensia Bistrița, 65 pagini, 2011		
10.	Nutriție și Fitness, – suport de curs, uz intern, Cluj-Napoca, Master: Științele Nutriției, UBB, Facultatea de Biologie și Geologie, 153 pagini, 2011	1	
	30.3. Introducerea unor discipline noi în planul de învățământ	0.5	Disciplină
	Nutritie si Fitness	0.5	
	Tehnici și metode pentru dezvoltarea calităților motrice – Limba romana	0.5	
	Tehnici și metode pentru dezvoltarea calităților motrice – Limba maghiara	0.5	
	Organizarea și coordonarea activităților sportul pentru toți	0.5	
	Managementul activităților de educație fizică și sport școlar	0.5	
	Teoria și metodică educației fizice și sportului, Limba Maghiara	0.5	
	Didactica specialitatii EFS –limba maghiara	0.5	
	Caracteristicile efortului si metodologiile de optimizare a acestuia, in functie de conditiile de mediu	0.5	
	Bio-psiho pedagogia dezvoltării și perfecționării capacității motrice / Bio psycho pedagogy of development and improvement of motor skills	0.5	
	Total I30	34,5	
I31	Coordonarea unui centru sau laborator de cercetare, recunoscut de către Senatul Universității sau Consiliul Științific al Institutului de cercetare	2	Centru
	Total I31		
I32	Evaluator proiecte/membru în Panel în competiții internaționale (m = 3)/naționale (m = 1) de granturi de cercetare	1 x m	Ediție competiție
	Total I32	-	
I33	Membru în grupul de experți I.33.1 Comisii/consilii științifice sau organisme internaționale (de exemplu UNESCO, UNICEF, CIO, Federații internaționale pe ramuri de sport etc.) (m = 3) I.33.2 Comisii/consilii științifice sau organisme naționale (CNATDCU, CNCS, ANCS, ARACIS sau alt grup de lucru consultativ/de lucru la nivelul MENCS sau la nivel interministerial, alcătuit ca urmare a unui ordin emis de MENCS sau de către un alt for ministerial (m = 1)	1 x m	Comisie
I.33.2	Membru CNATDCU	1	
	Expert evaluator ARACIS	1	
	Membru în <i>Centrul de Cercetări Interdisciplinare în Domeniul Educație Fizică și Sport – ICEFS</i>	1	
	Expert evaluator extern al ARACIS pentru Programele de studiu prin Învățământ la distanță (2011 - în prezent)	1	
	ABILITARE –Conducător de doctorat în Școala doctorală a UBB / FEFS	1	
	Total I33	5	
I34	Furnizarea de servicii pentru beneficiarii externi ai instituției (cursuri sau programe de formare/perfecționare profesională în domeniu)	0,5	Pe curs avizat
	Comisia pentru concursul de ocuparea funcțiilor de îndrumare și control de la inspectoratul Școlar al județului Covasna – decizia nr.296/2002 a MEC	0,5	
	Coordonator ERASMUS (2000-2010)	0,5	

	Activități la Penitenciarul Gherla – 3 (2017, 2018, 2019)	3x0,5	1,5
	Total I34	2,5	
I35	I.35.1 Antrenor emerit/profesor emerit/maestru emerit al sportului/arbitru internațional/comisar/observator (se iau în calcul doar calitățile existente la data înscrierii în concurs) I.35.2 Premii pentru activitatea sportivă acordate de către instituții naționale (MTS, MENCS, COSR) sau internaționale I.35.3 Performanțe ale sportivilor antrenați (JO, CM, JMU - locurile 1-5; CE, CN - locurile 1), creații pe linia sportului de performanță, recuperării motrice și funcționale, kinetoterapiei și kinetoprofilaxie (linii metodice/metodologii/strategii de pregătire pe ramuri de sport/probă sportivă recunoscute în comunitatea de specialiști/federații pe ramuri de sport); programe de profilaxie și recuperare prin mijloace kinetice pentru diferite categorii de populație/grupe de vârstă/grupe profesionale/patologii) recunoscute de organisme profesionale și/sau științifice naționale și internaționale.	3/ 2/ 2	Pe titlu/ premiu/ activitate
	Arbitru internațional atletism	3	
	Total I35	3	

Standarde minimale pentru domeniul Educație Fizică și Sport

Aria A1	Criteriu	Indicatori esențiali/Suma indicatorilor	Standard minimal Conferențiar/CS II	Standard minimal Profesor/CSI/Abilitare	Punctaj realizat	Îndeplinit/neîndeplinit
Realizări științifice A1	C1	I1		6	20,1	Îndeplinit
	C2	I3+I4		24	81	Îndeplinit
	C3	Total A1 (I1+...+I15)		65	231,55	Îndeplinit
Vizibilitate și impact A2	C4	I16		4	55	Îndeplinit
	C5	I27		4	9	Îndeplinit
	C6	Total A2 (I16+...+I35)		55	210,7	Îndeplinit
	C7	Total general		120	442,25	Îndeplinit

Intocmit/semnătură

Prof. univ. dr. habil. SANDOR IOSIF

