

Europass Curriculum Vitae

Personal Information

- **Name:** SANDOR IOSIF
- **Address:** Cluj-Napoca, Romania
- **E-mail:** iosif.sandor@ubbcluj.ro
- **Nationality:** Hungarian
- **Date of birth:** 10.04.1960, Braşov
- **Gender:** Male

Current Workplace / Occupational Field

Babeş-Bolyai University, Cluj-Napoca, Faculty of Physical Education and Sport,
Pandurilor Street no. 7 / **Research – Doctoral School**

Professional Experience

- **Since 29.09.2025** – *Retired, Associate Teaching Staff*
Employer: Babeş-Bolyai University, Cluj-Napoca (after retirement)
Type of business or sector: Higher education
- **08.08.2018 – present** – *Habilitated University Professor, Doctoral School, Faculty of Physical Education and Sport, Cluj-Napoca*
Main activities and responsibilities: Teaching and research (doctoral supervision)
Employer: Babeş-Bolyai University, Cluj-Napoca
Type of business or sector: Higher education
- **2014 – 2018** – *University Professor, PhD (tenured)* – Department of Kinetotherapy and Theoretical Disciplines
Main activities and responsibilities: Teaching activity
Employer: Babeş-Bolyai University, Cluj-Napoca
Type of business or sector: Higher education
- **2009 – 2014** – *Associate Professor, PhD (tenured)* – Department of Kinetotherapy and Theoretical Disciplines
Main activities and responsibilities: Teaching activity
Employer: Babeş-Bolyai University, Cluj-Napoca
Type of business or sector: Higher education
- **1997 – 2009** – *Lecturer (University Lecturer, tenured)*
Main activities and responsibilities: Teaching activity
Employer: Babeş-Bolyai University, Cluj-Napoca
Type of business or sector: Higher education

- **18.01.2005 – 18.06.2005 – Visiting Professor**
Main activities and responsibilities: Teaching activity
Employer: Plymouth State University, Plymouth, New Hampshire, USA
Type of business or sector: Higher education
- **1986 – 1997 – Teacher-Coach**
Main activities and responsibilities: Teaching and athletic training activity
Employer: Sports High School (“Liceul cu Program Sportiv”), Bistrița
Type of business or sector: Pre-university education
- **1984 – 1986 – Coach**
Main activities and responsibilities: Sports training of children and junior athletes
Employer: “Gloria” Bistrița Sports Club
Type of business or sector: Youth sports (children and juniors coaching)

Teaching Activity

Doctoral Studies Level

- **Bio-psychopedagogy of the development and improvement of motor capacity** (2022 – 2025, course + seminar)
- **Ethics and academic integrity in research** (2023 – 2026, course + seminar, taught in English)

Bachelor’s Level

- **General Foundations of Sports Training** – *taught in Hungarian* (2015 – 2025)
- **Techniques and Methods for Developing Motor Abilities** – *taught in Hungarian* (2014 – 2025)
- **Techniques and Methods for Developing Motor Abilities** – *taught in Romanian* (2014 – 2025)
- **Theory and Methodology of Physical Education and Sport** – (*taught in Hungarian 1997 – 2008; in Romanian 2008 – 2025*)
- **Alpine Skiing** – *taught in Hungarian* (1997 – 2025)
- **Didactics of the Specialty** – (*Psycho-Pedagogical Module I, taught in Hungarian, 1998 – 2025*)
- **Didactics of the Specialty** – (*Psycho-Pedagogical Module II, taught in Hungarian, 2008 – 2025*)
- **Kinesiology** – *taught in Romanian* (2013 – 2015)
- **Tourism – Practical Application** – *taught in Hungarian*
- **Observational Teaching Practice** – *taught in Hungarian*
- **Athletics – Practical Lessons** – (*1997 – 2005, taught in Hungarian*)
- **Dynamic Games** – (*2000 – 2005, taught in Romanian*)

- **Physical Education** – (2002 – 2005, *taught in Hungarian*) – Sapientia University, Cluj-Napoca
- **Elementary Classroom Teachers as Movement Educators** – (2005, *Plymouth State University, USA*)
- **Human Motor Development – a lifespan approach** – (2005, *Plymouth State University, USA*)
- **Tennis** – (2005, *Plymouth State University, USA*)
- **Track and Field** – (2005, *Plymouth State University, USA*)
- **Alpine Skiing** – (2005, *Plymouth State University, USA*)
- **Teaching staff mobility (Erasmus)** – Alpine Skiing (2007, 2012, 2024, 2025 – *Abant İzzet Baysal University, Bolu, Turkey*)

Master's Level

- **Master EFAT, UBB:** Curricular Design in Physical Education (2008 – 2025)
- **Master EFAT, UBB:** Influence of environmental factors on the human body in leisure activities (2013 – 2025)
- **Master MOAS, UBB:** Organization and coordination of “sport for all” activities (*ongoing*)
- **Master MOAS, UBB:** Management of physical education and school sport activities (*ongoing*)
- **Master TSAPE, UBB – Faculty of Geography (Bistrița Extension):** Characteristics of effort and methodologies for its optimization according to environmental conditions (*course + seminar in English*)
- **Master of Nutrition Sciences, UBB – Faculty of Biology and Geology:** Nutrition and Fitness (2010 – 2025)
- **Theory and Methodology of Instruction at Preschool Age** (2013 – 2019)
- **Education and Health** (2008 – 2015)
- **Ontogenesis of Movement** (2008 – 2014)
- **Teaching staff mobility (Erasmus)** – University of Rome “Foro Italico”, Italy (2018, 2021, 2022, 2023, 2024, 2025)

Scientific Activity

- **PhD theses supervised:** 8
- **Books published (recognized publishing houses):** 9
- **Books published as co-author:** 2
- **Chapters in collective volumes:** 3
- **Articles published in WoS/ISI, ERIH+ indexed journals:** 9 / 17 / 20
- *Web of Science author profile:* [AAO-2638-2020](#)
- **Papers in international journals and conference proceedings:** 44

- **Member of the National Commission for Attestation of University Titles, Diplomas and Certificates (CNATDCU):** 2024 – 2028
- **Habilitated PhD Supervisor:** 2018 – present
- **Member of the International Research Group on E-Learning and Innovative Education (IRGELIE),** University of Rome “Foro Italico,” Italy: 2016 – 2025
- **Member of the institutional national research project:** “*Inter-city Territorial Planning Plan: Sinaia–Bușteni–Azuga–Predeal–Râșnov–Brașov*” (nationally funded)
- **Member of the Interdisciplinary Research Center in Physical Education and Sport (ICEFS)**
- **Regional Director of the international research project “Cross-cultural Extension of Project STIL”:** 2005 – 2025
- **Member of PhD thesis advisory committees:** 2018 – present

Education and Training

- **2010, 2011, 2017, 2020:** Training Certificates in management and methodology of distance learning (ID) and part-time learning (IFR) – ARACIS (Romanian Agency for Quality Assurance in Higher Education)
- **2002:** Professional Classification Certificate – *Alpine Skiing Coach* (Ministry of Youth and Sport, National Center for Training and Development of Coaches) – Category IV
- **1998 – 2002: Doctorate (Ph.D.) in Geography** – specialization in Rural Geography, Babeș-Bolyai University, Cluj-Napoca (Faculty of Geography) – *awarded title: Doctor in Rural Geography*
- **1993:** Postgraduate Advanced Studies in Physical Education and Sport – National Academy of Physical Education and Sport (ANEFS), Bucharest – *Equivalent to Master’s Degree*
- **1983 – 1984:** Postgraduate Specialization in Physical Education and Sport (Athletics specialization) – Institute of Physical Education and Sport (IEFS), Bucharest – *Postgraduate specialization certificate*
- **1979 – 1983:** Bachelor’s Degree in Physical Education and Sport (Athletics specialization) – Institute of Higher Education, Bacău (Faculty of Technical and Pedagogical Education) – *Licensed (Bachelor’s) Diploma*
- **1975 – 1979:** Baccalaureate Diploma (Pedagogical profile with Physical Education and Sport specialization) – Pedagogical High School (Physical Education classes), Brașov – *High school studies*

Personal Skills and Competences

- **Mother tongue:** Hungarian
- **Foreign languages:** English, French, Spanish, Italian

(Self-assessment – Common European Framework of Reference for Languages)

Skill	English	French	Spanish	Italian
Listening	C1 (Good)	B1 (Satisfactory)	B1 (Satisfactory)	B1 (Satisfactory)
Reading	C2 (Very Good)	C1 (Good)	C1 (Good)	C1 (Good)
Spoken Interaction	C1 (Good)	A2 (Satisfactory)	A2 (Satisfactory)	A2 (Satisfactory)
Spoken Production	C1 (Good)	A2 (Satisfactory)	A2 (Satisfactory)	A2 (Satisfactory)
Writing	C1 (Good)	A2 (Satisfactory)	A2 (Satisfactory)	A2 (Satisfactory)

Social skills and competences

Ability to **assume responsibly the social role** of academic teaching staff involved in the development and implementation of cooperation projects (research and training).

Organizational skills and competences

- **Director of Part-Time (IFR) Studies** – (2016 – 2025)
- **Head of Part-Time Studies** – (2009 – 2016)
- **Director of Full-Time Master's Program** – (2012 – 2015)
- **Director of EFFAT (Distance Learning) Master's Program** – (2009 – 2012)
- **Organizer of International Scientific Conferences** – (2006 – 2014)
- **Responsible for FC-LL** (continuing education, part-time learning) **within CFCIDFR** for the Faculty of Physical Education and Sport – (2010 – 2025)
- **International Relations Coordinator** – Faculty of Physical Education and Sport (2000 – 2010)

Technical skills and competences

Proficient in the use of office equipment, as well as use of the Internet and multimedia devices.

Computer skills and competences

Skilled in information processing using Microsoft Word, Excel, SPSS, PowerPoint.

Artistic skills and competences

None specified.

Other skills and competences

- Appearances on TV programs: Transilvania Live (formerly NCN) – 2008; Someș TV – Jan 13, 2014.

- Sports reporter at “Radio XXI” Bistrița (April 1995 – May 1997).
- Sports journalist at *Actualitatea de Bistrița-Năsăud* newspaper (Aug 1996 – May 1997).
- Strong scientific and teaching competences: methodological, communication/relational, evaluation.
- External evaluator expert for **ARACIS** (quality assurance agency) – evaluating distance learning study programs (2011 – 2025).
- Member of the commission for filling guidance and control positions at the Covasna County School Inspectorate (MEC Decision no. 296/2002).
- Trainer for in-service teacher training sessions at Covasna County School Inspectorate (2010) and Harghita County School Inspectorate (year not specified).
- International athletics referee, **AJA Cluj** (2006 – 2025).
- Supervised student papers at the Scientific Conferences of Hungarian Students in Transylvania (TDK) organized by UBB (2002 – 2005).
- Supervised student papers for annual scientific communication sessions (Bachelor’s and Master’s level), UBB/FEFS.
- Supervisor of methodological-scientific papers for obtaining the First Didactic Degree (highest teaching certification).
- Chair of the commission for inspections to obtain the First Didactic Degree.

Driving license: Category B

Additional Information

Awards and Recognitions

Recognitions:

- Invitation in **Teaching Staff** mobility programs (20 occasions) under the SOCRATES/ERASMUS program (2001 – 2024) at prestigious European universities.
- Coordinator of International Relations Programs (SOCRATES/ERASMUS/LLP) within the Faculty of Physical Education and Sport (2000 – 2010).
- Established bilateral agreements with 24 universities in Europe (2000 – 2010).
- Invited speaker at international scientific conferences – **Keynote speaker** (4 occasions).
- 2025ed papers at international scientific conferences (20 occasions).
- Invited speaker at national scientific conferences (2 occasions).

Awards:

- **UBB Scientific Research Excellence Award** – 2020
- **UBB Scientific Research Excellence Award** – 2018
- **UBB Teaching Excellence Diploma** – 2005

- **UBB Scientific Research Excellence Award** – 2009
- **Diploma of Excellence** – “George Mocianu” Symposium (MECTS, Cluj County School Inspectorate) – 2011

Memberships in Professional/Scientific Associations

International memberships

- Member of the Scientific Committee for the “*Biblioteca 20*” Geographic Studies Series, **Sette Città** Publishing, Viterbo, Italy (2012 – 2025)
- Member of the editorial committee, **Edizioni Nuova Cultura**, Rome, Italy (2011 – 2025)

National memberships

- Member of the **Sports Science Council of Romania** (1998 – 2025)
- Member of the **Romanian Medical Society of Physical Education and Sport**
- Member of the **Romanian Society of Physiology (SRF)** – affiliated to the European Federation of Physiological Societies (FEPS) and the International Union of Physiological Sciences (IUPS)
- Member of the “**Oxidative Stress in Medicine**” Association (**ASOM**)

Editorial and Scientific Committees

- Member of the scientific committees of specialty journals recognized by the academic community
- *Editorial Secretary* of “*Studia Educatio Artis Gymnasticae*” journal (2001 – 2004)

University Committees (Babeş-Bolyai University)

- Committee for evaluation and awarding of credits
 - Committee for study programs (Hungarian line of study)
 - Committee for pedagogical practice
 - Committee for filling junior academic positions (preparator, assistant, lecturer)
 - Specialty committee for obtaining the “Definitive” Didactic Degree (teaching certification)
 - Specialty committee for obtaining the “Second Didactic Degree”
 - Inspectorate committees for obtaining the “First Didactic Degree”
 - Committee for the Bachelor’s graduation exam
 - Committee for evaluating papers for occupying academic teaching positions
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