

Fișă de verificare privind îndeplinirea standardelor minimale

Domeniu: Educație Fizică și Sport

UNIVERSITATEA BABEȘ-BOLYAI CLUJ-NAPOCA
FACULTATEA DE EDUCAȚIE FIZICĂ ȘI SPORT
CADRUL DIDACTIC Prof. univ. dr. habil **SANDOR IOSIF**

A1. Realizări științifice

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsură
Realizări științifice semnificative în calitate de autor principal			
I1	Contribuții în extenso de tip article sau review, publicate în reviste indexate Web of Science (ISI), al căror IF este mai mare sau egal cu p, realizate în calitate de autor principal	3+(3xIF)	articol
1.	Czont A., Freyer T., Bodor Z., Mara G., Sandor I. , Miklossy I., (2023) <i>Position-based anthropometric characteristics and general physiological performance of national level, U18 ice hockey players</i> , Sportis. Scientific Journal of School Sport, Physical Education and Psychomotricity DOI: https://doi.org/10.17979/sportis.2022.8.3 , https://www.revistaeduca.org/index.php/educa	3 + [(3 x 0,9)	5,7
2.	Soos, I., Simonek, J., Karsai, I., Hamar, P., Biddle, S., Sandor, I., (2009) <i>Physical activity and sedentary behaviours in youth: Data from three Central-Eastern European countries</i> , Science_Citation_Expanded, European Journal Of Sport Science, DOI: 10.1080/17461390902829234 , 9 (5), 2009, P.295 – 301 http://apps.webofknowledge.com/Search.do?product=WOS&SID=E5VD7TSYbsuSbMIMLNw&search_mode=GeneralSearch&prID=87af32ec-8d0e-4243-b4aa-22b001e43aad , https://www.tandfonline.com/doi/abs/10.1080/17461390902829234 https://www.cabdirect.org/cabdirect/abstract/20093266490 , http://vuir.vu.edu.au/27273/ , https://core.ac.uk/display/33476102	3 + [(3 x 3,8)	14,4
	Total I1		20.1
I2	Contribuții în extenso de tip article sau review, publicate în reviste indexate Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF=0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format în extenso (full-text) realizate în calitate de autor principal	3+IF	articol
1.	Stan, Delia-Claudia, Boncuț, M., Miron, Mioara, Roxana, Sandor, I. , Christiane Perme, (2024) <i>Perme Intensive Care Unit Mobility Score and ICU Mobility Scale: translation into Romanian and cross-cultural adaptation for use in Romania</i> , Health, Sports & Rehabilitation Medicine, Vol. 25, no. 1, January-March 2024, 4–8 , https://doi.org/10.26659/pm3.2024.25.1.4	3+0 = 3	3
2.	Emanuele Isidori, Irina Leonova, Natalia Poplavskaya, Mario De Martino, Simina-Aurelia Neag, Iosif Sandor (2024) <i>In Search of the Relationship Between Pedagogy and Medicine: Towards a Holistic Paradigm of Well-Being Education</i> , Special Issue: Proceedings of 12th International Conference, Education, Reflection, Development, (ERD 2024), Educatia 21 Journal, (28) 2024, Art. 30 , doi: 10.24193/ed21.2024.28.30	3+0 = 3	3
3.	Vlad Popa, Iosif Sandor , Rareș D. Ciocoi-Pop, <i>Open-source software as an alternative means of biomechanical assessment</i> . Studia Ubb Educatio Artis Gymn., LXIX, 2, 2024, pp. 31-43, DOI: 10.24193/subbeag.69(2).10	3+0 = 3	3
4.	Delia-Claudia Stan, Iosif Sandor , (2023) <i>Early mobilization and the elastic band, an efficient solution for an intubated subject: a case study</i> , Studia Ubb Educatio Artis Gymn., LXVIII, 2, 2023, pp. 57-67, DOI:10.24193/subbeag.68(2).1	3+0 = 3	3

5.	Baias, M., Sandor, I. , Isidori, E., & Magnanini, A. (2023). <i>Safe Education Strategies in Balance Improvement for Children with Cerebral Palsy</i> . In I. Albulescu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2022, vol 6. European Proceedings of Educational Sciences (pp. 109-120). European Publisher. https://doi.org/10.15405/epes.23056.10	3+0 = 3	3
6.	Vereş, B. – A., Şandor, I. , Isidori, E., & Claudia, M. (2023). <i>Use Of Mobile Apps In Increasing Adolescents' Compliance With Physical Rehabilitation Programs</i> . In I. Albulescu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2022, vol 6. European Proceedings of Educational Sciences (pp. 322-329). European Publisher. https://doi.org/10.15405/epes.23056.29	3+0 = 3	3
7.	Isidori, E., Poplavskaya, N., Alonzi, R., de Martino, M., Leonova, I., & Sandor, I. (2023). <i>What Does It Mean "To Learn" In The Internet Age?</i> . In I. Albulescu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2022, vol 6. European Proceedings of Educational Sciences (pp. 330-344). European Publisher. https://doi.org/10.15405/epes.23056.30	3+0 = 3	3
8.	Popa, V., Sandor, I. , Ciocoi-Pop, D.R., Isidori, E., Leonova, I. <i>Data extraction using kinovea for accessible on-site biomechanical analysis</i> (2023) eLearning and Software for Education Conference, 2, pp. 71-79. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219146215&doi=10.12753%2f2066-026X-23-049&partnerID=40&md5=9500a475692ddae6b76d6cea8cde4d1a DOI: 10.12753/2066-026X-23-049	3+0 = 3	3
9.	Isidori, E., De Martino, M., Poplavskaya, N., Alonzi, R., Leonova, I., Sandor, I. <i>Integrating microcredentials in an e-learning course on pedagogy at the university level: a case study</i> (2023) eLearning and Software for Education Conference, 2, pp. 152-169. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219107674&doi=10.12753%2f2066-026X-23-056&partnerID=40&md5=363c5ca59ec398311bbdd86a5bf328ac DOI: 10.12753/2066-026X-23-056	3+0 = 3	3
10.	Popa, V., Sandor, I. , Ciocoi-Pop, D.R., Isidori, E., De Martino, M., Alonzi, R. <i>Data analysis using python for accessible on-site biomechanical analysis</i> (2023) eLearning and Software for Education Conference, 2, pp. 80-87. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219101813&doi=10.12753%2f2066-026X-23-050&partnerID=40&md5=4b142cc15803caef73d77abf0df9a029 DOI: 10.12753/2066-026X-23-05	3+0 = 3	3
11.	Isidori, E., De Martino, M., Poplavskaya, N., Petrova, I., Leonova, I., Sandor, I. <i>Exploring the use of TELEGRAM as a platform for e-learning at university: a case study</i> (2023) eLearning and Software for Education Conference, 2, pp. 254-266. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85219086697&doi=10.12753%2f2066-026X-23-065&partnerID=40&md5=9fffc5fb888ea24c476fd65e545e6763 DOI: 10.12753/2066-026X-23-065	3+0 = 3	3
12.	Popa Vlad, Sandor Iosif , Ciocoi-Pop Dumitru Rareş, (2022), <i>Functional assessment in neuromotor reeducation</i> , Studia Ubb Educatio Artis Gymn., LXVII, 4, 2022, pp. 147-160 DOI:10.24193/subbeag.67(4).43	3+0 = 3	3
13.	Baias Maria-Sofia, Sandor Iosif , (2022), <i>Sports practice as therapeutic method in physical rehabilitation programs for children with special education needs</i> , Studia Ubb Educatio Artis Gymn., LXVII, 4, 2022, pp. 17-28, DOI:10.24193/subbeag.67(4).30	3+0 = 3	3
14.	Stan Delia-Claudia, Sandor Iosif , (2022) <i>The effectiveness of passive exercises on arterial blood gases in mechanically ventilated subjects from intensive care units</i> , Studia Ubb Educatio Artis Gymn., LXVII, 4, 2022, pp. 183-192 , DOI:10.24193/subbeag.67(4).46	3+0 = 3	3
15.	Isidori, E., De Martino, M., Alonzi, R., Poplavskaya, N., Leonova, I., Sandor, I. <i>Teaching sports history by mozilla hubs: a case study</i> (2022) eLearning and Software for Education Conference, 2, pp. 324-330. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85218965832&doi=10.12753%2f2066-026X-22-088&partnerID=40&md5=bc5f2346b344dfe21bbbeb6f8a8e745b DOI: 10.12753/2066-026X-22-088	3+0 = 3	3
16.	Neag, S.-A., Sandor, I. , Patrascu, A., Isidori, E. <i>The transition from junior to senior in handball: estimating throwing acceleration with a portable device</i> (2022) eLearning and Software for Education Conference, 2, pp. 331-337. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85218947312&doi=10.12753%2f2066-026X-22-	3+0 = 3	3

	089&partnerID=40&md5=6940116b157c2276056907dd14f2e0c2 DOI: 10.12753/2066-026X-22-089		
17.	Isidori, E., De Martino, M., Alonzi, R., Poplavskaya, N., Leonova, I., Sandor, I. <i>Social networks, socialization, and values of contemporary society: a challenge for e-learning and the internet's ethics</i> (2022) eLearning and Software for Education Conference, 1, pp. 353-363. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85218255171&doi=10.12753%2f2066-026X-22-045&partnerID=40&md5=d131d2b142532f083127c84012565e3c DOI: 10.12753/2066-026X-22-045	3+0 = 3	3
18.	Isidori, E., Fazio, A., Magnanini, A., Sánchez-Pato, A., Martino, M. D., & Sandor, I. (2022). <i>The Educational Counseling For Disabled Student-Athletes And The Rogerian Perspective</i> . In I. Albulescu, & C. Stan (Eds.), Education, Reflection, Development - ERD 2021, vol 2. European Proceedings of Educational Sciences (pp. 302-312). European Publisher. https://doi.org/10.15405/epes.22032.29	3+0 = 3	3
19.	Isidori, E., Magnanini, A., Fazio, A., De Martino, M., Leonova, I., Sandor, I. <i>Developing reflective skills in e-learning: A case study based on the flipgrid platform</i> (2021) eLearning and Software for Education Conference, pp. 423-429. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85127295086&doi=10.12753%2f2066-026X-21-053&partnerID=40&md5=174a8cb2343bf6c1bf6c346c1d95031a DOI: 10.12753/2066-026X-21-053	3+0 = 3	3
20.	Sandor, I. , Neag, Simina-Aurelia, (2021) <i>Study regarding the value of the players anthropometric indicators members of the elite European handball teams qualified at the final tournaments</i> , Studia Educatio Artis Gymnasticae Nr. 2-2021 http://studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=2&an=2021&id_art=18614 DOI: 10.24193/subbeag.66(2).20	3+0 = 3	3
21.	Sandor, I. , Neag, S.-A., Stan, D.-C., Isidori, E. <i>Is e-training a successful method for athletes during covid-19? An answer based on a case study</i> (2021) eLearning and Software for Education Conference, pp. 55-60. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85127231527&doi=10.12753%2f2066-026X-21-007&partnerID=40&md5=ffd70f1a818e1fc94845eaf6ea3590be DOI: 10.12753/2066-026X-21-007	3+0 = 3	3
22.	Isidori, E., Magnanini, A., Fazio, A., Leonova, I., Petrova, I., De Martino, M., Sandor, I. <i>The flipped learning at university by social networks: A challenge for e-learning</i> (2021) eLearning and Software for Education Conference, pp. 430-437. https://www.scopus.com/inward/record.uri?eid=2-s2.0-85127225619&doi=10.12753%2f2066-026X-21-054&partnerID=40&md5=a9c7fd0fc081e30a118421310f7e0d97 DOI: 10.12753/2066-026X-21-054	3+0 = 3	3
23.	Giulio Morelli, Lorenzo Pratelli, Emanuele Isidori, Rafael Mendoza Gonzalez, Iosif Sandor , Angela Magnanini (2021), <i>Performance model in sitting volleyball: the RIO 2016 paralympic games case</i> , Studia Ubb Educatio Artis Gymn., LXVI, 4, 2021, pp. 35 – 51 DOI:10.24193/subbeag.66(4).31	3+0 = 3	3
24.	Sandor Iosif , Neag Simina-Aurelia, (2021) <i>Study regarding the value of the players anthropometric indicators members of the elite european handball teams qualified at the final tournaments</i> , Studia Ubb Educatio Artis Gymn., LXVI, 2, 2021, pp. 117 – 126 , DOI:10.24193/subbeag.66(2).20	3+0 = 3	3
25.	De Martino, M., Gushchina, Yu.Sh., Boyko, Z.V., Magnanini, A., Sandor, I. , Guerrero Perez, B.A., & Isidori, E. (2020). <i>Self-Organisation in Lifelong Learning: Theory, Practice and Implementation Experience Involving Social Networks and a Remote Format</i> . RUDN Journal of Psychology and Pedagogics, 17(3), 373–389. http://dx.doi.org/10.22363/2313-1683-2020-17-3-373-389	3+0 = 3	3
26.	Sandor I. , Isidori E, Taddei F., M.D. Macra-Oșorheana, Kalinin R., Moroz I. (2020). <i>Physical activities practiced in free time by 15-16 years old students: determinants, aims and parents' influence in Romania and the Republic of Moldova</i> . In: (a cura di): Boros-Balint I., Ciocoi-Pop D., Pop N.H., Deak G.F., Education for health and performance. p. 357-363, Bologna:Editografica, ISBN: 978-88-87729-62-7, www.edlearning.it ,	3+0 = 3	3

27.	Isidori E, De Martino M., Taddei F., Sandor I. (2020). <i>The use of Social networks as a platform for the flipped classroom in university education: a case study</i> . In: (a cura di): L. Gómez Chova, A. López Martínez, I. Candel Torres, Edulearn20 Proceedings. 12th International Conference on Education and New Learning Technologies. EDULEARN PROCEEDINGS, p. 3933-3940,9 Barcelona: IATED, ISBN: 978-84-09-17979-4, ISSN: 2340-1117, Palma de Mallorca, Spain, July 6th-7th, 2020, doi: doi.org/10.21125/edulearn.2020, https://library.iated.org/publications/EDULEARN20 https://library.iated.org/?search_text=publication%3AEDULEARN20&adv_title=&rpp=25&adv_authors=sandor+iosif&adv_keyword_s=&orderby=page&refined_text=	3+0 = 3	3
28.	Taddei F., Cacchiarelli M., Sandor I. , Isidori E (2019). <i>Social networks use as an element of self-direction in learning: the learning strategies and behaviours of sports sciences university students</i> . In: (a cura di): L. Gómez Chova, A. López Martínez, I. Candel Torres, ICERI 2019. Proceedings of the 12th International Conference of Education, Research and Innovation. ICERI PROCEEDINGS, p. 3093-3098, Barcelona: IATED, ISBN: 978-84-09-14755-7, ISSN: 2340-1095, Seville, 11-13 November, 2019, https://library.iated.org/?search_text=&adv_title=&rpp=25&adv_authors=sandor+iosif&adv_keywords=&orderby=relevance	3+0 = 3	3
29.	Sandor I. , Isidori E, Taddei F, Kalinin R, (2019) <i>The characteristics of physical activity practice in three Romanian schools with different ethnic groups</i> . Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae . Dec 2019, Vol. 64 Issue 4, p5-15. 11p, https://scholar.google.ro/scholar?q=The+characteristics+of+physical+activity+practice+in+three+Romanian+schools+with+different+ethnic+groups&hl=en&as_sdt=0&as_vis=1&oi=scholar http://eds.a.ebscohost.com/abstract?site=eds&scope=site&jrnl=14534223&AN=142899004&h=B572Wt3ytmqJxHDGQ6Tr5doOa2CdC0TyvXGr5eVL7LMO3k9JuJVJbiP1CY7h0NKRY3eC6pvhNmy2Gukk%2beWHKQ%3d%3d&crl=c&resultLocal=ErrCrlNoResults&resultNs=Ehost&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d14534223%26AN%3d142899004	3+0 = 3	3
30.	Isidori, Emanuele, Sandor, Iosif , Salvador-Garcia, Celina; Fazio, Alessandra, <i>Teaching Sports Pedagogy through Facebook: A Case Study</i> , eLearning & Software for Education . 2018, Volume 3 DOI: 10.12753/2066-026X-18-183 Pages: 280-287. 8p, http://eds.b.ebscohost.com/abstract?site=eds&scope=site&jrnl=2066026X&AN=129483762&h=3n4%2fsDIRrMB3fbjwCLOjDoYn1J0gZDWVfy6YEqS0NMNH8dxTfTFBwi346tSTB9Sa3sPNQ93Xj4kuCjuXy9nENw%3d%3d&crl=c&resultLocal=ErrCrlNoResults&resultNs=Ehost&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2066026X%26AN%3d129483762	3+0 = 3	3
31.	Isidori Emanuele, Fazio Alessandra, Sandor Iosif , Chiva Bartoll Oscar, <i>Flipped classroom in physical education: pedagogical models and possible implementation through web 2.0</i> . 2018, Volume 3 DOI: 10.12753/2066-026X-18-182 Pages: 274-279, http://proceedings.elseconference.eu/index.php?r=site/index&year=2018&index=papers&vol=29&paper=794424a4752f3aae874712d2e058d0eb	3+0 = 3	3
32.	Iosif Sandor , Emanuele Isidori, Fabio Togni, <i>Education for sports values, critical reflective methodologies, and human Bildung: from theory to practice</i> , The Fifth International Conference on Adult Education, Education for values – continuity and context Iasi, Romania – April 25th–27th, 2018, Chisinau, Moldova - April 27th–28th, 2018, Pag. 263-271, http://www.edlearning.it/proceedings/moreinfo/20180425.htm , http://www.edlearning.it/ebook/B425.pdf	3+0 = 3	3
33.	Iosif Sandor , Emanuele Isidori, Fabio Togni, <i>Family and Sport: Between Values and Lifelong Learning</i> , The Fifth International Conference on Adult Education, Education for values – continuity and context Iasi, Romania – April 25th–27th, 2018, Chisinau, Moldova - April 27th–28th, Pag. 185-193, http://www.edlearning.it/proceedings/moreinfo/20180425.htm , http://www.edlearning.it/ebook/B425.pdf	3+0 = 3	3
34.	Sandor Iosif , Isidori Emanuele, Taddei Francesco, Stănescu Horea Leonida, Kalinin Răzvan, <i>Parents' influence on attitudes of adolescents towards sport and physical activity in a changing society: the case of Transylvania</i> , Studia UBB Educatio Artis Gymn.,	3+0 = 3	3

	Lxiii, 3, 2018, pp. 17 - 27 (recommended citation) DOI:10.24193/subbeag.63(3).20 http://www.studia.ubbcluj.ro/download/pdf/1184.pdf		
35.	Sandor Iosif , Emanuele Isidori, Fazio Alessandra, <i>Virtual Reality, Educational Games, And Leisure In Contemporary Society: The Sport Pedagogy Point Of View</i> , Pagina: 137 - 138, An: 2017 Volum: , Conferința: The 13th International Scientific Conference eLearning and Software for Education Bucharest, April 27-28, 2017, Editura: Carol I National Defence University Publisher House, Editor: Ion Roceanu, ISBN/ISSN: 2360-2198, Web: www.elseconference.eu ,	3+0 = 3	3
Total I2		105	
I3	Cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	12 x m	Carte
1.	Sandor Iosif, Antrenamentul la altitudine, Risoprint, Cluj-Napoca, 2005, P. 178 https://www.worldcat.org/title/antrenamentul-la-altitudine/oclc/895158171&referer=brief_results	12x1=12	12
2.	Sandor Iosif, Mediul rural din România și performanța sportivă, Risoprint, Cluj-Napoca, 2005, P. 148 https://www.worldcat.org/title/mediul-rural-din-romania-si-performanta-sportiva/oclc/895158946&referer=brief_results	12x1=12	12
3.	Sandor Iosif, Sísport mindenkinek, Risoprint, Cluj-Napoca, 2013, P. 114 https://www.worldcat.org/title/sisport-mindenkinek/oclc/997427574&referer=brief_results	12x1=12	12
4.	Sandor Iosif, Testnevelés és sport. Elmélet és didaktika, Risoprint, Cluj-Napoca, 2013, P. 191 https://www.worldcat.org/title/testneveles-es-sport-elmelet-es-didaktika/oclc/997413579&referer=brief_results	12x1=12	12
5.	Sandor Iosif, Comportamentul motric într-o societate în continuă schimbare, Risoprint, Cluj-Napoca, 2014, P. 136 https://www.worldcat.org/title/comportamentul-motric-intr-o-societate-in-continua-schimbare/oclc/933391235&referer=brief_results	12x1=12	12
Total I3		60	
I4	Capitole în cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	3 x m	Capitol
1.	Vereș, B. A., & Sandor, I. (2023). <i>Postural awareness of patients with idiopathic scoliosis: a creative approach using pictures</i> . În Petrova, I., Leonova, I. & E. Isidori (Eds.), <i>Creative person and the development of creativity: a challenge for contemporary society</i> (pp. 141). Rome: Quaepeg Editions. ISBN 9791222437521. https://doi.org/10.5281/zenodo.8309929	3x3=9	9
2.	Sandor Iosif , (2012), <i>Romanian Rural Sport Geography in the Context of High Olympic Performances. Regions of Interest in the Sportsmen Selection</i> , Geografia E Sport Prospettive di ricerca e esperienze, Settecittà, Viterbo, Italia, Editor: Rosario De Iulio, P. 148-158	3x3=9	9
3.	Stan, Delia-Claudia, Boncuț, M., Miron, Mioara, Roxana, Sandor, I. , Christiane Perme, (2024) <i>Perme Intensive Care Unit Mobility Score and ICU Mobility Scale: translation into Romanian and cross-cultural adaptation for use in Romania</i> , Health, Sports & Rehabilitation Medicine, Vol. 25, no. 1, January-March 2024, 4–8 , https://doi.org/10.26659/pm3.2024.25.1.4	3x1=3	3
Total I4		21	
Realizări științifice semnificative în calitate de co-autor			
I5	Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu p, realizate în calitate de co-autor	3 + [(3 x IF) /n]	Articol
1.	Simonek, J., Hamar, P., Ling, J., Biddle, S., Soos, I., Boros-Balint, Iuliana, Sandor, I. , Szabo, P.-Zs.,(2014) <i>Physical activity</i> ,	3 + [(3 x 0,9)	0,7

	<i>sedentary behaviour, use of electronic media and snacking among youth: an international study</i>, Science_Citation_Expanded, Kinesiology, UDC: 613.71:796.012.83-053.6, 46 (2) , 2014, P.155 – 163 http://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=AuthorFinder&qid=3&SID=E5VD7TSYbsuSbMIMLNw&page=1&doc=1 http://sure.sunderland.ac.uk/6290/ https://hrcak.srce.hr/131879 https://core.ac.uk/display/33271883	/8 = 0,7	
2.	Soos, I., Boros-Balint, Iuliana, Biddle, S., Hamar, P., Simonek, J., Sandor, I., Szabo, P.Zs., (2012), <i>Prevalence of sedentary behaviour in young people in Romania and Slovakia</i>, Science_Citation_Expanded, European Physical Education Review, DOI:10.1177/1356336X1143065918 (I) , , P.19 – 46 http://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=AuthorFinder&qid=3&SID=E5VD7TSYbsuSbMIMLNw&page=1&doc=2 http://journals.sagepub.com/doi/abs/10.1177/1356336X11430659 https://eric.ed.gov/?id=EJ958233 https://www.learntechlib.org/p/110799/ https://eprints.usq.edu.au/31855/ http://sure.sunderland.ac.uk/3181/	$3 + [(3 \times 3) / 7] = 1,7$	1,7
	Total I5	2,4	
16	Contribuții în extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format in extenso (full-text), realizate în calitate de co-autor	(3 + IF) / n	Articol
1.	Iosif Sandor; Adrian Pascan; Gabriela Rusu; Emanuele Isidori; Francesco Taddei; Sabri Kaya, <i>An Examination of Philosophical Profiles in Physical Education. A Comparison between Romania and Italy</i>, 2016, Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae, Volume 61, Number 4, 2016, pp. 5-14(10), http://www.ingentaconnect.com/content/doi/14534223/2016/00000061/00000004/art00001 http://studia.ubbcluj.ro/download/pdf/1065.pdf , Publisher: Directory of Open Access Journals https://www.worldcat.org/title/an-examination-of-philosophical-profiles-in-physical-education-a-comparison-between-romania-and-italy/oclc/7181014531&referer=brief_results http://eds.b.ebscohost.com/eds/detail/detail?vid=3&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxpCjB29raWUdWlkJnNpdGU9ZWZlWxpdmU%3d#AN=edsdoj.515c35ce94f74efaa498504597e05d14&db=edsdoj	0,5	
2.	Sandor Iosif, Ganea Ioan Virgil, Emanuele Isidori, Pascan Adrian, Rusu Gabriela Virginia, <i>Study of the body values in the context of the new Master Programs. A comparative analysis of the students from the three Master Programs of Physical Education and Sport Faculty Cluj-Napoca</i>, BDI, Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae., LX, 1, 2015, pp. 5 – 12, https://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=14534223&AN=102325804&h=Tm0e6yflK8Ci0RDL5M9axeuu4yUjOCT1wYjN0wtQg4m%2b8ppajlV6BhJNNQVmgNQNdyyLR%2fmP%2fkalTbL43X2oJQ%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrINotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d14534223%26AN%3d102325804 http://ulrichsweb.serialssolutions.com/	0,6	

	http://jml2012.indexcopernicus.com/masterlist.php?q=1453-4223 , http://studia.ubbcluj.ro/download/pdf/educatio/2015_1/01.pdf https://scholar.google.com/citations?user=f4Z5yVYAAAAJ&hl=pl		
3.	Sandor Iosif , Abele Agita, Maulini Claudia, Taddei Francesco, Migliorati Mascia, Isidori Emanuele, <i>Philosophical Paradigms and Pedagogical Orientations of Italian Youth Football Coaches: A Pilot Study</i> , 2011, International Scientifical Conference "Society, Integration, Education", Rezeknes Augstskola, P. 611-619, 978-9984-44-064-4, http://apps.webofknowledge.com/full_record.do?product=WOS&search_mode=AuthorFinder&qid=23&SID=E5VD7TSYbsuSbMlMLNw&page=1&doc=2 http://www.ru.lv/sys/research/konf/files/konf.27-28_05_2011_invitation.docx ,	0,5	
4.	Sandor Iosif , Biddle Stuart, Soos Istvan, <i>The Relation Physical Activity –Rural Space Concerning Romanian 13-18 Age Youth</i> , Ebsco Host, Journal Of Settlements And Spatial Planning, 2010, P.18-21, http://journaldatabase.info/database/search.html?search_inp=SANDOR+IOSIF&search_type=Author http://vuir.vu.edu.au/27183/ http://search.ebscohost.com/ , https://www.worldcat.org/title/relation-between-physical-activity-and-rural-space-concerning-13-18-year-old-romanian-youth/oclc/860109184&referer=brief_results https://eprints.usq.edu.au/32225/ http://geografie.ubbcluj.ro/ccau/jssp/arhiva1_2011	1	
5.	Soos Istvan, Biddle Stuart, Sandor Iosif , <i>Determinants of sedentary behavior of young people in Romania</i> , Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae; 2010, Vol. 55 Issue 3, p125-128, 4p http://eds.b.ebscohost.com/eds/detail/detail?vid=18&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxpCxcj29raWUdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57490072&db=edb http://www.studia.ubbcluj.ro/serii/educatio/index_en.html https://www.researchgate.net/profile/Istvan_Soos/publication/303518726 http://www.studia.ubbcluj.ro/serii/educatio/educatio_eval_en.html ,	1	
6.	Emanuele Isidori, Agita Abele, Iosif Sandor , Ioan Virgil Ganea, Francesco Taddei, Claudia Maulini, <i>Analyzing Body Values in the Context of Postmodern Youth Education. A Comparative Study Between Italy, Latvia and Romania</i> , 2010, Physical culture and sport. Studies and research, Volume XLIX, DOI: 10.2478/v10141-010-0017-x, ISSN 2081-221, pag. 65-71 https://www.degruyter.com/view/j/pcssr.2010.49.issue--1/v10141-010-0017-x/v10141-010-0017-x.pdf , http://cejsh.icm.edu.pl/cejsh/element/bwmeta1.element.doi-10_2478_v10141-010-0017-x https://search.proquest.com/openview/eb070da306b48ecc0dc4283a8249ec10/1?pq-origsite=gscholar&cbl=2026634 http://yadda.icm.edu.pl/yadda/element/bwmeta1.element-psjd-doi-10_2478_v10141-010-0017-x	0,5	
7.	Rusu Gabriela Virginia, Nicolae Bogdan, Sandor Iosif , <i>Study about the relationship between physical activity and quality of life in different Romanian</i> , Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae . 2010, Vol. 55 Issue 4, p133-137. 5p. https://s3.amazonaws.com/academia.edu.documents/7155549/569.pdf?AWSAccessKeyId=AKIAIWOWYYGZ2Y53UL3A&Expires=1528230508&Signature=lb3I3IPT61Fi3V6%2Ba%2F%2B7SCsYNF4%3D&response-content-	1	

	disposition=inline%3B%20filename%3DDDEVELOPING_EDUCATIONAL_VALUES_THROUGH_SP.pdf#page=134 http://studia.ubbcluj.ro/download/pdf/569.pdf , http://eds.b.ebscohost.com/eds/detail/detail?vid=16&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxcpcCxb29raWUdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57490089&db=edb		
8.	Pascan Ioan, Pascan Adrian-Claudiu, Sandor Iosif , <i>Acrobatic Gymnastics in Schools - Methodological Aspects</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, 2/2008, P.85 – 92 http://eds.b.ebscohost.com/eds/detail/detail?vid=22&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxcpcCxb29raWUdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57391953&db=edb http://studia.ubbcluj.ro/download/pdf/373.pdf http://studia.ubbcluj.ro/serii/educatio/open_access_en.html	1	
9.	Hamar Pal, Soos István, Biddle Stuart, Sandor Iosif , Boros-Balint Iuliana and Szabo Peter., 2008, <i>A comparative study on Hungarian students' sedentary behaviours and physical activity by using a free-time diary</i> . Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae; 2008, Vol. 53 Issue 3, p13-19, 7p ISSN 1453-4223 http://eds.b.ebscohost.com/eds/detail/detail?vid=20&sid=e49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxcpcCxb29raWUdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57391959&db=edb http://vuir.vu.edu.au/27350/ http://studia.ubbcluj.ro/download/pdf/395.pdf	0,5	
	Total I6	6,6	
I7	Cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	12 x m/n	Carte
1.	Rusu Flavia Ileana, Baciú Marius-Alin, Santa-Moldovan Ioan-Cristian, Câmpeanu Melania, Sandor Iosif , Vădan Anca Lucia, 2008, <i>Activitățile fizice la vârsta adultă</i> , Editura Napoca Star , Cluj-Napoca, 2008, P. 234 https://www.worldcat.org/title/activitati-sportive-pentru-populatia-de-varsta-adulta/oclc/895256755&referer=brief_results	12x3/6 = 6	6
2.	Boros-Balint Iuliana, Manasses Ildiko, Vizi Sandor, Baloga Istvan, Bogdan Vasile, Pascan Ioan, Szabo Peter-Zsolt, Andras Almos, Sandor Iosif , Ugron Agnes, 2011, <i>Magyar-roman szakkifejezes gyujtemeny I. Testneveles es sport, gyogytorna</i> . Culegere de terminologii maghiar-roman I. Educație fizică și sport, kinetoterapie, Mido Print, Cluj Napoca, Editor: Boroș-Balint Iuliana, 2011, P. 96 https://www.worldcat.org/title/magyar-roman-szakkifejezes-gyujtemeny-culegere-de-terminologii-maghiar-roman/oclc/895399848&referer=brief_results	12x3x/10=3,6	3,6
	Total I7	9,6	
I8	Capitole în cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	3 x m/n	Capitol
	Total I8		

Alte realizări științifice

I9	Lucrări in extenso (tip proceedings) indexate WoS sau altă BDI recunoscută, realizate în calitate de autor principal, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI (în cazul I9 și I10 se pot puncta cumulativ cel mult două contribuții /ediție conferință)	1	Lucrare
Total I9			
I10	Lucrări in extenso (tip proceedings) indexate WoS sau altă BDI recunoscută, realizate în calitate de co-autor, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI	1/n	Lucrare
1.	Biddle Stuart, Rusu Gabriela Virginia, Soos Istvan, Simonek Jaromir, Ling J, Karsai Istvan, Hamar Pal, Sandor Iosif , Boros-Balint Iuliana, Szabo Peter-Zsolt, <i>Physical activity and sedentary behaviour in youth, in the context of different geographical environments</i> , V Congreso mundial del deporte escolar, education fisica y psicomotricidad, Sportis.Formacion Deportiva, A Coruña 5-7 noviembre 2015, Cd-Actas, Editor: Victor Arufe Giraldez, 978-84-943477-2-6, 2015, P. 1-15 http://cev.org.br/eventos/v-congreso-mundial-del-deporte-escolar-educacin-fsica-y-psicomotricidad https://www.researchgate.net/publication/284030167 http://www.sportis.es/web/index.php?option=com_content&view=article&id=247& http://editorialinde.tumblr.com/post/132142114297/v-congreso-mundial-del-deporte-escolar-educaci%C3%B3n http://revistas.udc.es/index.php/SPORTIS	0,1	
2.	Bâca Ioan, Stefanescu Constantin Leonida, Sandor Iosif , Ciocoi-Pop Dumitru-Rares, <i>Riverrafting - Essential Means Of Conceptual Active Tourism Developing (River-Basin System Colibița Lake - Bistrița Ardeleană River)</i> , Index Copernicus Journals Master-List, Discobolul – Revista UNEFS de cultură, educație, sport și kinetoterapie Anul IX nr.1 (31) 2013, P.79-91 http://www.unefs.ro/discobolulmagazine/extenso/2013/Discobolul_1_2013_extenso.pdf www.indexcopernicus.com https://ecitydoc.com/download/discobolul-nr-31_pdf	0,25	
3.	Sandor I. , Isidori E, Yuktasir B., Rusu G. B., Kaya S., Lukacs L, 2012, <i>Study regarding the main Alpine Skiing Resorts Potential from Romania and Ukraine: Case Study Poiana Brasov and Bukovel</i> . In: Rural Mountain Areas. Experience, Preservation, Trends and Future Challenges. Cluj-Napoca - Sighetu Marmatiei, 2012, 18-22 July, ISSN-L 2285-3766. http://docplayer.net/6895924-Conference-reader-rural-mountain-areas-experience-preservation-trends-and-future-challenges-the-5-th-international-conference.html	0,16	
4.	Li S, Ling J, Simonek Jaromir, Karsai Istvan, Hamar Pal, Biddle Stuart, Soos Istvan, Sandor Iosif , <i>Electronic Media-Free Zone in the Bedroom! A Global Strategy Needed for Improving Health-Related Behaviours</i> , 17th Annual Congress of the European College of Sport Science, Vrije Universiteit Brussel & Universite Libre de Bruxelles, Editor: Meeusen, R., Duchateau, J., Roelands, B., Klass, M., DeGeus, B., Baudry, S., Tsolakidis, E., /2012/, 978-90902686-8-2, P. 565-565 http://www.ecss-congress.eu http://www.worldcat.org/title/book-of-abstracts/oclc/814127685 ,	0,12	
5.	Nica-Badea Delia, Sandor Iosif , Monea Gheorghe, <i>The research of sportsmen level of information, involvement, motivation involving doping phenomenon</i> , The International Congress of Physical Education, Sports and Kinetotherapy 1st Edition, Editura Discobolul, Editor: UNEFS București, ISBN 978-606-8294-37-7, BDI, 2011, P. 25-31 http://www.unefs.ro/custom_images/file/discobol%20pdf/arhiva/Discobolul%20nr%202026%20decembrie%202011/9.pdf	0,33	

6.	Soos Istvan, Biddle Stuart J H, Hamar Pal, Sandor Iosif and Simonek Jaromir, 2009, "You need to get out more!": Social and physical environments of sedentary and active behaviours of youth in two Central-Eastern European countries. In: 14th Annual Congress of the European College of Sport Science (ECSS), 24 -27 Jun 2009, Oslo, Norway. http://www.ecss-congress.eu/OSLO2009/index.php?opt . http://sure.sunderland.ac.uk/1476/	0,2	
7.	Soos Istvan, Hamar Pal, Biddle Stuart, Sandor Iosif , <i>An Investigation into Physical Activity and Sedentary behaviors in Transylvanian Students: an Ecological Momentary Assessment</i> , Magyar Sporttudományi Szemle, 2008, P.20 -25 https://scholar.google.com/citations?view_op=view_citation&hl=en&user=f4Z5yVYAAAAAJ&citation_for_view=f4Z5yVYAAAAAJ:08ZZubdj9fEC http://mstt.hu/MSSZ/MSTT_200804.pdf	0,25	
8.	Sandor Iosif , Roman Gheorghe, Rusu Flavia Ileana, Boros-Balint Iuliana, <i>Studiu privind sedentarismul și participarea tinerilor din Transilvania la activități fizice</i> , Sport Si Societate, Iași, 2/2007, P.10 – 14, ISSN: 1582-2168 http://www.sportsisocietate.ro http://www.worldcat.org/title/sport-i-societate-revista-de-educaie-fizic-sport-i-tiine-conexe/oclc/988784120?referer=di&ht=edition https://journals.indexcopernicus.com/search/details?id=19881	0,25	
9.	Istvan Soos, Stuart Biddle, Pal Hamar, Iosif Sandor , Jaromir Simonek, & Istvan Karsai, <i>Who is more sedentary in East Europe?</i> , 12th European Congress of Sport Psychology; Sport & Exercise Psychology Bridges between disciplines and cultures, Halkidiki, Greece, 4-9.09.2007, FEPSAC, Editor: Yannis Theodorakis&Marios Goudas&Athanasios Papaioannou, ISBN 978-960-89923-0-6, 2007, P. 199-199, www.fepsac.com/index.php/download_file/-/view/49 , http://library.upol.cz/arl-upol/m-en/detail-upol_us_cat-m0000520-12th-European-congress-of-sport-psychology/	0,16	
Total I10		1,82	
I11	Alte articole în extenso publicate în calitate de autor/ co-autor în reviste științifice, cu condiția ca revistele să fie indexate la nivel de rezumat în cel puțin o bază de date internațională recunoscută	1/n	Articol
1	Sandor Iosif , Pascan Ioan, 2008, <i>The training ashore – important factor in alpine skiing activities</i> , 10th International Sport Sciences Congress, Bolu – Turkey, Abbant Izzet Baysal University&Sport Sciences Association, P. 958-960 http://katalog.ekonomi.gov.tr/client/tr_TR/default/search/federateddetailnonmodal/\$N/\$N/\$N?qu=Competition+--+Turkey.&qf=AUTHOR%09Yazar%09%C5%9Een%2C+Zeynel.+yazar%09%C5%9Een%2C+Zeynel.+yazar&rw=4&ic=true&te=-253088288&ps=1000	0,5	
2	Pascan Ioan, Pascan Adrian-Claudiu, Sandor Iosif , 2008, <i>Investigation regarding the methodology of acrobatic gymnastics in schools</i> , Vedcka Konferencia s medzinarodnou ucastou, Sport A Zdravie, Editor: Paed. Dr. Jaroslav Brodani, PhD, 978-80-8094-374-5, 18-19 septembra, Nitra - Slovenska republika, P. 176-181 http://elearning.ktvs.pf.ukf.sk/publikacie/zbornik.pdf	0,33	
3	Sandor Iosif , <i>Premise de practicare a activităților de schi-turism în zona Munților Apuseni</i> , Studia Universitatis Babes Bolyai. Geographia, 2, 2006, P.193 – 198, http://studia.ubbcluj.ro/arhiva/abstract.php?editie=GEOGRAPHIA&nr=2&an=2006&id_art=185	1	
4	Sandor Iosif , <i>Relația între talia și greutatea tinerilor din mediul rural din cadrul diverselor unități geografice cu parametrii modelului cerut sportivilor de la caiac-canoe</i> , Palestrica Mileniului III- Civilizatie Si Sport, 2, 2004, P.78 –	1	

	85, http://www.pm3.ro/ro/arhiva/palestrica-mileniului-iii-anul-i-iunie-2004/		
5	Sandor Iosif , <i>The rural geographical environment, as a factor for the sportive performance</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, 1, 2003, P.115 – 118 http://studia.ubbcluj.ro/arhiva/abstract.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2003&id_ar=1336	1	
6	Sandor Iosif , <i>Study about the areas from which the Romanian performers medalled at the Olympic Games come</i> , Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae; 2003, Vol. 48, p119-120, 2p http://eds.b.ebscohost.com/eds/detail/detail?vid=30&sid=c49fa970-237b-4caf-98b8-c71840cebd16%40sessionmgr102&bdata=JkF1dGhUeXBIPXVybCxpCxcjb29raWUsdWlkJnNpdGU9ZWRzLWxpdmU%3d#AN=57403894&db=edb http://studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=91&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2003	1	
	Total I11	4,83	
I12	Cărți publicate în calitate de autor/co-autor în edituri clasificate de tip B (m B = 0,5)	12 x m/n	Carte
	Total I12		
I13	Capitole în cărți publicate în calitate de autor/ co-autor în edituri clasificate de tip B (m B = 0,5)	3 x m/n	Capitol
	Total I13		
I14	Autor/co-autor rapoarte de analiză de politici/strategii educaționale 14.1 rapoarte internaționale (m = 3); 14.2 rapoarte naționale (m = 1)	8 x m/n	Raport
	Total I14		
I15	Brevete de invenție/drepturi de autor/mărci înregistrate OSIM/ORDA, ca urmare a unui demers de inovare științifică în vederea elaborării de materiale curriculare, teste psihologice sau educaționale, teste motrice/ funcționale, softuri specializate etc.	3/n	Brevet/ drept de autor
	Total I15	231,55	

A2. Vizibilitate și impact științific

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsură
I 16	Citări ale publicațiilor candidatului în lucrări indexate Web of Science (autocitările sunt excluse)	0.5	Citare
	Soos Istvan, Simonek Jaromir, Karsai Istvan, Hamar Pal, Biddle S, Sandor Iosif, Physical activity and sedentary behaviours in youth: Data from three Central-Eastern European countries , Science_Citation_Expanded, European Journal Of Sport Science, DOI: 10.1080/17461390902829234, 9 (5), 2009, P.295 – 301		

1.	Abraham J, Velenczei A, Szabo A, Perceived Determinants of Well-Being and Enjoyment Level of Leisure Activities LEISURE SCIENCES (ISSN: 0149-0400) 34: (3) pp. 199-216. (2012), Link(ek): DOI, WoS, Scopus	0.5	
2.	Hadzik Andrzej, Tomik Rajmund, Szromek Adam Ryszard, Szczerbowski Marek, Recreational Physical Activity of International Sports Events Fans, <i>POLISH JOURNAL OF SPORT AND TOURISM</i> (ISSN: 1899-1998) 19: (2) pp. 127-133. (2012) Link(ek): DOI	0.5	
3.	Aibar A, Bois JE, Generelo E, Casterad JZ, Paillard T. A cross-cultural study of adolescents' physical activity levels in France and Spain, <i>EUROPEAN JOURNAL OF SPORT SCIENCE</i> (ISSN: 1746-1391) 13: (5) pp. 551-558. (2013) Link(ek): DOI, WoS, Scopus	0.5	
4.	Vašíčková J, Frömel K, Groffik D, Chmelík F, Decrease in weekend number of steps in adolescents, <i>Acta Universitatis Palackianae Olomucensis, Gymnica</i> 43: (1) pp. 49-55. (2013), Link(ek): Scopus	0.5	
5.	Kudláček M, Increase of the effectiveness of school PE classes through sport preferences survey: Contextual prediction of demanded sport activities, <i>Acta Universitatis Palackianae Olomucensis, Gymnica</i> 43: (1) pp. 41-48. (2013), Link(ek): Scopus	0.5	
6.	Rico ER, García EF, Ángel JB, Levels of physical activity in spanish adolescents (aged 12 to 14) measured by accelerometry, <i>JOURNAL OF HUMAN SPORT AND EXERCISE</i> (ISSN: 1988-5202) 8: (2 SUPPL) pp. 401-411. (2013) Link(ek): DOI, Scopus, Egyéb URL	0.5	
7.	Kudláček Michal, The potential of organized physical activity/physical education for active lifestyle <i>E-PEDAGOGIUM</i> (ISSN: 1213-7758) 2013: (2) pp. 125-136. (2013)	0.5	
8.	Marszalek Jolanta, Morgulec-Adamowicz Natalia, Rutkowska Izabela, Kosmol Andrzej, Using Ecological Momentary Assessment to Evaluate Current Physical Activity, <i>BIOMED RESEARCH INTERNATIONAL</i> (ISSN: 2314-6133) 2014: p. & 9 p. (2014), Link(ek): DOI, WoS	0.5	
9.	Reimann Mart, Tilmer Kaarel, Erkki Erkki, Development of a sport event under the communism and democratic regimes, In: Plevnik M, Retar I, Pisot R, Obid A (szerk.) : Sustainable development of sports tourism. Koper: Annales University Press, 2015. (ISBN 978-961-6964-27-2) pp. 195-202. (Knjižnica Annales Kinesiologiae)	0.5	
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	A Promising Approach.		
3.	DINA, A. M., & PAVEL, V. (2023). THE INFLUENCE OF PHYSICAL THERAPIST APPROACH IN THE PARENT'S COMPLIANCE OF INFANTILE CEREBRAL PALSY DIAGNOSED CHILDREN. A RANDOMIZED CONTROLLED TRIAL. <i>Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae</i> , 68(2).	0.5	
	Total I16	55	
I17	Alte citări ale publicațiilor candidatului (autocitățile sunt excluse) I17.1 Disponibile în lucrări clasificate A1 (m = 3) I17.2 Disponibile în lucrări clasificate A2 sau în baza de date Scopus (altele decât cele deja incluse la I16) (m = 1) I17.3 Disponibile în lucrări clasificate B sau în alte surse academice identificabile prin Google Scholar (altele decât cele deja incluse) (m = 0.5)	m/10	Citare
	Total I17		
I18	Keynote speaker (comunicare științifică în plen) la conferințe internaționale (m = 3)/naționale (m = 1)	2 x m	Conferință
1.	Online seminar within the international event GeoNight 2021 entitled "The geography of sport between education and culture" ROME, ITALY April 9th, 2021,	6	
2.	GEOGRAFIA DELLO SPORT: PROSPETTIVE DI RICERCA ED ESPERIENZE, in Università degli studi di Roma "Foro Italico", Roma, 11 aprilie 2012	6	
3.	V CONGRESO MUNDIAL DEL DEPORTE ESCOLAR, EDUCATION FISICA Y PSICOMOTRICIDAD, in UNIVERSIDADE DA CORUNA, 2015, Localitatea LA CORUNA, calitatea: KEYNOTE SPEAKER, Detalii activitate: 5-7. NOIEMBRIE 2015	6	
	Total I18	18	
I19	Membru în comitetul științific (A)/Referent științific pentru evaluarea și selecția lucrărilor unei conferințe (B)/Membru în comitetul de organizare (C)/Coordonator simpozion (Chair) (D) (se punctează o singură calitate/conferință) I.19.1 Conferințe internaționale (m = 3) I.19.2 Conferințe naționale (m = 1)	1 x m	Conferință
1.	<i>Denumire activitate: V CONGRESO MUNDIAL DEL DEPORTE ESCOLAR, EDUCATION FISICA Y PSICOMOTRICIDAD, Calitate: MEMBRU IN COMITETUL STIINTIFIC, Organizatie: UNIVERSIDADE DA CORUNA, Tip Organizatie: International, Localitate: LA CORUNA, Spania, An: 2015, Detalii perioada: 5-7 NOIEMBRIE 2015</i>	3	
2.	<i>Denumire activitate MIEMBRO DEL COMITÉ CIENTÍFICO,; 13º Congreso Internacional de Ciencias del Deporte y la Salud, Calitate: Organizatie: Departamento de Didácticas Específicas de la UDC, el Concello de Pontevedra y el Vicerrectorado del Campus de Pontevedra de la Universidad de Vigo., Tip Organizatie: International, Localitate: Pontevedra, Spania, Tara: Spania, An: 2017, Detalii perioada: 27-29 de abril del 2017</i>	3	
3.	<i>Denumire activitate: 14º Congreso Internacional de Ciencias del Deporte y la Salud. 3-5 de mayo del 2018. Pontevedra. España., Calitate: membru in comitetul stiintific, Organizatie: Departamento de Didácticas Específicas de la UDC, el Concello de Pontevedra y el Vicerrectorado del Campus de Pontevedra de la Universidad de Vigo., Tip Organizatie: International, Localitate: Pontevedra, Spania, Tara: Spania, An: 2018, Detalii perioada: 3-5- mai</i>	3	
4.	The 3rd World Congress of Sciences of Physical Activity and Sport, The New European Dimensions, Romania, CLUJ-NAPOCA, Institutia organizatoare: FEFS, 2006	3	
5.	Moderator, coordonator workshop la conferințe naționale From Interdisciplinary to Transdisciplinarity in Physical Education and Sport, Cluj-Napoca, 5-6 11.2010	1	
	Total I19	13	
I20	Președinte sau membru în comitetul executiv al unei asociații profesionale internaționale (m = 3) sau naționale	2 x m	Asociație

	(m = 1)		
1.	Membru în Consiliul Științei Sportului din România (1998 – în prezent)	2	
2.	Membru al Societății Medicale Române de Educație Fizică și Sport (2014-în prezent)	2	
3.	Membru în Societatea Română de Fiziologie – Physiology (SRF) afiliată la Societatea Europeană de Științe Fiziologice (FEPS) și la Societatea Internațională de Științe Fiziologice (IUPS) (2014-în prezent)	2	
4.	Membru al Asociației „Stresul oxidative în Medicină” ASOM (2014-în prezent)	2	
5.	Comisia de specialitate pentru obținerea „Gradului Didactic II” din Învățământ	2	
6.	Comisii de Inspectori pentru obținerea „Gradului Didactic I” din Învățământ;	2	
	Total I20	12	
I21	Premii și distincții I.21.1 Premii pentru activitatea științifică oferite de către instituții sau asociații științifice/profesionale internaționale (m = 3) sau naționale de prestigiu (CNCS, etc.) (m = 1) (nu sunt incluse granturile de deplasare sau premiarea articolelor din zona roșie, galbenă etc.) I.21.2 Premii pentru activitatea didactică oferite de către instituții/asociații de profil internaționale sau naționale de prestigiu (ex. profesor Bologna etc.) (m = 1) I.21.3 Obținerea în activitate a unor rezultate de prestigiu privind promovarea țării și a învățământului românesc (de exemplu distincțiile, medaliile primite de către sportivi, antrenori, alți specialiști pentru rezultate la JO, CM, CE etc., oferite de Președinția României, MENCS, MTS etc.) (m= 1)	4 x m	Premiu
1.	Premiul de excelență în cercetare științifică UBB,2020	4	
2.	Premiul Cercetării științifice, UBB, 2018	4	
3.	Diploma de Excelență - Simpozionul "George Mocianu" , M.E.C.T.S., I.S.J. Cluj, 2011	4	
4.	Premiul Cercetării științifice, UBB, 2009	4	
5.	Diploma de Excelență Didactică, UBB, 2005	4	
	Total I21	20	
I22	Coordonator al unei colecții de carte	6	Colecție
	Editura: Sette Citta, Biblioteca 20 serie studi geografici, Orasul: Viterbo, (2012 - prezent), Functia: Membru în Comitetul științific serie	6	
	Total I22	6	
I23	Carte coordonată relevantă pentru domeniu (m A1 = 3; m A2 = 1; m B = 0.5)	8xm/n	Carte
	Total I23		
I24	Redactor șef/editor sau membru în comitetul editorial al unei reviste cu comitet științific și peer-review I24.1. Revistă indexată Web of Science (m = 3) I24.2. Revistă indexată în cel puțin două BDI (m = 1) I24.3 Revistă indexată într- un BDI (m = 0.5)	4 x m	Revistă
1.	Editura: Sette Citta, Biblioteca 20 serie studi geografici, Orasul: Viterbo, (2012 - prezent), Functia: Membru în Comitetul științific serie	4	
2.	Editura: Edizioni Nuova Cultura, Roma, 2011 – în prezent)	4	
3.	Secretar de redacție „Studia Educatio Artis Gymnasticae” (2001 – 2004)	2	

	Total I24	10	
I25	Referent științific ad hoc pentru reviste cu comitet științific și peer- review I25.1. Revistă indexată Web of Science I25.2. Revistă indexată BDI (alta decât WoS)	0.3/0.2	Articol
1.	<i>Baltic Journal of Health and Physical Activity</i> , Manuscript ID BJHPA-2021-0016	0,3	
2.	Sportis. Scientific Journal of School Sport, Physical Education and Psychomotricity: 2016	0,3	
3.	Referent, revista: Sportis. Formación Deportiva, un nuevo concepto de formación continua, (2015)	0,3	
4.	Science Citation Expanded, Revista: European Journal of Sport Science, (2011	0,3	
	Total I25	1,2	
I26	Profesor asociat/visiting scholar pentru o durată de cel puțin o lună de zile/susținerea unei conferințe sau prelegeri în fața cadrelor didactice sau a doctoranzilor (se punctează un singur aspect per universitate; nu sunt incluse aici schimburile Erasmus) I.26.1 la o universitate din TOP 500 conform clasamentului URAP (m = 3) I.26.2 la o universitate din afara topului 500 URAP, ca urmare a unei invitații nominale din partea instituției gazdă (m = 1) I.26.3 profesor invitat/lector al federațiilor internaționale pe ramură de sport /Academiei Olimpice a CIO/Asociații profesionale internaționale (m = 1)/federațiilor naționale pe ramură de sport sau Academiei Olimpice a COSR (m = 0,5)	0.5 x m	Instituție/in viație
	Visiting researcher - Coordonator al International Research Group on E-Learnng and Innovative Education (IRGELIE) -University of Rome Foro Italico, Italy, (2016 -prezent)	1,5	Invitatie
I.26.1	Plymouth State University, Plymouth, USA (01.2005 – 06. 2005)	1,5	
	Total I26	3	

I27	Director al unui grant finanțat/instituția coordonată I27.1 Director grant de cercetare cu relevanță publică largă obținut prin competiție internațională, acordat de către o agenție/instituție internațională (m = 3) I.27.2 A. Director grant de cercetare cu relevanță publică largă obținut prin competiție națională/B. Coordonator echipă România pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție internațională (m = 1) I.27.3 A. Director sau coordonator partener al unui grant de dezvoltare instituțională (de exemplu tip POSDRU, Erasmus + etc.)/B. Director sau coordonator partener al unui grant de cercetare cu relevanță specifică (de exemplu finanțat de către o companie), obținut prin competiție națională sau internațională/C. Coordonator partener pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție națională (m = 0.5)	9 x m	Grant
1.27.3.	Coordonator al <i>International Research Group on E-Learnng and Innovative Education</i> (IRGELIE) -University of Rome Foro Italico, Italy, (2016 -prezent)	4.5	1
1.27.3	“Plan de Amenajare a Teritoriului Interorășenesc Sinaia-Busteni-Azuga-Predeal-Rasnov-Brasov”.Beneficiar: Ministerul Dezvoltării Rurale și Turismului. Categoria proiectului: național, Tipul programului: consultanță; Data începerii:	4.5	1

	11.05.2009; durata: 2 ani, Numărul de înregistrare: 392 / 11.05.2009		
	Total I27	9	
I28	Membru în echipa unui grant finanțat/instituția coordonată I28.1 Membru în echipa unui grant de cercetare cu relevanță publică largă obținut prin competiție internațională sau națională (m = 1) I28.2. Membru în echipa unui grant de cercetare cu relevanță specifică sau a unui grant de dezvoltare instituțională obținut prin competiție internațională sau națională (m = 0,5)	3 x m	Grant
	Membru în Proiectul instituțional de Cercetare cu finanțare națională cu titlul “Plan de Amenajare a Teritoriului Inter-orășenesc Sinaia-Busteni-Azuga-Predeal-Rasnov-Brasov”.Beneficiar: Ministerul Dezvoltării Rurale și Turismului. Categoria proiectului: național, Tipul programului: consultanță; Coordonator proiect: Pompei Cocean, Departamentul de geografie regională și planificate teritorială Facultatea de Geografie, UBB Cluj-Napoca. Data începerii: 11.05.2009; durata: 2 ani, Numărul de înregistrare: 392 / 11.05.2009	3	
	Coordonator in Proiectul „Cercetator, viitor antreprenor – Noua Generatie” cod 123793/ POCU	3	
	Total I28	6	
I29	Activitate de mentorat/îndrumare I.29.1 Conducător științific/membru în comisia de îndrumare sau de evaluare a tezelor de doctorat (punctajul total la 29.1 este plafonat la maximum 10 puncte) I.29.2 Mentor cu rol oficial de îndrumare a unor cercetători postdoctorali	1/0.5	Doctorand/ comisie Îndrumat
	Conducător științific/membru în comisia de îndrumare sau de evaluare a tezelor de doctorat	5x2	10
	Mentor post-doctorand proiectul POCU 123793 Cercetator, viitor antreprenor - Noua Generatie la Pop Sergiu	1	
	Mentor post-doctorand proiectul POCU 123793 Cercetator, viitor antreprenor - Noua Generatie la Neag Simina	1	
	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2021	1	
	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2020	1	
	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2019	1	
	Total I29	15	
I30	30.1. Inițierea sau coordonarea unor programe de studii universitare sau postuniversitare	2	Program
	1. MASTER Educație Fizică și Agreement În Turism – Învățământ La Distanță	5	
	2. MASTER Educație Fizică și Agreement În Turism – ZI	5	
	30.2. Publicarea unor cursuri universitare (nu pot fi punctate aici contribuții ce au fost incluse la indicatorii I3, I7 sau I12)	1	Curs
	1. Bevezetés a Sport és Testnevelésméletbe, GMI , Cluj - Napoca, 2008, P. 120	1	
	2. Az iskolai testnevelés és sport oktatásának módszertana (Metodica Educației Fizice și Sportive Școlare), Curs, 103 pagini, 2005.	1	
	3. Az iskolai testnevelés és sport oktatásának módszertana (Metodica Educației Fizice și Sportive Școlare), Curs, 144 pagini, 2009.	1	
	4. Bazele generale ale teoriei educației fizice și sportului, suport de curs, uz intern, Cluj-Napoca, 153 pagini, 2008.	1	
	5. Teoria educației fizice și sportului suport de curs, IFR, uz intern, Cluj-Napoca, 85 pagini, 2011.	1	
	6. Proiectare curriculară, suport de curs, uz intern, FEFS, Cluj-Napoca, 75 pagini, 2010	1	
	7. Ontogeneza mișcării, suport de curs, uz intern, FEFS, Cluj-Napoca, 80 pagini, 2010	1	
	8. Educație și sănătate suport de curs, uz intern, FEFS, Cluj-Napoca, 53 pagini, 2011	1	
	9. Caracteristicile efortului și metodologiile de optimizare a acestuia în funcție de condițiile de mediu, suport de curs, uz intern,	1	

	Master:Turismul sportiv și agrementul din perspectiva ecodezvoltării, UBB, Facultatea de Geografie, Extensia Bistrița, 65 pagini, 2011		
10.	Nutriție și Fitness, – suport de curs, uz intern, Cluj-Napoca, Master: Științele Nutriției, UBB, Facultatea de Biologie și Geologie, 153 pagini, 2011	1	
	30.3. Introducerea unor discipline noi în planul de învățământ	0.5	Disciplină
	Nutritie si Fitness	0.5	
	Tehnici și metode pentru dezvoltarea calităților motrice – Limba romana	0.5	
	Tehnici și metode pentru dezvoltarea calităților motrice – Limba maghiara	0.5	
	Organizarea și coordonarea activităților sportul pentru toți	0.5	
	Managementul activităților de educație fizică și sport școlar	0.5	
	Teoria și metodica educației fizice și sportului, Limba Maghiara	0.5	
	Didactica specialitatii EFS –limba maghiara	0.5	
	Caracteristicile efortului si metodologiile de optimizare a acestuia, in functie de conditiile de mediu	0.5	
	Bio-psiho pedagogia dezvoltării și perfecționării capacității motrice / Bio psycho pedagogy of development and improvement of motor skills	0.5	
	Total I30	34,5	
I31	Coordonarea unui centru sau laborator de cercetare, recunoscut de către Senatul Universității sau Consiliul Științific al Institutului de cercetare	2	Centru
	Total I31		
I32	Evaluator proiecte/membru în Panel în competiții internaționale (m = 3)/naționale (m = 1) de granturi de cercetare	1 x m	Ediție competiție
	Total I32	-	
I33	Membru în grupul de experți I.33.1 Comisii/consilii științifice sau organisme internaționale (de exemplu UNESCO, UNICEF, CIO, Federații internaționale pe ramuri de sport etc.) (m = 3) I.33.2 Comisii/consilii științifice sau organisme naționale (CNATDCU, CNCS, ANCS, ARACIS sau alt grup de lucru consultativ/de lucru la nivelul MENCS sau la nivel interministerial, alcătuit ca urmare a unui ordin emis de MENCS sau de către un alt for ministerial (m = 1)	1 x m	Comisie
I.33.2	Membru CNATDCU	1	
	Expert evaluator ARACIS	1	
	Membru în <i>Centrul de Cercetări Interdisciplinare în Domeniul Educație Fizică și Sport – ICEFS</i>	1	
	Expert evaluator extern al ARACIS pentru Programele de studiu prin Învățământ la distanță (2011 - în prezent)	1	
	ABILITARE –Conducător de doctorat în Școala doctorală a UBB / FEFS	1	
	Total I33	5	
I34	Furnizarea de servicii pentru beneficiarii externi ai instituției (cursuri sau programe de formare/perfecționare profesională în domeniu)	0,5	Pe curs avizat
	Comisia pentru concursul de ocuparea funcțiilor de îndrumare și control de la inspectoratul Școlar al județului Covasna – decizia nr.296/2002 a MEC	0,5	
	Coordonator ERASMUS (2000-2010)	0,5	

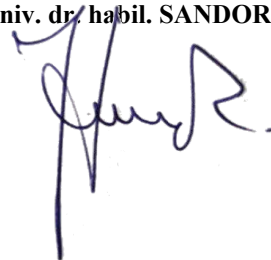
	Activități la Penitenciarul Gherla – 3 (2017, 2018, 2019)	3x0,5	1,5
	Total I34	2,5	
I35	I.35.1 Antrenor emerit/profesor emerit/maestru emerit al sportului/arbitru internațional/comisar/observator (se iau în calcul doar calitățile existente la data înscrierii în concurs) I.35.2 Premii pentru activitatea sportivă acordate de către instituții naționale (MTS, MENCS, COSR) sau internaționale I.35.3 Performanțe ale sportivilor antrenați (JO, CM, JMU - locurile 1-5; CE, CN - locurile 1), creații pe linia sportului de performanță, recuperării motrice și funcționale, kinetoterapiei și kinetoprofilaxie (linii metodice/metodologii/strategii de pregătire pe ramuri de sport/probă sportivă recunoscute în comunitatea de specialiști/federații pe ramuri de sport); programe de profilaxie și recuperare prin mijloace kinetice pentru diferite categorii de populație/grupe de vârstă/grupe profesionale/patologii) recunoscute de organisme profesionale și/sau științifice naționale și internaționale.	3/ 2/ 2	Pe titlu/ premiu/ activitate
	Arbitru internațional atletism	3	
	Total I35	3	

Standarde minimale pentru domeniul Educație Fizică și Sport

Aria A1	Criteriu	Indicatori esențiali/Suma indicatorilor	Standard minimal Conferențiar/CS II	Standard minimal Profesor/CSI/Abilitare	Punctaj realizat	Îndeplinit/ndeplinit
Realizări științifice A1	C1	I1		6	20,1	Îndeplinit
	C2	I3+I4		24	81	Îndeplinit
	C3	Total A1 (I1+...+I15)		65	231,55	Îndeplinit
Vizibilitate și impact A2	C4	I16		4	55	Îndeplinit
	C5	I27		4	9	Îndeplinit
	C6	Total A2 (I16+...+I35)		55	210,7	Îndeplinit
	C7	Total general		120	442,25	Îndeplinit

Intocmit/semnătură

Prof. univ. dr. habil. SANDOR IOSIF



STANDARDE MINIMALE
PENTRU PSIHOLOGIE, ȘTIINȚE ALE EDUCAȚIEI, EDUCAȚIE FIZICĂ ȘI SPORT
Prof. univ.dr. Emilia Florina Grosu
2013-2026

A 1. Realizări științifice

Indi ca tor	Denumirea indicatorului	Punctaj	Unitatea de măsură
<i>Realizări științifice semnificative în calitate de autor principal</i>			
I 1	Contribuții în extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este maimare sau egal cu <i>p</i>, realizate în calitate de autor principal	3 + (3 x IF)	Articol
	Technology-Assisted Neuromotor Training for Improving Visuomotor Reaction Performance, Change-of-Direction Quickness, and Bilateral Task Execution in Junior Handball Players, <i>Journal of Functional Morphology and Kinesiology</i>, 2026-01-20 Journal article, DOI: 10.3390/jfmk11010042 Contributors: Mircea Boncuț; Nicola Mancini; Angel-Alex Hăisan; Delia Boncuț; Emilia Florina Grosu; Cornelia Popovici; Carlos Hervás-Gómez; Cristina Maria Man; Siria Mancini; Mariasole Antonietta Guerriero; Vlad Teodor Grosu	3+ (3x 2.50) =10.5	10.5
	The Impact of an Integrated ACT-Based Psychological Intervention (SmartACT) on Attention and Psychological Flexibility in Adolescent Student-Athletes, <i>Applied Sciences</i>, 2026-01-13 Journal article, DOI: 10.3390/app16020825 Contributors: Timea Madár Barabási; Carmen Costea-Bărlutiu; Mircea-Nicolae Ordean; Nicola Mancini; Cornelia Popovici; Vlad Teodor Grosu; Alexandru Zadic; Rares-Mihai Pop; Dana Ioana Cristea; Emilia Florina Grosu; Emanuela Lucreția Barboni, Dan Monea.	3+ (3x 2.50) =10.5	10.5
	Mental conditioning and pulse oximetry monitoring in short-term training of alpine skiers aged 13–16 years, <i>Pedagogy of Physical Culture and Sports</i>, 2025-12-30 Journal article, DOI: 10.15561/26649837.2025.0607 Contributors: Vlad Teodor Grosu; Nicola Mancini; Radu Adrian Rozsnyai; Sonia Gabriela Neagu; Dan Monea; Emilia Florina Grosu; Tatiana Dobrescu; Carlos Hervás-Gómez; Cornelia Popovici.	3+ (3x 1.50) =7.50	7.50
	School-Based Proprioceptive and Plyometric Training Improves Balance in Students with Visual Impairment: A 12-Week Controlled Study, <i>Disabilities</i> 2025-11-03 Journal article, DOI: 10.3390/disabilities5040101 Contributors: Mariasole Antonietta Guerriero; Fiorenzo Moscatelli; Giovanni Messina; Emilia Florina Grosu; Emese Ágnes Maniu; Valentin Alexandru Enache; Vlad Teodor Grosu; Rita Polito; Marcellino Monda; Antonietta Messina; Claudia Casella; Paride Vasco; Nicola Mancini.	3+ (3 x 1.4) = 7.20	7.20

Effects of the SmartACT Intervention on Motor and Psychological Variables in Adolescent Athletes: A Controlled Trial Using BlazePod and Microgate, <i>Children</i> 2025-10-05 Journal article, DOI: 10.3390/children12101338 Contributors: Barabási Madár Timea; Costea-Bărluțiu Carmen; Ordean Mircea Nicolae; Mancini Nicola; Grosu Vlad Teodor; Sabău Anca Maria; Popovici Cornelia; Carlos Hervás-Gómez; Grosu Emilia Florina; Monea Dan.	3+ (3 x 2.1) = 9.3	9.30
Jump Rope Training Improves Muscular Strength and Cardiovascular Fitness in University Students: A Controlled Educational Intervention, <i>Sports</i>, 2025-09-05 Journal article, DOI: 10.3390/sports13090307 Contributors: Sabău Anca Maria; Ordean Mircea Nicolae; Mancini Nicola; Alexandra Szara Szekely; Simon Sorin; Ianc Dorina; Carlos Hervás-Gómez; Popovici Cornelia; Grosu Emilia Florina; Grosu Vlad Teodor.	3+ (3 x 2.1) = 9.3	9.30
Improving Balance and Technical Skills of Young Alpine Skiers: Outcomes of a 10-Week Complex Dry-Land Training Program, <i>Applied Sciences</i> 2025-03-06 Journal article, DOI: 10.3390/app15052831 Contributors: Alexandru Zadic; Mircea-Nicolae Ordean; Dan Monea; Vlad Teodor Grosu; Rareș-Mihai Pop; Cornelia Popovici; Emilia Florina Grosu; Sorin Simon	3+ (3 x 2.5) = 10.5	10.50
The Effects of Small-Sided Games and Behavioral Interventions on the Physical and Motivational Outcomes of Youth Soccer Players, <i>International Journal of Environmental Research and Public Health</i>, 2022-10-29 Journal article, DOI: 10.3390/ijerph192114141 Contributors: Rareș-Mihai Pop; Vlad Teodor Grosu; Emilia Florina Grosu; Alexandru Zadic; Liliana Măță; Tatiana Dobrescu.	3 + (3 x 5.4) = 19.2	19.2
Ethical principles in sport performance enhancement, Craciun Marius; Siserman Costel; Petrehus Denisa; Grosu Emilia Florina; Dobosi Serban. Revista Romana de Bioetica 9.3 (Jul/Sep 2011): n/a. http://search.proquest.com.ux4ll8xu6v.useaccesscontrol.com/pqc/central/results/, https://scholar.google.it/scholar?start=0&q=grosu+emilia+florina&hl=it&as_sdt=0,5 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000296480200006	3+ (3x 1.080) = 6.240	6.240

	Differences between Active and Semi-Active Students Regarding the Parameters of Body Composition Using Bioimpedance and Magnetic Bioresonance Technologies (2021) Dana Badau 1, Adela Badau 1,*, Cristian Trambitas 2,*, Dia Trambitas-Miron 2, Raluca Moraru 2, Alexandru Antoniu Stan 2, Bogdan Marian Oancea 3, Ioan Turcu 3, Emilia Florina Grosu 4, Vlad Teodor Grosu 5, Lucia Georgeta Daina 6, Cristian Marius Daina 6, Corina Lacramioara Suteu 6 and Liviu Moraru 2, pp 2-14. International Journal of Environmental Research and Public Health. MDPI, Int. J. Environ. Res. Public Health 2021, 18, 7906. https://doi.org/10.3390/ijerph18157906 www.mdpi.com/journal/ijerph https://www.mdpi.com/1660-4601/18/15/7906 Journals IJERPH Volume 18 Issue 15 10.3390/ijerph18157906 Int. J. Environ. Res. Public Health 2021, 18(15), 7906; https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000681876200001 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000681876200001	3+ (3x 3.390) =14.170	14.170
	The Effects of Small-Sided Games and Behavioral Interventions on the Physical and Motivational Outcomes of Youth Soccer Players Pop, RM; Grosu, VT (Grosu, Vlad Teodor); Grosu, EF ; Zadic, A ; Mata, L ; Dobrescu, T. Nov 2022 INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH 19 (21) Free Full Text from Publisher more_horiz 53 References https://0b10q09oe-y-https-www-webofscience-com.z.e-nformation.ro/wos/woscc/full-record/WOS:000883889900001 Int. J. Environ. Res. Public Health 2022, 19(21), 14141 https://doi.org/10.3390/ijerph192114141 Received: 2 October 2022 / Revised: 22 October 2022 / Accepted: 26 October 2022 / Published: 29 October 2022 (This article belongs to the Special Issue 2nd Edition: Fitness Assessment, Athlete's Monitoring Cycle and Training Interventions in Team Sports) https://www-scopus-com.am.e-nformation.ro/results/results.uri?sort=plf-f&src=s&st1=Grosu &st2=Vlad+Teodor&nlo= 1&nlr= 20&nls=count-f&sid=e6eac3903bb7582f4cbd089907024ff5 &sot=anl&sdt=aut&sl=39&s=AU-ID%28%22Grosu%2c +Vlad +Teodor%22+57214878761 %29&txGid= 58c0a245a7edad5 7dc4410d50836415b Article • Gold Open Access • Green Open Access, Source type Journal ISSN 16617827, DOI 10.3390/ijerph192114141 Publisher MDPI, Original language English, PubMed ID 36361017	3 + (3 x 3.789)	14.367
	Lesiones en hockey línea: factores de riesgo y medidas de prevención. Moreno-Alcaraz, V. J., Cejudo, A., Grosu, E. F., & Sainz de Baranda, P. (2021). <i>Revista Iberoamericana De Ciencias De La Actividad Física Y El Deporte</i>, 10(3), 1-17. https://doi.org/10.24310/riccafd.2021.v10i3.12468 Impact factor 0.16 https://revistas.uma.es/index.php/riccafd/article/view/12468 https://revistas.uma.es/index.php/riccafd/article/view/12468/14032	3+(3 x 0.16) =	3.480

		TOTAL I 1	122.257
I 2	Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format in extenso (full-text), realizate în calitate de autor principal	3 + IF	Articol
	Virtual Reality Can Be Used to Reduce the Simple and Complex Reaction Time of High School Students, <i>Virtual Worlds</i>, 2025-12-05 Journal article, DOI: 10.3390/virtualworlds4040059 CONTRIBUTORS: Ștefan Moroșanu; Maria Cristina Man; Nicola Mancini; Carlos Hervás-Gómez; Emilia Florina Grosu; Mihai Moroșanu; Horațiu Ghejan; Mircea Boncuț; Dana Ioana Cristea; Vlad Teodor Grosu.	3+0	3
	Comparison of Procedures Applied on the Auditive Feedback Equipment, Neuromuscular Electrostimulation and Kinesitherapy in Kyphotic Attitudes Recovery, 2022. Ordean, MN; Grosu, EF; (...); Muresan, AD Mar 2022, <i>REVISTA ROMANEASCA PENTRU EDUCATIE MULTIDIMENSIONALA</i> 14(1), pp.299-311	3+0	3
	An Applicable Physical Activity Program Affecting Physiological and Motor Skills: the Case of Table Tennis Players Participating in Special Olympics (SO) By Bechar, I (Bechar, Inbal) 1 Grosu, EF (Grosu, Emilia Florina) Edited by Chis, V (Chis, V) Albulescu I (Albulescu, I) 3RD INTERNATIONAL CONFERENCE - EDUCATION, REFLECTION, DEVELOPMENT, Book Series Procedia Social and Behavioral Sciences, Volume 209, Page 247-253 DOI 10.1016/j.sbspro.2015.11.227, Published 2015, Document Type Proceedings Paper, Conference, Meeting 3rd International conference on Education Reflection Development (ERD) , Location Cluj-Napoca, ROMANIA, Date JUL 03-04, 2015 Sponsors Univ Babes-Bolyai, Fac Psychol Educ Sci; Univ Babes-Bolyai, Dept Educ Sci https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000380408000037	3+0	3
	Anthropometric Indicators and Physical Tests Correlations in Football Players 14-16 Years, By: Rozsnyai, RA (Rozsnyai, Radu Adrian) [1] ; Grosu, EF (Grosu, Emilia Florina) [1] ; Grosu, VT (Grosu, Vlad Teodor) [1] ; Monea, D (Monea, Dan) [1] ; Popovici, C (Popovici, Cornelia) [2] Edited by: Nagel, A (Nagel, A) (provided by Clarivate) PROCEEDINGS OF THE 6TH INTERNATIONAL CONFERENCE OF UNIVERSITARIA CONSORTIUM	3+0	3

	FEFSTIM: PHYSICAL EDUCATION, SPORTS AND KINESIOTHERAPY - IMPLICATIONS IN QUALITY OF LIFE, Page87-93, Published 2020, Indexed2021-08-28 Document TypeProceedings Paper https://0b10q49u1-y-https-www-webofscience-com.z.e-nformation.ro/wos/woscc/full-record/WOS:000682773700013 https://0b10q49u1-y-https-www-webofscience-com.z.e-nformation.ro/wos/woscc/summary/d71ca83b-4274-4d1c-bee8-00c02041465f-88a74338/relevance/1		
	Aspects Regarding Classroom Management And Its Part InMaking The Educational Process More Effective By <u>Dobrescu, T</u> (Dobrescu, Tatiana) 1 <u>Grosu,,EF</u> (Grosu, Emilia Florina) 2 Edited by <u>Laborda, JG</u> (Laborda, JG) View Web of Science ResearcherID and ORCID (provided byClarivate) 4TH WORLD CONFERENCE ON LEARNING TEACHING AND EDUCATIONAL LEADERSHIP (WCLTA-2013) Book Series, Procedia Social and Behavioral Sciences, Volume 141,Page 465-469, DOI 10.1016/j.sbspro.2014.05.082, Published 2014, Document Type, Proceedings Paper, Conference, Meeting4th World Conference on Learning, Teaching and Educational <u>Leadership (WCLTA)</u>, Location, Univ Barcelona, Barcelona, SPAINDate OCT 27-29, 2013 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000345351800077	3+0	3
	Considerations regarding the creative dimension of the physicaleducation and sports didactic process By <u>Dobrescu, T</u> (Dobrescu, Tatiana) 1<u>Cretu, M</u> (Cretu, Marian) 2<u>Grosu, EF</u> (Grosu, Emilia Florina) 3<u>Culea, C</u> (Culea,Catalina) 1, Edited by <u>Odabasi, HF</u> (Odabasi, HF) View Web of Science ResearcherID and ORCID (provided by Clarivate), 3RD WORLD CONFERENCE ON LEARNING, TEACHING AND EDUCATIONAL LEADERSHIP Book Series, Procedia Social and Behavioral Sciences, Volume 93 Page 853-858, DOI 10.1016/j.sbspro.2013.09.292, Published 2013 Document Type, Proceedings Paper, Conference Meeting <u>3rd World Conference on Learning, Teaching and EducationalLeadership (WCLTA)</u>, Location, Brussels, BELGIUM, Date OCT 25-28, 2012, Sponsor, Acad World Educ & Res Ctr https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000342763100149	3+0	3
	Correlations of emotional distress and anxiety with regards to athletes of 11-15 years in perceptual-motor sports By <u>Grosu, EF</u> (Grosu, Emilia Florina) 1<u>Grosu, VT</u> (Grosu, Vlad Teodor) 2<u>Emmanouilidis, M</u> (Emmanouilidis, Manolis) 3<u>Monea,D</u> (Monea, Dan) 1 Edited by <u>Bozkurt, T</u> (Bozkurt, T) <u>Demirok, MS</u> (Demirok, MS)	3+0	3

	View Web of Science ResearcherID andORCID, PROCEEDINGS OF 2ND GLOBAL CONFERENCE ON PSYCHOLOGY RESEARCHES (GCPR-2014) Book Series Procedia Social and Behavioral Sciences, Volume 190, Page 269-272, DOI 10.1016/j.sbspro.2015.04.946, Published 2015 Document Type, Proceedings Paper, Conference Meeting 2nd Global Conference on Psychology Researches (GCPR) Location Univ Barcelona, Barcelona, SPAIN, Date, NOV 28-29, 2014 https://www.webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000380481900038		
	GENERAL AND HAND-EYES COORDONATION IN MENTALTRAINING OF ALPINE SKIERS by Vlad Teodor Grosu; Emilia Florina Grosu; Tatiana Dobrescu The International Scientific Conference eLearning and Software forEducation, 07/2016, Volume 3 ProQuest Advanced Technologies & Aerospace Journals, ProQuestCentral (purchase pre-March 2016), Publication Title:The International Scientific Conference eLearning and Software for Education, Publisher:"Carol I" National Defence University, Volume:3, Start Page:361 -369, Date :07/2016, Central and Eastern European OnlineLibrary, DOI: 10.12753/2066-026X-16-231, Subjects: Behavior, Psychology, Accuracy, Studies, Motorability, Skiing, Athletes, Limba: English https://search-proquest-com.am.e-nformation.ro/results/ BF3954FEFC154BEAPQ/1?accountid=136549 http://apps.webofknowledge.com.am.enformation.ro/WOS_General Search_input.do?product=WOS&search_mode=General Search&SID=C3NWaYN1zeQEFVa9w1x&errorQid=4#search View Web of Science ResearcherID and ORCID (provided by Clarivate) ELEARNING VISION 2020!, VOL IIIBook Series eLearning and Software for Education Page 361-369, DOI 10.12753/2066-026X-16-231, Published 2016, Document Type, Proceedings Paper, Conference, Meeting 12th International Scientific Conference on eLearning and Software for Education (eLSE), Location, Bucharest, ROMANIA, Date APR 21-22, 2016 https://www.webofscience-com.am.e- nformation.ro/wos/woscc/full-record/WOS:000385397100054	3+0	3
	Increase Performances in Ski-Biathlon by Reducing AnxietyStress Using Mental Training Techniques By Grosu, EF (Grosu, Emilia Florina) 1 Motica, FC (Motica, FlorinConstantin) 1 Ordean, MN (Ordean, Mircea-Nicolae) 1 Grosu, VT (Grosu, Vlad Teodor) 2 Edited by Roceanu I (Roceanu, I) Beligan, D (Beligan, D) Chicioreanu, T (Chicioreanu, T) Blaga, M (Blaga, M) Stanescu, M (Stanescu, M) Corciova, C (Corciova, C), View Web of Science ResearcherID and ORCID (provided by Clarivate) PROCEEDINGS OF THE 14TH INTERNATIONAL SCIENTIFICCONFERENCE ELEARNING AND SOFTWARE FOR EDUCATION: ELEARNING CHALLENGES AND NEW HORIZONS, VOL 3, Book Series eLearning and Software for Education, Page 268-273 DOI 10.12753/2066-026X-18-181, Published 2018, Document TypeProceedings Paper, Conference, Meeting, 14th International Scientific Conference on eLearning and Softwarefor Education - e	3+0	3

	Location Bucharest, ROMANIA, Date APR 19-20, 2018 Sponsors Romanian Adv Distributed Learning Assoc; Univ Natl Aparare Carol I; European Secur & Def Coll; Romania Partnership https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000467471000039 https://www.heartmath.org/research/research-library/abstracts/ski-biathlon-mental-training-techniques/ https://www.heartmath.org/assets/uploads/2018/06/ski-biathlon-increase-performance-mental-training-techniques.pdf https://search.proquest.com/openview/b7c1421a09a4c1d110681df9d0e1ed1e/1?pq-origsite=gscholar&cbl=1876338 http://proceedings.elseconference.eu/index.php?paper=71bb76ce82468287cb1bf195214d0c3a https://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=2066026X&AN=129483760&h=OuGW21VrFWuTW6KZpAi63MWMrn2sl%2blx4TnM8LF72mmx52igHtNkn9zCb2XqakeEXsxihkWPQ8Wurz5%2bPfy03A%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrINotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2066026X%26AN%3d129483760 https://search-proquest-com.am.e-nformation.ro/docview/2038220848/C3B9417C0DC14046PQ/4?accountid=136549 https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&search_mode=GeneralSearch&qid=3&SID=D4xqmgebWdQB9dc6Syl&page=1&doc=1 https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&SID=C6HKNrnf9nzjsXE5so&search_mode=GeneralSearch&prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0 https://www.webofscience.com/wos/woscc/full-record/WOS:000467471000039		
	Motor Coordination and Reactivity Influenced by Mental Training in Alpine Skiing By: Grosu, Vlad Teodor; Grosu, Emilia Florina; Moraru, Cristina Elena, Edited by: Sandu, A; Ciulei, T; Frunza, A Conference: 15th World LUMEN Congress - Logos Universality Mentality Education Novelty (LUMEN) Location: Iasi, ROMANIA Date: APR 12-17, 2016 WLC 2016: WORLD LUMEN CONGRESS. LOGOS UNIVERSALITY MENTALITY EDUCATION NOVELTY 2016 (LUMEN 15TH ANNIVERSARY EDITION) Book Series: European Proceedings of Social and Behavioural Sciences Volume: 15 Pages: 436-443 Published: 2016, eISSN 2357 -1330 http://dx.doi.org/10.15405/epsbs.2016.09.56 http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&search_mode=GeneralSearch&SID=C3NwAYN1zeQEFVa9w1x&errorQid=4#search	3+0	3

	Neuro-linguistic Programming Based on the Concept of Modelling , Grosu, EF; Grosu, VT; (...); Iuliana, BB 5th World Conference on Educational Sciences (WCES) 2014 5TH WORLD CONFERENCE ON EDUCATIONAL SCIENCES 116 , pp. 3693-3699 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000335471203150	3+0	3
	Neurolinguistic Programming And The Relationship Between Attention And Anxiety In Alpine Skiing Juniors By Florina, GE (Florina, Grosu Emilia) 1 Teodor, GV (Teodor, Grosu Vlad) 2 Cornelia, PS (Cornelia, Popovici Suci) 3 Marin, D (Marin, Dumitrescu) 2 Edited by Uzunboylu, H (Uzunboylu, H) , Proceedings of 6th World Conference on Educational Sciences Book Series Procedia Social and Behavioral Sciences, Volume 191, Page 1634-1638, DOI 10.1016/j.sbspro.2015.04.577, Published 2015 Document Type, Proceedings Paper, Conference Meeting Proceedings of 6th World Conference on Educational Sciences Location Grand Hotel Excelsior Convention, Center, Valletta, MALTA Date, FEB 06-09, 2014 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000380560300282	3 + 0	3
	Physical Activity and Intellectual Disabilities By: Bechar, Inbal; Grosu, Emilia Florina Edited by: Chis, V; Albulescu, I, Conference: 4th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 08-09, 2016 ERD 2016 - EDUCATION, REFLECTION, DEVELOPMENT, FOURTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 18 Pages: 225-234 Published: 2016 http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&search_mode=GeneralSearch&SID=C3NWaYN1zeQEFVa9w1x&errorQid=4#search https://www.europeanproceedings.com/files/data/article/49/1459/article_49_1459_pdf_100.pdf	3+0	3
	REDUCE ANXIETY AND STRESS IN BIATHLON - SKIING' ATHLETES USING MENTAL TRAINING By Florin, M (Florin, Motica) 1 Teodor, GV (Teodor, Grosu Vlad) 2 Florina, GE (Florina, Grosu Emilia) 1 Edited by Chis V (Chis, V) Albulescu I (Albulescu, I) ERD 2017 - EDUCATION, REFLECTION, DEVELOPMENT, FIFTH EDITION Book Series, European Proceedings of Social and Behavioural Sciences, Volume 41, Page 441-448, DOI 10.15405/epsbs.2018.06.52, Published 2018 Document Type, Proceedings Paper, Conference Meeting 5th Conference on Education, Reflection, Development (ERD) Location Babes Bolyai Univ, Cluj Napoca, ROMANIA Date JUL 07-08, 2017 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600051	3+0	3
	Table Tennis Motor Components and Analysis of Successful	3+0	3

	Trials Testing These Skills By: Bechar, Inbal; Grosu, Emilia Florina Edited by: Chis, V; Albulescu, I Conference: 4th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 08-09, 2016 ERD 2016 - EDUCATION, REFLECTION, DEVELOPMENT, FOURTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 18 Pages: 217-224 Published: 2016 http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&search_mode=GeneralSearch&SID=C3NWaYN1zeQEFVa9w1x&errorQid=4#search https://www.europeanproceedings.com/proceedings/EpSBS/volumes/volume-xviii-erd-2016 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000392266100029		
	TENNIS GAME EXERCISES THAT INFLUENCE THE PSYCHOMOTOR DEVELOPMENT OF PRESCHOOL CHILDREN By: Prodan, Rodica; Grosu, Emilia Florina; Grosu, Vlad Teodor Conference: 5th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 07-08, 2017 ERD 2017 - EDUCATION, REFLECTION, DEVELOPMENT, FIFTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 41 Pages: 61-68 Published: 2018 http://dx.doi.org/10.15405/epsbs.2018.06.7 pp.61-68 https://www.futureacademy.org.uk/files/images/upload/ERD2017F7.pdf http://apps.webofknowledge.com.am.e-nformation.ro/summary.do?product=WOS&parentProduct=WOS&search_mode=GeneralSearch&parentQid=&qid=1&SID=E1JmCagJUN2k6Rd7DfL&&update_back2search_link_param=yes&page=1 http://apps.webofknowledge.com.am.e-nformation.ro/Search.do?product=WOS&SID=E1JmCagJUN2k6Rd7DfL&search_mode=GeneralSearch&prID=e649ddfd-e3df-4a94-b885-06564507698d https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&search_mode=GeneralSearch&qid=7&SID=D4xqmgebWdQB9dc6SvI&page=1&doc=2 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600007	3+0	3
	THE CONTRIBUTION OF A UNIQUE SUPERVISORY MODEL TO NOVICE DANCE/MOVEMENT THERAPISTS By: Shalem-Zafari, Yifat; Grosu, Emilia Florina Conference: 5th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 07-08, 2017 ERD 2017 - EDUCATION, REFLECTION, DEVELOPMENT, FIFTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 41 Pages: 330-338 Published:	3+0	3

	2018 http://dx.doi.org/10.15405/epsbs.2018.06.40 https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&SID=C6HNRnfw9nzjsXE5so&search_mode=GeneralSearch&prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0 http://dx.doi.org/10.15405/epsbs.2018.06.40, nr.40, p. 330 – 338. http://dx.doi.org/10.15405/epsbs.2018.06.7 https://www.futureacademy.org.uk/publication/EpSBS/ERD2017BabesBolyaiUniversityClujNapoca/page-2 http://apps.webofknowledge-com.am.e-nformation.ro/summary.do?product=WOS&parentProduct=WOS&search_mode=GeneralSearch&parentQid=&qid=1&SID=E1JmCagJUN2k6Rd7DfL&&update_back2search_link_param=yes&page=1 https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&search_mode=GeneralSearch&qid=7&SID=D4xqmgebWdQB9dc6SyI&page=1&doc=3 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600039		
	The Effect of Reference to the Ball on the Height of Volleyball Block Jump and Volleyball Attack Jump of Volleyball Players By: Milo, Navot; Grosu, Emilia Florina; Milo, Michaela, Grosu Vlad Teodor Conference: 15th International Scientific Conference on eLearning and Software for Education (eLSE) - New Technologies and Redesigning Learning Spaces Location: Bucharest, ROMANIA Date: APR 11-12, 2019 Sponsor(s): European Secur & Def Coll; Romania Partnership Ctr; Natl Def Univ Carol I NEW TECHNOLOGIES AND REDESIGNING LEARNING SPACES, VOL III Book Series: eLearning and Software for Education Pages: 489-499 Published: 2019 https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&SID=C6HNRnfw9nzjsXE5so&search_mode=GeneralSearch&prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0 10.12753/2066-026x-19-000 DOI:10.12753/2066-026X-19-206 https://search-proquest-com.am.e-nformation.ro/docview/2213791780/A50CB4CD9BB74155PQ/1?accountid=136549 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/summary/1eae2d53-152c-4a68-9a91-8d87b13f33b1-1005bf8b/times-cited-descending/1	3+0	3
	The New Dimension Of Educational Leadership - Modelling Excellence Through Neuro -Linguistic Programming Techniques By Grosu, VT (Grosu, Vlad Teodor) 1Grosu, EF (Grosu, Emilia Florina) 2Dobrescu, T (Dobrescu, Tatiana) 3 Edited by Laborda, JG (Laborda, JG) View Web of Science ResearcherID and ORCID	3+0	3

	(provided by Clarivate) 4TH WORLD CONFERENCE ON LEARNING TEACHING AND EDUCATIONAL LEADERSHIP (WCLTA-2013) Book Series Procedia Social and Behavioral Sciences, Volume 141, Page 500-505 DOI 10.1016/j.sbspro.2014.05.087, Published 2014, Document Type Proceedings Paper, Conference, Meeting 4th World Conference on Learning, Teaching and Educational Leadership (WCLTA) Location Univ Barcelona, Barcelona, SPAIN, Date OCT 27-29, 2013 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000345351800082		
	The Role of Attention in Preparation of Athletes in Perceptual-Motor Discipline By Florina, GE (Florina, Grosu Emilia) 1 Teodor, GV (Teodor, Grosu Vlad) 2 Elena, MC (Elena, Moraru Cristina) 3 Constantin, MF (Constantin, Motica Florin) 4 Edited by Miljkovic, D (Miljkovic, D) 5TH WORLD CONFERENCE ON PSYCHOLOGY, COUNSELING AND GUIDANCE, WCPCG-2014 Book Series, Procedia Social and Behavioral Sciences, Volume 159 Page 151-155, DOI 10.1016/j.sbspro.2014.12.348, Published 2014 Document Type, Proceedings Paper, Conference, Meeting 5th World Conference on Psychology, Counseling and Guidance (WCPCG) Location Dubrovnik, CROATIA, Date MAY 01-03, 2014 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000360314800031	3+0	3
	USING EMWAVE2 IN BIATHLON SKIING IN ORDER TO INCREASE SPORT PERFORMANCE By Florina, GE (Florina, Grosu Emilia) 1 Constantin, MF (Constantin, Motica Florin) 2 Teodor, GV (Teodor, Grosu Vlad) 3 Mircea, O (Mircea, Ordean) 4 Cornelia, P (Cornelia, Popovici) 5 Edited by Soare, E (Soare, E) Langa, C (Langa, C) EDU WORLD 2018 - 8TH INTERNATIONAL CONFERENCE Book Series, European Proceedings of Social and Behavioural Sciences, Volume 67, Page 1116-1124, DOI 10.15405/epsbs.2019.08.03.136, Published 2019, Document Type Proceedings Paper, Conference, Meeting, Edu World 8th International Conference, Location, Pitesti, ROMANIA, Date NOV 09-10, 2018 https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000582461100136 The European Proceedings of Social & Behavioral Sciences, EpSBS, ISSN: 2357-1330, Conference proceedings of »eLearning and Software for Education« (eLSE), 3/2018, page 6, Issue no:14, pg 268-273 http://www.eduworld.ro/organizers/public/members.php?name=articlesDetailEdit0_handler&fk0=2764 https://www.cceol.com/search/article-detail?id=669172 https://doi.org/10.15405/epsbs.2019.08.03.136 https://www.futureacademy.org.uk/publication/EpSBS/EduWorld2018/page-7 https://www.futureacademy.org.uk/files/images/upload/EDUWORLD	3+0	3

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	WAYS TO DEVELOP RESISTANCE THROUGH SPECIFIC MEANS OF ATHLETICS IN FOOTBALL JUNIORS By Dan, M (Dan, Monea) 1 Grosu Vlad Teodor (Grosu Vlad Teodor) 2 Florina, GE (Florina, Grosu Emilia) 3 Cornelia, P (Cornelia, Popovici) 3 Edited by Chis V (Chis, V) Albulescu I (Albulescu, I) View Web of Science Researcher ID and ORCID (provided by Clarivate) ERD 2018 - EDUCATION, REFLECTION, DEVELOPMENT, 6TH EDITION, Book Series European Proceedings of Social and Behavioural Sciences Volume 63, Page 365-373, DOI 10.15405/epsbs.2019.06.45 Published 2019, Document Type, Proceedings Paper, Conference Meeting, Conference on Education, Reflection, Development (ERD) Location Babes Bolyai Univ, Cluj Napoca, ROMANIA, Date JUL 06-07, 2018 https://www.webofscience-com.am.e-information.ro/wos/woscc/full-record/WOS:000481933700045	3+0	3
	Comparison of Procedures Applied on the Auditive Feedback Equipment, Neuromuscular Electrostimulation and Kinesitherapy in Kyphotic Attitudes Recovery, Ordean, M.-N., Grosu, E. F., Grosu, V. T., Rozsnyai, . R. A., & Muresan, A. D. . (2022). <i>Revista Romaneasca Pentru Educatie Multidimensionala</i>, 14(1Sup1), 299-311. https://doi.org/10.18662/rrem/14.1Sup1/552 https://lumenpublishing.com/journals/index.php/rrem/article/view/4728	3+0	3
	The Effect of Reference to the Ball on the Height of Volleyball Block Jump and Volleyball Attack Jump of Volleyball Players By: Milo, N (Milo, Navot) [1] ; Grosu, EF (Grosu, Emilia Florina) [2] ; Milo, M (Milo, Michaela) [3] ; Grosu, VT (Grosu, Vlad Teodor) [4] Edited by: Roceanu I (Roceanu, I) ; Blaga, M (Blaga, M) ; Dascalu, MI (Dascalu, MI) ; Chiciooreanu, T (Chiciooreanu, T) ; Stanescu, M (Stanescu, M) ; Corciova, C (Corciova, C) (provided by Clarivate) NEW TECHNOLOGIES AND REDESIGNING LEARNING SPACES, VOL III, Book Series eLearning and Software for Education, Page 489-499, DOI 10.12753/2066-026X-19-206 Published 2019, Indexed 2019-07-12, Document Type Proceedings Paper Conference, Meeting 15th International Scientific Conference on eLearning and Software for Education (eLSE) - New Technologies and Redesigning Learning Spaces Location Bucharest, ROMANIA Date APR 11-12, 2019 Sponsors European Secur & Def Coll; Romania Partnership Ctr; Natl Def Univ Carol I https://www.webofscience.com/wos/woscc/full-record/WOS:000473324500068	3+0	3

	An Applicable Physical Activity Program Affecting Physiological and Motor Skills: the Case of Table Tennis Players Participating in Special Olympics (SO) Bechar, I and Grosu, EF 3rd International conference on Education Reflection Development (ERD) 2015 3RD INTERNATIONAL CONFERENCE - EDUCATION, REFLECTION, DEVELOPMENT 209 , pp.247-253 https://www.webofscience.com/wos/woscc/summary/2611fe8d-acfd-43a5-93fd-d2afb570b33c-4d1813e8/relevance/1	3+0	3
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		Total I2	78 puncte
		$C1 = I1 + I2 = 122.57 + 78 = 200.57$	
			C1 = 200.57 puncte
I 3	Cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 ($m A1 = 3; m A2 = 1$)	12 x m	Carte
	Gimnastica acrobatică si săriturile cu sprijin la aparate în școală Grosu Emilia Florina , Gogean Groza Gina, Editura Risoprint, ISBN 978- 973-53-2428-5, Cluj – Napoca.	12 x 1	12
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	Aplicații ale antrenamentului mental în sport , vol 3, din Colecția Acțiune psihologică versus acțiune motrică, Grosu Emilia Florina Editura GMI, Cluj - Napoca, 222 p, 2001. https://scholar.google.it/scholar?start=0&q=grosu+emilia+florina&hl=it&as_sdt=0,5	12 x1	12
	Psychomotricity Cours , Grosu Emilia Florina, editura GMI 2007, p.137, ISBN 973-85692-7-3.	12 x 1	12
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	<i>Modalități de practicare a aerobiceiului prin implementarea unor programe de optimizare a condiției fizice (2023).</i> Grosu Vlad Teodor, Ciorsac Alecu-Aurel, Grosu Emilia Florina, Editura Risoprint Cluj – Napoca, ISBN 978-973-53-3033-0, 283 pages.	12 x 1	12
	<i>Transformado la educacion: Tecnologia, innovacion y sociedad en la Era Digital (2024).</i> Carlos Hervas- Gomez, M ^a , Dolores Diaz – Noguera, Emilia Florina Grosu & all. (2024). Editura Dykinson S.L. Madrid 2024, ISBN 978-84-1070-251-6, 203 pages.	12 x 1	12
	<i>The Education Revolution through Artificial Intelligence / Enhancing Skills Safeguarding Rights, and Facilitating Human – Machine Collaboration (2025).</i> Carlos Hervas- Gomez, M ^a , Dolores Diaz – Noguera, Emilia Florina Grosu & all (2025). Horizontes Universidad, Octaedro S.L. Barcelona, ISBN 978-84-10282-58-2. DOI: 10.36006/09651-1	12 X 1	12
		Total I3 = 156	156 puncte
I 4	Capitole în cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)	3 x m	Capitol
	Development of Motor Coordination and Manual Response in Alpine Skiing Through Mental Training, Grosu Vlad Teodor , Grosu Emilia Florina, Chapter 15 Print ISBN: 978-93-91312-76-3, eBook ISBN: 978-93-91312-81-7, <i>Modern Perspectives in Language, Literature and Education Vol. 6</i> , 10 July 2021, Page 134-140, Book Publisher International, https://doi.org/10.9734/bpi/implle/v6/10150D https://stm.bookpi.org/MPLLE-V6/issue/view/227 https://stm.bookpi.org/MPLLE-V6/article/view/2318 ISBN-13 (15) 978-93-91312-76-3 (Print) 978-93-91312-81-7 (eBook)	3 x 3 = 9	9
	Contemporary Trends in Health Promotion Through Physical Education: A Romanian Model; Georgescu Luminița, Grosu Emilia Florina in vol. <i>Physical Education and Health Global Perspectives and Best Practice</i> edited by Ming-Kai Chin Christopher R. Edginton, Sagamore Publishing, ©2014 Sagamore Publishing LLC All rights reserved, ISBN print edition: 978-1-57167-702-0 SBN ebook: 978-1-57167-703-7, pg. 383 – 395 Library of Congress Control Number: 2014930903 1807 N. Federal Dr. Urbana, IL 61801	3 x 3 = 9	9

	Study on perception speed (VP), motor coordination (CMC), and self-regulation (AR) in junior alpine skiing in sports clubs Toma, Andreea Carleta, Grosu, Vlad Teodor, Rozsnyai, Radu Adrian, Zadic, Alexandru, Ardelean, Viorel Petru, Grosu, Emilia Florina , Designing for Digital WellbeingPages 289 - 29817 February 2023, ISBN 978-363189279-4, 978-363189280-0, Publisher Peter Lang AG, Original language, English, https://0b1094a2s-y-https-www-scopus-com.z.e-nformation.ro/record/display.uri?eid=2-s2.0-85152054011&origin=resultslist&sort=plf-f&src=s&st1=Grosu&st2=Emilia+Florina&nlo=1&nlr=20&nls=count-f&sid=dca16854fd2c25c4cef929698f4d9321&sot=anl&sdt=aut&sl=42&s=AU-ID%28%22Grosu%2c+Emilia+Florina%22+54683921200%29&relpos=0&citeCnt=0&searchTerm=	3 x 3 =9	9
		Total I 14 = 27	27 puncte
		Total I3 + I4 = 156 + 27 = 183 puncte	C2 = 183 puncte
Realizări științifice semnificative în calitate de co-autor			
I 5	Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu p, realizate în calitate de co-autor	3 + [(3 x IF) /n]	Articol
	The relationship between the indicators of physical preparation and the scores attained in competitions by the junior female gymnasts Forminte, Valerian Nicolae, Micu, Ramona, Potop, Vladimir, Grosu, Emilia Florina , 2021, Journal of Physical Education and SportOpen AccessVolume 21, Issue 3, Pages 1607- 1612, 2021,ISSN 22478051, DOI 10.7752/jpes.2021.03203 https://0b1094a2s-y-https-www-scopus-com.z.e-nformation.ro/record/display.uri?eid=2-s2.0-85107863956&origin=resultslist&sort=plf-f&src=s&st1=Grosu&st2=Emilia+Florina&nlo=1&nlr=20&nls=count-f&sid=dca16854fd2c25c4cef929698f4d9321&sot=anl&sdt=aut&sl=42&s=AUID%28%22Grosu%2c+Emilia+Florina%22+54683921200%29&relpos=3&citeCnt=1&searchTerm=	3/n	$\frac{3}{4} = 0.75$
	The relationship between the indicators of physical preparation and the scores attained in competitions by the junior female gymnasts, 2021, <i>Journal of Physical Education and Sport</i> 21(3), Grosu E.F., Forminte V.N., Micu R., Potop V.	$\frac{3}{4}$	$\frac{3}{4} = 0.75$
	The relationship between reaction time and agility performance in young athletes: A study using perception–action technological devices, 2024, <i>Journal of Physical Education and Sport</i> 24(12) Grosu E.F., Mancini N., Moscatelli F., ...Grosu V.T., Ghejan H.D.	3/5	$\frac{3}{5} = 0.60$
	Enhancing psychomotor skills in high school students using virtual reality, 2024, <i>Journal of Physical Education and Sport</i> 24(6), Grosu E.F., Morosanu S., Grosu V.T., ...Sabau A.M., Moreno-Alcaraz V.J.	3/ 5	$\frac{3}{5} = 0.60$
	Assesment for Professional Football Players to Avoid Injuries, Using Huber® 360, Dorin Alexadru Mureșan; Mariana Arghir; Sergiu-Corneliu Gafencu; Emilia Florina Grosu , Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae 2022-05-30 Journal article, DOI: 10.24193/subbeag.67(1).07	3/4	$\frac{3}{4} = 0.75$

	https://doi.org/10.24193/subbeag.67(1).07 https://orcid.org/0000-0002-2846-9586		
	HABIT DYNAMICS DURING THE COVID-19 PANDEMIC: THE CASE OF PHYSICAL EXERCISES , Angel-Alex Haisan; Emilia Florina Grosu, Conference paper DOI: 10.21125/iceri.2021.0903, https://orcid.org/0000-0002-2846-9586	$\frac{3}{4}$	$\frac{3}{4} = 0.75$
	MINING STUDENT'S SATISFACTION TOWARDS INNOVATIVE METHODS FOR TEACHING PHYSICAL EDUCATION ONLINE DURING THE COVID-19 PANDEMIC , 2021, Angel-Alex Haisan; Emilia Florina Grosu, Conference paper DOI: 10.21125/iceri.2021.0853, https://doi.org/10.21125/iceri.2021.0853	$\frac{3}{4}$	$\frac{3}{4} = 0.75$
		Total	4.95 puncte
I 6	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i>, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format <i>in extenso</i> (full-text), realizate în calitate de co-autor	(3 + IF) / n	Articol
	Rareș-Mihai POP, Emilia Florina GROSU, Alexandru ZADIC, A SYSTEMATIC REVIEW OF GOAL SETTING INTERVENTIONS TO IMPROVE SPORTS PERFORMANCE, Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae: Volume 66, No. 1, March 2021	$(3+0) / 3$	1.00
	TESTING THE DYNAMIC RESPONSE OF THE ATHLETES WHO PRACTICE KARATE AS A PERFORMANCE SPORT , 2023. By Muresan, DA (Muresan, Dorin Alexandru) [1] ; Arghir, M (Arghir, Mariana) [2] ; Apostu, D (Apostu, Dragos) [3] ; Stanescu, I (Stanescu, Ioana) [4] ; Grosu, EF (Grosu, Emilia Florina) [1], (provided by Clarivate), Source <i>ACTA TECHNICA NAPOCENSIS SERIES-APPLIED MATHEMATICS MECHANICS AND ENGINEERING</i> , Volume66Issue1Page133-140 Published MAR 2023, Indexed 2023-06-14	(3+ 0)/ 5	0.60

	Anthropometric Indicators and Physical Tests Correlations in Football Players 14-16 Years Old Rozsnyai Radu Adrian, Grosu Emilia Florina , Grosu Vlad Teodor, Monea Dan, Popovici Cornelia 6th International Conference of Universitaria Consortium “FEFSTIM: Physical Education, Sports and Kinesiotherapy – implications in quality of life” ISBN 979-12-80225-05-4 DOI: 10.26352/EY06-FEFSTIM2020 www.clearedi.org https://www-webofscience-com.am.e-nformation.ro/wos/woscc/summary/1eae2d53-152c-4a68-9a91-8d87b13f33b1-1005bf8b/times-cited-descending/1	(3 + 0) / 5	0.60
	Increasing Cardiovascular Endurance Through Physical Education Lessons During a School Year Monea Dan, Grosu Emilia Florina , Santa Cristian, Szabo Peter, Strava Cristian-Cosmin, 6th International Conference of Universitaria Consortium “FEFSTIM: Physical Education, Sports and Kinesiotherapy – implications in quality of life” ISBN 979-12-80225-05-4 DOI: 10.26352/EY06-FEFSTIM2020 www.clearedi.org	(3+0) / 5	0.60
	Effects of mental training practice in Alpine skiers through imagery and NLP techniques, Grosu Vlad Teodor, Grosu Emilia Florina , Moisa Adrian, Cristina Elena Moraru Vol 3 No 1 (2017): Selected paper of 8th World Conference on Educational Sciences (WCES-2016), <i>New Trends and Issues Proceedings on Humanities and Social Sciences</i> , DOI: https://doi.org/10.18844/gjhss.v3i1.1760 , pg. 135 -141, file:///C:/Users/emili/Downloads/1760-61-7221-2-10-20170612%20(1).pdf , ISSN 2421-8030, www.prosoc.eu	3 / 4	0.75
	Contribution of mental training to the improvement of sports performance Grosu Vlad Teodor, Moraru Cristina Elena, Grosu Emilia Florina , Preja Carmen Aneta New trends and Issues Proceedings on Humanities and Social Sciences, Vol 3 (2016), pg.96 -100, Selected Papers of 4th International Conference on Design and Arts (WCDA-2015), ISSN 2421-8030 Published Feb 19, 2016, http://sproc.org/ojs/index.php/pntsbs/article/view/285 DOI: https://doi.org/10.18844/gjhss.v2i1.285 ISSN: 2547-8818	3 / 4	0.75
	Dynamics of salivary cortisol and testosterone during competition stress in alpine skiing in adults and children, Toma, V.A., Bucălie, E., Farcaș, A., (...), Mureșan, A., Grosu, E. , 2019, <i>Cognition, Brain, Behavior. An Interdisciplinary Journal</i> , 23(1), pp. 29-41 http://www.cbbjournal.ro/index.php/en/2019/124-23-1/641-dynamics-of-salivary-cortisol-and-testosterone-during-competition-stress-in-alpine-skiing-in-adults-and-children https://www-scopus-com.am.e-nformation.ro/results/authorNamesList.uri?origin=searchauthorlookup&src=al&edit=&popUp=&basicTab=&affiliationTab=&advancedTab=&st1=Grosu&st2=Vlad+Teodor&institute=Technical+University+&orcidId=&authSubject=LFSC&_authSubject=on&authSubject=HLSC&_authSubject=on&authSubject=PHSC&_authSubject=on&authSubject=SOSC&_authSubject=on&s=AUTHLASTNAME%28Grosu%29+AND+AUTHFIRST%28Vlad+Teodor%29&sdt=al&sot=al&s	3 / 5	0.60

	earchId=85303a92ab281a78b1671916b28b5ccc&exactSearch=off&sid=85303a92ab281a78b1671916b28b5ccc		
	Implementation of dance therapy in 13–14 year old students in order to reduce stress and anxiety , 2020, Florina Emilia Grosu ; Vari Hanna Imola; Mihaiu Costinel; Grosu Vlad Teodor; Moisa Turcu Antonel Adrian, <i>New Trends and Issues Proceedings on Humanities and Social Sciences</i> 2020-12-01 Journal article, DOI: 10.18844/prosoc.v7i3.5242 , https://orcid.org/0000-0002-2846-9586	3/5	0.60
	Metalanguage and sensory sub-modalities in mental training techniques through neurolinguistic programming - Open Access Grosu, V.T., Grosu, E.F. , Vari, H., Ciufudean, E., 2019 Cypriot Journal of Educational Sciences, 14(4), pp. 482-491 https://www.scopus-com.am.e-nformation.ro/results/results.uri?sort=plf-f&src=s&sid=e51b55c80ebc7d265f501292502ef568&sot=a&sdt=a&sl=120&s=TITLE-ABS KEY%28Metalanguage +and+ sensory+submodalities+in+mental+training+techniques+through+neurolinguistic+programming%29&origin=searchadvanced&editSaveSearch=&txGid=5a9577c516aa116fb290b2132f0151d5	3/ 4	0.75
	Dance Movement Therapy, Past and Present: How History Can Inform Current Supervision Yifat Shalem-Zafari, Emilia Florina Grosu , ERD 2016: Education, Reflection, Development, Fourth Edition, The European Proceedings of Social & Behavioral Sciences EpSBS, eISSN: 2357-1330, http://dx.doi.org/10.15405/epsbs.2016.12.29 https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&search_mode=GeneralSearch&qid=7&SID=D4xqmgewdQB9dc6Syl&page=1&doc=6	3/2	1.50
	How to increase the performance in Special Olympics (SO) table tennis players , Bechar Inbal, Emilia Florina Grosu , Vlad Teodor Grosu, ARENA – JPA, Journal of Physical Activities, Issue 5, ISSN 2285 – 830X, pp. 28-45, 2016. https://web.a.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=2285830X&AN=124653549&h=F%2feDso0%2f6SImZi%2fj69zch2cA2bwyFlfsVJE%2fLUlLjznsflwBQjZt5qdhz%2bBIKUcxEz0HrVNpsWVuAm%2bROx8ZsA%3d%3d&crl=f&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2285830X%26AN%3d124653549 http://www.uav.ro/jour/index.php/ajpa/issue/view/57 http://www.uav.ro/jour/index.php/ajpa/article/view/823	3/3	1.00

	Identifying a connection between mobility degree, balance, strength, and tennis serve: a pilot study , Rodica Prodan, Emilia Florina Grosu , Cornelia Popovici, Vlad Teodor Grosu, Gymnasium, Univ. BACAU – Sesiunea de Comunicări 2018 nov. Vol. XIX, Issue 2 / 2018 G Y M N A S I U M Scientific Journal of Education, Sports, and Health, DOI: 10.29081/gsjesh.2018.19.2.12 https://www.researchgate.net/profile/Popovici_Cornelia/publication/335993228_Identifying_a_connection_between_mobility_degree_balance_strength_and_tennis_serve_a_pilot_study/links/5d89fdcf6fdcc8fd61b4262/Identifying-a-connection-between-mobility-degree-balance-strength-and-tennis-serve-a-pilot-study.pdf http://www.gymnasium.ub.ro/index.php/journal/article/view/530/713 https://search-proquest-com.am.e-nformation.ro/docview/2357403785/C3B9417C0DC14046PQ/3?accountid=136549	3/ 4	0.75
	Implementation of landscape design solutions with the color and texture of plants / Implementarea unor soluții de landscape design cu ajutorul culorii și texturii , Cantor Maria ^{1*} , Grosu Emilia Florina ² , Buta Erzsebet ¹ , Zaharia A., Jucan Denisa, Banat's University of Agricultural Science and Veterinary Medicine "King Michael I st of Romania", from Timișoara, Faculty of Horticulture and Forestry Timisoara, Journal Of Horticulture, Forestry and Biotechnology, May 2018, p.5, Volume 22(1), 22-28, 2018, ISSN 2066 – 1797, www.journal-hfb.usab-tm.ro , https://www.journal-hfb.usab-tm.ro/romana/lucraristiintifice2018_1.html https://www.journal-hfb.usab-tm.ro/2018/Volum%2022(1)%20PDF/4Cantor%20Maria.pdf JOURNAL of Horticulture, Forestry and Biotechnology, www.journal-hfb.usab-tm.ro	3/ 5	0.60
	Optimization of Performance in Alpine Skiing Through Different Mental Training Techniques Grosu Vlad Teodor, Grosu Emilia Florina , Motică Florin, International Journal of Modern Education Research, 2016; 3(2): 6-12, http://www.aascit.org/journal/ijmer , ISSN: 2375-3781, American Association for Science and Technology, AASCIT 2016	3/3	1.00
	Physical Activity and Intellectual Disabilities , Inbal Bechar*, Emilia Florina Grosu ERD 2016: Education, Reflection, Development, Fourth Edition, The European Proceedings of Social & Behavioral sciences, EpSBS eISSN: 2357-1330, Future Academy 2016, ERD https://www.europeanproceedings.com/files/data/article/49/1459/article_49_1459_pdf_100.pdf http://dx.doi.org/10.15405/epsbs.2016.12.30	3/2	1.50
		Total 16	12.6 puncte

I 7	Cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	12 x m/n	Carte
I 8	Capitole în cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	3 x m/n	Capitol
	Study on perception speed (VP), motor coordination (CMC), and self-regulation (AR) in junior alpine skiing in sports clubs, 2023, <i>Designing for Digital Wellbeing</i> , Grosu E.F., Toma A.C., Grosu V.T., ...Zadic A., Ardelean V.P.	3 x (3 /5) = 3 x 0.6 = 1.8	1.8
		Total I 8	1.8
Alte realizări științifice			
I 9	Lucrări <i>in extenso</i> (tip <i>proceedings</i>) indexate WoS sau altă BDI recunoscută, realizate în calitate de autor principal, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI (în cazul I9 și I10 se pot puncta cumulativ cel mult două contribuții / ediție conferință)	1	Lucrare
	Adventure education, a method to prevent antisocial behavior, Educația prin aventură, o metodă de prevenire a comportamentelor antisociale, Virgil Ganea, Emilia Florina Grosu, Palestrica of the third millennium – Civilization and Sport, Vol. 19, no. 2, April-June 2018, 116–122, PALESTRICA OF THE THIRD MILLENNIUM - CIVILIZATION AND SPORT, A quarterly of multidisciplinary study and research, A journal indexed in international databases: EBSCO, Academic Search Complete, USA, Index Copernicus, Journals Master List, Poland, DOAJ (Directory of Open Access Journals), Sweden CiteFactor, Canada/USA, CrossRef, Lynnfield, MA (US)/Oxford (UK), 2 https://scholar.google.ro/scholar?q=Adventure+education,+a+method+to+prevent+antisocial+behavior&hl=ro&as_sdt=0&as_vis=1&oi=scholar http://pm3.ro/pdf/72/PM3_Nr.2(72)_2018m.pdf#page=40	1	1
	Aspects of Heart Rate Monitoring in Rhythmic Gymnastics Exercises, Cristina Elena Moraru, Liliana Elisabeta Radu, Raluca Mihaela Hodorca; Emilia Florina Grosu; 8 th World Conference on Educational Sciences 04-06 February 2016, Madrid, Spain E https://sproc.org/ojs/index.php/pntsbs/article/view/1792 , New Trends and Issues Proceedings on Humanities and Social Sciences, ISSN 2421 – 8030, Vol 3, No 1 (2017), DOI: https://doi.org/10.18844/prosoc.v3i1 , Published: 2017-06-28, pp 396 – 400	1	1

	ON-COURT STATIC BALANCE EVALUATION OF YOUNG TENNIS PLAYERS, Rodica Prodan, Emilia Florina Grosu, ICPEK 2018, International Congress of Physical Education, Sports and Kinetotherapy. Education and Sports Science in the 21st Century, Edition dedicated to the 95th anniversary of UNEFS, The European Proceedings of Social & Behavioral Sciences, epSBS, ISSN: 2357-1330 The European Proceedings of Social & Behavioural Sciences EpSBS ISSN: 2357-1330 , https://dx.doi.org/10.15405/epsbs.2019.02.91 https://www.europeanproceedings.com/article/10.15405/epsbs.2019.02.91	1	1
	SENSORY SUBMODALITIES AND METALANGUAGE - NEURO-LINGUISTIC PROGRAMMING TECHNIQUES AS PART OF MENTAL TRAINING by Grosu Vlad Teodor; Grosu Emilia Florina; Moraru Cristina Elena; Tatiana Dobrescu Gymnasium, 01/2015, Volume 16, Issue , pg 7 -24 Source: ProQuest Central (purchase pre-March 2016), Publication Title:Gymnasium Publisher:"Vasile Alecsandri" University of Bacau, Gymnasium, Volume:16, Issue:1, Start Page:7, Date :01/2015, ISSN:1453 - 0201 Subjects: Mental health, Motor ability, Linguistics, Sports training, Limbă:English https://search-proquest-com.am.e-information.ro/results/BF3954FEFC154BEAPQ/1?accountid=136549	1	1
	Attention and emotional distress in junior athletes practicing judo and alpine skiing / Atenția și distresul emoțional la sportivii juniori de judo și schi alpin. Vlad Teodor Grosu, Toader Florian, Emil Ciufudean, Emilia Florina Grosu, <i>Palestrica of the third millennium – Civilization and Sport, Vol. 16, no. 4, October-December 2015, 338–341</i>	1	1
	Behavioral Models on the Players' Activities during the Tennis Matches, Rodica Prodan, Emilia Florina Grosu, ARENA – JPA, ISSN 2285 – 830X, No 5, pp. 166-176, 2016. https://web.a.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=2285830X&AN=124653560&h=7CCYB1b%2fQ8u44JS7pkA0D4VP2r4UwHkNpvhkNT%2fqm1BRFVjbK0II52kbVEtctZYzCrt6sVmMJYqu3dSzOmIw%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2285830X%26AN%3d124653560 http://www.uav.ro/jour/index.php/ajpa/article/view/834	1	1

	COMPARISON OF PROCEDURES AUDITIVE FEEDBACK EQUIPMENT, NEUROMUSCULAR ELECTROSTIMULATION AND KINETOTHERAPY IN KYPHOSIS RECOVERY, Mircea-Nicolae Ordean, Vlad Teodor Grosu, Grosu Emilia Florina https://www.europeanproceedings.com/article/10.15405/epsbs.2018.06.83 Download full Text in PDF EpSBS / Volume 41 - ERD 2017, EpSBS / Volume 41 - ERD 2017, http://www.eduworld.ro/organizers/public/members.php?page=6 http://www.eduworld.ro/organizers/public/members.php?page=10	1	1
	The Effect of a Self-Supervision Model Based on Authentic Movement and Epimotorics' on Emotion-Related Physiological Parameters Among Dance Movement Therapists Yifat Shalem-Zafari, E. F. Grosu, Cluj-Napoca Romania, Sport Published 2018 DOI:10.24193/subbeag.63(2).14Corpus ID: 150160224 https://www.semanticscholar.org/paper/The-Effect-of-a-Self-Supervision-Model-Based-on-and-Shalem-Zafari-Grosu/dbel1d23b8c527b73538378932110007201052e9f	1	1
	Development of Movement Abilities, Inbal Bechar, Emilia Florina Grosu, Sport and Physical Education Science - Știința sportului și educației fizice, ERD Conference 2016: Education, Reflection, Development, Fourth edition, The European Proceedings of Social & Behavioral sciences, EpSBS eISSN: 2357-1330 Studia UBB Psychol .-Paed., LXI, 1, 2016, p. 5-14; Studia Universitatis Babes-Bolyai, Psychologia-Paedagogia . Jun2016, Vol. 61 Issue 1, p 5-14. 10p; https://web.a.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=12218111&AN=117514077&h=cvs oWCxp6LWTvwCnnAWtdrxMgGfydsuxA9fGbmaz%2bWL%2fRaf6Geibgh%2b2QOI Tx3ZaGeQgvXzUKht2KfkXXNZ0w%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d12218111%26AN%3d117514077 http://studia.ubbcluj.ro/arhiva/abstract_en.php?editie=PSYCHOLOGIA-PAEDAGOGIA&nr=1 &an=2016&id_art=14378 https://www.futureacademy.org.uk/publication/EpSBS/ERD2016FutureAcademy/	1	1
	The Effect of a Self-Supervision Model Based on Authentic Movement and Epimotorics' on Emotion-Related Physiological Parameters Among Dance Movement Therapists Yifat Shalem-Zafari, E. Grosu, Cluj-Napoca Romania Sport Published 2018 DOI:10.24193/subbeag.63(2).14Corpus ID: 150160224	1	1

	https://www.semanticscholar.org/paper/The-Effect-of-a-Self-Supervision-Model-Based-on-and-Shalem-Zafari-Grosu/dbel1d23b8c527b73538378932110007201052e9f		
	Effects of applying mental training to alpine skiers through imagery and NLP techniques , GROSU Vlad Teodor, GROSU Emilia Florina , MOISA Adrian Antonel, FETEAN Gheorghe 8 th World Conference on Educational Sciences 04-06 February 2016, Madrid, Spain https://sproc.org/ojs/index.php/pntsbs/article/view/1760 , New Trends and Issues Proceedings on Humanities and Social Sciences, ISSN 2547 – 8818, Vol 3, No 1 (2017), DOI: https://doi.org/10.18844/prosoc.v3i1 , Published: 2017-06-28, pp 135 -141	1	1
	EVALUATION OF STRENGTH, VELOCITY AND POWER USING LIGHT AND MEDIUM LOAD IN SPEED SKATERS / DEZVOLTAREA FORȚEI ȘI PUTERII PRIN UTILIZAREA UNUI SIMULATOR INOVATOR ÎN PATINAJUL VITEZĂ (2020) Doina Raluca Stef, Emilia Florina Grosu The European Journal of Social & Behavioural Sciences 2020, The European Proceedings of Social & Behavioural Sciences EpSBS Future Academy ISSN: 2357-1330 https://www.researchgate.net/publication/350103087_The_European_Proceedings_of_Social_Behavioural_Sciences_EVALUATION_OF_STRENGTH_VELOCITY_AND_POWER_USING_LIGHT_AND_MEDIUM_LOAD_IN_SPEED_SKATERS_Corresponding_Author_Selection_and_peer-review_under_resp	1	1
	Power Output of Judo Athletes and High-Speed Neuromuscular Control * Puterea dezvoltată de sportivii de judo și controlul neuromuscular la viteze mari de execuție, PÉTER-ZSOLT SZABÓ, EMILIA FLORINA GROSU , IOAN NELU POP, ALMOS ANDRAS, DAN MONEA, GHEORGHE MONEA - STUDIA UBB EDUCATIO ARTIS GYM., LXI, 4, 2016, pp 45 -50. http://studia.ubbcluj.ro/download/pdf/1076.pdf	1	1
	Psychomotor development on preschool child through movement games , Rodica Prodan, Emilia Florina Grosu , Alexandru Muresan, New Trends and Issues on Humanities and Social Sciences, Vol 2 No 7 (2016): Selected Papers of 6th World Conference on Learning, Teaching, and Educational Leadership (WCLTA 2015) Published Feb 13, 2017, DOI: https://doi.org/10.18844/gjhss.v2i7.1184 ISSN: 2547-8818, ISSN 2421-8030, http://sproc.org/ojs/index.php/pntsbs/about , http://sproc.org/ojs/index.php/pntsbs/article/view/1184 https://www.researchgate.net/publication/321486272_Psychomotor_development_on_preschool_child_through_movement_games	1	1
	Physical Activity and Intellectual Disabilities , Inbal Bechar, Emilia Florina Grosu , ERD 2016: Education, Reflection, Development, Fourth Edition, the European Proceedings of Social & Behavioral Sciences EpSBS eISSN 2357-1330, No.30, p 225-234. http://dx.doi.org/10.15405/epsbs.2016.12.30 , https://www.futureacademy.org.uk/publication/EpSBS/ERD2016FutureAcademy/ https://www.futureacademy.org.uk/files/images/upload/ERD2016FA030F.pdf	1	1

	http://apps.webofknowledge.com.am.e-nformation.ro/summary.do?product=WOS&parentProduct=WOS&search_mode=GeneralSearch&parentQid=&qid=1&SID=E1JmCagJUN2k6Rd7DfL&&update_back2search_link_param=yes&page=1 https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&search_mode=GeneralSearch&qid=7&SID=D4xqmgebWdQB9dc6SyI&page=1&doc=5		
	REDUCE ANXIETY AND STRESS IN BIATHLON – SKIING’ ATHLETES USING MENTAL TRAINING , Motică Florin, Grosu Vlad Teodor, Grosu Emilia Florina , Fifth Edition, The European Proceedings of Social and Behavioral Sciences EpSBS, ISSN: 2357-1330, http://dx.doi.org/10.15405/epsbs.2018.06.52 No:52, Pages: 441- 448 https://www.futureacademy.org.uk/publication/EpSBS/ERD2017BabesBolyaiUniversityCluj_Napoca/page-3 https://www.europeanproceedings.com/files/data/article/92/3151/article_92_3151_pdf_100.pdf	1	1
	REDUCING STRESS IN SCHOOL CHILDREN THROUGH THE USE OF SOME DANCE TECHNICAL ELEMENTS AS A FORM OF THERAPY , E. F. GROSU H. I. VARI V.T. GROSU A. RUSU C. POPOVICI, Bulletin of the Transilvania University of Braşov, Serie IX: Sciences oh Human Kinetics, Vol. 13(62) No. 2 – 2020, https://doi.org/10.31926/but.shk.2020.13.62.2.17	1	1
	Specific Skills Development Using Appropriate Tools in the Tennis Game / Dezvoltarea Aptitudinilor Specifice Jocului de Tenis Utilizând Echipamente Adecvate , Prodan Rodica, Grosu Emilia Florina , Gymnasium Journal, Vol. XVIII, Issue 2 / 2017, G Y M N A S I U M, Scientific Journal of Education, Sports, and Health, pp 43-55, (online) = ISSN 2344 – 5645, ISSN-L 1453-020, DOI: https://doi.org/10.29081/gsjesh.2017.18.2.03 file:///C:/Users/emili/Downloads/322-1-593-1-10-20180103.pdf www.gymnasium.ub.ro/index.php/journal/article/download/322/292/ https://search-proquest-com.am.e-nformation.ro/docview/1987361025/C3B9417C0DC14046PQ/7?accountid=136549	1	1
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	Metode și mijloace utilizate în antrenamentul fotbalistilor juniori pentru ameliorarea vitezei, îndemânării și rezistenței aerobe, / Training Means and Methods of Junior Soccer Players for Increasing Speed, Skill and Aerobic Resistance , Monea Dan, Grosu Emilia Florina , Grosu Vlad Teodor, Nica Badea Delia, în vol. <i>Education for Health and Performance International</i>	1/4	0.25

	<i>Conference organized by the Universitaria Consortium 14-15 October 2016, Cluj-Napoca, Romania, ISBN 978-973-53-1886-4</i>		
	Dance movement therapy practicing the Authentic Movement and EpiMotorics , Shalem – Zafari Yifat, Grosu Emilia Florina , Moraru Cristina Elena, Grosu Vlad Teodor, ICU 2019 (11-12 October, 2019 - Cluj - Napoca, Romania) file:///C:/Users/emili/Downloads/379-384.pdf https://www.researchgate.net/publication/349536816_Dance_movement_therapy_by_practicing_authentic_movement_and_epimotorics	1/ 4	0.25
	Does swimming exercises improve posture for blind and visually impaired children? Emese Maniu, Dragos Adrian Maniu, Vlad Teodor Grosu, Emilia Florina Grosu Project: project number POCU 123793 with the title „Researcher, future entrepreneur - New Generation”, 2020. https://www.researchgate.net/publication/349038677_Does_swimming_exercises_improve_posture_for_blind_and_visually_impaired_children	1/4	0.25
	Increasing the Physical Condition of Young People from Cluj Napoca Through Modern Means Grosu Vlad Teodor, Popa Călin, Grosu Emilia Florina , Radu Adrian Rozsnyai, Popovici Cornelia, FIEPS Congress – Barcelona 2019, publish in FIEP Bulletin, Journal of The International Federation of Physical Education, Volume 90 n. 1 e 2 – 2019, ISSN-0256-6419, ISSN 2412-2688, pp 38-46, http://www.fiepbulletin.net , register FIEP: CNPJ 03 946.5260001-57, DOI 10.16887	1/5	0.20
	MENTAL TRAINING TECHNIQUES USING METALANGUAGE AND SENSORY SUBMODALITIES / TEHNICI DE ANTRENAMENT MENTAL FOLOSIND METALIMBAJUL ȘI SUBMODALITĂȚILE SENZORIALE Emilia Florina Grosu , Vlad Teodor Grosu, INTERNATIONAL SESSION OF SCIENTIFIC COMMUNICATIONS- THE ROLE OF PHYSICAL EDUCATION AND SPORT IN PROMOTING A HEALTHY LIFESTYLE, Bucharest, March 24th, 2017, Editura Universității din București, ISSN 1843 – 7079, pp 195-204. http://www.defs.unibuc.ro/conferintaub/administrare/cpanel/file-manager/uploads/Revista%20DEFS%202017%20ONLINE%20(3.2%20MB).pdf	1/2	0.50
	Lavender - Perfume and Business in Romania , Grosu E F, Munteanu C, Grosu V T. Lavender, Agri Res& Tech: Open Access J. 2019; 19(3): 556097. DOI: 10.19080/ARTOAJ.2019.19.556097.pdf Agricultural Research and Technology, open access Journal, ISSN: 2471- 6774, Impact factor: 1.191 (2017-'18), NLM: 101731739, LCCN: 2016201373, OCoLC: 945700107, Case Report, Volume 19 Issue 3- January 2019, DOI 1019080/ARTOAJ.MS.ID.556097(2019) https://juniperpublishers.com/artoaj/ARTOAJ.MS.ID.556097.php#atype	1/ 3	0.33
		Total I 11	4.66
I12	Cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B (m B = 0,5)	12 x m/n	Carte
	Gimnastica acrobatică și sărituri, Grosu Emilia Florina, Gina	12 x 0.5/2	3.00

	Gogean Groza , Editura GMI, Cluj – Napoca, ISBN general, Colecția Gimnastică 978-973-1776- 61-3 ISBN vol. 3 978-973-1776- 62-0, 2016	/2	
	<i>Aplicații ale antrenamentului mental în sport. (2000). Grosu Emilia Florina</i> , vol 3, Publisher GMI, Cluj – Napoca, ISBN 973-98721-3-1	12 x 0.5	6.00
	<i>Învățarea motorie și performanța în sport (2001). Grosu Emilia Florina</i> , vol. 2, Publisher GMI; Cluj – Napoca, ISBN 973-98721-4-x.	12 x 0.5	6.00
	<i>Gimnastica aerobică - Programe de stilare corporală. Grosu Emilia Florina (2003)</i> , Publisher GMI, Cluj – Napoca, ISBN 973- 98721-5-8.	12 x 0.5	6.00
	<i>Psihomotricitate și gimnastica educativă -vol I (2002). Grosu Emilia Florina</i> , Publisher GMI, Cluj – Napoca, ISBN 978-973-98721-6-6	12 x 0.5	6.00
	<i>Paralele inegale din gimnastica artistică feminină (2004). Grosu Emilia Florina</i> , Vol I. from Collection "Gimnastică", ISBN 978-973-85692-1-4.	12 x 0.5	6.00
	<i>Biomecanica, metodică și tehnica elementelor acrobatice la sol și bârnă (2005). Grosu Emilia Florina</i> , Vol II, from collection "Gimnastică", Publisher GMI, Cluj – Napoca, ISBN 978-973-85692-2-2	12 x 0.5	6.00
	<i>Psihomotricitate (2009). Grosu Emilia Florina</i> , Publisher GMI, Cluj – Napoca, ISBN 978-973-88283-6-0.	12 x 0.5	6.00
	<i>Săriturile în gimnastica competițională feminină (2011). Grosu Emilia Florina</i> , Vol II din Colecția Gimnastică, Publisher GMI, Cluj – Napoca, ISBN 978-973-1776-35-4. ISBN 978-973-1776-32-3.	12 x 0.5	6.00
	<i>Complexe de exerciții pentru influențarea selectivă a aparatului locomotor / Complex physical exercises for the development of locomotory system (1998). Grosu Emilia Florina, Grosu Vlad Teodor</i> , Ediția a 2 a, Gimnastica, Editura GMI, Cluj -Napoca, ISBN 973 -98721-1-5.	12 x 0.5/2	3.00
	Sportul - Fenomen social (2007). Grosu Emilia Florina & all. vol. I Collection "Știința Sportului". ISBN 978-973-1776-01-9. ISBN 978-973-88283-0-8	12 x 0.5/5 = 1.2	1.2
	<i>Optimizarea antrenamentului sportiv (2008). Grosu Emilia Florina</i> , Collection "Știința Sportului" vol IV, ISBN 978-973-1776-01-9. ISBN 978-973-88283-3-9	12 x 0.5/5 = 1.2	1.2
	<i>Conceptele fundamentale ale Științei Sportului (2008). Grosu Emilia Florina in Collection " Știința Sportului"- vol II</i> , in Collection "Știința Sportului", ISBN 978-973-1776-01-9. ISBN 978-973-88283-1-5	12 x 0.5/5 = 1.2	1.2
	<i>Pregătirea psihologică și antrenamentul invizibil în activitatea sportivă” (2008). Grosu Emilia Florina vol III.</i> , in Collection "Știința Sportului" ISBN 978-973-1776-01-9. ISBN 978-973-88283-1-3.	12 x 0.5/5 = 1.2	1.2
	<i>Locul și roul fitness-ului în știința sportului (2010). Grosu Emilia Florina</i> ISBN 978-973-1776-33-0. Publisher GMI, Cluj – Napoca ISBN 978-973-1776-01-9. ISBN 978-973-88283-3-9.	12 x 0.5/5 = 1.2	1.2
	<i>Gimnastica educativă, acrobatică și sărituri la aparate (2010). Grosu Emilia Florina</i> , multiply UBB.	12 x 0.5/2	3.00
	<i>Spiritualitatea în sport (2011). Grosu Emilia Florina, Grosu Clad Teodor</i> , Publisher GMI, Cluj – Napoca. ISBN 978-973-1776-31-6		3.00
	Grosu Emilia Florina, Gogean Groza Gina, <i>Gimnastica acrobatică și săriturile cu sprijin la aparate în școală (2019)</i> . Editura Risoprint 2019, 110 pagini, Editura GMI, Cluj – Napoca ISBN 978-973-53-	12 x 0.5/2	3.00

	2428-5		
	<i>Elementele tehnicii corporale in gimnastică artistică, ritmică și dans</i> (2011). Grosu Emilia Florina, Vol I, din colecția Gimnastică, Editura GMI, Cluj –Napoca, ISBN 978-973-1776-34-7. ISBN 978-973-1776-32-3.	12 x 0.5	6.00
	<i>Fitnessul componentă a Științei Sportului</i> (2022). Grosu Vlad Teodor, Grosu Emilia Florina, Ciorsac Alecu-Aurel, Editura Risoprint, ISBN 978-973-53-2843-6.	12 x 0.5 /3	2.00
	<i>Modalități de practicare a aerobiceiului prin implementarea unor programe de optimizare a condiției fizice</i> (2023). Grosu Vlad Teodor, Ciorsac Alecu-Aurel, Grosu Emilia Florina, Editura Risoprint Cluj – Napoca, ISBN 978-973-53-3033-0	12 x 0.5 / 3	2.00
	<i>Transformado la educacion: Tecnologia, innovacion y sociedad en la Era Digital</i> . Carlos Hervas- Gomez, M ^a , Dolores Diaz – Noguera, Emilia Florina Grosu & all. (2024). Editura Dykinson S.L. Madrid 2024, ISBN 978-84-1070-251-6.	12 x 0.5/3	2.00
	<i>The Education Revolution through Artificial Intelligence / Enhancing Skills Safeguarding Rights, and Facilitating Human – Machine Collaboration</i> , Carlos Hervas- Gomez, M ^a , Dolores Diaz – Noguera, Emilia Florina Grosu & all (2025). Horizontes Universidad, Octaedro S.L. Barcelona, ISBN 978-84-10282-58-2. DOI: 10.36006/09651-1	12 x 0.5/3	2.00
		TOTAL I 12	83.00
I 13	Capitole în cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B (m B = 0,5)	3 x m/n	Capitol
	Dance movement therapy by practicing authentic movement and epimotorics / Terapia mișcărilor de dans practicând mișcarea autentică și EpiMotorics , Shalem – Zafari Yifat Grosu Emilia Florina, Moraru Cristina Elena, Grosu Vlad Teodor, Proceedings of ICU 2019, The 5th international Conference of the Universitaria Consortiul, education for Health and Performance, october 11-12, 2019, Cluj - Napoca, Romania, www.edlearning.it , Printed in January 2020, Bologna (Italy), ISBN 978-88-87729-62-7, pp. 379-384	3 x 0.5/ 3	0.50

	Dynamic of salivary cortisol and testosterone during competition stress in alpine skiing in adults and children , Vlad Alexandru Toma, Eduard Bucălie, Anca Daniela Fărcaș, Paul Ciolpan, Ioana Roman, Alexandru Mureșan, Emilia Florina Grosu; Cognition, Brain, Behavior. An interdisciplinary Journal, Copyright 2019 ASCR Publishing House. All rights reserved. ISSN: Print 2247-9228, online 2601-226X, volume XXIII, No.1 (March), 29-41, doi: 10.24193/cbb.2019.23.02, pp.29-41 http://www.cbbjournal.ro/index.php/en/2019/124-23-1/641-dynamics-of-salivary-cortisol-and-testosterone-during-competition-stress-in-alpine-skiing-in-adults-and-children https://www.scopus-com.am.e-nformation.ro/results/authorNamesList.uri?origin=searchauthorlookup&src=al&edit=&popUp=&basicTab=&affiliationTab=&advancedTab=&st1=Grosu&st2=Vlad+Teodor&institute=Technical+University+&orcidId=&authSubject=LFSC&_authSubject=on&authSubject=HLSC&_authSubject=on&authSubject=PHSC&_authSubject=on&authSubject=SOSC&_authSubject=on&s=AUTHLASTNAME%28Grosu%29+AND+AUTHFIRST%28Vlad+Teodor%29&sdt=al&sot=al&searchId=85303a92ab281a78b1671916b28b5ccc&exactSearch=off&sid=85303a92ab281a78b1671916b28b5ccc https://search-proquest-com.am.e-nformation.ro/docview/2227777154/DBE3FF31B5494F08PQ/11?accountid=136549	3 x 0.5 / 7	0.21
	Effect of sub-maximal weight training on force, velocity and power in junior speed skaters , Ștef, R., D., Grosu E., F. Proceedings of ICU 2019, The 5th international Conference of the Universitaria Consortiul, Education for Health and Performance, october 11-12, 2019, Cluj - Napoca, Romania, www.edlearning.it, Printed in January 2020, Bologna (Italy), ISBN 978-88-87729-62-7, pp. 385- 392	3 x 0.5 / 2	0.75
		Total I13	1.46
I 14	Autor / co-autor rapoarte de analiză de politici/strategii educaționale	8 x m/n	Raport

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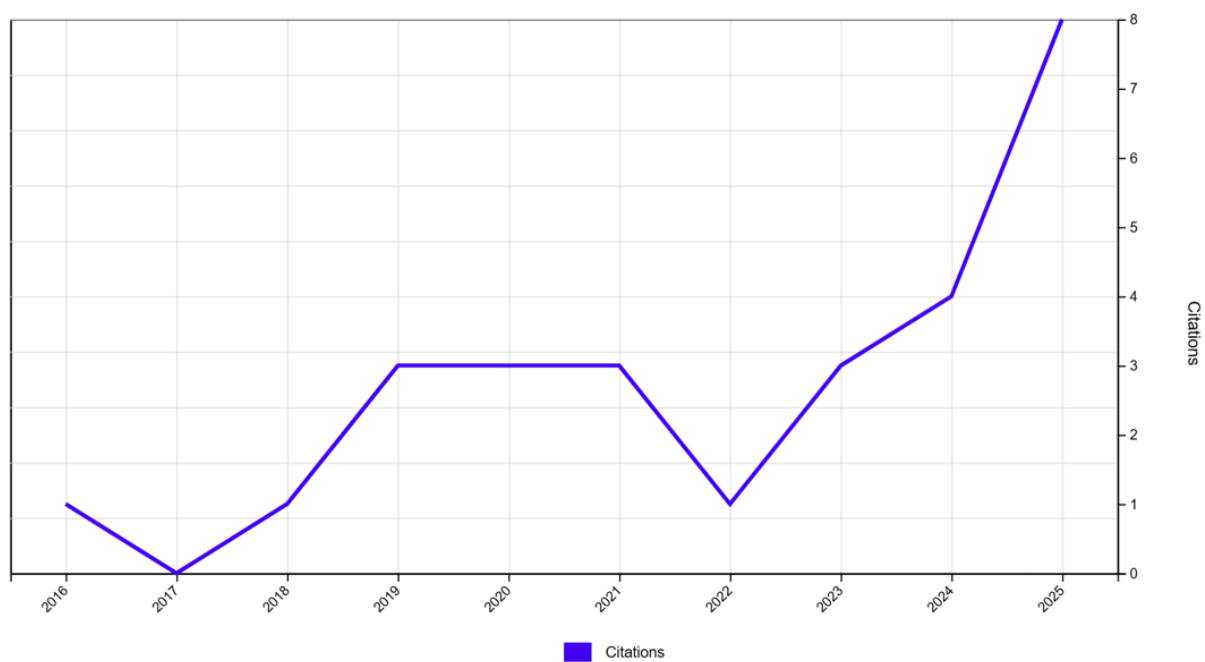
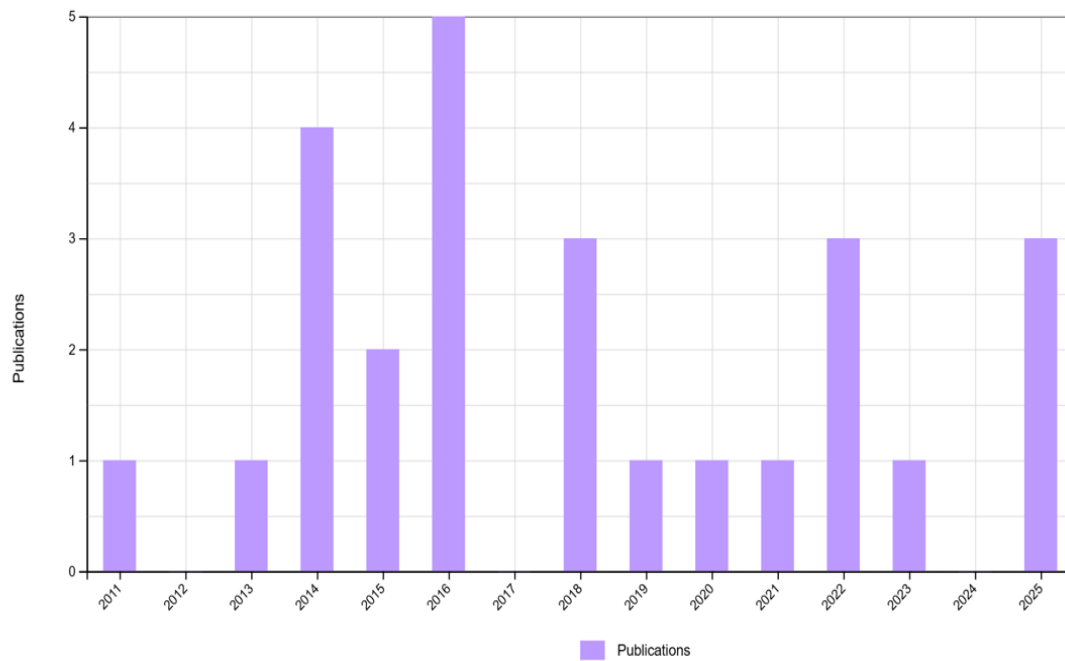
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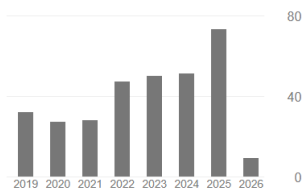
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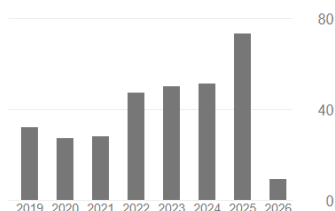
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☐	Gimnastica IC Rusu, EF Grosu, I Pașcan, B Cucu	9	1995
☐	The relationship between reaction time and agility performance in young athletes: A study using perception–action technological devices N Mancini, F Moscatelli, M Di Padova, S Mancini, A Basta, MA Guerriero, ... Journal of Physical Education and Sport 24, 2205-2215	8	2024
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☐	Gimnastică: Paralele inegale din gimnastica artistică feminină EF Grosu GMI	8 *	2004
☐	Psychomotor development on preschool child through movement games R Prodan, EF Grosu, A Muresan New trends and issues proceedings on humanities and social sciences 2 (7), 85-95	7	2016
☐	Optimizarea antrenamentului sportiv EF Grosu, C Iurian, P Szabo, S Gheorge, VT Grosu Colecția Știința Sportului. Cluj-Napoca: Edit. GMI	7	2008
☐	Psihomotricitate și gimnastică educativă EF Grosu Editura GMI	7	2002
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☐	Locul și rolul fitness-ului în știința sportului EF Grosu, CA Popovici, C Mihaiu Editura GMI	6	2010
☐	The Relation between Coordination and Equilibrium E Grosu, C Popovici, M Costinel, L Kis Studia. ubbcluj. ro, 36-37	6	2010
☐	Elementele tehnicii corporale în gimnastica ritmică sportivă și artistică EF Grosu	6	1998

☐	Increasing Self-Confidence in Students from Different Universities through Exercises in Body Technique and Dance Therapy VT Grosu, HI Vari, MN Ordean, G Balint, RA Rozsnyai, EF Grosu LUMEN Proceedings 17, 291-307	5	2021
☐	Specific skills development using appropriate tools in the tennis game R Prodan, EF Grosu Gymnasium 18 (2), 43-54	5	2017
☐	The New Dimension Of Educational Leadership - Modelling Excellence Through Neuro - Linguistic Programming Techniques T Grosu, Vlad, F Grosu, Emilia, T Dobrescu 4TH WORLD CONFERENCE ON LEARNING TEACHING AND EDUCATIONAL LEADERSHIP (WCLTA ...	5	2014
☐	The New Dimension Of Educational Leadership - Modelling Excellence Through Neuro - Linguistic Programming Techniques VT Grosu, EF Grosu, T Dobrescu Procedia Social and Behavioral Sciences 141, 500-505	5	2013
☐	Applications of mental training in sport, Vol III EF Grosu GMI Publishing House, Cluj-Napoca 32, 33	5	2012
☐	Tehnici de antrenament mental EF Grosu Vol. III, Col. Acțiune motorie și acțiune psihică. Ed. GMI, Cluj-Napoca	5	2012
☐	Aplicații ale antrenamentului mental în sport EF Grosu Editura GMI	5	2012
☐	Gymnastics CI Rusu, I Pașcan, E Grosu, B Cucu Cluj-Napoca: GMI Publishing House	5	1998
☐	Lesiones en hockey línea: factores de riesgo y medidas de prevención VJM Alcaraz, A Cejudo, EF Grosu, MPS de Baranda riccafd: Revista Iberoamericana de Ciencias de la Actividad Física y el ...	4	2021
☐	Metalanguage and Sensory Sub-Modalities in Mental Training Techniques through Neurolinguistic Programming. VT Grosu, EF Grosu, H Vari Cypriot Journal of Educational Sciences 14 (4), 482-491	4	2019
☐	Adventure education, a method to prevent antisocial behavior. V Ganea, EF Grosu Palestrica of the Third Millennium Civilization & Sport 19 (2)	4	2018
☐	<u>Increase performances in ski-biathlon by reducing anxiety stress using mental training techniques</u> EF Grosu, FC Motică, MN Ordean, VT Grosu The International Scientific Conference eLearning and Software for Education ...	4	2018
☐	Programe gimnice de estetică corporală CE Moraru, EF Grosu Editura Universității "Alexandru Ioan Cuza	4	2015
☐	The Relation between Mental Training and the Physiological Index in Artistic Gymnastics GVT Grosu Emilia-Florina, Nica-Badea Delia INTERNATIONAL JOURNAL OF SPORTS SCIENCE & COACHING, International Journal of ...	4 *	2013
☐	Considerations Regarding the Creative Dimension of the Physical Education and Sports Didactic Process CC Tatiana Dobrescu, Marian Cretu, Emilia Florina Grosu Procedia - Social and Behavioral Sciences 93, 853-858	4	2013
☐	Enhancing motor skills and coordination in middle schoolers through innovative physical education programs	3	2024

☐	The Effect of Balance Training Protocols on Alpine Skiing: A Systematic Review of Dry-Land and On-Snow Interventions on balance performance A ZADIC, FE GROSU, VT GROSU International Journal of Holistic Health, Sports and Recreation 2 (1), 28-41	3	2023
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☐	Correlations of emotional distress and anxiety with regards to athletes of 11-15 years in perceptual-motor sports EF Grosu, VT Grosu, M Emmanouilidis, D Monea Procedia-Social and Behavioral Sciences 190, 269-272	3	2015
☐	Aspects on the Type of Motivation in Sports CE Moraru, LE Radu, EF Grosu 5Th International Conference Lumen 2014, Transdisciplinary and Communicative ...	3	2015
☐	The Role of Attention in Preparation of Athletes in Perceptual-Motor Discipline Original Research Article MFC Grosu Emilia Florina, Grosu Vlad Teodor, Moraru Cristina Elena Procedia - Social and Behavioral Sciences 159, 151-155	3	2014
☐	Gender differences in adolescents' physical self-perceptions C Marius, RL Claudia, GE Florina, P Densia Science, Movement, and Health 11, 292-296	3	2011
☐	ATHLETES' ATTITUDES TOWARDS SPORT PSYCHOLOGY. A QUALITATIVE INVESTIGATION M CRACIUN, E GROSU, D PETREHUS, L GOMBOS SCIENTIFIC REPORT SERIES PHYSICAL EDUCATION AND SPORT, 302	3	2009
☐	Physical Activity of Middle School Students from Cluj-Napoca during the Covid-19 Pandemic RM Pop, EF Grosu Revista Romaneasca pentru Educatie Multidimensionala 14 (4), 524-537	2	2022
☐	Development of Motor Coordination and Manual Response in Alpine Skiing Through Mental Training EF Grosu, VT Grosu Modern Perspectives in Language, Literature and Education 6, 234-140	2	2021
☐	Does swimming exercises improve posture for blind and visually impaired children? EA Maniu, DA Maniu, VT Grosu, FE Grosu Human and Veterinary Medicine 13 (1), 11-14	2	2021
☐	OPTIMAL KINEMATIC CHARACTERISTICS OF THE UNEVEN BARS DISMOUNTS--A CASE STUDY. VN FORMINTE, V POTOP, R MICU, EF GROSU Discobolul-Physical Education, Sport & Kinetotherapy Journal 59 (1)	2	2020
☐	Development Of Social Abilities In School Through Adventure Education V Ganea, EF Grosu European Proceedings of Social and Behavioural Sciences	2	2020
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☐	Identifying a Connection Between Mobility Degree, Balance, Strength, and Tennis Serve: a Pilot Study R Prodan, EF Grosu, C Popovici, VT Grosu Gymnasium 19 (2), 130-139	2	2018
☐	Repetition Speed in the Context of Specific Physical Training Period for Judo Athletes PZ Szabó, EF Grosu, IN Pop, A Andras, D Monea, MM Botezan Studia UBB Educatio Artis Gymn 62, 43-9	2	2017
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☐	Table tennis motor components and analysis of successful trials testing these skills I Bechara, EF Grosu The European Proceeding of Social and Behavioural Science EpSBS, eISSN, 2357 ...	2	2016
☐	Motor coordination and reactivity influenced by mental training in alpine skiing VT Grosua, EF Grosu, CE Moraruc Global Journal on Humanites & Social Sciences 2 (1), 101-105	2	2016
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☐	Gimnastica aerobica EF Grosu GMI	2	2012
☐	Particularități de dezvoltare a îndemânării în antrenamentul de handbal la copiii de 10-11 ani Ways of developing skills in handball training of children, 10-11 years old C Iurian, R Petruș, E Grosu, CD Cucuian În: Palestrica of the Third Millennium Civilization & Sport 10 (2), 216-220	2	2009
☐	<u>EXTREM SPORT, A QUALITATIVE RESEARCH,</u> M Craciun, D Petrehus, EF Grosu, S Dobosi Gymnasium 10 (1), 55-60	2	2009
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☐	Relationship between body mass index and physical self-esteem in Romanian adolescents M CRĂCIUN, EF Grosu, D Petrehus	2	

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| ☐ | Effects of the SmartACT Intervention on Motor and Psychological Variables in Adolescent Athletes: A Controlled Trial Using BlazePod and Microgate
BM Timea, CB Carmen, OM Nicolae, M Nicola, GV Teodor, SA Maria, ...
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| ☐ | Jump Rope Training Improves Muscular Strength and Cardiovascular Fitness in University Students: A Controlled Educational Intervention
SA Maria, OM Nicolae, M Nicola, AS Szekely, S Sorin, I Dorina, ...
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| ☐ | The effect of 9 weeks of various balance training methods on ski instructors
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| ☐ | ASSESSMENT FOR PROFESSIONAL FOOTBALL PLAYERS TO AVOID INJURIES, USING HUBER® 360
DA MUREȘAN, M ARGHIR, EFG SERGIU-CORNELIUGAFENCU
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| ☐ | Reducing stress in school children through the use of some dance technical elements as a form of therapy
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☐	Movement Activities And Quality Of Life Of Visually Impaired Students EA Maniu, DA Maniu, VT Grosu, FE Grosu European Proceedings of Social and Behavioural Sciences	1	2020
☐	Using Dance Therapy Among High School Students and its Effects on Motivational Persistence in Students 14-18 Aged V Hanna, EF Grosu, GV Teodor, BĂ Virgil, T Florian Arena-Journal of Physical Activities, 27-41	1	2020
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☐	Dynamics of salivary cortisol and testosterone during competition stress in alpine skiing in adults and children VA Toma, E Bucălie, AD Farcaș, P Ciolpan, I Roman, A Mureșan, ... Cognition, Brain, Behavior 23 (1), 29-41	1	2019
☐	On-court static balance evaluation of young tennis players R Prodan, EF Grosu, E Florina Grosu European Proceedings of Social and Behavioural Sciences 55	1	2019
☐	Study concerning the efficiency of the use of dynamic games in physical education and sports lessons at 8th class RR ADRIAN, GE FLORINA, OV SEPTIMIU, G VLAD, RP OVIDIU Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae 63 (4)	1	2018
☐	The specifics of sensations and perceptions in students from different faculties. EF Grosu, HI Vari, VT Grosu, D Monea Timisoara Physical Education & Rehabilitation Journal 11 (20)	1	2018
☐	Study Regarding the Incidence of Physical Deficiencies in Fighting Sports Athletes T Dobrescu, EF Grosu New Trends Issues Proc. Humanit. Soc. Sci. 4, 95-102	1	2018

☐	THE EFFECT OF THE SELF-SUPERVISION MODEL INTEGRATING AUTHENTIC MOVEMENT AND EPIMOTORICS'ON SELF-EFFICACY AMONG DANCE MOVEMENT THERAPISTS Y SHALEM-ZAFARI, EF GROSU Studia Universitatis Babeş-Bolyai. Educatio Artis Gymnasticae 62 (4), 5-18	1	2017
☐	Vertical Jump Enhancement with Respect to Volleyball Vertical Jump N MILO, E GROSU, M MILO Studia Universitatis Babeş-Bolyai, Educatio Artis Gymnasticae 62 (4)	1	2017
☐	The Contribution Of A Unique Supervisory Model To Novice Dance/Movement Therapists Y Shalem-Zafari, EF Grosu European Proceedings of Social and Behavioural Sciences	1	2017
☐	Tennis game exercises that influence the psychomotor development of preschool children R Prodan, EF Grosu, VT Grosu European Proceedings of Social and Behavioural Sciences	1	2017
☐	Controlling anxiety and stress in ski-biathlon athletes using EmWave2 GE Florina, MF Constantin, GV Teodor, M Dan	1	2017
☐	Factors involved in adherence to physical activity among Israeli physiotherapists. M Azmon, E Grosu Palestrica of the Third Millennium Civilization & Sport 16 (3)	1	2015
☐	OPTIMISATION OF THE SELECTION PROCESS IN FOOTBALL GAME FOR 10-12 YEARS OLD CHILDREN. DAN MONEA, S ORMENISAN, E GROSU, PAPOSTU, DN BADEA Studia Universitatis Babeş-Bolyai, Educatio Artis Gymnasticae 60 (2)	1	2015
☐	Sensory submodalities testing in neurolinguistic programming, part of mental training VT Grosu, EF Grosu, C Popovici, C Mihaie Timisoara Physical Education and Rehabilitation Journal 7 (14), 7	1	2015
☐	Influence of Mental Training on Motor Coordination and Manual Response in Alpine Skiing EF Grosu, VT Grosu International Journal of Modern Education Research 2 (5), 57-61	1	2015
☐	Specifics of State Anxiety and Attention in Sport Judo and Alpine Skiing EF Grosu, VT Grosu, CE Moraru, C Mihaie Transdisciplinarity and Communicative Action, 331	1	2015
☐	Sensory submodalities and the metalanguage, neurolinguistic programming techniques as part of the mental training, Grosu Emilia-Florina, GROSU Vlad - Teodor, Moraru Cristina - Elena, Dobrescu ... Gymnasium	1 *	2015
☐	Correlations between physical activity and Ruffier indices in Romanian university students D GRAȚIELA-FLAVIA, BB IULIANA, CPOPD RAREȘ, GE Florina Studia ubb educatio artis gymn 59 (4), 2014	1	2014
☐	Expression of sensory submodalities by neurolinguistic programming methods in sport training. VT Grosu, C Popovici, M Dumitrescu, EF Grosu Palestrica of the Third Millennium Civilization & Sport 15 (3)	1	2014
☐	STUDY OF ADAPTATION PSYCHOMETRIC INSTRUMENTS THAT MEASURE ANXIETY, SELF-EFFICACY AND MOTIVATION FOR SPORT PERFORMANCE. RA NUȚ, EF GROSU Studia Universitatis Babeş-Bolyai, Educatio Artis Gymnasticae 59 (1)	1	2014

☐	STUDY OF ADAPTATION PSYCHOMETRIC INSTRUMENTS THAT MEASURE ANXIETY, SELF-EFFICACY AND MOTIVATION FOR SPORT PERFORMANCE. RA NUȚ, EF GROSU Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae 59 (1)	1	2014
☐	THE DEVELOPMENT OF CREATIVE THINKING IN CHILDREN IN SECONDARY SCHOOLS, Preja Carmen Aneta , Grosu Emilia-Florina, GROSU Vlad - Teodor Gymnasium 15 (XV, 1)	1 *	2014
☐	The Relation between Mental Training and the Physiological Index in Artistic Gymnastics GVT Grosu Emilia-Florina, Nica-Badea Delia INTERNATIONAL JOURNAL OF SPORTS SCIENCE & COACHING, International Journal of ...	1 *	2013
☐	Relationship between body mass index and physical self-esteem in Romanian adolescents M CRĂCIUN, EF Grosu, D Petrehus	1	2010
	CITĂRI IN GOOGLE SCHOLAR = 433 citări x 0.05 = 21.5 PUNCTE TOTAL CITĂRI I 17 + I 18 = 53.5 TOTAL puncte = 14 + 18 + 21.5 = 53.5 puncte	Total I 18 =	21.5 puncte
			Total citări I 17 + I 18 = 53.5 puncte
I 18	Keynote speaker (comunicare științifică în plen) la conferințe internaționale (m = 3) / naționale (m = 1)	2 x m	Conferință
	Conferința în Consorțiu a Doctoranzilor, Cluj -Napoca, decembrie 2020	2 x 1	2
		Total	2 puncte
I 19	Membru în comitetul științific (A) / Referent științific pentru evaluarea și selecția lucrărilor unei conferințe (B) / Membru în comitetul de organizare (C) / Coordonator simpozion (Chair) (D) (se punctează o singură calitate / conferință) 19.1 Conferințe internaționale (m = 3) 19.2 Conferințe naționale (m = 1)	1 x m	Conferință
	Univ. V. Alecsandri Bacău - Sesiunea de Comunicări Științifice 2016, 2017, 2018, 2023	3 x 4	12
	Univ. București - Sesiunea de Comunicări Științifice 2016	1 x 3	3
	Membru în comitetul științific, Conferința Națională a Școlilor Doctorale 11 decembrie 2020 Cluj-Napoca,	1 x 1	1
	Membru al asociației - ARACIS EUROPEAN - 2021	1 x 3	3
	Membru FIEPS – European Federation of Physical Education and Sport din 2015, (din 2016 până în prezent)	3 x 5 ani	15
	Grosu Emilia Florina, FEPSAC –European Federation of Sport Psychology, Membru FEPSAC, 2007 și în prezent.(din 2016 în prezent)	3 x 5 ani	15

	Membru în comitetul științific Conferința Națională Educație Sport și Motricitate Școlară –Abordare pluridisciplinară a problematicei specifice școlilor vocaționale, 07.05.2018	1x1	1
		Total I 19	50 puncte
I 20	Președinte sau membru în comitetul executiv al unei asociații profesionale internaționale ($m = 3$) sau naționale ($m = 1$)	2 x m	Asociație
	Membru al asociației - Quality Agency for Higher Education - 2021	2 x 6	12
	Membru FIEPS – European Federation of Physical Education and Sport din 2015, (din 2016 până în prezent)	2 x 6	12
	Grosu Emilia Florina, FEPSAC –European Federation of Sport Psychology, Membru FEPSAC, 2007 și în prezent.(din 2016 în prezent)	2 x 6	12
		Total	36 punct
I 21	Premii și distincții I21.1. Premii pentru activitatea științifică oferite de către instituții sau asociații științifice / profesionale internaționale ($m = 3$) sau naționale de prestigiu (CNCS, etc.) ($m = 1$) (nu sunt incluse granturile de deplasare sau premiile articolelor din zona roșie, galbenă etc.) I21.2. Obținerea în activitate a unor rezultate de prestigiu privind promovarea țării și a învățământului românesc (de exemplu distincțiile, medaliile primite de către sportivi, antrenori, alți specialiști pentru rezultate la JO, CM, CE etc., oferite de Președinția României, MENCS, MTS etc.)	4 x m	Premiu
I 22	Coordonator al unei colecții de carte	6	Colecție
I 23	Carte coordonată relevantă pentru domeniu ($m A1 = 3$; $m A2 = 1$; $m B = 0.5$)	8 x m/n	Carte
I 24	Redactor șef / editor sau membru în comitetul editorial al unei reviste cu comitet științific și peer-review I24.1. Revistă indexată Web of Science ($m = 3$) I24.1. Revistă indexată în cel puțin două BDI ($m = 1$) I24.2 Revistă indexată într-un BDI ($m = 0.5$)	4 x m	Revistă
	Revista Arena-Journal of Physical Activities – Arad (2011 – 2018)	4 x 1	4.00
	<u>Act of Accession - International Scientific Committee Academic Journal G.I.E.S.S.E.D.I. (GSD)</u>	4 x 1	4.00
	<i>ATHENS INSTITUTE FOR EDUCATION AND RESEARCH</i> <i>A World Association of Academics and Researchers</i> 8 Valaoritou Str., Kolonaki, 10671 Athens, Greece. Tel.: 210-36.34.210 Fax: 210-36.34.209 Email: info@atiner.gr URL: www.atiner.gr	4 x 1	4.00
	Editura GMI Cluj – Napoca din 1998 Membru în comitet Editorial	4 x 1	4.00
		Total	16.00

I 25	Referent științific ad hoc pentru reviste cu comitet științific și peer-review I25.1. Revistă indexată Web of Science I25.2. Revistă indexată BDI (alta decât WoS)	0.3 / 0.2	Articol
	2016 – 10 articole		
	ASS- Review Form_189642-1-SM x 5 articole	5 x 0.2 =	1.00
	International Journal of Physical Medicine & Rehabilitation	1 x 0.3 =	0.30
	AJSSM_1001600174	1 x 0.3 =	0.30
	SciEP - Review Form	1 x 0.3 =	0.30
	WCPCG- 2233-27496 -2-RV	1 x 0.3 =	0.30
	SciEP 2016 WJSSH	1 x 0.3 =	0.30
	2017 – 1 articol		
	The Anthropologist (T-ANTH) <u>Received on 17. 09. 2016</u> <u>REF. NO. T-ANTH-379-16</u>	1 x 0.3 =	0.30
	2018 – 2 articole		
	ASS-Review 20181020	1 x 0.3 =	0.30
	SciEP-Review Form AJSSM_1001612235	1 x 0.3 =	0.30
	2019 – 1 articol		
	AJSSM_1001612272	1 x 0.3 =	0.30
	2020		
	FIEP Congress Bracelona – Reviewer x 4 articole	4 x 0.3 =	1.20
	AERJ-2020-134	1 x 0.3 =	0.30
	AJSSM_1001612297	1 x 0.3 =	0.30
	EDUCATION_1300113455_FOR_Review	1 x 0.3 =	0.30
		Total	5.80
I 26	Profesor asociat / visiting scholar pentru o durată de cel puțin o lună de zile / susținerea unei conferințe sau prelegeri în fața cadrelor didactice sau a doctoranzilor (se punctează un singur aspect per universitate; nu sunt incluse aici schimburile Erasmus) 26.1 la o universitate din TOP 500 conform clasamentului URAP (m = 3) 26.2 la o universitate din afara topului 500 URAP, ca urmare a unei invitații nominale din partea instituției gazdă (m = 1) 26.3 profesor invitat / lector al federațiilor internaționale pe ramură de sport / Academiei Olimpice a CIO / Asociații profesionale internaționale (m = 1) / federațiilor naționale pe ramură de sport sau Academiei Olimpice a COSR (m = 0,5)	0.5 x m	Instituție / invitație
		Total	
I 27	Director al unui grant finanțat / instituția coordonată I27.1 Director grant de cercetare cu relevanță publică largă obținut prin competiție internațională, acordat de către o agenție / instituție internațională (m = 3) I27.2. A. Director grant de cercetare cu relevanță publică largă obținut prin competiție națională / B. Coordonator echipă România pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție internațională (m = 1) I27.3. A. Director sau coordonator partener al unui grant de dezvoltare instituțională (de exemplu tip POSDRU, Erasmus + etc.) / B. Director sau coordonator partener al unui grant de cercetare cu relevanță specifică (de exemplu finanțat de către o companie), obținut prin competiție națională sau internațională / C. Coordonator partener	9 x m	Grant

	pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție națională ($m = 0.5$)		
	CERTIFICATE OF ATTENDANCE COORDONATOR Asociația diabeticilor din Transilvania PROJECT TITLE Diabetic runners and cyclists for more sport for all in Europe “SportGiveChance” n° 590518-EPP-1-2017-1-IT-SPO-SNCESE SPOLETO WEDNSDAY 29 AUGUST 2018 — MONDAY 03 SEPTEMBER 2018 This is to certify that: Emilia Florina Grosu has participated in the Erasmus + Sport project named above	9 x 0.5 =	4.50
		Total	4.50
I 28	Membru în echipa unui grant finanțat / instituția coordonată I28.1 Membru în echipa unui grant de cercetare cu relevanță publică largă obținut prin competiție internațională sau națională ($m = 1$) I28.2. Membru în echipa unui grant de cercetare cu relevanță specifică sau a unui grant de dezvoltare instituțională obținut prin competiție internațională sau națională ($m = 0,5$)	3 x m	Grant
	Membru în Proiectul „Cercetator, viitor antreprenor – Noua Generatie” cod 123793/ POCU	3 x 0.5 =	1.50
		Total	1.50
I 29	Activitate de mentorat / îndrumare 29.1. Conducător științific / membru în comisia de îndrumare sau de evaluare a tezelor de doctorat (punctajul total la 29.1 este plafonat la maximum 10 puncte) 29.2. Mentor cu rol oficial de îndrumare a unor cercetători postdoctorali	1 / 0.5 1	Doctorand / comisie de îndrumare
	Conducător doctorat – dr Pop Rodica cas Prodan – 2021 -finalizat	1	1
	Conducător doctorat - drd Ordean Mircea 2021	1	1
	Membru comisie sustinere publică Iordan Andrei – Univ Galati 2021	1	1
	Membru comisie sustinere publică Neagu Sonia - SIBIU – Univ. Pitesti 2019	1	1
	Conducător științific - Azmon Michal - finalizat 2016	1	1
	Conducător științific - Suci Adrain - finalizat 2016	1	1
	Conducător științific - Ganea I Virgil - finalizat 2017	1	1
	Cond. științific - Macarie (căs Munteanu) Camelia, finalizat 2017	1	1
	Conducător doctorat – Szabo Peter Zsolt – finalizat 2019	1	1
	Conducător doctorat – Milo Navot – finalizat 2019	1	1
	Conducător științific - Motică Florin Cosntantin – finalizat 2019	1	1
	Conducător științific - Milo Navot - 2019 - finalizat	1	1
	Conducător științific - Bechar Inbal – 2019 – finalizat	1	1
	Conducător Științific – Yifat Shalem Zafari 2019 – finalizat	1	1
	Conducător științific - Rozsnyai Radu Adrian -2020 - finalizat	1	1
	Conducător științific - Stef Raluca Doina – finalizat 2020	1	1
	Conducător științific - Holubiac Iulian Ștefan – finalizat 2020	1	1
	Conducător științific - Vari hanna Imola – finalizat 2020	1	1
	Conducător științific - drd. Forminte Nicolae Valerian – finalizat 2021	1	1
	Conducător științific - drd. Moisa Antonel Adrian – finalizat 2021	1	1
	Conducător științific - drd. Pop (Cas. Prodan) Rodica – finalizat 2021	1	1
	Conducător științific - drd. Ordean Mircea Nicolae – finalizat 2021	1	1
	Conducător științific - drd. Boros (căs. Maniu) Emese Agnes – fi nalizat 2023	1	1
	Conducător științific - drd. Pop Rares – Mihai – finalizat 2023	1	1
	Conducător științific - drd. Hăisan Angel Alexandru – finalizat 2023	1	1
	Conducător științific - drd Neamțu (cas. Popescu) Adela – final 2023	1	1

Conducător științific - drd. Maussier Nicole – finalizat 2023	1	1
Conducător științific - drd. Mancini Nicolae – finalizat 2023	1	1
Conducător științific - drd. Zadic Alexandru – finalizat 2023	1	1
Conducător științific - drd. Rad (Răbîncă) Simona Maria - final 2024	1	1
Conducător științific - drd. Morosanu Ștefan – finalizat 2024	1	1
Conducător științific - drd. Bitang Andrei – finalizat 2024	1	1
Conducător științific - drd. Zbanga Alexandra – înscrisă 2024	1	1
Conducător științific - drd. Boncuț Mircea – înscris 2023	1	1
Conducător științific - drd. Nagy Alpar – înscris 2023	1	1
Conducător științific - drd. Ghejan Horatiu Dacian – înscris 2024	1	1
Conducător științific - drd. Macavei Sergiu – înscris 2024	1	1
Conducător științific - drd. Nicolescu Lucian – înscris 2024	1	1
Membru în comisia de Îndrumare – Anton Andra Adraiana 2016,2017, 2018	0.5	0.5
Membru în comisia de Îndrumare - Bălașa Ghiță Ciprian, 2016, 2017, 2018	0.5	0.5

	Membru în comisia de Îndrumare - Nemeş Raul Alexandru 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – Burz Otilia Teodora 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – Torok Gyuri Zoltan 2016,2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – drd Hăisan Petronela – 2018, 2019, 2020	0.5	0.5
	Membru în comisia de Îndrumare – Iris Malka 2017,2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare - Paul Ovidiu Radu 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare – Bejenariu Andrei Lorand	0.5	0.5
	Membru în comisia de Îndrumare - Mureşan Dorin Alexandru 2017, 2018, 2019.	0.5	0.5
	Membru în comisia de Îndrumare – Văduva Cristian 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare - Truţa n. Bianca Nicoleta 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – drd Parjol Ionut – 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare – drd Strava Cosmin – 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare – drd Hans Reitmaier – 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare - drd. Nicoară Rares – 2019, 2020	0.5	0.5
	Membru în comisia de Îndrumare - drd Arnăutu Gabriel Costel, 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare - drd Fenici Cristian 2015, 2016, 2017.	0.5	0.5
	Membru în comisia de Îndrumare - drd Stupar Radu 2015, 2016, 2017.	0.5	0.5
	Membru în comisia de Îndrumare - drd Cocar Nada 2015, 2016, 2017.	0.5	0.5
	Membru în comisia de Îndrumare - dr Nagy Klara, 2016, 2017, 2018 – finalizat	0.5	0.5
	Membru în comisia de Îndrumare - drd Culcă alexandra 2017	0.5	0.5
		Total I 29	50
I 30	30.1. Inițierea sau coordonarea unor programe de studii universitare sau post-universitare	2	Program
	30.2. Introducerea unor discipline noi în planul de învățământ	0.5	Disciplină
	Antropologia mișcării – Curs Școala doctorală	0.5	0.50
	Inițierea sau coordonarea programelor de studii universitare de doctorat	2	2.00
		Total I 30	2.50
I 31	Coordonarea unui centru sau laborator de cercetare, recunoscut de către Senatul Universității sau Consiliul Științific al Institutului de cercetare	2	Centru
	Director Școala doctorală a FEFS din anul 2012- până în 2025		2
		Total	2

I 32	Evaluatoare proiecte / membru în Panel în competiții internaționale ($m = 3$) / naționale ($m = 1$) de granturi de cercetare	1 x m	Ediție competiții
I 33	Membru în grupul de experți 33.1. Comisii / consilii științifice sau organisme internaționale (de exemplu UNESCO, UNICEF, CIO, Federații internaționale pe ramuri de sport etc.) ($m = 3$) 33.2. Comisii / consilii științifice sau organisme naționale (CNATDCU, CNCS, ANCS, ARACIS sau alt grup de lucru consultativ / de lucru la nivelul MENCS sau la nivel interministerial, alcătuit ca urmare a unui ordin emis de MENCS sau de către un alt for ministerial ($m = 1$))	1 x m	Comisie
	Membru CNATDCU din 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025,	1x 1x 11 ani	11
	Membru ARACIS din 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025	1x1 x 15 ani	15
		Total I 33	26
I 34	Furnizarea de servicii pentru beneficiarii externi ai instituției (cursuri sau programe de formare / perfecționare profesională în domeniu)	0,5	Pe curs avizat
I 35	35.1. Antrenor emerit / profesor emerit / maestru emerit al sportului / arbitru internațional / comisar / observator (se iau în calcul doar calitățile existente la data înscrierii în concurs) 35.2. Premii pentru activitatea sportivă acordate de către instituții naționale (MTS, MENCS, COSR) sau internaționale 35.3. Performanțe ale sportivilor antrenați (JO, CM, JMU – locurile 1-5; CE, CN – locurile 1), creații pe linia sportului de performanță, recuperării motrice și funcționale, kinetoterapiei și kinetoprofilaxie (linii metodice / metodologii / strategii de pregătire pe ramuri de sport / probă sportivă recunoscute în comunitatea de specialiști / federații pe ramuri de sport); programe de profilaxie și recuperare prin mijloace kinetice pentru diferite categorii de populație / grupe de vârstă / grupe profesionale / patologii) recunoscute de organisme profesionale și / sau științifice naționale și internaționale.	3 / 2 / 2	Pe titlu / premiu / activitate
		Total A2 (I16+...+I35)	200.39
		TOTAL GENERAL	521.89+ 200.39 = 722.28 puncte

STANDARDE MINIMALE PENTRU DOMENIUL EDUCAȚIE FIZICĂ ȘI SPORT

Aria A 1	Criteriu	Indicatori esențiali / suma indicatorilor	Standard minimal conferențiar / CS IIv	Standard minimal profesor / CS I / abilitare	Punctaj realizat de candidat
Realizări științifice (A 1)	C1	I1 + I2	4	6	200,57
	C2	I3 + I4	15	24	156 + 27 = 183
	C3	Total A1 (I1+...+I15)	55	65	521.89
Vizibilitate și impact (A 2)	C4	I16	2	4	53.5
	C5	I27	-	4	4.5
	C6	Total A2 (I16+...+I35)	25	55	200.39
	C7	Total general	80	120	521.89 + 200.39 = 722.28

Prof. univ.dr. Emilia Florina Grosu



FIȘĂ DE AUTOEVALUARE

cu privire la îndeplinirea standardelor minimale

Domeniul: Educație fizică și sport

Universitatea Babes Bolyai din Cluj-Napoca

Facultatea de Educație Fizică și Sport

Departamentul: Jocuri Sportive

Cadru didactic: Conf.univ.Dr. **Dan Monea**

A 1. Realizări științifice

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsură
Realizări științifice semnificative în calitate de autor principal			
I1	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu <i>p</i> , realizate în calitate de autor principal	3 + (3 x IF) Total = 8.265	Articol
I1.1	Timea Madár Barabási, Carmen Costea-Bărlutiu , Mircea-Nicolae Ordean, Nicola Mancini, Cornelia Popovici , Vlad Teodor Grosu, Alexandru Zadic , Rares-Mihai Pop, Dana Ioana Cristea, Emilia Florina Grosu, Emanuela Lucreția Barboni and Dan Monea, 2026 The Impact of an Integrated ACT-Based Psychological Intervention (SmartACT) on Attention and Psychological Flexibility in Adolescent Student-Athletes https://www.mdpi.com/3679634	3.8	Articol
I1.2	Barabási Madár Timea, Costea-Bărluțiu Carmen, Ordean Mircea Nicolae *, Mancini Nicola *, Grosu Vlad Teodor, Sabău Anca Maria, Popovici, Cornelia, Carlos Hervás-Gómez, Grosu Emilia Florina, Monea Dan, Effects of the SmartACT Intervention on Motor and Psychological Variables in Adolescent Athletes: A Controlled Trial Using Blazepod and Microgate Manuscript ID: children-3812317, https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.mdpi.com%2Fjournal%2Fchildren%2Fsections%2FChild_Neurology&data=05%7C02%7Cdan.monea%40ubbcluj.ro%7C92b7ed22fb4c4f760c0608ddf99f78ca%7C5a4863ed40c84fd58298fbfdb7f13095%7C0%7C0%7C638941185533421506%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIlwLjAuMDAwMCIslIAiOiJXaW4zMilslkFOljoiTWFpbGlldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=lx3C1OiuPeEMPg2ta6eSXZLg49NrS4GWlaVIGcGURf4%3D&reserved=0	3.8	Articol
	The impact of an integrated psychological program (SmartACT) on attention and reaction speed measured with Blazepod in adolescent athletes, Barabási Madár Timea ¹ , Costea-Bărluțiu Carmen ² , Mancini Nicola ^{3*} , Ordean Mircea Nicolae ^{4*} , Grosu	3.8	Articol

	Emilia Florina ⁵ , Grosu Vlad Teodor ⁶ , Rozsnyai Radu Adrian ⁷ , Popovici Cornelia ⁸ , Neagu Sonia Gabriela ⁹ and Monea Dan ¹⁰ , https://www.mdpi.com/search?q=The+impact+of+an+integrated+psychological+program+%28SmartACT%29+on+attention+and+reaction+speed+measured+with+Blazepod+in+adolescent+athletes%2C&journal=brainsci , 2025		
I1.3	Improving Balance and Technical Skills of Young Alpine Skiers: Outcomes of a 10-Week Complex Dry-Land Training Program Zadic, A, Ordean, M, Monea, D ; Grosu, VT; Pop, RM; Popovici, C; Grosu, EF; Simon, S (provided by Clarivate) Source APPLIED SCIENCES-BASEL, 2025 Volume 15 Issue 5, DOI 10.3390/app15052831, Article Number 2831, https://2t10q20dm-y-https-www-webofscience-com.z.e-information.ro/wos/woscc/full-record/WOS:001442387300001		Articol
I1.4	Dragoș, O., Alexe, D. I., Ursu, E. V., Alexe, C. I., Voinea, N. L., Hăisan, P. L.; Monea, D. , et al. (2022). Training in Hypoxia at Alternating High Altitudes Is a Factor Favoring the Increase in Sports Performance. <i>Healthcare</i> , 10(11), 2296. MDPI AG http://dx.doi.org/10.3390/healthcare10112296	3.8	Articol
I1.5	Dan B, Stoica M, Aron A, Focan G., Monea D. , Stoica A, Calota N.,(2022) The Effects of Proprioceptive Training on Balance, Strength, Agility and Dribbling in Adolescent Male Soccer Players IJERPH Free Full-Text The Effects of Proprioceptive Training on Balance, Strength, Agility and Dribbling in Adolescent Male Soccer Players (mdpi.com)		Articol
		Total	11,4
I2	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format <i>in extenso</i> (full-text), realizate în calitate de autor principal	3 + IF TOTAL = 21	Articol
I2.1	ENACHE A. V., PATRASCU A., CIOCOI-POP R., GROSU V. T. , STANCU B.,MANCINI N., MONEA D. (2025). Refining Balance Assessment for Type 2 Diabetes Mellitus Patients: A Novel Half-Squat Position Approach, în curs de publicare.	3	Articol
I2.2	A.V. ENACHE, V.T. GROSU, R. CIOCOI-POP, B. STANCU, D. MONEA, Comparative evaluation of proprioceptive training on postural stability in patients with type 2 diabetes Approach, in curs de publicare.	3	Articol
I2.1	RAREȘ NICOARĂ, RUSU ALINA, DAN MONEA, Development of the Respiratory Capacity of Vocal Professionals and Wind Instrumentalists Using the Respiratory Threshold Device. <i>Gymnasium - Scientific Journal of Education, Sports and Health</i> , Vol. XXV, Issue 2/ 2024, pp.18-33. DOI: 10.29081/gsjesh.2024.25.2.2 https://gymnasium.ub.ro/index.php/journal/article/view/711/884	3	Articol
I2.2	Hăisan, P. L., Monea D. , Enache, A. V., Ciorsac, A-A. (2023). Exploring differences in gait assessment using inertial sensors among elderly. <i>Education for Health and Performance : proceedings of ICU 2022 - the 8th International Conference of the Universitaria Consortium : October, 2022 Cluj-Napoca, Romania /</i>	3	Articol

	ed.:Presa Universitară Clujeană, ISBN 978-606-37-1783-3		
I2.3	Reitmayer H.E., Monea, D. (2023) . Effect of a 4-month flywheel resistance training program on lower limb stability of male and female volleyball players. <i>Timișoara Physical Education and Rehabilitation Journal</i> , DOI: 10.2478/tperj-2023-0006 16(30), 43-49, https://tperj.uvt.ro/wp-content/uploads/2023/06/TPERJ_vol_16_issue_30_art_6.pdf	3	Articol
I2.4	HĂISAN Petronela Lăcrămioara, MONEA Dan , BULDUȘ Codruța Florina, GROSU Emilia Florina, NUȚ Ancuța Ramona,(2023) <i>Functional Mobility, Quality of Life, and Fall Risk in Parkinson's Patients: A Longitudinal Study of the LSVT Big Program through Continuous Monitoring</i> , https://fefstim.uvt.ro/wp-content/uploads/2023/10/Booklet-FEFSTIM-2023_19-oct.pdf	3	Articol
I2.5	Chelaru Erzsebet-Hajnal, Bulduș Codruța Florina, Monea Dan (2023) <i>Prevention of Postural Deficits Induced by Desk Work Through Alternating the Support Surfaces</i> , The 9th International Conference of Universitaria Consortium „FEFSTIM: Physical Education, Sports and Kinesiotherapy – Active People for a Healthy Future” 19-21th of October 2023 Timișoara, Romania https://fefstim.uvt.ro/wp-content/uploads/2023/10/Booklet-FEFSTIM-2023_19-oct.pdf	3	Articol
I2.6	Hăisan, P.L., Monea, D. , Grosu, V.T. (2023) Assessment of geriatric foot using the baropodometric P-walk platform. <i>Bulletin of the Transilvania University of Brașov Series IX: Sciences of Human Kinetics</i> , Vol. 16(65) No. 1 https://doi.org/10.31926/but.shk.2023.16.65.1.18	3	Articol
I2.7	Pîrjol, D. I., Monea, D. , & Oravițan, M. (2023). A review on the influence of swimming on posture deficiencies. <i>Studia UBB Educatio Artis Gymnasticae</i> . Issue no. 1 / 2023 http://www.studia.ubbcluj.ro/download/pdf/1492.pdf	3	Articol
I2.8	Reitmayer H.E., Monea, D. (2023) . Effect of a 4-month flywheel resistance training program on lower limb stability of male and female volleyball players. <i>Timișoara Physical Education and Rehabilitation Journal</i> , DOI: 10.2478/tperj-2023-0006 16(30), 43-49, https://tperj.uvt.ro/wp-content/uploads/2023/06/TPERJ_vol_16_issue_30_art_6.pdf	3	Articol
I2.9	Pîrjol, D. I., Monea, D. , Oravițan, M., & Jurjiu, N. A. (2022). Review study on hydrotherapy and AQUA therapy in spine disorders. <i>Timișoara Physical Education & Rehabilitation Journal</i> , 15(29). https://tperj.uvt.ro/wp-content/uploads/2022/12/TPERJ_vol_15_issue_29_art_4.pdf	3	Articol
I2.10	Vasile Septimiu Ormenișan, Dan Monea , Sergiu Pop, Cosmin Mihai Moca, Cristina Ionela Ormenișan, Mihai Alexandru Turcu. (2022) STUDY REGARDING LEARNING THE FOOTBALL GAMETECHNICAL PROCEDURES AT PRIMARY STUDENTS http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2023&id_art=20121	3	Articol
I2.11	Reitmayer H.E., Monea, D. (2021) . Relationship between lower limb power and dynamic stability in volleyball players. <i>Timișoara Physical Education and Rehabilitation Journal</i> , DOI:10.2478/tperj-2021-0003 14(26), 28-32 https://tperj.uvt.ro/wp-content/uploads/2021/06/TPERJ_vol_14_issue_26_art_4.pdf	3	Articol

	content/uploads/2021/07/TPERJ_vol_14_issue_26_art_3.pdf		
I2.12	Dan Monea , Elena Sabau, Georgeta Niculescu, Elena Lupu, <i>FOOTBALL REFEREES' PHYSICAL FITNESS, icSEP 2019</i> 3rd International Conference on Sport, Education & Psychology, The European Proceedings of Social & Behavioural Sciences EpSBS, ISSN: 2357-1330 https://doi.org/10.15405/epsbs.2019.05.5	3	Articol
I2.13	Monea Dan , Grosu Emilia, Santa Cristian, Szabo Peter, Strava Cristian-Cosmin <i>Increasing Cardiovascular Endurance Through Physical Education Lessons During a School Year 105 6th International Conference of Universitaria Consortium "FEFSTIM: Physical Education, Sports and Kinesiotherapy – implications in quality of life"</i> ISBN 979-12-80225-05-4 DOI: 10.26352/EY06-FEFSTIM2020 www.clearedi.org	3	Articol
I2.14	Rozsnyai Radu Adrian, Grosu Emilia Florina, Grosu Vlad Teodor, Monea Dan , Popovici Cornelia <i>Anthropometric Indicators and Physical Tests Correlations in Football Players 14-16 Years Old 6th International Conference of Universitaria Consortium "FEFSTIM: Physical Education, Sports and Kinesiotherapy – implications in quality of life"</i> ISBN 979-12-80225-05-4 DOI: 10.26352/EY06-FEFSTIM 2020 www.clearedi.org	3	Articol
I2.15	Monea Dan , Grosu Vlad Teodor, Grosu Emilia Florina, Popovici Cornelia, <i>Ways to develop resistance through specific means of athletics in football juniors</i> , ERD 2018 6 th International Conference – "Education, Reflection, Development, Fourth Edition" <i>The European Proceedings of Social & Behavioural Sciences</i> EpSBS ISSN: 2357-1330 www.dse.psiedu.ubbclui.ro 2018	3	Articol
I2.16	Monea Dan , Prodan Rodica, Grosu Vlad - Continuous Education and Training of Adult Sportsmen – Study Case: The Football Referees INTERNATIONAL CONFERENCE 'ON EDUCATION' REFLECTION AND DEVELOPMENT - fifth edition, event that took place in ClujNapoca, Romania, at the Educational Sciences Department of Babes-Bolyai University, during 7th-8th J:u/ry 2017. www.dse.psiedu.ubbclui.ro www.ubbclui.ro	3	Articol
I2.17	Grosu Emilia-Florina, GROSU Vlad - Teodor, Emmanuilidis Manolis, Monea Dan , <i>Correlations of Emotional Distress and Anxiety with Regards to Athletes of 11-15 Years in Perceptual-motor Sports</i> , 7th World Conference on Educational Sciences, (WCES-2015, 05-07 February 2015, Athens Convention Center, Athens, Greece, Procedia Social and Behavioral Sciences, vol 190, DOI: 10.1016/j.sbspro.2015.04.946, Editor: Procedia - Social and Behavioral Sciences, ISSN: 1877- 0428 http://www.journals.elsevier.com/procedia-social-and-behavioral-sciences/ , P. 269-272, 2015	3	Articol
I2.18	Grosu Vlad Teodor, Grosu Emilia-Florina, Monea Dan , <i>Correlations between Attention, Emotional Distress and Anxiety with Regards to Athletes of 11-15 Years in Perceptual-Motor Sports</i> , Universal Journal of Educational Research 3(8): 508-512, 2015, http://www.hrpub.org DOI: 10.13189/ujer.2015.030805 , Horizont Research Publishing Corporation, (HRPUB), P.508-512 , 2015	3	Articol

		Total	51
I3	Cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	12 x m TOTAL = 96	Carte
I4	Capitole în cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	3 x m	Capitol
I4.1	Monea Dan Monea Gheorghe, <i>Particularitățile antrenamentului sportiv în condiții speciale</i> , Mido Print, Cluj-Napoca, P. 107 - 2010	12	12
I4.2	Monea Gheorghe, Zamora Elena, Monea Dan , carte, <i>Terenuri si instalatii pentru activitati sportive si agrement</i> , Editura Napoca STAR, Cluj-Napoca, ISBN 978-973-647-565-8, P. 235 - 2008	3	3
I4.3	Monea Dan Monea Gheorghe, <i>Selecția și orientarea în sportul de performanță</i> , Mido Print, Cluj-Napoca, P. 144 - 2010	12	12
		Total I4	27
<i>Realizări științifice semnificative în calitate de co-autor</i>			
I5	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu p , realizate în calitate de co-autor	$3 + [(3 \times \text{IF}) / n]$	Articol
I6	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format <i>in extenso</i> (full-text), realizate în calitate de co-autor	$(3 + \text{IF}) / n$ TOTAL = 25.85	Articol
I7	Cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	12 x m/n	Carte
I7.1	Monea Dan , Monea Gheorghe, <i>Masuratori si evaluari in sportul de performanta</i> , GMI, Cluj -Napoca, - ISBN 978-973-1776-03-3, pagini P. 198 - 2008		12
I7.2	Monea Dan , – <i>Istoria și evoluția echipei de fotbal Universitatea Cluj</i> , Editura Napoca Star, ISBN 973-647-267-1, pagini. 41; - 2006		12
I7.3	Popovici Cornel-Aurel, Monea Dan , Neta Gheorghe, <i>Fotbal</i> , Editura Napoca Star, Cluj-Napoca, - ISBN 978-973-647-480-4, P. 296 -2006		12
I7.4	Monea Dan carte, - <i>Rezistența - calitate motrică de bază a jucătorului de fotbal în vârstă de 15-16 ani</i> , Editura Napoca Star, ISBN 973-647-266-3, pagini 60; - 2006		12
I7.5	Monea Dan , carte, <i>Rezistența în jocul de fotbal</i> , Aletheia, Bistrita, ISBN 978-973-8182-66, P. 350 - 2007		12
		Total I7	60
I8	Capitole în cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	3 x m/n	Capitol
	Managing and Developing Sports Officials, ISBN: 978-1-032-44203-7,	3 x 10	0.3
I8.2	20 de Ani de Invatamant Geografic Universitar la Bistrita EDITURA NAPOCA STAR- ISBN carte 978-606-062-002-0 / 2019	3 x 10	0.3

18.2	Monea, Dan , Monea Gh., <i>Antrenamentul sportiv la altitudine</i> , Editura Aletheia, Bistrița, ISBN 973-8182-30-1, pagini 289.- 2006	3x10	0.3
18.3	Monea Dan carte, <i>Educație fizică și sport - profil universitar</i> , Editura Napoca Star , Cluj-Napoca, 2004, P. 200 - 2004	3x 17	0.17
		Total 18	0.77
Alte realizări științifice			
I9	Lucrări <i>in extenso</i> (tip <i>proceedings</i>) indexate WoS sau altă BDI recunoscută, realizate în calitate de autor principal, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI (în cazul I9 și I10 se pot puncta cumulativ cel mult două contribuții / ediție conferință)	1 TOTAL = 2	Lucrare
I9.1	RAREȘ NICOARĂ, RAMONA ANCUȚA NUȚ, DAN MONEA, Development of respiratory function through swimming and apnea exercises in the pool. Health, Sports & Rehabilitation Medicine Vol. 25, no. 3, July-September 2024, 132–137. ISSN-L 2668-303 https://jhsrm.org/health-sports-rehabilitation-medicine-vol-25-no-3-july-september-2024/development-of-respiratory-function-through-swimming-and-apnea-exercises-in-the-pool/	1	1
I9.2	Miron, F., Monea. D. , Ștefănescu, H., (2023). Muscle strength accumulation and its transfer to tennis game in children and juniors using an aquatic training program. <i>Annals of University of Oradea Department of Physical Education and Sports</i> . http://www.fefsoradea.ro/Fascicula_Educatie_Fizica_si_Sport/index.html .	1	1
I9.3	Miron, F., Monea. D. , Ștefănescu, H., (2023). Effort capacity and movement speed development using aquatic exercise in tennis players. <i>Annals of University of Oradea Department of Physical Education and Sports</i> . http://www.fefsoradea.ro/Fascicula_Educatie_Fizica_si_Sport/index.html .	1	1
I9.4	Miron, F., Monea. D. , Ștefănescu, H., (2023). The influence of physical exercises carried out in the aquatic environment on physiological parameters for 10–12 year tennis players. <i>Studia UBB Educatio Artis Gymnasticae</i> . Volume: 68 (LXVIII), Year: 2023, Issue no: 4.	1	1
I9.5	Pîrjol, D. I., Monea, D. , & Oravițan, M. (2023). A review on the influence of swimming on posture deficiencies. <i>Studia UBB Educatio Artis Gymnasticae</i> . Issue no. 1 / 2023 http://www.studia.ubbcluj.ro/download/pdf/1492.pdf	1	1
I9.6	Hăisan, P.L., Monea, D. , Grosu, V.T. (2023) Assessment of geriatric foot using the baropodometric P-walk platform. <i>Bulletin of the Transilvania University of Brașov Series IX: Sciences of</i>	1	1

	Human Kinetics, Vol. 16(65) No. 1 https://doi.org/10.31926/but.shk.2023.16.65.1.18		
I9.7	Vasile Septimiu Ormenișan, Dan Monea , Sergiu Pop, Cosmin Mihai Moca, Cristina Ionela Ormenișan, Mihai Alexandru Turcu.2021 STUDY REGARDING LEARNING THE FOOTBALL GAMETECHNICAL PROCEDURES AT PRIMARY STUDENTS http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2023&id_art=20121	1	1
I9.8	Dan Ionuț Pîrjol, Mihaela Oravitan, Dan Monea.2022 , A REVIEW ON THE INFLUENCE OF SWIMMING ON POSTURE DEFICIENCIES, http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2023&id_art=20122	1	1
I9.10	Reitmayer H.E., Monea, D. (2022) . Influence of isoinertial exercises on lower limb power and stability of volleyball players. <i>Studia UBB Educatio Artis Gymnasticae</i> , LXVII, 4, pp. 173 – 181, DOI: 10.24193/subbeag.67(4).45, http://www.studia.ubbcluj.ro/download/pdf/educatio/2022_4/17.pdf	1	1
I9.11	Pîrjol, D. I., Monea, D. , & Oravițan, M., (2021) Study on the correlations between physical activity, body posture, schoolbags and parents' knowledge among children. <i>New Trends of Fundamental Research in Sport Science</i> - From research to performance – Ed. Peter Lang in press, 29-31 octombrie, Craiova, România. New Trends of Fundamental Research in Sport Universitaria Craiova 2021.pdf	1	1
I9.12	Strava Cristian-Cosmin, Oravițan Mihaela, Monea Dan , A Short Review of Validated Questionnaires for Evaluating Levels of Physical Activity in Children and Adolescents, http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1380&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=2&an=2021/2021	1	1
I9.13	Gherman Alexandru Andrei, Monea Dan , Gombos Leon The importance of a healthy lifestyle and the role of physical activity in this plan., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=2&an=2021&id_art=18611/2021	1	1
I9.14	Hăisan Petronela Lăcrămioara, Monea Dan , Women teachers from pre-university having a second job? / ca profesoară în învățământul preuniversitar din românia, poți avea un job secundar? http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2021&id_art=18340/2021	1	1
I9.15	Nicoară Rareș, Monea Dan. , Respiratory muscle training methods for improving the lung capacity of professional vocalists and wind instrumentists / metode de antrenament a musculaturii respiratorii pentru îmbunătățirea capacității pulmonare a profesioniștilor vocali	1	1

	și suflătorilor instrumentiști., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2021&id_art=18342/ 2021		
I9.16	Chelaru Hajnal, Bulduș Codruța Florina, Monea Dan , The effectiveness of postural biofeedback in the physical therapy of patients with cervical spondylosis., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2020&id_art=18100/ 2020	1	1
I9.17	Ormenişan Septimiu, Monea Dan , Radu Paul Ovidiu, Constatative study regarding the efficiency of communication in a team sport / studiu constatativ privind eficiența comunicării în cadrul unei echipe sportive., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2020&id_art=17622/ 2020	1	1
I9.8	Chelaru, H. Buldus, C., Monea D. , 2021 The influence of biofeedback in postural rehabilitation of athletes, Categ CNCSIS B+: http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1284&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2020/ 2021	1	1
I9.19	Chelaru, H. Buldus, C., Monea D. , 2020 The Effectiveness of Postural Biofeedback in The Physical Therapy of Patients with Cervical Spondylosis, Categ CNCSIS B+: http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1284&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2020/	1	1
I9.20	Haisan P, Monea D. 2019 Women teachers from pre-university having a second job?, Vol 4, Categ CNCSIS B+: http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1284&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2019/	1	1
I9.21	Fetean Gheorghe, Monea Dan , Monea Gheorghe, 2019 <i>The Psychological Impact of Emotions in Increasing the Performance of Football Players</i> Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Vol 4, Categ CNCSIS B+: http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1284&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2019/	1	1
I9.22	Monea Dan , Prodan Rodica, Grosu Vlad Szabo Peter, 2017 <i>The improvement of the motor quality - speed with specific means from football in the physical education lesson for students of secondary school</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Vol 4, Categ CNCSIS B+, DOI: http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1112&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=3&an=2017/	1	1
I9.23	Raul Nemeș, Dan Monea, Rodica Prodan, Cristian Santa. Study on the development of explosive force in football at juniors a level., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2021&id_art=18342/	1	1

	ATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2017&id_art=15766/ 2017		
I9.24	Raul Nemeș, Dan Monea, Rodica Prodan, Vlad Grosu, Peter Szabo, Gheorghe Monea. The improvement of the motor quality - speed with specific means from football in the physical education lesson for students of secondary school., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2017&id_art=15768/ 2017	1	1
I9.25	SZABÓ PÉTER ZSOLT, EMILIA FLORINA GROSU, IOAN NELU POP, ANDRÁS ÁLMOS, DAN MONEA , GHEORGHE MONEA, UGRON ÁGNES, Study on athletes who underwent an athletic training program at altitude in order to increase their pulmonary capacity, to identify psychological changes regarding attention and concentration, the persistence of motivation and the correlations between the two / studiu asupra sportivilor care urmează un program de pregătire athletică la altitudine pentru creșterea capacității pulmonare pentru a identifica modificări psihologice în ceea ce privește atenția și puterea de concentrare, persistența motivației și corelația dintre cele două., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=3&an=2017&id_art=15503/ 2017	1	1
I9.26	Radu Adrian Rozsnyai, Dan Monea, Paul Ovidiu Radu. A study concerning the development of speed through the use of dynamic games in football, juniors of 14 to 15 years old / studiu privind dezvoltarea vitezei prin utilizarea jocurilor dinamice în fotbal la juniori cu vârsta cuprinsă între 14-15 ani., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=3&an=2017&id_art=15507/ 2017	1	1
I9.27	Dan Monea, Specific methods used in evaluation of football game skills for the 10-12 year group / metode specifice utilizate la evaluarea îndemânării în jocul de fotbal la grupa de vârstă 10-12 ani. http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=3&an=2017&id_art=15509/ 2017	1	1
I9.28	Santa Cristian, Onela Santa, Paul Szabo-Alexi, Dan Monea., sports – children's active way of socializing / sportul – un mod de socializare al copiilor., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=3&an=2017&id_art=15520/ 2017	1	1
I9.29	Emilia Florina Grosu, Dan Monea. repetition speed in the context of specific physical training period for judo athletes., http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an=2017&id_art=14937/ 2017	1	1
I9.30	Monea Dan , Prodan Rodica, Santa Cristian, Nemes Raul, 2017 <i>Study on the development of explosive force in football at juniors a level</i> , Studia Universitatis Babes-Bolyai Educatio Artis	1	1

	Gymnasticae, Vol 4, CategNCSISB+, DOI:http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1112&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=3&an=2017		
I9.31	Monea Dan , <i>Specific methods used in evaluation of football game skills for the 10-12 year group</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Vol 3, Categ CNCSIS B+, DOI: http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1112&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=3&an=2017 , 2017	1	1
I9.32	Monea Dan , Prodan Rodica, Stefanescu Horea, Grosu Vlad, <i>Skill development using football specific methods and tests for the 10-12 years children</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, DOI: https://doi.org/1024193/subbeag62(2).04 , 2017	1	1
I9.33	Monea Dan , Prodan Rodica, Stefanescu Horea, <i>An evaluation of the effects that football specific methods and tests have on the skill development case study:10-12 years children</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, DOI: https://doi.org/1024193/subbeag62(2).04 , 2017	1	1
I9.34	Stefanescu Horea, Monea Dan , <i>Mountain bike activity in natural areas: impacts and implications (case study: Codrisor forrest park)</i> Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, DOI: https://doi.org/1024193/subbeag62(2).04 , 2017	1	1
I9.35	Stefanescu Horea, Monea Dan , <i>Aspects of alpine ski preparation / developing specific resources and abilities in dry season</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, DOI: https://doi.org/1024193/subbeag62(2).04 , 2017	1	1
I9.36	Stefanescu Horea, Monea Dan , <i>Aspects of alpine ski preparation / developing specific resources and abilities in dry season</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, DOI: https://doi.org/1024193/subbeag62(2).04 , 2017	1	1
I9.37	Emilia Florina Grosu, Dan Monea, Gheorghe Monea., <i>power output of judo athletes and high-speed neuromuscular control.</i> , http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=4&an=2016&id_art=14817 2016	1	1
I9.38	Monea Dan , Grosu Emilia-Florina, Apostu Alina Paula, Ormenisan Vasile-Septimiu, Nica-Badea Delia, <i>Optimisation of the selection process in Fotball Game for 10-12 years old Children</i> , European Reference Index for Humanities and Social Sciences (ERIH PLUS), https://dbh.nsd.uib.no/publiseringskanaler/erihplus/periodical/info?id=486646 , Studia, P.67-75, 2015	1	1
I9.39	Monea Dan , Baciuc Marius-Alin, Ormenisan Vasile-Septimiu, Santa-Moldovan Ioan-Cristian, <i>The study concerning the optimisation of motor skills using dynamic games in elementary school</i> , BDI, Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, P.56-65 http://www.studia.ubbcluj.ro/download/pdf/888.pdf , 2014	1	1

I9.40	Szabo Peter-Zsolt, Andras Almos, Monea Dan , <i>Basic Points of View about the Preparation for 50m, 100m, 200m Breast-Stroke of the Students from the "Babes-Bolyai" University</i> , BDI, Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, P.47-58 http://www.studia.ubbcluj.ro/download/pdf/818.pdf , 2013	1	1
I9.41	Monea Dan , Nica-Badea Delia, <i>Implication of the use of carbohydrates in support of sports performance</i> , BDI, Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+ P. 101-106 http://www.studia.ubbcluj.ro/download/pdf/724.pdf , 2012	1	1
I9.42	Monea Dan , Ormenisan Vasile-Septimiu, Monea Gheorghe, Bondoc Ionescu Dragos, <i>Methods for the inventory of stress produced by the resistance to effort in junior football game</i> , BDI, Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, 2011, P.120-126 http://www.studia.ubbcluj.ro/download/pdf/598.pdf , 2011	1	1
I9.43	Monea Dan , Szabo Peter-Zsolt, Andras Almos, Ormenisan Vasile-Septimiu, <i>Critical Compound Assessment in Football Referee Training</i> , BDI, Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, P.131-136 http://www.studia.ubbcluj.ro/download/pdf/672.pdf , 2011	1	1
I9.44	Monea Dan , Bondoc Ionescu Dragos, <i>Streamling training to improve speed to sports clubs school level training stage II jun athletics</i> , EBSCO host Online Research Databases [2009], Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, P.93-99 http://www.ebscohost.com/titleLists/e5h-coverage.htm , 2009	1	1
I9.45	Monea Dan , Stefanescu Horea., <i>Particularitățile selecției în biatlonul modern</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, P75-81 http://www.studia.ubbcluj.ro/download/pdf/394.pdf , 2009	1	1
I9.46	Cretu Aurica, Monea Dan , Monea Gheorghe, Cretu Denisa-Ioana, <i>Implicatiile apei in metabolismul si functiile celulei</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, vol4, P.23 – 26 http://www.studia.ubbcluj.ro/download/pdf/394.pdf , 2009	1	1
I9.47	Monea Dan , Monea Gheorghe, Monea Cornelia, <i>Favorable medium factor in long distance races</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, 1, P.23 – 27 http://www.studia.ubbcluj.ro/download/pdf/283.pdf , 2007	1	1
I9.48	Monea Dan , Popovici Cornel-Aurel, Monea Cornelia, <i>Resistance's development in 15-16 years through specific tests</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, 1, P.83-93 http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=241&serie=EDUCATIO%20ARTIS%20GYMNASTICAE&nr=1&an, 2006	1	1
I9.49	Monea Dan , Monea Cornelia, Popovici Cornel-Aurel, <i>Principalele dificultati pe care le constientizeaza antrenorul in activitatea de</i>	1	1

	<i>pregatire a sportivilor</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, 2, p.7 – 12 http://www.studia.ubbcluj.ro/arhiva/arhiva_en.php , 2006		
I9.50	Popovici Cornel-Aurel, Monea Dan , Popovici Cornelia, <i>Nutrition in sport</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, 2, 2006 , P.79 - 82 http://www.studia.ubbcluj.ro/arhiva/arhiva_en.php	1	1
I9.51	Monea Dan , Monea Gheorghe, <i>Pregătirea Psihologica in Fotbal</i> , Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+ 1, P.79 - 83 http://www.studia.ubbcluj.ro/arhiva/arhiva_en.php , 2006	1	1
		Total I9	51
I10	Lucrări <i>in extenso</i> (tip <i>proceedings</i>) indexate WoS sau altă BDI recunoscută, realizate în calitate de co-autor, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI	1/n TOTAL = 1.25	Lucrare
I10.1	Hăisan, P. L., Monea D. , Enache, A. V., Ciorsac, A-A. (2023). Exploring differences in gait assessment using inertial sensors among elderly. Education for Health and Performance : proceedings of ICU 2022 - the 8th International Conference of the Universitaria Consortium : October, 2022 Cluj-Napoca, Romania / ed.:Presa Universitară Clujeană, ISBN978-606-37-1783-3, http://www.editura.ubbcluj.ro/www/ro/books/domains.php?id=13	1/4	0.25
I10.2	Vasile Septimiu Ormenisan, Dan Monea, Sergiu Pop, Cosmin Moca, Alexandru Mihai Turcu, Cristina Ionela Ormenisan ., Study regarding the football game technical procedures Education for Health and Performance : proceedings of ICU 2022 - the 8th International Conference of the Universitaria Consortium : October, 2022 Cluj-Napoca, Romania / ed.:Presa Universitară Clujeană, ISBN978-606-37-1783-3, http://www.editura.ubbcluj.ro/www/ro/books/domains.php?id=13	1/6	0.16
I10.3	Cristian-Ioan Santa Moldovan, Alin Baci, Radu-Tiberiu Serban, Dan Monea, Onela Santa – The Impact of COVID-19 Pandemic on Student's Sport Activity, Education for Health and Performance : proceedings of ICU 2022 - the 8th International Conference of the Universitaria Consortium : October, 2022 Cluj-Napoca, Romania / ed.:Presa Universitară Clujeană, ISBN978-606-37-1783-3, http://www.editura.ubbcluj.ro/www/ro/books/domains.php?id=13	1/5	0.2
I10.4	Stupar R.C., Monea Gh., Monea D. , Șanta C., <i>Comparative study on implementation of one leg take off in the volleyball game to center players</i> , Proceedings of ICU 2019The 5th International Conference of the Universitaria Consortium Education for Health and Performance October 11-12, 2019 Cluj-Napoca, Romania 399- 403, ISBN 978-88-87729-62-7 www.edlearning.it , 2019	1/4	0.25
I10.5	Rozsnyai Radu Adrian, Grosu Emilia Florina, Grosu Vlad Teodor, Monea Dan , Popovici Cornelia Anthropometric Indicators and Physical Tests Correlations in Football Players 14-16 Years Old 6th International Conference of Universitaria Consortium "FEFSTIM: Physical Education, Sports and Kinesiotherapy –	1/5	0.2

	implications in quality of life" ISBN 979-12-80225-05-4 DOI: 10.26352/EY06-FEFSTIM 2020 www.clearedit.org		
I10.6	Nemeș R., Monea D., Monea Gh., Rapoș R., <i>Children selection in the football game at 12-14 years atu-luceafărul football academy</i> , Proceedings of ICU 2019The 5th International Conference of the Universitaria Consortium Education for Health and Performance October 11-12, 2019 Cluj-Napoca, Romania 253- 259 ISBN 978-88-87729-62-7 www.edlearning.it , 2019	1/4	0.25
I10.7	Nemeș R., Monea D., Monea Gh., Rapoș R <i>Study on the development of explosive force in football at juniors a level</i> , Proceedings of ICU 2019The 5th International Conference of the Universitaria Consortium Education for Health and Performance October 11-12, 2019 Cluj-Napoca, Romania 259-267 ISBN 978-88-87729-62-7 www.edlearning.it , 2019	1/4	0.25
I10.8	Pîrjol D.I., Monea D., Oravițan M., <i>Pilot study regarding the influence of swimming on posturaldeficiencies in sagital plan at children of 7-14 years</i> , Proceedings of ICU 2019The 5th International Conference of the Universitaria Consortium Education for Health and Performance October 11-12, 2019 Cluj-Napoca, Romania 295-301 ISBN 978-88-87729-62-7 www.edlearning.it , 2019	1/3	0.33
I10.9	Reitmayer H.E., Monea D. <i>Upper and lower limb asymmetry in male and female volleyball players</i> , Proceedings of ICU 2019The 5th International Conference of the Universitaria Consortium Education for Health and Performance October 11-12, 2019 Cluj-Napoca, Romania 341 - 347 ISBN 978-88-87729-62-7 www.edlearning.it , 2019	1/2	0.5
I10.10	Strava C.C., Oravițan M., Monea D., <i>Factors affecting childhood obesity and the importance of a realbody weight perception in combating and treating obesity</i> , Proceedings of ICU 2019The 5th International Conference of the Universitaria Consortium Education for Health and Performance October 11-12, 2019 Cluj-Napoca, Romania 393 – 399, ISBN 978-88-87729-62-7 www.edlearning.it , 2019	1/3	0.33
		Total I10	2.72
I11	Alte articole <i>in extenso</i> publicate în calitate de autor / co-autor în reviste științifice, cu condiția ca revistele să fie indexate la nivel de rezumat în cel puțin o bază de date internațională recunoscută	1/n TOTAL = 1.5	Articol
I11.1	Emilia Florina GROSU, Hanna Imola VARI, Vlad Teodor GROSU, Dan MONEA, Timisoara Physical Education & Rehabilitation Journal . 2018, Vol. 10 Issue 3, p17-26. 10p. http://eds.b.ebscohost.com/abstract	1/4	0.25
I11.2	Grosu Emilia Florina, Motica Florin Constantin Grosu Vlad Teodor Monea Dan, New Trends and Issues Proceedings on Humanities and Social Sciences Volume 4, Issue 8 (2017) 01-07 Selected paper of 8th World Conference on Learning, <i>Teaching and Educational Leadership, (WCLTA 2017) 26-28 October Controlling anxiety and stress in ski-biathlon athletes using EmWave2</i> , ISSN:2547-8818, www.prosoc.eu 2017	1/4	0.25
I11.3	Dan Monea, Rodica Prodan, Vlad Teodor Grosu, <i>Specific training for improving the skill and speed in junior football players</i> ,	1/3	0.33

	International Congres FESTIM II "Physical Education, Sports and Kinestherapy – implications in life quality", Universitaria Consortium 27-29 October 2017 Timisoara		
I11.4	Grosu Emilia Florina, Vari Hanna Imola , Grosu Vlad Teodor, Monea Dan , <i>The specifics of sensations and perceptions at students from different faculties</i> , International Congres FESTIM II "Physical Education, Sports and Kinestherapy – implications in life quality", Universitaria Consortium 27-29 October 2017 Timisoara	1/4	0.25
I11.5	Monea Dan , Grosu Emilia, Grosu Vlad, Nica-Badea Delia, <i>Training means and methods of junior soccer players for increasing speed, skill and aerobic resistance</i> , <i>Education For health and performance</i> , International Conference, ISBN 978-973-53-1886-4, P.160-172, 2016	1/4	0.25
I11.6	Szabó Péter-Zsolt, Grosu Emilia Florina, Pop Ioan Nelu, Andras Almos, Monea Dan , Monea Gheorghe., <i>Force-speed asymmetry in the context of structural consistency in judo athletes</i> , , <i>Education For health and performance</i> , International Conference, ISBN 978-973-53-1886-4, P. 316-321, 2016	1/6	0.16
I11.7	Grosu Vlad Teodor, Grosu Emilia-Florina, Monea Dan , <i>Metalanguage and sensory submodalities in mental training techniques through neurolinguistic programming</i> , LINELT, AWER-Center Proceedings Journals indexed by AWER INDEX , Editor: SCOPUS, EBSCO, Thomson Reuters Conference Proceedings Citation Index – CPCI (ISI Web of Science), ISSN: 1877-0428, www.linelt.org , P. 111-122 conferinta, 2016	1/3	0.33
I11.8	Moraru Cristina - Elena, Grosu Vlad Teodor, Grosu Emilia-Florina, Monea Dan , <i>Motor coordination and reactivity influenced by mental training in alpine skiing</i> , Conference: 15th World LUMEN Congress - Logos Universality Mentality Education Novelty (LUMEN) Location: Iasi, ROMANIA Date: APR 12-17, 2016, Elsevier Ltd.Publisher, Editor: Elsevier - Procedia Social and Behavioral Sciences, ISSN: 2445 - 1479., http://www.journals.elsevier.com/procedia-social-and-behavioral-sciences/ , P. 436-443, http://www.journals.elsevier.com/procedia-social-and-behavioral-sciences/ , 2016	1/4	0.25
		Total	2.07
I12	Cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B ($m B = 0,5$)	12 x m/n TOTAL = 22.7	Carte
I12.1	Monea Dan , Monea Gheorghe, <i>Masuratori si evaluari in sportul de performanta</i> , GMI , Cluj -Napoca, - ISBN 978-973-1776-03-3, pagini P. 198 - 2008	3	1.5
I12.2	Monea Gheorghe, Zamora Elena, Monea Dan , carte, <i>Terenuri si instalatii pentru activitati sportive si agrement</i> , Editura Napoca STAR , Cluj-Napoca, ISBN 978-973-647-565-8, P. 235 - 2008	3	1.5
I12.3	Popovici Cornel-Aurel, Monea Dan , Neta Gheorghe, <i>Fotbal</i> , Editura Napoca Star, Cluj-Napoca, - ISBN 978-973-647-480-4, P. 296 - 2006	3	1.5
I12.4	Monea, Dan, Monea Gh. , <i>Antrenamentul sportiv la altitudine</i> , Editura Aletheia, Bistrița, ISBN 973-8182-30-1, pagini 289.-2006	3	1.5
		Total	6

I13	Capitole în cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B ($m = 0,5$)	3 x m/n	Capitol
	Managing and Developing Sports Officials, The acquisition of perceptual cognitive expertise in sports officials, Werner H, Shasho D., Monea D Milovan R., Javier S	3x	0.37
	20 de Ani de Invatamant Geografic Universitar la Bistrita EDITURA NAPOCA STAR- ISBN carte 978-606-062-002-0 / 2019	3 x	0.25
	Monea Dan carte, <i>Educație fizică și sport - profil universitar</i> , Editura Napoca Star , Cluj-Napoca, 2004, P. 200 - 2004	3 x 17	0.17
		Total	0.79
I14	Autor / co-autor rapoarte de analiză de politici/strategii educaționale 14.1 rapoarte internaționale ($m = 3$); 14.2 rapoarte naționale ($m = 1$)	8 x m/n TOTAL = 8	Raport
I15	Brevete de invenție / drepturi de autor / mărci înregistrate OSIM/ORDA, ca urmare a unui demers de inovare științifică în vederea elaborării de materiale curriculare, teste psihologice sau educaționale, teste motrice / funcționale, softuri specializate etc.	3/n	Brevet / drept de autor
		TOTAL	215.75

A 2. Vizibilitate și impact științific

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsură
I16	Citări ale publicațiilor candidatului în lucrări indexate Web of Science (autocitările sunt excluse)	0.5 TOTAL = 5.5	Citare
I16.1	https://www.webofscience.com/wos/woscc/full-record/WOS:001435210800002		0.5
I16.2	https://www.webofscience.com/wos/woscc/full-record/WOS:001431033600001		0.5
I16.3	https://www.webofscience.com/wos/woscc/full-record/WOS:001376311200001		0.5
I16.4	https://www.webofscience.com/wos/woscc/full-record/WOS:001318538200011		0.5
I16.5	https://www.webofscience.com/wos/woscc/full-record/WOS:001265222300016		0.5
I16.6	https://www.webofscience.com/wos/woscc/full-record/WOS:001151266000001		0.5
I16.7	https://www.webofscience.com/wos/woscc/full-record/WOS:001167118000006		0.5
I16.8	https://www.webofscience.com/wos/woscc/full-record/WOS:001046681300001		0.5
I16.9	https://www.webofscience.com/wos/woscc/full-record/WOS:001472891000005		0.5
I16.10	https://www.webofscience.com/wos/woscc/full-record/WOS:001463903300001		0.5
I16.11	https://www.webofscience.com/wos/woscc/full-record/WOS:001442387300001		0.5
I16.12	https://www.webofscience.com/wos/woscc/full-record/WOS:001416634000001		0.5
I16.13	https://www.webofscience.com/wos/woscc/full-record/WOS:001416634000001		0.5

	record/WOS:001401787600001		
I16.14	https://www.webofscience.com/wos/woscc/full-record/WOS:001458954500019		0.5
I16.15	https://www.webofscience.com/wos/woscc/full-record/WOS:001420915900009		0.5
I16.16	https://www.webofscience.com/wos/woscc/full-record/WOS:001312845200001		0.5
I16.17	https://www.webofscience.com/wos/woscc/full-record/WOS:001307624100001		0.5
I16.18	https://www.webofscience.com/wos/woscc/full-record/WOS:001262284600001		0.5
I16.19	https://www.webofscience.com/wos/woscc/full-record/WOS:001276640700001		0.5
I16.20	https://www.webofscience.com/wos/woscc/full-record/WOS:001196207400001		0.5
I16.21	https://www.webofscience.com/wos/woscc/full-record/WOS:001184651100001		0.5
I16.22	https://www.webofscience.com/wos/woscc/full-record/WOS:001171283400001		0.5
I16.23	https://www.webofscience.com/wos/woscc/full-record/WOS:001316449600001		0.5
I16.24	https://www.webofscience.com/wos/woscc/full-record/WOS:001302696600002		0.5
I16.25	https://www.webofscience.com/wos/woscc/full-record/WOS:001079528000001		0.5
I16.26	https://www.webofscience.com/wos/woscc/full-record/WOS:001073843800001		0.5
I16.27	https://www.webofscience.com/wos/woscc/full-record/WOS:001042230900001		0.5
I16.28	https://www.webofscience.com/wos/woscc/full-record/WOS:001042230900001		0.5
I16.29	https://www.webofscience.com/wos/woscc/full-record/WOS:001022104200001		0.5
I16.30	https://www.webofscience.com/wos/woscc/full-record/WOS:001157179000001		0.5
I16.31	https://www.webofscience.com/wos/woscc/full-record/WOS:001137473400004		0.5
I16.32	https://www.webofscience.com/wos/woscc/full-record/WOS:001034601200007		0.5
I16.33	https://www.webofscience.com/wos/woscc/full-record/WOS:000925780600002		0.5
I16.34	https://www.webofscience.com/wos/woscc/full-record/WOS:000896272400001		0.5
I16.35	https://www.webofscience.com/wos/woscc/full-record/WOS:001033156200001		0.5
		Total I16	17.5
I17	Alte citări ale publicațiilor candidatului (autocitările sunt excluse) I17.1 Disponibile în lucrări clasificate A1 (m = 3) I17.2. Disponibile în lucrări clasificate A2 sau în baza de date Scopus (altele decât cele deja incluse la I16) (m = 1) I17.3. Disponibile în lucrări clasificate B sau în alte surse academice identificabile prin Google Scholar (altele decât cele deja incluse) (m = 0.5)	m / 10 TOTAL = 2.6	Citare
I17.3.1	https://www.researchgate.net/profile/Dan-Alexandru-Szabo/publication/341278309_PSYCHOMOTOR_EVALUATION_OF_ATHLETE_AND_NON-ATHLETE_CHILDREN/links/5eb7eead4585152169c149b1/PSYC_HOMOTOR-EVALUATION-OF-ATHLETE-AND-NON-ATHLETE-	0.5/10	0.05

	CHILDREN.pdf https://scholar.google.com/scholar?oi=bibs&hl=en&cites=706098193459673521&as_sdt=5/		
I17.3.2	Emilia Florina GROSU, Hanna Imola VARI, Vlad Teodor GROSU, Dan MONEA, Timisoara Physical Education & Rehabilitation Journal . 2018, Vol. 10 Issue 3, p17-26. 10p. http://eds.b.ebscohost.com/abstract?site/	0.5/10	0.05
I17.3.3	Potop, Vladimir; Cîmpeanu, Mariana; Toma-Urichianu, Sanda, Influența mijloacelor specifice de pregătire și dinamica parametrilor efortului în învățarea elementelor tehnice din gimnastica artistică feminină. Palestrica of the Third Millennium Civilization & Sport . Oct2010, Vol. 11 Issue 4, p332-339. 8p. 7 Charts, 4 Graphs. https://scholar.google.ro/scholar?q=related:Xy3CWFnuPw8J:scholar.google.com/&hl=en&as_sdt=0,5/	0.5/10	0.05
I17.3.4	Nechita, Florentina, Application of mechatronics systems to 110 meters hurdles training, Palestrica of the Third Millennium Civilization & Sport . Oct-Dec2012, Vol. 13 Issue 4, p348-353. 6p. 3 Charts, 1 Graph, https://scholar.google.ro/scholar?oi=bibs&hl=en&cites=1098858901610311007&as_sdt=5/	0.5/10	0.05
I17.3.5	Septimiu O., R. Ciocoi, K. Fammisis, Boros I, Ghertoiu D., Study regarding the goalkeeper contribution in the attacking phase in contemporary football, Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, 2013 https://scholar.google.ro/scholar?oi=bibs&hl=en&cites=17201592616663914572&as_sdt=5/	0.5/10	0.05
I17.3.6	Fikker, F., Almos A., Optimization of annual planning method by means of structured sports training of republican juniors in football Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, . Sep 2013, Vol. 58 Issue 3, p21-24. 4p, https://scholar.google.ro/scholar?oi=bibs&hl=en&cites=17201592616663914572&as_sdt=5/	0.5/10	0.05
		Total	0.3
I18	Keynote speaker (comunicare științifică în plen) la conferințe internaționale ($m = 3$) / naționale ($m = 1$)	2 x m	Conferință
I18.1	Keynote speaker Conferinta de la Cluj	2x1	2
	Keynote speaker Conferinta de la Cluj	2x1	2
	Keynote speaker, Refereeing Assistance Programme (RIDP) Online, 15-16 March 2021 DAILY PROGRAMME – Fitness Instructors: Join conversation (microsoft.com)	2x1	2
I18.2	Keynote speaker- Conferința Națională Educație Sport și Motricitate Școlară –Abordare pluridisciplinară a problematicei specifice scolilor vocaționale, 07.05.2018	2x1	2

I18.3	Keynote speaker- <i>Conferința Națională Percepții conceptuale în Educație Fizică, Sport și Kinetoterapie, Facultatea de Educație Fizică și Sport Bistrița- Parteneriat cu L.P.S si A.J.F Bistrița-Nasăud - 2017</i>	2x1	2
		Total	6
I19	Membru în comitetul științific (A) / Referent științific pentru evaluarea și selecția lucrărilor unei conferințe (B) / Membru în comitetul de organizare (C) / Coordonator simpozion (Chair) (D) (se punctează o singură calitate / conferință) 19.1 Conferințe internaționale ($m = 3$) 19.2 Conferințe naționale ($m = 1$)	1 x m TOTAL = 71	Conferință
I19.1	Membru în comitetul FIEP - 2025	1x1	1
I19.2	Membru în comitetul FIEP - 2024	1x1	1
I19.2.1	Membru în comitetul științific, <i>Conferința Națională a Școlilor Doctorale</i> 11 decembrie 2020 Cluj-Napoca,	1x1	1
I19.3	Membru în comitetul științific Conferința națională Resursele turistice, agrementul și turismul sportiv, factori de progres comunitar 7 – 8 decembrie 2019 Extensia Universitară Bistrița http://bistrita.extensii.ubbcluj.ro/index.html	1x1	1
I19.4	Membru în comitetul științific <i>Conferința Națională Educație Sport și Motricitate Școlară –Abordare pluridisciplinar a problematici specifice școlilor vocaționale, 07.05.2018</i>	1x1	1
I19.5	Membru în comitetul de organizare <i>Percepții conceptuale în Educație Fizică, Sport și Kinetoterapie, Facultatea de Educație Fizică și Sport Bistrița- Parteneriat cu L.P.S si A.J.F Bistrița-Nasăud - 2018</i>	1X1	1
I19.6	Membru în comitetul științific <i>Conferința Națională Percepții conceptuale în Educație Fizică, Sport și Kinetoterapie, Facultatea de Educație Fizică și Sport Bistrița- Parteneriat cu L.P.S si A.J.F Bistrița-Nasăud - 2017</i>	1x1	1
		Total	7
I20	Președinte sau membru în comitetul executiv al unei asociații profesionale internaționale ($m = 3$) sau naționale ($m = 1$)	2 x m TOTAL = 14	Asociație
I20.1	Membru UEFA – departamentul arbitraj –fitness coach 2010-prezent	2x15	30
I20.2	Membru Comisia Centrală a Arbitrajilor – departamentul arbitraj 2010 -prezent	2x15	30
		Total	60
I21	Premii și distincții I21.1. Premii pentru activitatea științifică oferite de către instituții sau asociații științifice / profesionale internaționale ($m = 3$) sau naționale de prestigiu (CNCS, etc.) ($m = 1$) (nu sunt incluse granturile de deplasare sau premierea articolelor din zona roșie, galbenă etc.) I21.2. Obținerea în activitate a unor rezultate de prestigiu privind promovarea țării și a învățământului românesc (de exemplu distincțiile, medaliile primite de către sportivi, antrenori, alți specialiști pentru rezultate la JO, CM, CE etc., oferite de Președinția României, MENCS, MTS etc.)	4 x m	Premiu
I21.2.1	Maestru emerit al sportului – atletism din 1995	4x1	4
		Total	4
I22	Coordonator al unei colecții de carte	6	Colecție

I23	Carte coordonată relevantă pentru domeniu ($m A1 = 3$; $m A2 = 1$; $m B = 0.5$)	8 x m/n	Carte
I24	Redactor șef / editor sau membru în comitetul editorial al unei reviste cu comitet științific și peer-review I24.1. Revistă indexată Web of Science ($m = 3$) I24.2. Revistă indexată în cel puțin două BDI ($m = 1$) I24.3 Revistă indexată într-un BDI ($m = 0.5$)	4 x m TOTAL = 4	Revistă
I24.2.1	Membru în Consiliul Științei Sportului din România -2020	1x1	1
I24.2.2	Membru în Consiliul Științei Sportului din România - 2019	1x1	1
I24.2.3	Membru în Consiliul Științei Sportului din România - 2018	1x1	1
I24.2.4	Membru în Consiliul Științei Sportului din România - 2017	1x1	1
I24.3.1	Membru în comisia de organizare etapa națională Olimpiadei Gimnaziilor, faza națională, 20-21.5 2017	1x0.5	0.5
I24.3.2	Membru al Societății Medicale Române de Educație Fizică și Sport în cadrul SMREFS pe parcursul anului 2016	1x0.5	0.5
		Total	5
I25	Referent științific ad hoc pentru reviste cu comitet științific și peerreview I25.1. Revistă indexată Web of Science I25.2. Revistă indexată BDI (altă decât WoS)	0.3 / 0.2	Articol
I26	Profesor asociat / visiting scholar pentru o durată de cel puțin o lună de zile / susținerea unei conferințe sau prelegeri în fața cadrelor didactice sau a doctoranzilor (se punctează un singur aspect per universitate; nu sunt incluse aici schimbările Erasmus) 26.1 la o universitate din TOP 500 conform clasamentului URAP ($m = 3$) 26.2 la o universitate din afara topului 500 URAP, ca urmare a unei invitații nominale din partea instituției gazdă ($m = 1$) 26.3 profesor invitat / lector al federațiilor internaționale pe ramură de sport / Academiei Olimpice a CIO / Asociații profesionale internaționale ($m = 1$) / federațiilor naționale pe ramură de sport sau Academiei Olimpice a COSR ($m = 0,5$)	0.5 x m Total = 0.5	Instituție / invitație
I26.1	Lector - UEFA- Curs de perfecționare arbitrii internaționali FIFA arbitrii de fotbal 1-3 sept Geneva 2025		
I26.2	Lector - UEFA- Curs de perfecționare arbitrii internaționali FIFA arbitrii de fotbal 31-2 febr. Atena 2025	0.5x1	0.5
I26.3	Lector - UEFA- Curs de perfecționare arbitrii internaționali FIFA arbitrii de fotbal Cipru 2024	0.5x1	0.5
I26.4	Lector - UEFA- Curs de perfecționare arbitrii internaționali FIFA arbitrii de fotbal 26-28 august Geneva 2024	0.5x1	0.5
I26.5	Lector - UEFA- Curs de perfecționare arbitrii internaționali FIFA arbitrii de fotbal Bucharest 2023	0.5x1	0.5
I26.6	Lector - UEFA- Curs de perfecționare arbitrii internaționali FIFA arbitrii de fotbal Geneva 2022	0.5x1	0.5
I26.7	Lector - UEFA- Curs de perfecționare arbitrii internaționali FIFA arbitrii de fotbal Nyon 2021 –(7-14 Mai/ 19-26 Octombrie) - 2 activități- 2021	0.5x1	0.5
I26.8	Lector - UEFA- Curs de perfecționare antrenorilor fitness pentru arbitrii de fotbal Online 2021 (15-17 martie) – 1 activitate	0.5x1	0.5
I26.9	Lector - UEFA- Curs de perfecționare antrenorilor fitness pentru	0.5x1	0.5

	arbitrii de fotbal Viena 2020 – 1 activitate		
I26.10	Lector - UEFA- Curs de perfectionare arbitrii internationali FIFA arbitrii de fotbal Nyon 2019 –(2-11 Aprilie/ 19-26 Septembrie) - 2 activități- 2019	0.5x1	0.5
I26.11	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Belgrad-Serbia 2018 – 1 activitate	0.5x1	0.5
I26.12	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Sofia-Bulgaria 2018 – 1 activitate	0.5x1	0.5
I26.13	Lector - UEFA- Curs de perfectionare arbitrii internationali FIFA arbitrii de fotbal Nyon 2018 –(3-12 Martie/ 7-14 Septembrie) - 2 activități	1x1	1
I26.14	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Vilnius Lituania 2017 – 1 activitate	0.5x1	0.5
I26.15	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal San Marino 2016 – 1 activitate	0.5x1	0.5
I26.16	Lector - UEFA- Curs de perfectionare arbitrii internationali FIFA arbitrii de fotbal Nyon 2016 –(3-12 Martie/ 7-14 Septembrie) - 2 activități	1x1	1
I26.17	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Tirana 2015 – 1 activitate	0.5x1	0.5
I26.17	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Belfast 2014 – 1 activitate	0.5x1	0.5
I26.19	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Cipru 2013 – 1 activitate	0.5x1	0.5
I26.17	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Barcelona 2012 – 1 activitate	0.5x1	0.5
I26.19	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Dusseldorf 2011 – 1 activitate	0.5x1	0.5
	Lector - UEFA- Curs de perfectionare antrenorilor fitness pentru arbitrii de fotbal Madrid 2010 – 1 activitate	0.5x1	0.5
		Total	10.5
I27	Director al unui grant finanțat / instituția coordonată I27.1 Director grant de cercetare cu relevanță publică largă obținut prin competiție internațională, acordat de către o agenție / instituție internațională ($m = 3$) I27.2. A. Director grant de cercetare cu relevanță publică largă obținut prin competiție națională / B. Coordonator echipă România pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție internațională ($m = 1$) I27.3. A. Director sau coordonator partener al unui grant de dezvoltare instituțională (de exemplu tip POSDRU, Erasmus + etc.) / B. Director sau coordonator partener al unui grant de cercetare cu relevanță specifică (de exemplu finanțat de către o companie), obținut prin competiție națională sau internațională / C. Coordonator partener pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție națională ($m = 0.5$)	9 x m TOTAL = 4.5	Grant
I27.3 B	Coordonator partener in Proiectul „Cercetator, viitor antreprenor – Noua Generatie” cod 123793/ POCU (2019-2021)	0.5	4.5
		Total	4.5
I28	Membru în echipa unui grant finanțat / instituția coordonată I28.1 Membru în echipa unui grant de cercetare cu relevanță publică largă obținut prin competiție internațională sau națională ($m = 1$) I28.2. Membru în echipa unui grant de cercetare cu relevanță specifică sau a unui grant de dezvoltare instituțională obținut prin	3 x m TOTAL = 6	Grant

	competiție internațională sau națională ($m = 0,5$)		
I28.2.1	Membru în proiect Rose - ROSE AG 182/SGNU/NC/II – 2020-2021	3 x 0.5	1.5
I28.2.2	Proiectului "Craiova Capitală Europeană a Sportului Universitatea din Craiova, Federația Română de Fotbal, Asociația Sportivă Pro Efs Crioiva Monea Dan/membru echipa, 18.500 RON, 2016-2017	3 x 0.5	1.5
I28.2.3	Membru al Societății Medicale Romane de Educație Fizică și Sport în cadrul SMREFS pe parcursul anului 2016	3 x 0.5	1.5
I28.2.4	Membru în comisia de organizare a competiției naționale "Gabriela Szabo RUNFEST" ediția a XII –Bistrița 6.05.2017	3 x 0.5	1.5
I28.2.5	Membru în comisia de organizare etapa națională Olimpiadei Gimnaziilor, faza națională, 20-21.5 2017	3 x 0.5	1.5
		Total	6.25
I29	Activitate de mentorat / îndrumare 29.1. Conducător științific / membru în comisia de îndrumare sau de evaluare a tezelor de doctorat (punctajul total la 29.1 este plafonat la maximum 10 puncte) 29.2. Mentor cu rol oficial de îndrumare a unor cercetători postdoctorali	1 / 0.5 1 TOTAL = 6	Doctorand / comisie Îndrumat
I29.1.1	Conducător științific: dr Rares Nicoara 2025	1	
	Conducător științific: dr Alex Enache 2025	1	
	Conducător științific: dr Costache Radu 2025	1	
	Conducător științific: dr Barabasi Timea 2025	1	
	Conducător științific: dr Macarie Liudmila 2025	1	
	Conducător științific: dr Maya Corman 2025	1	
	Conducător științific: dr Rusu Ioan 2025	1	
	Conducător științific: dr Chelaru Hajnal 2025	1	
	Conducător științific: dr Tura Daniel 2025	1	
	Conducător științific: dr Matei Linda 2025	1	
	Conducător științific: dr Rares Nicoara 2024	1	
	Conducător științific: dr Alex Enache 2024	1	
	Conducător științific: dr Costache Radu 2024	1	
	Conducător științific: dr Barabasi Timea 2024	1	
	Conducător științific: dr Macarie Liudmila 2024	1	
	Conducător științific: dr Maya Corman 2024	1	

	Conducator stiintific: dr Rusu Ioan 2024	1	
	Conducator stiintific: dr Chelaru Hajnal 2024	1	
	Conducator stiintific: dr Tura Daniel 2024	1	
	Conducator stiintific: dr Matei Linda 2024	1	
	Conducator stiintific: dr Miron Florin 2024	1	
	Conducator stiintific: dr Pirjol Ionut 2024	1	
	Conducator stiintific: dr Strava Cosmin 2024	1	
	Conducator stiintific: dr Retmayer Erik 2024	1	
	Conducator stiintific: dr Rares Nicoara 2023	1	
	Conducator stiintific: dr Alex Enache 2023	1	
	Conducator stiintific: dr Costache Radu 2023	1	
	Conducator stiintific: dr Barabasi Timea 2023	1	
	Conducator stiintific: dr Macarie Liudmila 2023	1	
	Conducator stiintific: dr Maya Corman 2023	1	
	Conducator stiintific: dr Rusu Ioan 2023	1	
	Conducator stiintific: dr Chelaru Hajnal 2023	1	
	Conducator stiintific: dr Tura Daniel 2023	1	
	Conducator stiintific: dr Matei Linda 2023	1	
	Conducator stiintific: dr Miron Florin 2023	1	
	Conducator stiintific: dr Haisan Petronela 2023	1	
	Conducator stiintific: dr Pirjol Ionut 2023	1	
	Conducator stiintific: dr Strava Cosmin 2023	1	
	Conducator stiintific: dr Retmayer Erik 2023	1	
	Conducator stiintific: dr Rares Nicoara 2022	1	
	Conducator stiintific: dr Alex Enache 2022	1	
	Conducator stiintific: dr Costache Radu 2022	1	
	Conducator stiintific: dr Barabasi Timea 2022	1	
	Conducator stiintific: dr Maya Corman 2022	1	
	Conducator stiintific: dr Rusu Ioan 2022	1	

	Conducator stiintific: dr Chelaru Hajnal 2022	1	
	Conducator stiintific: dr Tura Daniel 2022	1	
	Conducator stiintific: dr Costache Radu 2022	1	
	Conducator stiintific: dr Haisan Petronela 2022	1	
	Conducator stiintific: dr Miron Florin 2022	1	
	Conducator stiintific: dr Pirjol Ionut 2022	1	
	Conducator stiintific: dr Strava Cosmin 2022	1	
	Conducator stiintific: dr Retmayer Erik 2022	1	
	Conducator stiintific: dr Rares Nicoara 2021	1	
	Conducator stiintific: dr Alex Enache 2021	1	
	Conducator stiintific: dr Miron Florin 2021	1	
	Conducator stiintific: dr Costache Radu 2021	1	
	Conducator stiintific: dr Chelaru Hajnal 2021	1	
	Conducator stiintific: dr Haisan Petronela 2021	1	
	Conducator stiintific: dr Pirjol Ionut 2021	1	
	Conducator stiintific: dr Strava Cosmin 2021	1	
	Conducator stiintific: dr Retmayer Erik 2021	1	
	Conducator stiintific: dr Rares Nicoara 2020	1	
	Conducator stiintific: dr Alex Enache 2020	1	
	Conducator stiintific: dr Chelaru Hajnal 2020	1	
	Conducator stiintific: dr Haisan Petronela 2020	1	
	Conducator stiintific: dr Pirjol Ionut 2020	1	
	Conducator stiintific: dr Strava Cosmin 2020	1	
	Conducator stiintific: dr Retmayer Erik 2020	1	
	Conducator stiintific: dr Rares Nicoara 2019	1	
	Conducator stiintific: dr Haisan Petronela 2019	1	
	Conducator stiintific: dr Macarie Dan 2019	1	
	Conducator stiintific: dr Haisan Petronela 2018	1	
	Conducator stiintific: dr Macarie Dan 2018	1	

	Conducător științific - drd Macarie Dan -2018	1	1
	Conducător științific – drd Hăisan Petronela - 2018	1	1
	Conducător științific – drd Parjol Ionut - 2018	1	1
	Conducător științific – drd Strava Cosmin - 2018	1	1
	Conducător științific – drd Hans Reitmaier - 2018	1	1
	Membru comisie sustinere publica – Datcu Remus – 2024- UVT		
	Membru comisie sustinere publica – Petra Magyar_ 2024 -UVT		
	Membru comisie sustinere publica – Croitoru Iustin – 2023- UNEFS		
	Membru comisie sustinere publica – dr Pop Rodica cas Prodan - 2021	1	1
	Presedinte comisie sustinere publica – dr Rozsnay Radu - 2020	1	1
	Presedinte comisie sustinere publica – dr. Milo Navot 2019	1	1
	Presedinte comisie sustinere publica – dr. Yifat Shalem Zafari 2019	1	1
I29.1.7			
I29.1.8			
I29.1.9			
I29.1.10			
I29.1.11			
I29.1.12			
I29.1.13			
I29.1.14			

I29.1.15			
I29.1.16			
I29.1.17			
I29.1.18			
I29.1.19			
I29.1.20			
I29.1.21			
I29.1.22	Monea Dan Scoala Doctorală FEFS -Membru in comisie de îndrumare – Nicoara Rares -2020	0.5	0.5
I29.1.23	Monea Dan Scoala Doctorală FEFS -Membru in comisie de îndrumare – Rosznay Radu -2020	0.5	0.5
I29.1.24	Monea Dan Scoala Doctorală FEFS -Membru in comisie de îndrumare – Hăisan Petronela -2020	0.5	0.5
I29.1.25	Monea Dan Scoala Doctorală FEFS -Membru in comisie de îndrumare – Hăisan Petronela -2019	0.5	0.5
I29.1.26	Monea Dan Scoala Doctorală FEFS -Membru in comisie de îndrumare – Macarie Dan -2019	0.5	0.5
I29.1.27	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Fortunate Shitole 2019	0.5	0.5
I29.1.28	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Malka Iris 2019	0.5	0.5
I29.1.29	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Holubiac Iulian Stefan -2019	0.5	0.5
I29.1.30	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Rozsnyai Radu - 2019	0.5	0.5
I29.1.31	Monea Dan Scoala Doctorală FEFS -Membru comisie evaluare	0.5	0.5

	teză doctorat – Navot Milo - 2018		
I29.1.31	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Holubiac Iulian Stefan - 2018	0.5	0.5
I29.1.33	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Fortunate Sithole - 2018	0.5	0.5
I29.1.34	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Rozsnyai Radu - 2018	0.5	0.5
I29.1.35	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Iris Malka - 2018	0.5	0.5
I29.1.36	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Rozsnyai Radu - 2017	0.5	0.5
I29.1.37	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Parjol Dan Ionut - 2017	0.5	0.5
I29.1.38	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Muresan Dorin Alexandru - 2017	0.5	0.5
I29.1.39	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Iris Malka - 2017	0.5	0.5
I29.1.40	Monea Dan , Scoala doctorala FEFS, Conducator stiintific: Strava Cristian Cosmin - 2017	0.5	0.5
I29.1.41	Monea Dan , Scoala doctorala FEFS, Conducator stiintific: Pirjol Dan-Ionut - 2017	0.5	0.5
I29.1.42	Monea Dan , Scoala doctorala FEFS, Conducator stiintific: Reitmayer Hans-Eric - 2017	0.5	0.5
I29.1.43	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Moisa Antonel Adrian - 2016	0.5	0.5
I29.1.44	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Pirjol Dan-Ionut - 2016	0.5	0.5
I29.1.45	Monea Dan , Scoala doctorala FEFS, membru in comisii de indrumare la: Milo Navot - 2016	0.5	0.5
I29.1.46	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2021	1	1
I29.1.47	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2020	1	1
I29.1.48	Expert cercetare Proiect POCU 123793 – Cercetator, viitor antreprenor – Noua Generatie - 2019	1	1
		Total	36
I30	30.1. Inițierea sau coordonarea unor programe de studii universitare sau post-universitare	2	Program

	30.2. Introducerea unor discipline noi în planul de învățământ	0.5	Disciplină
I31	Coordonarea unui centru sau laborator de cercetare, recunoscut de către Senatul Universității sau Consiliul Științific al Institutului de cercetare	2	Centru
I32	Evaluator proiecte / membru în Panel în competiții internaționale ($m = 3$) / naționale ($m = 1$) de granturi de cercetare	1 x m	Ediție competiție
I33	Membru în grupul de experți 33.1. Comisii / consilii științifice sau organisme internaționale (de exemplu UNESCO, UNICEF, CIO, Federații internaționale pe ramuri de sport etc.) ($m = 3$) 33.2. Comisii / consilii științifice sau organisme naționale (CNATDCU, CNCS, ANCS, ARACIS sau alt grup de lucru consultativ / de lucru la nivelul MENCS sau la nivel interministerial, alcătuit ca urmare a unui ordin emis de MENCS sau de către un alt for ministerial ($m = 1$))	1 x m TOTAL = 7	Comisie
I33.1.1	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2024	1x3	3
	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2023	1x3	3
I33.1.2	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2022	1x3	3
I33.1.3	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2021	1x3	3
I33.1.4	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2020	1x3	3
I33.1.5	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2019	1x3	3
I33.1.6	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2018	1x3	3
I33.1.7	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2017	1x3	3
I33.1.8	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2015	1x3	3
I33.1.9	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2014	1x3	3
I33.1.10	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2013	1x3	3
I33.1.11	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2012	1x3	3
I33.1.12	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2011	1x3	3
I33.1.13	Membru al Comisiei Europene de Fotbal UEFA- instructor International fitness pentru arbitrii de fotbal - 2011	1x3	3
		Total	39
I34	Furnizarea de servicii pentru beneficiarii externi ai instituției (cursuri sau programe de formare / perfecționare profesională în domeniu)	0.5	Pe curs avizat
I35	35.1. Antrenor emerit / profesor emerit / maestru emerit al sportului / arbitru internațional / comisar / observator (se iau în calcul doar calitățile existente la data înscrierii în concurs) 35.2. Premii pentru activitatea sportivă acordate de către instituții 3 / 2 / 2 Pe titlu / premiu / activitate naționale (MTS, MENCS, COSR) sau internaționale 35.3. Performanțe ale sportivilor antrenați (JO, CM, JMU –	3 / 2 / 2	Pe titlu / premiu / activitate

	locurile 1- 5; CE, CN – locurile 1), creații pe linia sportului de performanță, recuperării motrice și funcționale, kinetoterapiei și kinetoprofilaxie (linii metodice / metodologii / strategii de pregătire pe ramuri de sport / probă sportivă recunoscute în comunitatea de specialiști / federații pe ramuri de sport); programe de profilaxie și recuperare prin mijloace kinetice pentru diferite categorii de populație / grupe de vârstă / grupe profesionale / patologii) recunoscute de organisme profesionale și / sau științifice naționale și internaționale.		
I35.1.1	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2025	1	2
I35.1.2	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2024	1	2
I35.1.3	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2023	1	2
I35.1.4	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2022	1	2
I35.1.5	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2021	1	2
I35.1.6	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2020	1	2
I35.1.7	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2019	1	2
I35.1.8	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2018	1	2
I35.1.9	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2017	1	2
I35.1.10	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2015	1	2
I35.1.11	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2014	1	2
I35.1.12	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2013	1	2
I35.1.13	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2014	1	2
I35.1.14	Monea Dan – Observator Federal pentru arbitrii de fotbal – Liga a II-a 2012	1	2
I35.31	Campionatul National Universitar de Fotbal Feminin Editia a IV-a locul I - 2019	1	2

I35.32	Campionatul National Universitar de Fotbal Feminin Editia a II-a – Locul I - 2018	1	2
I35.33	Campionatul National Universitar de Fotbal Feminin Editia a II-a – Locul II - 2017	1	2
		Total I35	34

STANDARDE MINIMALE PENTRU DOMENIUL EDUCAȚIE FIZICĂ ȘI SPORT

Aria A 1	Criteriu	Indicatori esențiali / suma indicatorilor	Standard minimal conferențiar / CS IIv	Standard minimal profesor / CS I / abilitare	Punctaj realizat de candidat
Realizări științifice (A 1)	C1	I1	4	6	14
	C2	I3+I4	15	24	27
	C3	Total A1 (I1+...+I15)	55	65	215.75
Vizibilitate și impact (A 2)	C4	I16	2	4	17.5
	C5	I27	-	4	4.5
	C6	Total A2 (I16+...+I35)	25	55	230.05
	C7	Total general	80	120	445.8

Data:
22.01.2026

Conf.univ. Dr. Dan MONEA

