

# Europass Curriculum Vitae

## Personal Information

- **Name:** SANDOR IOSIF
- **Address:** Cluj-Napoca, Romania
- **E-mail:** iosif.sandor@ubbcluj.ro
- **Nationality:** Hungarian
- **Date of birth:** 10.04.1960, Brașov
- **Gender:** Male

## Current Workplace / Occupational Field

**Babeș-Bolyai University, Cluj-Napoca**, Faculty of Physical Education and Sport,  
Pandurilor Street no. 7 / **Research – Doctoral School**

## Professional Experience

- **Since 29.09.2025 – Retired, Associate Teaching Staff**  
**Employer:** Babeș-Bolyai University, Cluj-Napoca (after retirement)  
**Type of business or sector:** Higher education
- **08.08.2018 – present – Habilitated University Professor**, Doctoral School, Faculty of Physical Education and Sport, Cluj-Napoca  
**Main activities and responsibilities:** Teaching and research (doctoral supervision)  
**Employer:** Babeș-Bolyai University, Cluj-Napoca  
**Type of business or sector:** Higher education
- **2014 – 2018 – University Professor, PhD (tenured)** – Department of Kinetotherapy and Theoretical Disciplines  
**Main activities and responsibilities:** Teaching activity  
**Employer:** Babeș-Bolyai University, Cluj-Napoca  
**Type of business or sector:** Higher education
- **2009 – 2014 – Associate Professor, PhD (tenured)** – Department of Kinetotherapy and Theoretical Disciplines  
**Main activities and responsibilities:** Teaching activity  
**Employer:** Babeș-Bolyai University, Cluj-Napoca  
**Type of business or sector:** Higher education
- **1997 – 2009 – Lecturer (University Lecturer, tenured)**  
**Main activities and responsibilities:** Teaching activity  
**Employer:** Babeș-Bolyai University, Cluj-Napoca  
**Type of business or sector:** Higher education

- **18.01.2005 – 18.06.2005 – Visiting Professor**  
**Main activities and responsibilities:** Teaching activity  
**Employer:** Plymouth State University, Plymouth, New Hampshire, USA  
**Type of business or sector:** Higher education
- **1986 – 1997 – Teacher-Coach**  
**Main activities and responsibilities:** Teaching and athletic training activity  
**Employer:** Sports High School (“Liceul cu Program Sportiv”), Bistrița  
**Type of business or sector:** Pre-university education
- **1984 – 1986 – Coach**  
**Main activities and responsibilities:** Sports training of children and junior athletes  
**Employer:** “Gloria” Bistrița Sports Club  
**Type of business or sector:** Youth sports (children and juniors coaching)

## Teaching Activity

### Doctoral Studies Level

- **Bio-psychopedagogy of the development and improvement of motor capacity** (2022 – 2025, course + seminar)
- **Ethics and academic integrity in research** (2023 – 2026, course + seminar, taught in English)

### Bachelor's Level

- **General Foundations of Sports Training** – taught in Hungarian (2015 – 2025)
- **Techniques and Methods for Developing Motor Abilities** – taught in Hungarian (2014 – 2025)
- **Techniques and Methods for Developing Motor Abilities** – taught in Romanian (2014 – 2025)
- **Theory and Methodology of Physical Education and Sport** – (taught in Hungarian 1997 – 2008; in Romanian 2008 – 2025)
- **Alpine Skiing** – taught in Hungarian (1997 – 2025)
- **Didactics of the Specialty** – (Psycho-Pedagogical Module I, taught in Hungarian, 1998 – 2025)
- **Didactics of the Specialty** – (Psycho-Pedagogical Module II, taught in Hungarian, 2008 – 2025)
- **Kinesiology** – taught in Romanian (2013 – 2015)
- **Tourism – Practical Application** – taught in Hungarian
- **Observational Teaching Practice** – taught in Hungarian
- **Athletics – Practical Lessons** – (1997 – 2005, taught in Hungarian)
- **Dynamic Games** – (2000 – 2005, taught in Romanian)

- **Physical Education** – (2002 – 2005, taught in Hungarian) – Sapientia University, Cluj-Napoca
- **Elementary Classroom Teachers as Movement Educators** – (2005, Plymouth State University, USA)
- **Human Motor Development – a lifespan approach** – (2005, Plymouth State University, USA)
- **Tennis** – (2005, Plymouth State University, USA)
- **Track and Field** – (2005, Plymouth State University, USA)
- **Alpine Skiing** – (2005, Plymouth State University, USA)
- **Teaching staff mobility (Erasmus)** – Alpine Skiing (2007, 2012, 2024, 2025 – Abant Izzet Baysal University, Bolu, Turkey)

## Master's Level

- **Master EFAT, UBB:** Curricular Design in Physical Education (2008 – 2025)
- **Master EFAT, UBB:** Influence of environmental factors on the human body in leisure activities (2013 – 2025)
- **Master MOAS, UBB:** Organization and coordination of “sport for all” activities (ongoing)
- **Master MOAS, UBB:** Management of physical education and school sport activities (ongoing)
- **Master TSAPE, UBB – Faculty of Geography (Bistrița Extension):** Characteristics of effort and methodologies for its optimization according to environmental conditions (course + seminar in English)
- **Master of Nutrition Sciences, UBB – Faculty of Biology and Geology:** Nutrition and Fitness (2010 – 2025)
- **Theory and Methodology of Instruction at Preschool Age** (2013 – 2019)
- **Education and Health** (2008 – 2015)
- **Ontogenesis of Movement** (2008 – 2014)
- **Teaching staff mobility (Erasmus)** – University of Rome “Foro Italico”, Italy (2018, 2021, 2022, 2023, 2024, 2025)

## Scientific Activity

- **PhD theses supervised:** 8
- **Books published (recognized publishing houses):** 9
- **Books published as co-author:** 2
- **Chapters in collective volumes:** 3
- **Articles published in WoS/ISI, ERIH+ indexed journals:** 9 / 17 / 20
- **Web of Science author profile:** [AAO-2638-2020](#)
- **Papers in international journals and conference proceedings:** 44

- **Member of the National Commission for Attestation of University Titles, Diplomas and Certificates (CNATDCU):** 2024 – 2028
- **Habilitated PhD Supervisor:** 2018 – present
- **Member of the International Research Group on E-Learning and Innovative Education (IRGELIE),** University of Rome “Foro Italico,” Italy: 2016 – 2025
- **Member of the institutional national research project:** “*Inter-city Territorial Planning Plan: Sinaia–Bușteni–Azuga–Predeal–Râșnov–Brașov*” (nationally funded)
- **Member of the Interdisciplinary Research Center in Physical Education and Sport (ICEFS)**
- **Regional Director of the international research project “Cross-cultural Extension of Project STIL”:** 2005 – 2025
- **Member of PhD thesis advisory committees:** 2018 – present

## Education and Training

- **2010, 2011, 2017, 2020:** Training Certificates in management and methodology of distance learning (ID) and part-time learning (IFR) – ARACIS (Romanian Agency for Quality Assurance in Higher Education)
- **2002:** Professional Classification Certificate – *Alpine Skiing Coach* (Ministry of Youth and Sport, National Center for Training and Development of Coaches) – Category IV
- **1998 – 2002: Doctorate (Ph.D.) in Geography** – specialization in Rural Geography, Babeș-Bolyai University, Cluj-Napoca (Faculty of Geography) – *awarded title: Doctor in Rural Geography*
- **1993:** Postgraduate Advanced Studies in Physical Education and Sport – National Academy of Physical Education and Sport (ANEFS), Bucharest – *Equivalent to Master’s Degree*
- **1983 – 1984:** Postgraduate Specialization in Physical Education and Sport (Athletics specialization) – Institute of Physical Education and Sport (IEFS), Bucharest – *Postgraduate specialization certificate*
- **1979 – 1983:** Bachelor’s Degree in Physical Education and Sport (Athletics specialization) – Institute of Higher Education, Bacău (Faculty of Technical and Pedagogical Education) – *Licensed (Bachelor’s) Diploma*
- **1975 – 1979:** Baccalaureate Diploma (Pedagogical profile with Physical Education and Sport specialization) – Pedagogical High School (Physical Education classes), Brașov – *High school studies*

## Personal Skills and Competences

- **Mother tongue:** Hungarian
- **Foreign languages:** English, French, Spanish, Italian

*(Self-assessment – Common European Framework of Reference for Languages)*

<b>Skill</b>	<b>English</b>	<b>French</b>	<b>Spanish</b>	<b>Italian</b>
<b>Listening</b>	C1 (Good)	B1 (Satisfactory)	B1 (Satisfactory)	B1 (Satisfactory)
<b>Reading</b>	C2 (Very Good)	C1 (Good)	C1 (Good)	C1 (Good)
<b>Spoken Interaction</b>	C1 (Good)	A2 (Satisfactory)	A2 (Satisfactory)	A2 (Satisfactory)
<b>Spoken Production</b>	C1 (Good)	A2 (Satisfactory)	A2 (Satisfactory)	A2 (Satisfactory)
<b>Writing</b>	C1 (Good)	A2 (Satisfactory)	A2 (Satisfactory)	A2 (Satisfactory)

## Social skills and competences

Ability to **assume responsibly the social role** of academic teaching staff involved in the development and implementation of cooperation projects (research and training).

## Organizational skills and competences

- **Director of Part-Time (IFR) Studies** – (2016 – 2025)
- **Head of Part-Time Studies** – (2009 – 2016)
- **Director of Full-Time Master's Program** – (2012 – 2015)
- **Director of EFFAT (Distance Learning) Master's Program** – (2009 – 2012)
- **Organizer of International Scientific Conferences** – (2006 – 2014)
- **Responsible for FC-LL** (continuing education, part-time learning) **within CFCIDFR** for the Faculty of Physical Education and Sport – (2010 – 2025)
- **International Relations Coordinator** – Faculty of Physical Education and Sport (2000 – 2010)

## Technical skills and competences

Proficient in the use of office equipment, as well as use of the Internet and multimedia devices.

## Computer skills and competences

Skilled in information processing using Microsoft Word, Excel, SPSS, PowerPoint.

## Artistic skills and competences

None specified.

## Other skills and competences

- Appearances on TV programs: Transilvania Live (formerly NCN) – 2008; Someș TV – Jan 13, 2014.

- Sports reporter at “Radio XXI” Bistrița (April 1995 – May 1997).
- Sports journalist at *Actualitatea de Bistrița-Năsăud* newspaper (Aug 1996 – May 1997).
- Strong scientific and teaching competences: methodological, communication/relational, evaluation.
- External evaluator expert for **ARACIS** (quality assurance agency) – evaluating distance learning study programs (2011 – 2025).
- Member of the commission for filling guidance and control positions at the Covasna County School Inspectorate (MEC Decision no. 296/2002).
- Trainer for in-service teacher training sessions at Covasna County School Inspectorate (2010) and Harghita County School Inspectorate (year not specified).
- International athletics referee, **AJA Cluj** (2006 – 2025).
- Supervised student papers at the Scientific Conferences of Hungarian Students in Transylvania (TDK) organized by UBB (2002 – 2005).
- Supervised student papers for annual scientific communication sessions (Bachelor’s and Master’s level), UBB/FEFS.
- Supervisor of methodological-scientific papers for obtaining the First Didactic Degree (highest teaching certification).
- Chair of the commission for inspections to obtain the First Didactic Degree.

**Driving license:** Category B

## Additional Information

### Awards and Recognitions

#### Recognitions:

- Invitation in **Teaching Staff** mobility programs (20 occasions) under the SOCRATES/ERASMUS program (2001 – 2024) at prestigious European universities.
- Coordinator of International Relations Programs (SOCRATES/ERASMUS/LLP) within the Faculty of Physical Education and Sport (2000 – 2010).
- Established bilateral agreements with 24 universities in Europe (2000 – 2010).
- Invited speaker at international scientific conferences – **Keynote speaker** (4 occasions).
- 2025ed papers at international scientific conferences (20 occasions).
- Invited speaker at national scientific conferences (2 occasions).

#### Awards:

- UBB **Scientific Research Excellence Award** – 2020
- UBB **Scientific Research Excellence Award** – 2018
- UBB **Teaching Excellence Diploma** – 2005

- UBB **Scientific Research Excellence Award** – 2009
- **Diploma of Excellence** – “George Mocianu” Symposium (MECTS, Cluj County School Inspectorate) – 2011

## Memberships in Professional/Scientific Associations

### *International memberships*

- Member of the Scientific Committee for the “Biblioteca 20” Geographic Studies Series, **Sette Città** Publishing, Viterbo, Italy (2012 – 2025)
- Member of the editorial committee, **Edizioni Nuova Cultura**, Rome, Italy (2011 – 2025)

### *National memberships*

- Member of the **Sports Science Council of Romania** (1998 – 2025)
- Member of the **Romanian Medical Society of Physical Education and Sport**
- Member of the **Romanian Society of Physiology (SRF)** – affiliated to the European Federation of Physiological Societies (FEPS) and the International Union of Physiological Sciences (IUPS)
- Member of the **“Oxidative Stress in Medicine” Association (ASOM)**

### *Editorial and Scientific Committees*

- Member of the scientific committees of specialty journals recognized by the academic community
- *Editorial Secretary* of “*Studia Educatio Artis Gymnasticae*” journal (2001 – 2004)

## University Committees (Babeş-Bolyai University)

- Committee for evaluation and awarding of credits
- Committee for study programs (Hungarian line of study)
- Committee for pedagogical practice
- Committee for filling junior academic positions (preparator, assistant, lecturer)
- Specialty committee for obtaining the “Definitive” Didactic Degree (teaching certification)
- Specialty committee for obtaining the “Second Didactic Degree”
- Inspectorate committees for obtaining the “First Didactic Degree”
- Committee for the Bachelor’s graduation exam
- Committee for evaluating papers for occupying academic teaching positions