

**STANDARDE MINIMALE**  
**PENTRU PSIHOLOGIE, ȘTIINȚE ALE EDUCAȚIEI, EDUCAȚIE FIZICĂ ȘI SPORT**  
*Prof. univ.dr. Emilia Florina Grosu*  
**2013-2026**

**A 1. Realizări științifice**

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsură
<i>Realizări științifice semnificative în calitate de autor principal</i>			
<b>I 1</b>	<b>Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este maimare sau egal cu p, realizate în calitate de autor principal</b>	<b>3 + (3 x IF)</b>	<b>Articol</b>
	<p><b>Technology-Assisted Neuromotor Training for Improving Visuomotor Reaction Performance, Change-of-Direction Quickness, and Bilateral Task Execution in Junior Handball Players</b>, <i>Journal of Functional Morphology and Kinesiology</i>, 2026-01-20   Journal article, <a href="https://doi.org/10.3390/jfmk11010042">DOI: 10.3390/jfmk11010042</a></p> <p>Contributors: <b>Mircea Boncuț</b>; Nicola Mancini; Angel-Alex Hăisan; Delia Boncuț; <b>Emilia Florina Grosu</b>; Cornelia Popovici; Carlos Hervás-Gómez; Cristina Maria Man; Siria Mancini; Mariasole Antonietta Guerriero; Vlad Teodor Grosu</p>	3+ (3x 2.50) =10.5	<b>10.5</b>
	<p><b>The Impact of an Integrated ACT-Based Psychological Intervention (SmartACT) on Attention and Psychological Flexibility in Adolescent Student-Athletes</b>, <i>Applied Sciences</i>, 2026-01-13   Journal article, <a href="https://doi.org/10.3390/app16020825">DOI: 10.3390/app16020825</a></p> <p>Contributors: <b>Timea Madár Barabási</b>; Carmen Costea-Bărlutiu; Mircea-Nicolae Ordean; Nicola Mancini; Cornelia Popovici; Vlad Teodor Grosu; Alexandru Zadic; Rares-Mihai Pop; Dana Ioana Cristea; <b>Emilia Florina Grosu</b>; Emanuela Lucreția Barboni, Dan Monea.</p>	3+ (3x 2.50) =10.5	<b>10.5</b>
	<p><b>Mental conditioning and pulse oximetry monitoring in short-term training of alpine skiers aged 13–16 years</b>, <i>Pedagogy of Physical Culture and Sports</i>, 2025-12-30   Journal article, <a href="https://doi.org/10.15561/26649837.2025.0607">DOI: 10.15561/26649837.2025.0607</a></p> <p>Contributors: Vlad Teodor Grosu; Nicola Mancini; Radu Adrian Rozsnyai; Sonia Gabriela Neagu; Dan Monea; <b>Emilia Florina Grosu</b>; Tatiana Dobrescu; Carlos Hervás-Gómez; Cornelia Popovici.</p>	3+ (3x 1.50) =7.50	<b>7.50</b>
	<p><b>School-Based Proprioceptive and Plyometric Training Improves Balance in Students with Visual Impairment: A 12-Week Controlled Study</b>, <i>Disabilities</i> 2025-11-03   Journal article, <a href="https://doi.org/10.3390/disabilities5040101">DOI: 10.3390/disabilities5040101</a></p> <p>Contributors: <b>Mariasole Antonietta Guerriero</b>; Fiorenzo Moscatelli; Giovanni Messina; <b>Emilia Florina Grosu</b>; <b>Emese Ágnes Maniu</b>; <b>Valentin Alexandru Enache</b>; Vlad Teodor Grosu; Rita Polito; Marcellino Monda; Antonietta Messina; Claudia Casella; Paride Vasco; Nicola Mancini.</p>	3+ (3 x 1.4 ) = 7.20	<b>7.20</b>

<p><b>Effects of the SmartACT Intervention on Motor and Psychological Variables in Adolescent Athletes: A Controlled Trial Using BlazePod and Microgate, <i>Children</i></b>  2025-10-05   Journal article, <a href="https://doi.org/10.3390/children12101338">DOI: 10.3390/children12101338</a>  Contributors: <b>Barabási Madár Timea</b>; Costea-Bărluțiu Carmen; Ordean Mircea Nicolae; Mancini Nicola; Grosu Vlad Teodor; Sabău Anca Maria; Popovici Cornelia; Carlos Hervás-Gómez; <b>Grosu Emilia Florina</b>; Monea Dan.</p>	<p>3+ (3 x 2.1 ) = 9.3</p>	<p><b>9.30</b></p>
<p><b>Jump Rope Training Improves Muscular Strength and Cardiovascular Fitness in University Students: A Controlled Educational Intervention, <i>Sports</i>, 2025-09-05   Journal article, <a href="https://doi.org/10.3390/sports13090307">DOI: 10.3390/sports13090307</a></b>  Contributors: Sabău Anca Maria; Ordean Mircea Nicolae; <b>Mancini Nicola</b>; Alexandra Szara Szekely; Simon Sorin; Ianc Dorina; Carlos Hervás-Gómez; Popovici Cornelia; <b>Grosu Emilia Florina</b>; Grosu Vlad Teodor.</p>	<p>3+ (3 x 2.1 ) = 9.3</p>	<p><b>9.30</b></p>
<p><b>Improving Balance and Technical Skills of Young Alpine Skiers: Outcomes of a 10-Week Complex Dry-Land Training Program, <i>Applied Sciences</i></b>  2025-03-06   Journal article, <a href="https://doi.org/10.3390/app15052831">DOI: 10.3390/app15052831</a>  Contributors: <b>Alexandru Zadic</b>; Mircea-Nicolae Ordean; Dan Monea; <b>Vlad Teodor Grosu</b>; <b>Rareș-Mihai Pop</b>; Cornelia Popovici; <b>Emilia Florina Grosu</b>; Sorin Simon</p>	<p>3+ (3 x 2.5) = 10.5</p>	<p><b>10.50</b></p>
<p><b>The Effects of Small-Sided Games and Behavioral Interventions on the Physical and Motivational Outcomes of Youth Soccer Players, <i>International Journal of Environmental Research and Public Health</i>, 2022-10-29   Journal article, <a href="https://doi.org/10.3390/ijerph192114141">DOI: 10.3390/ijerph192114141</a></b>  Contributors: <b>Rareș-Mihai Pop</b>; <b>Vlad Teodor Grosu</b>; <b>Emilia Florina Grosu</b>; <b>Alexandru Zadic</b>; Liliana Mățâ; Tatiana Dobrescu.</p>	<p>3 + (3 x 5.4) = 19.2</p>	<p><b>19.2</b></p>
<p>Ethical principles in sport performance enhancement, <b>Craciun Marius</b>; <b>Siserman Costel</b>; <b>Petrehus Denisa</b>; <b>Grosu Emilia Florina</b>; <b>Dobosi Serban</b>.  <b>Revista Romana de Bioetica 9.3 (Jul/Sep 2011): n/a.</b>  <a href="http://search.proquest.com.ux4ll8xu6v.useaccesscontrol.com/pqcentral/results/">http://search.proquest.com.ux4ll8xu6v.useaccesscontrol.com/pqcentral/results/</a>,  <a href="https://scholar.google.it/scholar?start=0&amp;q=grosu+emilia+florina&amp;hl=it&amp;as_sdt=0,5">https://scholar.google.it/scholar?start=0&amp;q=grosu+emilia+florina&amp;hl=it&amp;as_sdt=0,5</a>  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000296480200006">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000296480200006</a></p>	<p>3+ (3x 1.080) = 6.240</p>	<p><b>6.240</b></p>

	<p>Differences between Active and Semi-Active Students Regarding the Parameters of Body Composition Using Bioimpedance and Magnetic Bioresonance Technologies (2021) Dana Badau 1, Adela Badau 1,*, Cristian Trambitas 2,*, Dia Trambitas-Miron 2, Raluca Moraru 2, Alexandru Antoniu Stan 2, Bogdan Marian Oancea 3, Ioan Turcu 3, <b>Emilia Florina Grosu</b> 4, Vlad Teodor Grosu 5, Lucia Georgeta Daina 6, Cristian Marius Daina 6, Corina Lacramioara Suteu 6 and Liviu Moraru 2, pp 2-14. International Journal of Environmental Research and Public Health. MDPI, Int. J. Environ. Res. Public Health 2021, 18, 7906. <a href="https://doi.org/10.3390/ijerph18157906">https://doi.org/10.3390/ijerph18157906</a> <a href="http://www.mdpi.com/journal/ijerph">www.mdpi.com/journal/ijerph</a> <a href="https://www.mdpi.com/1660-4601/18/15/7906">https://www.mdpi.com/1660-4601/18/15/7906</a> Journals IJERPH Volume 18 Issue 15 10.3390/ijerph18157906 Int. J. Environ. Res. Public Health 2021, 18(15), 7906; <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000681876200001">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000681876200001</a> <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000681876200001">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000681876200001</a></p>	<p>3+ (3x 3.390) =14.170</p>	<p><b>14.170</b></p>
	<p><b>The Effects of Small-Sided Games and Behavioral Interventions on the Physical and Motivational Outcomes of Youth Soccer Players</b> Pop, RM; Grosu, VT (Grosu, Vlad Teodor); Grosu, EF ; Zadic, A ; Mata, L ; Dobrescu, T. Nov 2022   <a href="#">INTERNATIONAL JOURNAL OF ENVIRONMENTAL RESEARCH AND PUBLIC HEALTH</a> 19 (21) <a href="#">Free Full Text from Publisher</a> more_horiz <a href="#">53</a> References <a href="https://0b10q09oe-y-https-www-webofscience-com.z.e-nformation.ro/wos/woscc/full-record/WOS:000883889900001">https://0b10q09oe-y-https-www-webofscience-com.z.e-nformation.ro/wos/woscc/full-record/WOS:000883889900001</a> <i>Int. J. Environ. Res. Public Health</i> 2022, 19(21), 14141 <a href="https://doi.org/10.3390/ijerph192114141">https://doi.org/10.3390/ijerph192114141</a> Received: 2 October 2022 / Revised: 22 October 2022 / Accepted: 26 October 2022 / Published: 29 October 2022 (This article belongs to the Special Issue <a href="#">2nd Edition: Fitness Assessment, Athlete's Monitoring Cycle and Training Interventions in Team Sports</a>) <a href="https://www-scopus-com.am.e-nformation.ro/results/results.uri?sort=plf-f&amp;src=s&amp;st1=Grosu &amp;st2=Vlad+Teodor&amp;nlo= 1&amp;nlr= 20&amp;nls =count-f&amp;sid=e6eac3903bb7582f4cbd089907024ff5 &amp;sot=anl&amp;sdt=aut&amp;sl=39&amp;s=AU-ID%28%22Grosu%2c +Vlad +Teodor%22+57214878761 %29&amp;txGid= 58c0a245a7edad5 7dc4410d50836415b">https://www-scopus-com.am.e-nformation.ro/results/results.uri?sort=plf-f&amp;src=s&amp;st1=Grosu &amp;st2=Vlad+Teodor&amp;nlo= 1&amp;nlr= 20&amp;nls =count-f&amp;sid=e6eac3903bb7582f4cbd089907024ff5 &amp;sot=anl&amp;sdt=aut&amp;sl=39&amp;s=AU-ID%28%22Grosu%2c +Vlad +Teodor%22+57214878761 %29&amp;txGid= 58c0a245a7edad5 7dc4410d50836415b</a> Article • Gold Open Access • Green Open Access, Source type Journal ISSN 16617827, DOI 10.3390/ijerph192114141 Publisher MDPI, Original language English, PubMed ID 36361017</p>	<p>3 + (3 x 3.789)</p>	<p><b>14.367</b></p>
	<p><b>Lesiones en hockey línea: factores de riesgo y medidas de prevención.</b> Moreno-Alcaraz, V. J., Cejudo, A., Grosu, E. F., &amp; Sainz de Baranda, P. (2021). <i>Revista Iberoamericana De Ciencias De La Actividad Física Y El Deporte</i>, 10(3), 1-17. <a href="https://doi.org/10.24310/riccafd.2021.v10i3.12468">https://doi.org/10.24310/riccafd.2021.v10i3.12468</a> <b>Impact factor 0.16</b> <a href="https://revistas.uma.es/index.php/riccafd/article/view/12468">https://revistas.uma.es/index.php/riccafd/article/view/12468</a> <a href="https://revistas.uma.es/index.php/riccafd/article/view/12468/14032">https://revistas.uma.es/index.php/riccafd/article/view/12468/14032</a></p>	<p>3+(3 x 0.16) =</p>	<p><b>3.480</b></p>

		TOTAL I1	122.257
I 2	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format <i>in extenso</i> (full-text), realizate în calitate de autor principal	3 + IF	Articol
	<b>Virtual Reality Can Be Used to Reduce the Simple and Complex Reaction Time of High School Students</b> , <i>Virtual Worlds</i> , 2025-12-05   Journal article, DOI: <a href="https://doi.org/10.3390/virtualworlds4040059">10.3390/virtualworlds4040059</a> CONTRIBUTORS: Ștefan Moroșanu; Maria Cristina Man; Nicola Mancini; Carlos Hervás-Gómez; Emilia Florina Grosu; Mihai Moroșanu; Horațiu Ghejan; Mircea Boncuț; Dana Ioana Cristea; Vlad Teodor Grosu.	3+0	3
	<b>Comparison of Procedures Applied on the Auditive Feedback Equipment, Neuromuscular Electrostimulation and Kinesitherapy in Kyphotic Attitudes Recovery, 2022.</b> Ordean, MN; Grosu, EF; (...); Muresan, AD Mar 2022, <i>REVISTA ROMANEASCA PENTRU EDUCATIE MULTIDIMENSIONALA</i> 14(1), pp.299-311	3+0	3
	<b>An Applicable Physical Activity Program Affecting Physiological and Motor Skills: the Case of Table Tennis Players Participating in Special Olympics (SO)</b> By Bechar, I (Bechar, Inbal) 1; Grosu, EF (Grosu, Emilia Florina) Edited by Chis, V (Chis, V) Albulescu, I (Albulescu, I) 3RD INTERNATIONAL CONFERENCE - EDUCATION, REFLECTION, DEVELOPMENT, Book Series Procedia Social and Behavioral Sciences, Volume 209, Page 247-253 DOI 10.1016/j.sbspro.2015.11.227, Published 2015, Document Type Proceedings Paper, Conference, Meeting <a href="https://www-webofscience-com-am-e-nformation.ro/wos/woscc/full-record/WOS:000380408000037">3rd International conference on Education Reflection Development (ERD)</a> , Location Cluj-Napoca, ROMANIA, Date JUL 03-04, 2015 Sponsors Univ Babes-Bolyai, Fac Psychol Educ Sci; Univ Babes-Bolyai, Dept Educ Sci <a href="https://www-webofscience-com-am-e-nformation.ro/wos/woscc/full-record/WOS:000380408000037">https://www-webofscience-com-am-e-nformation.ro/wos/woscc/full-record/WOS:000380408000037</a>	3+0	3
	<b>Anthropometric Indicators and Physical Tests Correlations in Football Players 14-16 Years,</b>  By: Rozsnyai, RA (Rozsnyai, Radu Adrian) [1]; Grosu, EF (Grosu, Emilia Florina) [1]; Grosu, VT (Grosu, Vlad Teodor) [1]; Monea, D (Monea, Dan) [1]; Popovici, C (Popovici, Cornelia) [2] Edited by: Nagel, A (Nagel, A) (provided by Clarivate) PROCEEDINGS OF THE 6TH INTERNATIONAL CONFERENCE OF UNIVERSITARIA CONSORTIUM	3+0	3

	<p>FEFSTIM: PHYSICAL EDUCATION, SPORTS AND KINESIOTHERAPY - IMPLICATIONS IN QUALITY OF LIFE, Page87-93, Published 2020, Indexed2021-08-28 Document TypeProceedings Paper</p> <p><a href="https://0b10q49u1-y-https-www-webofscience-com.z-e-nformation.ro/wos/woscc/full-record/WOS:000682773700013">https://0b10q49u1-y-https-www-webofscience-com.z-e-nformation.ro/wos/woscc/full-record/WOS:000682773700013</a></p> <p><a href="https://0b10q49u1-y-https-www-webofscience-com.z-e-nformation.ro/wos/woscc/summary/d71ca83b-4274-4d1c-bee8-00c02041465f-88a74338/relevance/1">https://0b10q49u1-y-https-www-webofscience-com.z-e-nformation.ro/wos/woscc/summary/d71ca83b-4274-4d1c-bee8-00c02041465f-88a74338/relevance/1</a></p>		
	<p><b>Aspects Regarding Classroom Management And Its Part InMaking The Educational Process More Effective</b> By <a href="#">Dobrescu, T</a> (Dobrescu, Tatiana) 1 <a href="#">Grosu,,EF</a> (Grosu, Emilia Florina) 2 Edited by <a href="#">Laborda, JG</a> (Laborda, JG) View Web of Science ResearcherID and ORCID (provided byClarivate) 4TH WORLD CONFERENCE ON LEARNING TEACHING AND EDUCATIONAL LEADERSHIP (WCLTA-2013) Book Series, Procedia Social and Behavioral Sciences, Volume 141,Page 465-469, DOI 10.1016/j.sbspro.2014.05.082, Published 2014, Document Type, Proceedings Paper, Conference, Meeting4th World Conference on Learning, Teaching and Educational <a href="#">Leadership (WCLTA)</a>, Location, Univ Barcelona, Barcelona, SPAINDate OCT 27-29, 2013 <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000345351800077">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000345351800077</a></p>	3+0	3
	<p><b>Considerations regarding the creative dimension of the physicaleducation and sports didactic process</b> By <a href="#">Dobrescu, T</a> (Dobrescu, Tatiana) 1<a href="#">Cretu, M</a> (Cretu, Marian) 2<a href="#">Grosu, EF</a> (Grosu, Emilia Florina) 3<a href="#">Culea, C</a> (Culea,Catalina) 1, Edited by <a href="#">Odabasi, HF</a> (Odabasi, HF) View Web of Science ResearcherID and ORCID (provided by Clarivate), 3RD WORLD CONFERENCE ON LEARNING, TEACHING AND EDUCATIONAL LEADERSHIP Book Series, Procedia Social and Behavioral Sciences, Volume 93 Page 853-858, DOI 10.1016/j.sbspro.2013.09.292, Published 2013 Document Type, Proceedings Paper, Conference Meeting <a href="#">3rd World Conference on Learning, Teaching and EducationalLeadership (WCLTA)</a>, Location, Brussels, BELGIUM, Date OCT 25-28, 2012, Sponsor, Acad World Educ &amp; Res Ctr <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000342763100149">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000342763100149</a></p>	3+0	3
	<p><b>Correlations of emotional distress and anxiety with regards to athletes of 11-15 years in perceptual-motor sports</b> By <a href="#">Grosu, EF</a> (Grosu, Emilia Florina) 1<a href="#">Grosu, VT</a> (Grosu, Vlad Teodor) 2<a href="#">Emmanouilidis, M</a> (Emmanouilidis, Manolis) 3<a href="#">Monea,D</a> (Monea, Dan) 1 Edited by <a href="#">Bozkurt, T</a> (Bozkurt, T) <a href="#">Demirok, MS</a> (Demirok, MS)</p>	3+0	3

<p>View Web of Science ResearcherID andORCID,  PROCEEDINGS OF 2ND GLOBAL CONFERENCE ON  PSYCHOLOGY RESEARCHES (GCPR-2014)  Book Series Procedia Social and Behavioral Sciences, Volume 190,  Page 269-272, DOI 10.1016/j.sbspro.2015.04.946, Published 2015  Document Type, Proceedings Paper, Conference Meeting  <a href="#">2nd Global Conference on Psychology Researches (GCPR)</a> Location  Univ Barcelona, Barcelona, SPAIN, Date, NOV 28-29, 2014  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000380481900038">https://www-webofscience-com.am.e-  nformation.ro/wos/woscc/full-  record/WOS:000380481900038</a></p>		
<p><b>GENERAL AND HAND-EYES COORDONATION IN  MENTALTRAINING OF ALPINE SKIERS</b>  by Vlad Teodor Grosu; Emilia Florina Grosu; Tatiana Dobrescu  The International Scientific Conference eLearning and Software  forEducation, 07/2016, Volume 3  ProQuest Advanced Technologies &amp; Aerospace Journals,  <a href="#">ProQuestCentral (purchase pre-March 2016)</a>, <b>Publication  Title:</b>The International Scientific Conference eLearning and  Software for Education, <b>Publisher:</b>"Carol I" National Defence  University, <b>Volume:</b>3, <b>Start Page:</b>361 -369, <b>Date :</b>07/2016,  Central and Eastern European OnlineLibrary, <b>DOI:</b>  <a href="https://search-proquest-com.am.e-nformation.ro/results/BF3954FEFC154BEAPQ/1?accountid=136549">10.12753/2066-026X-16-231</a>,  <b>Subjects:</b> Behavior, Psychology, Accuracy, Studies,  Motorability, Skiing, Athletes, <b>Limbă:</b> English  <a href="https://search-proquest-com.am.e-nformation.ro/results/BF3954FEFC154BEAPQ/1?accountid=136549">https://search-proquest-com.am.e-  nformation.ro/results/  BF3954FEFC154BEAPQ/1?accountid=136549</a>  <a href="http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&amp;search_mode=GeneralSearch&amp;SID=C3NWaYN1zeQEFVa9w1x&amp;errorQid=4#search">http://apps.webofknowledge.com.am.enformation.ro/WOS_General  Search_input.do?product =WOS&amp;search_mode= General  Search&amp;SID=C3NWaYN1zeQEFVa9w1x&amp;errorQid=4#search</a>  View Web of Science ResearcherID and ORCID  (provided by Clarivate) ELEARNING VISION 2020!, VOL  IIIBook Series eLearning and Software for Education  Page 361-369, DOI 10.12753/2066-026X-16-231, Published  2016, Document Type, Proceedings Paper, Conference, Meeting  <a href="#">12th International Scientific Conference on eLearning and Software  for Education (eLSE)</a>, Location, Bucharest, ROMANIA, Date  APR 21-22, 2016 <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000385397100054">https://www-webofscience-com.am.e-  nformation.ro/wos/woscc/full-record/WOS:000385397100054</a></p>	3+0	3
<p><b>Increase Performances in Ski-Biathlon by Reducing  AnxietyStress Using Mental Training Techniques</b>  By <a href="#">Grosu, EF (Grosu, Emilia Florina)</a> 1 <a href="#">Motica, FC</a> (Motica,  FlorinConstantin) 1 <a href="#">Ordean, MN</a> (Ordean, Mircea-Nicolae)  1 <a href="#">Grosu, VT</a> (Grosu, Vlad Teodor) 2 Edited by <a href="#">Roceanu I</a>  (Roceanu, I) <a href="#">Beligan, D</a> (Beligan, D) <a href="#">Chicioreanu, T</a>  (Chicioreanu, T) <a href="#">Blaga, M</a> (Blaga, M) <a href="#">Stanescu, M</a> (Stanescu, M)  <a href="#">Corciova, C</a> (Corciova, C), View Web of Science ResearcherID  and ORCID (provided by Clarivate) PROCEEDINGS OF THE  14TH INTERNATIONAL SCIENTIFICCONFERENCE  ELEARNING AND SOFTWARE FOR EDUCATION:  ELEARNING CHALLENGES AND NEW HORIZONS, VOL 3,  Book Series eLearning and Software for Education, Page 268-273  DOI 10.12753/2066-026X-18-181, Published 2018, Document  TypeProceedings Paper, Conference, Meeting, <a href="#">14th International  Scientific Conference on eLearning and Softwarefor Education - e</a></p>	3+0	3

<p>Location Bucharest, ROMANIA, Date APR 19-20, 2018  Sponsors Romanian Adv Distributed Learning Assoc; Univ Natl Aparare Carol I; European Secur &amp; Def Coll; Romania Partnership  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000467471000039">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000467471000039</a>  <a href="https://www.heartmath.org/research/research-library/abstracts/ski-biathlon-mental-training-techniques/">https://www.heartmath.org/research/research-library/abstracts/ski-biathlon-mental-training-techniques/</a>  <a href="https://www.heartmath.org/assets/uploads/2018/06/ski-biathlon-increase-performance-mental-training-techniques.pdf">https://www.heartmath.org/assets/uploads/2018/06/ski-biathlon-increase-performance-mental-training-techniques.pdf</a>  <a href="https://search.proquest.com/openview/b7c1421a09a4c1d110681df9d0e1ed1e/1?pq-origsite=gscholar&amp;cb1=1876338">https://search.proquest.com/openview/b7c1421a09a4c1d110681df9d0e1ed1e/1?pq-origsite=gscholar&amp;cb1=1876338</a>  <a href="http://proceedings.elseconference.eu/index.php?paper=71bb76ce82468287cb1bf195214d0c3a">http://proceedings.elseconference.eu/index.php?paper=71bb76ce82468287cb1bf195214d0c3a</a>  <a href="https://web.b.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=2066026X&amp;AN=129483760&amp;h=OUGW21VrFWuTW6KZpAi63MWMrn2sl%2blx4TnM8LF72mmx52igHtNkn9zCb2XqakeEXsxihkWpQ8Wurz5%2bPfy03A%3d%3d&amp;crl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrINotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2066026X%26AN%3d129483760">https://web.b.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=2066026X&amp;AN=129483760&amp;h=OUGW21VrFWuTW6KZpAi63MWMrn2sl%2blx4TnM8LF72mmx52igHtNkn9zCb2XqakeEXsxihkWpQ8Wurz5%2bPfy03A%3d%3d&amp;crl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrINotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2066026X%26AN%3d129483760</a>  <a href="https://search-proquest-com.am.e-nformation.ro/docview/2038220848/C3B9417C0DC14046PQ/4?accountid=136549">https://search-proquest-com.am.e-nformation.ro/docview/2038220848/C3B9417C0DC14046PQ/4?accountid=136549</a>  <a href="https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=3&amp;SID=D4xqmgebWdQB9dc6Syl&amp;page=1&amp;doc=1">https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=3&amp;SID=D4xqmgebWdQB9dc6Syl&amp;page=1&amp;doc=1</a>  <a href="https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=C6HNKrnfw9nzjsXE5so&amp;search_mode=GeneralSearch&amp;prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0">https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=C6HNKrnfw9nzjsXE5so&amp;search_mode=GeneralSearch&amp;prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0</a>  <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:000467471000039">https://www.webofscience.com/wos/woscc/full-record/WOS:000467471000039</a></p>		
<p><b>Motor Coordination and Reactivity Influenced by Mental Training in Alpine Skiing</b>  By: Grosu, Vlad Teodor; <b>Grosu, Emilia Florina</b>; Moraru, Cristina Elena, Edited by: Sandu, A; Ciulei, T; Frunza, A  Conference: 15th World LUMEN Congress - Logos Universality Mentality Education Novelty (LUMEN) Location: Iasi, ROMANIA Date: APR 12-17, 2016  WLC 2016: WORLD LUMEN CONGRESS. LOGOS UNIVERSALITY MENTALITY EDUCATION NOVELTY 2016 (LUMEN 15TH ANNIVERSARY EDITION) Book  Series: European Proceedings of Social and Behavioural Sciences Volume: 15 Pages: 436-443 Published: 2016, eISSN 2357 -1330  <a href="http://dx.doi.org/10.15405/epsbs.2016.09.56">http://dx.doi.org/10.15405/epsbs.2016.09.56</a>  <a href="http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&amp;search_mode=GeneralSearch&amp;SID=C3NwAYN1zeQEFVa9w1x&amp;errorQid=4#search">http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&amp;search_mode=GeneralSearch&amp;SID=C3NwAYN1zeQEFVa9w1x&amp;errorQid=4#search</a></p>	3+0	3

	<p><b>Neuro-linguistic Programming Based on the Concept of Modelling</b>, Grosu, EF; Grosu, VT; (...); Iuliana, BB  <a href="#">5th World Conference on Educational Sciences (WCES) 2014</a>   5TH WORLD CONFERENCE ON EDUCATIONAL SCIENCES 116 , pp. 3693-3699 <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000335471203150">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000335471203150</a></p>	3+0	3
	<p><b>Neurolinguistic Programming And The Relationship Between Attention And Anxiety In Alpine Skiing Juniors</b>  By <a href="#">Florina, GE</a> (Florina, Grosu Emilia) 1 <a href="#">Teodor, GV</a> (Teodor, Grosu Vlad) 2 <a href="#">Cornelia, PS</a> (Cornelia, Popovici Suciu) 3 <a href="#">Marin, D</a> (Marin, Dumitrescu) 2  Edited by <a href="#">Uzunboylu, H</a> (Uzunboylu, H), Proceedings of 6th World Conference on Educational Sciences Book Series Procedia Social and Behavioral Sciences, Volume 191, Page 1634-1638, DOI 10.1016/j.sbspro.2015.04.577, Published 2015 Document Type, Proceedings Paper, Conference Meeting <a href="#">Proceedings of 6th World Conference on Educational Sciences</a> Location Grand Hotel Excelsior Convention, Center, Valletta, MALTA Date, FEB 06-09, 2014 <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000380560300282">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000380560300282</a></p>	3 + 0	3
	<p><b>Physical Activity and Intellectual Disabilities</b>  By: Bechar, Inbal; <a href="#">Grosu, Emilia Florina</a>  Edited by: Chis, V; Albulescu, I, Conference: 4th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 08-09, 2016 ERD 2016 - EDUCATION, REFLECTION, DEVELOPMENT, FOURTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 18 Pages: 225-234 Published: 2016  <a href="http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&amp;search_mode=GeneralSearch&amp;SID=C3NwAYN1zeQEFVa9w1x&amp;errorQid=4#search">http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&amp;search_mode=GeneralSearch&amp;SID=C3NwAYN1zeQEFVa9w1x&amp;errorQid=4#search</a>  <a href="https://www.europeanproceedings.com/files/data/article/49/1459/article_49_1459_pdf_100.pdf">https://www.europeanproceedings.com/files/data/article/49/1459/article_49_1459_pdf_100.pdf</a></p>	3+0	3
	<p><b>REDUCE ANXIETY AND STRESS IN BIATHLON - SKIING' ATHLETES USING MENTAL TRAINING</b>  By <a href="#">Florin, M</a> (Florin, Motica) 1 <a href="#">Teodor, GV</a> (Teodor, Grosu Vlad) 2 <a href="#">Florina, GE</a> (Florina, Grosu Emilia) 1  Edited by <a href="#">Chis V</a> (Chis, V) <a href="#">Albulescu I</a> (Albulescu, I) ERD 2017 - EDUCATION, REFLECTION, DEVELOPMENT, FIFTH EDITION Book Series, European Proceedings of Social and Behavioural Sciences, Volume 41, Page 441-448, DOI 10.15405/epsbs.2018.06.52, Published 2018 Document Type, Proceedings Paper, Conference Meeting <a href="#">5th Conference on Education, Reflection, Development (ERD)</a> Location Babes Bolyai Univ, Cluj Napoca, ROMANIA Date JUL 07-08, 2017  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600051">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600051</a></p>	3+0	3
	<p><b>Table Tennis Motor Components and Analysis of Successful</b></p>	3+0	3

<p><b>Trials Testing These Skills</b>  By: Bechar, Inbal; Grosu, Emilia Florina  Edited by: Chis, V; Albulescu, I  Conference: 4th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 08-09, 2016  ERD 2016 - EDUCATION, REFLECTION, DEVELOPMENT, FOURTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 18 Pages: 217-224 Published: 2016  <a href="http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&amp;search_mode=GeneralSearch&amp;SID=C3NwaYN1zeQEFVa9w1x&amp;errorQid=4#search">http://apps.webofknowledge.com.am.enformation.ro/WOS_GeneralSearch_input.do?product=WOS&amp;search_mode=GeneralSearch&amp;SID=C3NwaYN1zeQEFVa9w1x&amp;errorQid=4#search</a>  <a href="https://www.europeanproceedings.com/proceedings/EpSBS/volumes/volume-xviii-erd-2016">https://www.europeanproceedings.com/proceedings/EpSBS/volumes/volume-xviii-erd-2016</a>  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000392266100029">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000392266100029</a></p>		
<p><b>TENNIS GAME EXERCISES THAT INFLUENCE THE PSYCHOMOTOR DEVELOPMENT OF PRESCHOOL CHILDREN</b>  By: Prodan, Rodica; Grosu, Emilia Florina; Grosu, Vlad Teodor  Conference: 5th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 07-08, 2017  ERD 2017 - EDUCATION, REFLECTION, DEVELOPMENT, FIFTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 41 Pages: 61-68 Published: 2018  <a href="http://dx.doi.org/10.15405/epsbs.2018.06.7">http://dx.doi.org/10.15405/epsbs.2018.06.7</a> pp.61-68  <a href="https://www.futureacademy.org.uk/files/images/upload/ERD2017F7.pdf">https://www.futureacademy.org.uk/files/images/upload/ERD2017F7.pdf</a>  <a href="http://apps.webofknowledge.com.am.e-nformation.ro/summary.do?product=WOS&amp;parentProduct=WOS&amp;search_mode=GeneralSearch&amp;parentQid=&amp;qid=1&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;&amp;update_back2search_link_param=yes&amp;page=1">http://apps.webofknowledge.com.am.e-nformation.ro/summary.do?product=WOS&amp;parentProduct=WOS&amp;search_mode=GeneralSearch&amp;parentQid=&amp;qid=1&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;&amp;update_back2search_link_param=yes&amp;page=1</a>  <a href="http://apps.webofknowledge.com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;search_mode=GeneralSearch&amp;prID=e649ddfd-e3df-4a94-b885-06564507698d">http://apps.webofknowledge.com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;search_mode=GeneralSearch&amp;prID=e649ddfd-e3df-4a94-b885-06564507698d</a>  <a href="https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgebWdQB9dc6SvI&amp;page=1&amp;doc=2">https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgebWdQB9dc6SvI&amp;page=1&amp;doc=2</a>  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600007">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600007</a></p>	3+0	3
<p><b>THE CONTRIBUTION OF A UNIQUE SUPERVISORY MODEL TO NOVICE DANCE/MOVEMENT THERAPISTS</b>  By: Shalem-Zafari, Yifat; Grosu, Emilia Florina  Conference: 5th Conference on Education, Reflection, Development (ERD) Location: Babes Bolyai Univ, Cluj Napoca, ROMANIA Date: JUL 07-08, 2017  ERD 2017 - EDUCATION, REFLECTION, DEVELOPMENT, FIFTH EDITION Book Series: European Proceedings of Social and Behavioural Sciences Volume: 41 Pages: 330-338 Published:</p>	3+0	3

<p>2018  <a href="http://dx.doi.org/10.15405/epsbs.2018.06.40">http://dx.doi.org/10.15405/epsbs.2018.06.40</a>  <a href="https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=C6HNRnfw9nzjsXE5so&amp;search_mode=GeneralSearch&amp;prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0">https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=C6HNRnfw9nzjsXE5so&amp;search_mode=GeneralSearch&amp;prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0</a>  <a href="http://dx.doi.org/10.15405/epsbs.2018.06.40, nr.40, p. 330 – 338.">http://dx.doi.org/10.15405/epsbs.2018.06.40, nr.40, p. 330 – 338.</a>  <a href="http://dx.doi.org/10.15405/epsbs.2018.06.7">http://dx.doi.org/10.15405/epsbs.2018.06.7</a>  <a href="https://www.futureacademy.org.uk/publication/EpSBS/ERD2017BabesBolyaiUniversityClujNapoca/page-2">https://www.futureacademy.org.uk/publication/EpSBS/ERD2017BabesBolyaiUniversityClujNapoca/page-2</a>  <a href="http://apps.webofknowledge-com.am.e-nformation.ro/summary.do?product=WOS&amp;parentProduct=WOS&amp;search_mode=GeneralSearch&amp;parentQid=&amp;qid=1&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;&amp;update_back2search_link_param=yes&amp;page=1">http://apps.webofknowledge-com.am.e-nformation.ro/summary.do?product=WOS&amp;parentProduct=WOS&amp;search_mode=GeneralSearch&amp;parentQid=&amp;qid=1&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;&amp;update_back2search_link_param=yes&amp;page=1</a>  <a href="https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgebWdQB9dc6SyI&amp;page=1&amp;doc=3">https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgebWdQB9dc6SyI&amp;page=1&amp;doc=3</a>  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600039">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000449456600039</a></p>		
<p><b>The Effect of Reference to the Ball on the Height of Volleyball Block Jump and Volleyball Attack Jump of Volleyball Players</b>  By: Milo, Navot; Grosu, Emilia Florina; Milo, Michaela, Grosu Vlad Teodor  Conference: 15th International Scientific Conference on eLearning and Software for Education (eLSE) - New Technologies and Redesigning Learning Spaces Location: Bucharest, ROMANIA Date: APR 11-12, 2019  Sponsor(s): European Secur &amp; Def Coll; Romania Partnership Ctr; Natl Def Univ Carol I  NEW TECHNOLOGIES AND REDESIGNING LEARNING SPACES, VOL III Book Series: eLearning and Software for Education Pages: 489-499 Published: 2019  <a href="https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=C6HNRnfw9nzjsXE5so&amp;search_mode=GeneralSearch&amp;prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0">https://apps-webofknowledge-com.am.e-nformation.ro/Search.do?product=WOS&amp;SID=C6HNRnfw9nzjsXE5so&amp;search_mode=GeneralSearch&amp;prID=82d0ef09-83b1-466a-b1cc-f29cf3abf2d0</a>  10.12753/2066-026x-19-000  DOI:10.12753/2066-026X-19-206  <a href="https://search-proquest-com.am.e-nformation.ro/docview/2213791780/A50CB4CD9BB74155PQ/1?accountid=136549">https://search-proquest-com.am.e-nformation.ro/docview/2213791780/A50CB4CD9BB74155PQ/1?accountid=136549</a>  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/summary/1eae2d53-152c-4a68-9a91-8d87b13f33b1-1005bf8b/times-cited-descending/1">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/summary/1eae2d53-152c-4a68-9a91-8d87b13f33b1-1005bf8b/times-cited-descending/1</a></p>	3+0	3
<p><b>The New Dimension Of Educational Leadership - Modelling Excellence Through Neuro -Linguistic Programming Techniques</b>  By  Grosu, VT (Grosu, Vlad Teodor) 1Grosu, EF (Grosu, Emilia Florina) 2Dobrescu, T (Dobrescu, Tatiana) 3  Edited by  Laborda, JG (Laborda, JG)  View Web of Science ResearcherID and ORCID</p>	3+0	3

<p>(provided by Clarivate)  4TH WORLD CONFERENCE ON LEARNING TEACHING AND EDUCATIONAL LEADERSHIP (WCLTA-2013)  Book Series  Procedia Social and Behavioral Sciences, Volume 141, Page 500-505  DOI 10.1016/j.sbspro.2014.05.087, Published 2014, Document Type  Proceedings Paper, Conference, Meeting  4th World Conference on Learning, Teaching and Educational  Leadership (WCLTA)  Location Univ Barcelona, Barcelona, SPAIN, Date OCT 27-29, 2013  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000345351800082">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000345351800082</a></p>		
<p><b>The Role of Attention in Preparation of Athletes in Perceptual-Motor Discipline</b>  By <a href="#">Florina, GE (Florina, Grosu Emilia)</a> 1 <a href="#">Teodor, GV (Teodor, Grosu Vlad)</a> 2 <a href="#">Elena, MC (Elena, Moraru Cristina)</a> 3 <a href="#">Constantin, MF (Constantin, Motica Florin)</a> 4  Edited by <a href="#">Miljkovic, D (Miljkovic, D)</a>  5TH WORLD CONFERENCE ON PSYCHOLOGY, COUNSELING AND GUIDANCE, WCPCG-2014  Book Series, Procedia Social and Behavioral Sciences, Volume 159  Page 151-155, DOI 10.1016/j.sbspro.2014.12.348, Published 2014 Document Type, Proceedings Paper, Conference, Meeting  <a href="#">5th World Conference on Psychology, Counseling and Guidance (WCPCG)</a>  Location Dubrovnik, CROATIA, Date MAY 01-03, 2014  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000360314800031">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000360314800031</a></p>	3+0	3
<p><b>USING EMWAVE2 IN BIATHLON SKIING IN ORDER TO INCREASE SPORT PERFORMANCE</b>  By <a href="#">Florina, GE (Florina, Grosu Emilia)</a> 1 <a href="#">Constatin, MF (Constatin, Motica Florin)</a> 2 <a href="#">Teodor, GV (Teodor, Grosu Vlad)</a> 3 <a href="#">Mircea, O (Mircea, Ordean)</a> 4 <a href="#">Cornelia, P (Cornelia, Popovici)</a> 5  Edited by <a href="#">Soare, E (Soare, E)</a> <a href="#">Langa, C (Langa, C)</a>  EDU WORLD 2018 - 8TH INTERNATIONAL CONFERENCE  Book Series, European Proceedings of Social and Behavioural Sciences, Volume 67, Page 1116-1124, DOI 10.15405/epsbs.2019.08.03.136, Published 2019, Document Type  Proceedings Paper, Conference, Meeting, <a href="#">Edu World 8th International Conference</a>, Location, Pitesti, ROMANIA, Date NOV 09-10, 2018  <a href="https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000582461100136">https://www-webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000582461100136</a>  The European Proceedings of Social &amp; Behavioral Sciences, EpSBS, ISSN: 2357-1330,  Conference proceedings of »eLearning and Software for Education« (eLSE), 3/2018, page 6, Issue no:14, pg 268-273  <a href="http://www.eduworl.ro/organizers/public/members.php?name=articlesDetailEdit0_handler&amp;fk0=2764">http://www.eduworl.ro/organizers/public/members.php?name=articlesDetailEdit0_handler&amp;fk0=2764</a>  <a href="https://www.cceol.com/search/article-detail?id=669172">https://www.cceol.com/search/article-detail?id=669172</a>  <a href="https://doi.org/10.15405/epsbs.2019.08.03.136">https://doi.org/10.15405/epsbs.2019.08.03.136</a>  <a href="https://www.futureacademy.org.uk/publication/EpSBS/EduWorld2018/page-7">https://www.futureacademy.org.uk/publication/EpSBS/EduWorld2018/page-7</a>  <a href="https://www.futureacademy.org.uk/files/images/upload/EDUWORL">https://www.futureacademy.org.uk/files/images/upload/EDUWORL</a></p>	3+0	3

	<a href="#">D2018F136.pdf</a>		
	<p><b>WAYS TO DEVELOP RESISTANCE THROUGH SPECIFIC MEANS OF ATHLETICS IN FOOTBALL JUNIORS</b>  <b>By</b> <a href="#">Dan, M</a> (Dan, Monea) 1 <a href="#">Grosu Vlad Teodor</a> (Grosu Vlad Teodor) 2 <a href="#">Florina, GE</a> (Florina, Grosu Emilia) 3 <a href="#">Cornelia, P</a> (Cornelia, Popovici) 3  <b>Edited by</b> <a href="#">Chis V</a> (Chis, V) <a href="#">Albulescu I</a> (Albulescu, I)  View Web of Science Researcher ID and ORCID (provided by Clarivate) ERD 2018 - EDUCATION, REFLECTION, DEVELOPMENT, 6TH EDITION, <b>Book Series</b>  European Proceedings of Social and Behavioural Sciences  <b>Volume 63, Page 365-373, DOI 10.15405/epsbs.2019.06.45</b>  <b>Published 2019, Document Type, Proceedings Paper, Conference Meeting, <a href="#">Conference on Education, Reflection, Development (ERD)</a></b>  <b>Location Babes Bolyai Univ, Cluj Napoca, ROMANIA, Date JUL 06-07, 2018</b>  <a href="https://www.webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000481933700045">https://www.webofscience-com.am.e-nformation.ro/wos/woscc/full-record/WOS:000481933700045</a></p>	3+0	3
	<p><b>Comparison of Procedures Applied on the Auditive Feedback Equipment, Neuromuscular Electrostimulation and Kinesitherapy in Kyphotic Attitudes Recovery</b>, Ordean, M.-N., <a href="#">Grosu, E. F.</a>, Grosu, V. T., Rozsnyai, . R. A., &amp; Muresan, A. D. . (2022). <i>Revista Romaneasca Pentru Educatie Multidimensionala</i>, 14(1Sup1), 299-311.  <a href="https://doi.org/10.18662/rrem/14.1Sup1/552">https://doi.org/10.18662/rrem/14.1Sup1/552</a>  <a href="https://lumenpublishing.com/journals/index.php/rrem/article/view/4728">https://lumenpublishing.com/journals/index.php/rrem/article/view/4728</a></p>	3+0	3
	<p><b>The Effect of Reference to the Ball on the Height of Volleyball Block Jump and Volleyball Attack Jump of Volleyball Players</b>  <b>By:</b>  Milo, N (Milo, Navot) [1] ; Grosu, EF (Grosu, Emilia Florina) [2] ; Milo, M (Milo, Michaela) [3] ; Grosu, VT (Grosu, Vlad Teodor) [4]  <b>Edited by:</b> Roceanu I (Roceanu, I) ; Blaga, M (Blaga, M) ; Dascalu, MI (Dascalu, MI) ; Chicioeanu, T (Chicioeanu, T) ; Stanescu, M (Stanescu, M) ; Corciova, C (Corciova, C) (provided by Clarivate)  NEW TECHNOLOGIES AND REDESIGNING LEARNING SPACES, VOL III, Book SerieseLearning and Software for Education, Page489-499, DOI10.12753/2066-026X-19-206  Published 2019, Indexed2019-07-12, Document TypeProceedings Paper Conference, Meeting15th International Scientific Conference on eLearning and Software for Education (eLSE) - New Technologies and Redesigning Learning Spaces  LocationBucharest, ROMANIA  DateAPR 11-12, 2019  SponsorsEuropean Secur &amp; Def Coll; Romania Partnership Ctr; Natl Def Univ Carol I  <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:000473324500068">https://www.webofscience.com/wos/woscc/full-record/WOS:000473324500068</a></p>	3+0	3

	<p><b>An Applicable Physical Activity Program Affecting Physiological and Motor Skills: the Case of Table Tennis Players Participating in Special Olympics (SO)</b>  Bechar, I and <b>Grosu, EF</b>  3rd International conference on Education Reflection Development (ERD)  2015    3RD INTERNATIONAL CONFERENCE - EDUCATION, REFLECTION, DEVELOPMENT 209 , pp.247-253  <a href="https://www.webofscience.com/wos/woscc/summary/2611fe8d-acfd-43a5-93fd-d2afb570b33c-4d1813e8/relevance/1">https://www.webofscience.com/wos/woscc/summary/2611fe8d-acfd-43a5-93fd-d2afb570b33c-4d1813e8/relevance/1</a></p>	3+0	3
	<p>Aspects Regarding Classroom Management And Its Part In Making The Educational Process More Effective, Dobrescu, T and <b>Grosu, EF</b>, 4th World Conference on Learning, Teaching and Educational Leadership (WCLTA), 2014   4TH WORLD CONFERENCE ON LEARNING TEACHING AND EDUCATIONAL LEADERSHIP (WCLTA-2013) 141 , pp.465-469</p>	3+0	3
		<b>Total I2</b>	<b>78 puncte</b>
		$C1 =$ $I1 + I2 =$ $122.57 +$ $78 =$ $200.57$	
			<b>C1 = 200.57 puncte</b>
<b>I 3</b>	<b>Cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)</b>	<b>12 x m</b>	<b>Carte</b>
	<b>Gimnastica acrobatică si săriturile cu sprijin la aparate în școală Grosu Emilia Florina, Gogean Groza Gina, Editura Risoprint, ISBN 978-973-53-2428-5, Cluj – Napoca.</b>	<b>12 x 1</b>	12
	<b>Psihomotricitate, Grosu Emilia Florina, editura GMI Cluj - Napoca, 486p, 2009.</b>	<b>12 x 1</b>	12
	Influențarea selectivă a aparatului locomotor prin complexe de exerciții libere, (Physical exercises for locomotory system) româno - engleză, <b>Grosu Emilia Florina</b> , editura GMI, Cluj-Napoca, 1999, p.124, ISBN 973-98721-2-3.	<b>12 x 1</b>	12
	<b>Aplicații ale antrenamentului mental în sport</b> , vol 3, din Colecția Acțiune psihologică versus acțiune motrică, Grosu Emilia Florina Editura GMI, Cluj - Napoca, 222 p, 2001. <a href="https://scholar.google.it/scholar?start=0&amp;q=grosu+emilia+florina&amp;hl=it&amp;as_sdt=0,5">https://scholar.google.it/scholar?start=0&amp;q=grosu+emilia+florina&amp;hl=it&amp;as_sdt=0,5</a>	<b>12 x1</b>	12
	<b>Psychomotricity Cours</b> , Grosu Emilia Florina, editura GMI 2007, p.137, ISBN 973-85692-7-3.	<b>12 x 1</b>	12
	<b>Săriturile în gimnastica competițională feminină</b> , Grosu Emilia-Florina, carte , editura GMI Cluj – Napoca, 2011, p.96.	<b>12 x 1</b>	12
	<b>Gimnastica aerobica, vol I din colecția "Programe de stilare corporala"</b> , Editia a 2a , <b>Grosu Emilia-Florina</b> , carte, GMI , CLUJ - NAPOCA, Editor: Editura GMI, 2012, P. 233	<b>12 x 1</b>	12
	<b>Psihomotricitate si gimnastica educativa -vol I, Grosu Emilia-Florina</b> , carte, GMI , CLUJ -NAPOCA, Editor: Editura GMI, 2002, p.485	<b>12 x 1</b>	12

	<b><i>Invatarea motorie si performnata in sport -vol. 2, Grosu Emilia- Florina</i></b> , carte, GMI , CLUJ -NAPOCA, Editor: Editura GMI, 2001, 239 pages.	<b>12 x 1</b>	12
	<b><i>Fitnessul componentă a Științei Sportului (2022)</i></b> . Grosu Vlad Teodor, <b>Grosu Emilia Florina</b> , Ciorsac Alecu-Aurel, Editura Risoprint, ISBN 978-973-53-2843-6, 270 pages.	<b>12 x 1</b>	12
	<b><i>Modalități de practicare a aerobicului prin implementarea unor programe de optimizare a condiției fizice (2023)</i></b> . Grosu Vlad Teodor, Cirosac Alecu-Aurel, Grosu Emilia Florina, Editura Risoprint Cluj – Napoca, ISBN 978-973-53-3033-0, 283 pages.	<b>12 x 1</b>	12
	<b><i>Transformado la educacion: Tecnologia, innovacion y sociedad en la Era Digital (2024)</i></b> . Carlos Hervas- Gomez, M <sup>a</sup> , Dolores Diaz – Noguera, Emilia Florina Grosu & all. (2024). Editura Dykinson S.L. Madrid 2024, ISBN 978-84-1070-251-6, 203 pages.	<b>12 x 1</b>	12
	<b><i>The Education Revolution through Artificial Intelligence / Enhancing Skills Safeguarding Rights, and Facilitating Human – Machine Collaboration (2025)</i></b> . Carlos Hervas- Gomez, M <sup>a</sup> , Dolores Diaz – Noguera, Emilia Florina Grosu & all (2025). Horizontes Universidad, Octaedro S.L. Barcelona, ISBN 978-84-10282-58-2. <a href="https://doi.org/10.36006/09651-1">DOI: 10.36006/09651-1</a>	<b>12 X 1</b>	12
		<b>Total I3 = 156</b>	<b>156 puncte</b>
<b>I 4</b>	<b>Capitole în cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 (m A1 = 3; m A2 = 1)</b>	<b>3 x m</b>	<b>Capitol</b>
	<b>Development of Motor Coordination and Manual Response in Alpine Skiing Through Mental Training</b> , <b>Grosu Vlad Teodor</b> , Grosu Emilia Florina, Chapter 15 Print ISBN: 978-93-91312-76-3, eBook ISBN: 978-93-91312-81-7, <i>Modern Perspectives in Language, Literature and Education Vol. 6</i> , 10 July 2021, Page 134-140, Book Publisher International, <a href="https://doi.org/10.9734/bpi/mpille/v6/10150D">https://doi.org/10.9734/bpi/mpille/v6/10150D</a> <a href="https://stm.bookpi.org/MPLLE-V6/issue/view/227">https://stm.bookpi.org/MPLLE-V6/issue/view/227</a> <a href="https://stm.bookpi.org/MPLLE-V6/article/view/2318">https://stm.bookpi.org/MPLLE-V6/article/view/2318</a> ISBN-13 (15) 978-93-91312-76-3 (Print) 978-93-91312-81-7 (eBook)	3 x 3 = 9	9
	<b>Contemporary Trends in Health Promotion Through Physical Education: A Romanian Model;</b> Georgescu Luminița, <b>Grosu Emilia Florina</b> in vol. <i>Physical Education and Health Global Perspectives and Best Practice</i> edited by Ming-Kai Chin Christopher R. Edginton, Sagamore Publishing, ©2014 Sagamore Publishing LLC All rights reserved, ISBN print edition: 978-1-57167-702-0 SBN ebook: 978-1-57167-703-7, pg. 383 – 395 Library of Congress Control Number: 2014930903 1807 N. Federal Dr. Urbana, IL 61801	3 x 3 = 9	9

	<b>Study on perception speed (VP), motor coordination (CMC), and self-regulation (AR) in junior alpine skiing in sports clubs</b> Toma, Andreea Carleta, Grosu, Vlad Teodor, Rozsnyai, Radu Adrian, Zadic, Alexandru, Ardelean, Viorel Petru, <b>Grosu, Emilia Florina</b> , Designing for Digital WellbeingPages 289 - 29817 February 2023, ISBN 978-363189279-4, 978-363189280-0, Publisher Peter Lang AG, Original language, English, <a href="https://0b1094a2s-y-https-www-scopus-com.z.e-nformation.ro/record/display.uri?eid=2-s2.0-85152054011&amp;origin=resultslist&amp;sort=plf-f&amp;src=s&amp;st1=Grosu&amp;st2=Emilia+Florina&amp;nlo=1&amp;nlr=20&amp;nls=count-f&amp;sid=dca16854fd2c25c4cef929698f4d9321&amp;sot=anl&amp;sdt=aut&amp;sl=42&amp;s=AU-ID%28%22Grosu%2c+Emilia+Florina%22+54683921200%29&amp;relpos=0&amp;citeCnt=0&amp;searchTerm=">https://0b1094a2s-y-https-www-scopus-com.z.e-nformation.ro/record/display.uri?eid=2-s2.0-85152054011&amp;origin=resultslist&amp;sort=plf-f&amp;src=s&amp;st1=Grosu&amp;st2=Emilia+Florina&amp;nlo=1&amp;nlr=20&amp;nls=count-f&amp;sid=dca16854fd2c25c4cef929698f4d9321&amp;sot=anl&amp;sdt=aut&amp;sl=42&amp;s=AU-ID%28%22Grosu%2c+Emilia+Florina%22+54683921200%29&amp;relpos=0&amp;citeCnt=0&amp;searchTerm=</a>	3 x 3 =9	9
		<b>Total I 14 = 27</b>	<b>27 puncte</b>
		<b>Total I3 + I4 = 156 + 27 = 183 puncte</b>	<b>C2 = 183 puncte</b>
<b>Realizări științifice semnificative în calitate de co-autor</b>			
<b>I 5</b>	<b>Contribuții in extenso de tip article sau review, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu p, realizate în calitate de co-autor</b>	<b>3 + [(3 x IF) /n]</b>	<b>Articol</b>
	<b>The relationship between the indicators of physical preparation and the scores attained in competitions by the junior female gymnasts</b> Forminte, Valerian Nicolae, Micu, Ramona, Potop, Vladimir, <b>Grosu, Emilia Florina</b> , 2021, Journal of Physical Education and SportOpen AccessVolume 21, Issue 3, Pages 1607- 1612, 2021,ISSN 22478051, DOI 10.7752/jpes.2021.03203 <a href="https://0b1094a2s-y-https-www-scopus-com.z.e-nformation.ro/record/display.uri?eid=2-s2.0-85107863956&amp;origin=resultslist&amp;sort=plf-f&amp;src=s&amp;st1=Grosu&amp;st2=Emilia+Florina&amp;nlo=1&amp;nlr=20&amp;nls=count-f&amp;sid=dca16854fd2c25c4cef929698f4d9321&amp;sot=anl&amp;sdt=aut&amp;sl=42&amp;s=AUID%28%22Grosu%2c+Emilia+Florina%22+54683921200%29&amp;relpos=3&amp;citeCnt=1&amp;searchTerm=">https://0b1094a2s-y-https-www-scopus-com.z.e-nformation.ro/record/display.uri?eid=2-s2.0-85107863956&amp;origin=resultslist&amp;sort=plf-f&amp;src=s&amp;st1=Grosu&amp;st2=Emilia+Florina&amp;nlo=1&amp;nlr=20&amp;nls=count-f&amp;sid=dca16854fd2c25c4cef929698f4d9321&amp;sot=anl&amp;sdt=aut&amp;sl=42&amp;s=AUID%28%22Grosu%2c+Emilia+Florina%22+54683921200%29&amp;relpos=3&amp;citeCnt=1&amp;searchTerm=</a>	3/n	$\frac{3}{4} = 0.75$
	<b>The relationship between the indicators of physical preparation and the scores attained in competitions by the junior female gymnasts</b> , 2021, <i>Journal of Physical Education and Sport</i> 21(3), <b>Grosu E.F., Forminte V.N., Micu R., Potop V.</b>	$\frac{3}{4}$	$\frac{3}{4} = 0.75$
	<b>The relationship between reaction time and agility performance in young athletes: A study using perception–action technological devices</b> , 2024, <i>Journal of Physical Education and Sport</i> 24(12) <b>Grosu E.F., Mancini N., Moscatelli F., ...Grosu V.T., Ghejan H.D.</b>	3/5	$\frac{3}{5} = 0.60$
	<b>Enhancing psychomotor skills in high school students using virtual reality</b> , 2024, <i>Journal of Physical Education and Sport</i> 24(6), Grosu E.F., Morosanu S., Grosu V.T., ...Sabau A.M., Moreno-Alcaraz V.J.	3/ 5	$\frac{3}{5} = 0.60$
	<b>Assesment for Professional Football Players to Avoid Injuries, Using Huber® 360</b> , Dorin Alexadru Mureșan; Mariana Arghir; Sergiu-Corneliu Gafencu; <b>Emilia Florina Grosu</b> , Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae 2022-05-30   Journal article, DOI: 10.24193/subbeag.67(1).07	3/4	$\frac{3}{4} = 0.75$

	<a href="https://doi.org/10.24193/subbeag.67(1).07">https://doi.org/10.24193/subbeag.67(1).07</a> <a href="https://orcid.org/0000-0002-2846-9586">https://orcid.org/0000-0002-2846-9586</a>		
	<b>HABIT DYNAMICS DURING THE COVID-19 PANDEMIC: THE CASE OF PHYSICAL EXERCISES</b> , Angel-Alex Haisan; <b>Emilia Florina Grosu</b> , Conference paper DOI: 10.21125/iceri.2021.0903, <a href="https://orcid.org/0000-0002-2846-9586">https://orcid.org/0000-0002-2846-9586</a>	$\frac{3}{4}$	$\frac{3}{4} = 0.75$
	<b>MINING STUDENT'S SATISFACTION TOWARDS INNOVATIVE METHODS FOR TEACHING PHYSICAL EDUCATION ONLINE DURING THE COVID-19 PANDEMIC</b> , 2021, Angel-Alex Haisan; <b>Emilia Florina Grosu</b> , Conference paper DOI: 10.21125/iceri.2021.0853, <a href="https://doi.org/10.21125/iceri.2021.0853">https://doi.org/10.21125/iceri.2021.0853</a>	$\frac{3}{4}$	$\frac{3}{4} = 0.75$
		<b>Total</b>	<b>4.95 puncte</b>
<b>I 6</b>	<b>Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i>, publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format <i>in extenso</i> (full-text), realizate în calitate de co-autor</b>	<b>(3 + IF) / n</b>	<b>Articol</b>
	<b>Rareș-Mihai POP, Emilia Florina GROSU, Alexandru ZADIC</b> , A SYSTEMATIC REVIEW OF GOAL SETTING INTERVENTIONS TO IMPROVE SPORTS PERFORMANCE , Studia Universitatis Babeș-Bolyai Educatio Artis Gymnasticae: <b>Volume 66, No. 1, March 2021</b>	<b>(3+0) / 3</b>	<b>1.00</b>
	<b>TESTING THE DYNAMIC RESPONSE OF THE ATHLETES WHO PRACTICE KARATE AS A PERFORMANCE SPORT</b> , 2023. By Muresan, DA (Muresan, Dorin Alexandru) [1] ; Arghir, M (Arghir, Mariana) [2] ; Apostu, D (Apostu, Dragos) [3] ; Stanescu, I (Stanescu, Ioana) [4] ; Grosu, EF (Grosu, Emilia Florina) [1], (provided by Clarivate), Source <i>ACTA TECHNICA NAPOCENSIS SERIES-APPLIED MATHEMATICS MECHANICS AND ENGINEERING</i> , <i>Volume66Issue1Page133-140</i> Published MAR 2023, Indexed 2023-06-14	<b>(3+ 0)/ 5</b>	<b>0.60</b>

	<p><b>Anthropometric Indicators and Physical Tests Correlations in Football Players 14-16 Years Old</b> Rozsnyai Radu Adrian, <b>Grosu Emilia Florina</b>, Grosu Vlad Teodor, Monea Dan, Popovici Cornelia 6th International Conference of Universitaria Consortium “FEFSTIM: Physical Education, Sports and Kinesiotherapy – implications in quality of life” ISBN 979-12-80225-05-4 DOI: 10.26352/EY06-FEFSTIM2020 <a href="http://www.clearedi.org">www.clearedi.org</a> <a href="https://www-webofscience-com.am.e-information.ro/wos/woscc/summary/1eae2d53-152c-4a68-9a91-8d87b13f33b1-1005bf8b/times-cited-descending/1">https://www-webofscience-com.am.e-information.ro/wos/woscc/summary/1eae2d53-152c-4a68-9a91-8d87b13f33b1-1005bf8b/times-cited-descending/1</a></p>	(3 + 0) / 5	0.60
	<p><b>Increasing Cardiovascular Endurance Through Physical Education Lessons During a School Year</b> Monea Dan, <b>Grosu Emilia Florina</b>, Santa Cristian, Szabo Peter, Strava Cristian-Cosmin, 6th International Conference of Universitaria Consortium “FEFSTIM: Physical Education, Sports and Kinesiotherapy – implications in quality of life” ISBN 979-12-80225-05-4 DOI: 10.26352/EY06-FEFSTIM2020 <a href="http://www.clearedi.org">www.clearedi.org</a></p>	(3+0) /5	0.60
	<p><b>Effects of mental training practice in Alpine skiers through imagery and NLP techniques,</b> Grosu Vlad Teodor, <b>Grosu Emilia Florina</b>, Moisa Adrian, Cristina Elena Moraru Vol 3 No 1 (2017): Selected paper of 8th World Conference on Educational Sciences (WCES-2016), <i>New Trends and Issues Proceedings on Humanities and Social Sciences</i>, DOI: <a href="https://doi.org/10.18844/gjhss.v3i1.1760">https://doi.org/10.18844/gjhss.v3i1.1760</a>, pg. 135 -141, <a href="file:///C:/Users/emili/Downloads/1760-61-7221-2-10-20170612%20(1).pdf">file:///C:/Users/emili/Downloads/1760-61-7221-2-10-20170612%20(1).pdf</a>, ISSN 2421-8030, <a href="http://www.prosoc.eu">www.prosoc.eu</a></p>	3 / 4	0.75
	<p><b>Contribution of mental training to the improvement of sports performance</b> Grosu Vlad Teodor, Moraru Cristina Elena, <b>Grosu Emilia Florina</b>, Preja Carmen Aneta New trends and Issues Proceedings on Humanities and Social Sciences, Vol 3 (2016), pg.96 -100, Selected Papers of 4th International Conference on Design and Arts (WCDA-2015), ISSN 2421-8030 Published Feb 19, 2016, <a href="http://sproc.org/ojs/index.php/pntsbs/article/view/285">http://sproc.org/ojs/index.php/pntsbs/article/view/285</a> DOI: <a href="https://doi.org/10.18844/gjhss.v2i1.285">https://doi.org/10.18844/gjhss.v2i1.285</a> ISSN: 2547-8818</p>	3 / 4	0.75
	<p><b>Dynamics of salivary cortisol and testosterone during competition stress in alpine skiing in adults and children,</b> Toma, V.A., Bucălie, E., Farcaș, A., (...), Mureșan, A., <b>Grosu, E.</b>, 2019, <i>Cognition, Brain, Behavior. An Interdisciplinary Journal</i>, 23(1), pp. 29-41 <a href="http://www.cbbjournal.ro/index.php/en/2019/124-23-1/641-dynamics-of-salivary-cortisol-and-testosterone-during-competition-stress-in-alpine-skiing-in-adults-and-children">http://www.cbbjournal.ro/index.php/en/2019/124-23-1/641-dynamics-of-salivary-cortisol-and-testosterone-during-competition-stress-in-alpine-skiing-in-adults-and-children</a> <a href="https://www-scopus-com.am.e-information.ro/results/authorNamesList.uri?origin=searchauthorlookup&amp;src=al&amp;edit=&amp;popUp=&amp;basicTab=&amp;affiliationTab=&amp;advancedTab=&amp;st1=Grosu&amp;st2=Vlad+Teodor&amp;institute=Technical+University+&amp;orcidId=&amp;authSubject=LFSC&amp;_authSubject=on&amp;authSubject=HLSC&amp;_authSubject=on&amp;authSubject=PHSC&amp;_authSubject=on&amp;authSubject=SOSC&amp;_authSubject=on&amp;s=AUTHLASTNAME%28Grosu%29+AND+AUTHFIRST%28Vlad+Teodor%29&amp;sdt=al&amp;sot=al&amp;s">https://www-scopus-com.am.e-information.ro/results/authorNamesList.uri?origin=searchauthorlookup&amp;src=al&amp;edit=&amp;popUp=&amp;basicTab=&amp;affiliationTab=&amp;advancedTab=&amp;st1=Grosu&amp;st2=Vlad+Teodor&amp;institute=Technical+University+&amp;orcidId=&amp;authSubject=LFSC&amp;_authSubject=on&amp;authSubject=HLSC&amp;_authSubject=on&amp;authSubject=PHSC&amp;_authSubject=on&amp;authSubject=SOSC&amp;_authSubject=on&amp;s=AUTHLASTNAME%28Grosu%29+AND+AUTHFIRST%28Vlad+Teodor%29&amp;sdt=al&amp;sot=al&amp;s</a></p>	3 / 5	0.60

	<a href="https://doi.org/10.18844/prosoc.v7i3.5242">earchId=85303a92ab281a78b1671916b28b5ccc&amp;exactSearch=off&amp;sid=85303a92ab281a78b1671916b28b5ccc</a>		
	<b>Implementation of dance therapy in 13–14 year old students in order to reduce stress and anxiety</b> , 2020, <b>Florina Emilia Grosu</b> ; Vari Hanna Imola; Mihaiu Costinel; Grosu Vlad Teodor; Moisa Turcu Antonel Adrian, <i>New Trends and Issues Proceedings on Humanities and Social Sciences</i> 2020-12-01   Journal article, <a href="https://doi.org/10.18844/prosoc.v7i3.5242">DOI: 10.18844/prosoc.v7i3.5242</a> , <a href="https://orcid.org/0000-0002-2846-9586">https://orcid.org/0000-0002-2846-9586</a>	3/5	0.60
	<b>Metalinguage and sensory sub-modalities in mental training techniques through neurolinguistic programming</b> - Open Access Grosu, V.T., <b>Grosu, E.F.</b> , Vari, H., Ciufudean, E., 2019 Cypriot Journal of Educational Sciences, 14(4), pp. 482-491 <a href="https://www.scopus-com.am.e-information.ro/results/results.uri?sort=plf-f&amp;src=s&amp;sid=e51b55c80ebc7d265f501292502ef568&amp;sot=a&amp;sdt=a&amp;sl=120&amp;s=TITLE-ABS+KEY%28Metalinguage+and+sensory+submodalities+in+mental+training+techniques+through+neurolinguistic+programming%29&amp;origin=searchadvanced&amp;editSaveSearch=&amp;txGid=5a9577c516aa116fb290b2132f0151d5">https://www.scopus-com.am.e-information.ro/results/results.uri?sort=plf-f&amp;src=s&amp;sid=e51b55c80ebc7d265f501292502ef568&amp;sot=a&amp;sdt=a&amp;sl=120&amp;s=TITLE-ABS KEY%28Metalinguage +and+ sensory+submodalities+in+mental+training+techniques+through+neurolinguistic+programming%29&amp;origin=searchadvanced&amp;editSaveSearch=&amp;txGid=5a9577c516aa116fb290b2132f0151d5</a>	3/ 4	0.75
	<b>Dance Movement Therapy, Past and Present: How History Can Inform Current Supervision</b> Yifat Shalem-Zafari, <b>Emilia Florina Grosu</b> , ERD 2016: Education, Reflection, Development, Fourth Edition, The European Proceedings of Social & Behavioral Sciences EpSBS, eISSN: 2357-1330, <a href="http://dx.doi.org/10.15405/epsbs.2016.12.29">http://dx.doi.org/10.15405/epsbs.2016.12.29</a> <a href="https://apps-webofknowledge-com.am.e-information.ro/full_record.do?product=WOS &amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgewdQB9dc6Sy1&amp;page=1&amp;doc=6">https://apps-webofknowledge-com.am.e-information.ro/full_record.do?product=WOS &amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgewdQB9dc6Sy1&amp;page=1&amp;doc=6</a>	3/2	1.50
	<b>How to increase the performance in Special Olimpics (SO) table tennis players</b> , Bechar Inbal, <b>Emilia Florina Grosu</b> , Vlad Teodor Grosu, ARENA – JPA, Journal of Physical Activities, Issue 5, ISSN 2285 – 830X, pp. 28-45, 2016. <a href="https://web.a.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=2285830X&amp;AN=124653549&amp;h=F%2feDso0%2f6SImZi%2fj69zch2cA2bwyFlfsVJE%2fLUILjznsflwBQjZt5qdhz%2bBIKUcxEz0HrVNpsWVuAm%2bROx8ZsA%3d%3d&amp;crl=f&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2285830X%26AN%3d124653549">https://web.a.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=2285830X&amp;AN=124653549&amp;h=F%2feDso0%2f6SImZi%2fj69zch2cA2bwyFlfsVJE%2fLUILjznsflwBQjZt5qdhz%2bBIKUcxEz0HrVNpsWVuAm%2bROx8ZsA%3d%3d&amp;crl=f&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2285830X%26AN%3d124653549</a> <a href="http://www.uav.ro/jour/index.php/ajpa/issue/view/57">http://www.uav.ro/jour/index.php/ajpa/issue/view/57</a> <a href="http://www.uav.ro/jour/index.php/ajpa/article/view/823">http://www.uav.ro/jour/index.php/ajpa/article/view/823</a>	3/3	1.00

	<p><b>Identifying a connection between mobility degree, balance, strength, and tennis serve: a pilot study</b>, Rodica Prodan, <b>Emilia Florina Grosu</b>, Cornelia Popovici, Vlad Teodor Grosu, Gymnasium, Univ. BACAU – Sesiunea de Comunicări 2018 nov.  Vol. XIX, Issue 2 / 2018 G Y M N A S I U M Scientific Journal of Education, Sports, and Health, DOI: 10.29081/gsjesh.2018.19.2.12  <a href="https://www.researchgate.net/profile/Popovici_Cornelia/publication/335993228_Identifying_a_connection_between_mobility_degree_balance_strength_and_tennis_serve_a_pilot_study/links/5d89fdcf6fdcc8fd61b4262/Identifying-a-connection-between-mobility-degree-balance-strength-and-tennis-serve-a-pilot-study.pdf">https://www.researchgate.net/profile/Popovici_Cornelia/publication/335993228_Identifying_a_connection_between_mobility_degree_balance_strength_and_tennis_serve_a_pilot_study/links/5d89fdcf6fdcc8fd61b4262/Identifying-a-connection-between-mobility-degree-balance-strength-and-tennis-serve-a-pilot-study.pdf</a>  <a href="http://www.gymnasium.ub.ro/index.php/journal/article/view/530/713">http://www.gymnasium.ub.ro/index.php/journal/article/view/530/713</a>  <a href="https://search-proquest-com.am.e-information.ro/docview/2357403785/C3B9417C0DC14046PQ/3?accountid=136549">https://search-proquest-com.am.e-information.ro/docview/2357403785/C3B9417C0DC14046PQ/3?accountid=136549</a></p>	3/ 4	0.75
	<p><b>Implementation of landscape design solutions with the color and texture of plants / Implementarea unor soluții de landscape design cu ajutorul culorii și texturii</b>, Cantor Maria <sup>1*</sup>, Grosu Emilia Florina <sup>2</sup>, Buta Erzsebet<sup>1</sup>, Zaharia A., Jucan Denisa, Banat’s University of Agricultural Science and Veterinary Medicine ”King Michael I st of Romania”, from Timișoara, Faculty of Horticulture and Forestry Timisoara, Journal Of Horticulture, Forestry and Biotechnology, May 2018, p.5, Volume 22(1), 22-28, 2018, ISSN 2066 – 1797, <a href="http://www.journal-hfb.usab-tm.ro">www.journal-hfb.usab-tm.ro</a>, <a href="https://www.journal-hfb.usab-tm.ro/romana/lucraristiintifice2018_1.html">https://www.journal-hfb.usab-tm.ro/romana/lucraristiintifice2018_1.html</a>  <a href="https://www.journal-hfb.usab-tm.ro/2018/Volum%2022(1)%20PDF/4Cantor%20Maria.pdf">https://www.journal-hfb.usab-tm.ro/2018/Volum%2022(1)%20PDF/4Cantor%20Maria.pdf</a>  JOURNAL of Horticulture, Forestry and Biotechnology, <a href="http://www.journal-hfb.usab-tm.ro">www.journal-hfb.usab-tm.ro</a></p>	3/ 5	0.60
	<p><b>Optimization of Performance in Alpine Skiing Through Different Mental Training Techniques</b>  Grosu Vlad Teodor, <b>Grosu Emilia Florina</b>, Motică Florin, International Journal of Modern Education Research, 2016; 3(2): 6-12, <a href="http://www.aascit.org/journal/ijmer">http://www.aascit.org/journal/ijmer</a>, ISSN: 2375-3781, American Association for Science and Technology, AASCIT 2016</p>	3/3	1.00
	<p><b>Physical Activity and Intellectual Disabilities</b>, Inbal Bechar*, <b>Emilia Florina Grosu</b>  ERD 2016: Education, Reflection, Development, Fourth Edition, The European Proceedings of Social &amp; Behavioral sciences, EpSBS eISSN: 2357-1330, Future Academy 2016, ERD  <a href="https://www.europeanproceedings.com/files/data/article/49/1459/article_49_1459_pdf_100.pdf">https://www.europeanproceedings.com/files/data/article/49/1459/article_49_1459_pdf_100.pdf</a> <a href="http://dx.doi.org/10.15405/epsbs.2016.12.30">http://dx.doi.org/10.15405/epsbs.2016.12.30</a></p>	3/2	1.50
		<b>Total I 6</b>	<b>12.6 puncte</b>

I 7	Cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ( $m_{A1} = 3; m_{A2} = 1$ )	12 x m/n	Carte
I 8	Capitole în cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ( $m_{A1} = 3; m_{A2} = 1$ )	3 x m/n	Capitol
	Study on perception speed (VP), motor coordination (CMC), and self-regulation (AR) in junior alpine skiing in sports clubs, 2023, <i>Designing for Digital Wellbeing</i> , Grosu E.F., Toma A.C., Grosu V.T., ...Zadic A., Ardelean V.P.	3 x (3 /5) =3 x 0.6 = 1.8	1.8
		<b>Total I 8</b>	<b>1.8</b>
<b>Alte realizări științifice</b>			
I 9	Lucrări <i>in extenso</i> (tip <i>proceedings</i> ) indexate WoS sau altă BDI recunoscută, realizate în calitate de autor principal, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI (în cazul I9 și I10 se pot puncta cumulativ cel mult două contribuții / ediție conferință)	1	Lucrare
	Adventure education, a method to prevent antisocial behavior, Educația prin aventură, o metodă de prevenire a comportamentelor antisociale, Virgil Ganea, Emilia Florina Grosu, Palestrica of the third millennium – Civilization and Sport, Vol. 19, no. 2, April-June 2018, 116–122, PALESTRICA OF THE THIRD MILLENNIUM - CIVILIZATION AND SPORT, A quarterly of multidisciplinary study and research, A journal indexed in international databases: EBSCO, Academic Search Complete, USA, Index Copernicus, Journals Master List, Poland, DOAJ (Directory of Open Access Journals), Sweden CiteFactor, Canada/USA, CrossRef, Lynnfield, MA (US)/Oxford (UK), 2 <a href="https://scholar.google.ro/scholar?q=Adventure+education,+a+method+to+prevent+antisocial+behavior&amp;hl=ro&amp;as_sdt=0&amp;as_vis=1&amp;oi=scholar">https://scholar.google.ro/scholar?q=Adventure+education,+a+method+to+prevent+antisocial+behavior&amp;hl=ro&amp;as_sdt=0&amp;as_vis=1&amp;oi=scholar</a> <a href="http://pm3.ro/pdf/72/PM3_Nr.2(72)_2018m.pdf#page=40">http://pm3.ro/pdf/72/PM3_Nr.2(72)_2018m.pdf#page=40</a>	1	1
	Aspects of Heart Rate Monitoring in Rhythmic Gymnastics Exercises, Cristina Elena Moraru, Liliana Elisabeta Radu, Raluca Mihaela Hodorca; Emilia Florina Grosu; 8 <sup>th</sup> World Conference on Educational Sciences 04-06 February 2016, Madrid, Spain E <a href="https://sproc.org/ojs/index.php/pntsbs/article/view/1792">https://sproc.org/ojs/index.php/pntsbs/article/view/1792</a> , New Trends and Issues Proceedings on Humanities and Social Sciences, ISSN 2421 – 8030, Vol 3, No 1 (2017), DOI: <a href="https://doi.org/10.18844/prosoc.v3i1">https://doi.org/10.18844/prosoc.v3i1</a> , Published: 2017-06-28, pp 396 – 400	1	1

<p><b>ON-COURT STATIC BALANCE EVALUATION OF YOUNG TENNIS PLAYERS</b>, Rodica Prodan, <b>Emilia Florina Grosu</b>, ICPEBK 2018, International Congress of Physical Education, Sports and Kinetotherapy. Education and Sports Science in the 21st Century, Edition dedicated to the 95th anniversary of UNEFS, The European Proceedings of Social &amp; Behavioral Sciences, epSBS, ISSN: 2357-1330</p> <p>The European Proceedings of Social &amp; Behavioural Sciences EpSBS ISSN: 2357-1330 , <a href="https://dx.doi.org/10.15405/epsbs.2019.02.91">https://dx.doi.org/10.15405/epsbs.2019.02.91</a> <a href="https://www.europeanproceedings.com/article/10.15405/epsbs.2019.02.91">https://www.europeanproceedings.com/article/10.15405/epsbs.2019.02.91</a></p>	1	1
<p><b>SENSORY SUBMODALITIES AND METALANGUAGE - NEURO-LINGUISTIC PROGRAMMING TECHNIQUES AS PART OF MENTAL TRAINING</b> by Grosu Vlad Teodor; <b>Grosu Emilia Florina</b>; Moraru Cristina Elena; Tatiana Dobrescu Gymnasium, 01/2015, Volume 16, Issue , pg 7 -24 <b>Source:</b> ProQuest Central (purchase pre-March 2016), <b>Publication Title:</b>Gymnasium <b>Publisher:</b>"Vasile Alecsandri" University of Bacau, <b>Gymnasium</b>, <b>Volume:</b>16, <b>Issue:</b>1, <b>Start Page:</b>7, <b>Date :</b>01/2015, <b>ISSN:</b>1453 - 0201 <b>Subjects:</b> Mental health, Motor ability, Linguistics, Sports training, <b>Limbă:</b>English <a href="https://search-proquest-com.am.e-information.ro/results/BF3954FEFC154BEAPO/1?accountid=136549">https://search-proquest-com.am.e-information.ro/results/BF3954FEFC154BEAPO/1?accountid=136549</a></p>	1	1
<p><b>Attention and emotional distress in junior athletes practicing judo and alpine skiing / Atenția și distresul emoțional la sportivii juniori de judo și schi alpin.</b> Vlad Teodor Grosu, Toader Florian, Emil Ciufudean, <b>Emilia Florina Grosu</b>, <i>Palestrica of the third millennium – Civilization and Sport</i>, Vol. 16, no. 4, October-December 2015, 338–341</p>	1	1
<p><b>Behavioral Models on the Players' Activities during the Tennis Matches</b>, Rodica Prodan, <b>Emilia Florina Grosu</b>, ARENA – JPA, ISSN 2285 – 830X, No 5, pp. 166-176, 2016. <a href="https://web.a.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=2285830X&amp;AN=124653560&amp;h=7CCYBlb%2fQ8u44JS7pkA0D4VP2r4UwHkNpvhkNT%2fqm1BRFVj bK0II52kbVEtctZYzCrta6sVmMJYqu3dSzOmIw%3d%3d&amp;crl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2285830X%26AN%3d124653560">https://web.a.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=2285830X&amp;AN=124653560&amp;h=7CCYBlb%2fQ8u44JS7pkA0D4VP2r4UwHkNpvhkNT%2fqm1BRFVj bK0II52kbVEtctZYzCrta6sVmMJYqu3dSzOmIw%3d%3d&amp;crl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d2285830X%26AN%3d124653560</a> <a href="http://www.uav.ro/jour/index.php/ajpa/article/view/834">http://www.uav.ro/jour/index.php/ajpa/article/view/834</a></p>	1	1

	<p><b>COMPARISON OF PROCEDURES AUDITIVE FEEDBACK EQUIPMENT, NEUROMUSCULAR ELECTROSTIMULATION AND KINETOTHERAPY IN KYPHOSIS RECOVERY</b>, Mircea-Nicolae Ordean, Vlad Teodor Grosu, <b>Grosu Emilia Florina</b>  <a href="https://www.europeanproceedings.com/article/10.15405/epsbs.2018.06.83">https://www.europeanproceedings.com/article/10.15405/epsbs.2018.06.83</a> Download full Text in PDF EpSBS / Volume 41 - ERD 2017, EpSBS / Volume 41 - ERD 2017,  <a href="http://www.eduworld.ro/organizers/public/members.php?page=6">http://www.eduworld.ro/organizers/public/members.php?page=6</a>  <a href="http://www.eduworld.ro/organizers/public/members.php?page=10">http://www.eduworld.ro/organizers/public/members.php?page=10</a></p>	1	1
	<p><b>The Effect of a Self-Supervision Model Based on Authentic Movement and Epimotorics' on Emotion-Related Physiological Parameters Among Dance Movement Therapists</b>  Yifat Shalem-Zafari, <b>E. F. Grosu</b>, Cluj-Napoca Romania, Sport Published 2018  DOI:10.24193/subbeag.63(2).14Corpus ID: 150160224  <a href="https://www.semanticscholar.org/paper/The-Effect-of-a-Self-Supervision-Model-Based-on-and-Shalem-Zafari-Grosu/dbel1d23b8c527b73538378932110007201052e9f">https://www.semanticscholar.org/paper/The-Effect-of-a-Self-Supervision-Model-Based-on-and-Shalem-Zafari-Grosu/dbel1d23b8c527b73538378932110007201052e9f</a></p>	1	1
	<p><b>Development of Movement Abilities</b>, Inbal Bechar, <b>Emilia Florina Grosu</b>, Sport and Physical Education Science - Știința sportului și educației fizice, ERD Conference 2016: Education, Reflection, Development, Fourth edition, The European Proceedings of Social &amp; Behavioral sciences, EpSBS eISSN: 2357-1330  Studia UBB Psychol .-Paed., LXI, 1, 2016, p. 5-14; Studia Universitatis Babeș-Bolyai, Psychologia-Paedagogia . Jun2016, Vol. 61 Issue 1, p 5-14. 10p;  <a href="https://web.a.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=12218111&amp;AN=117514077&amp;h=cvs_oWCxp6LWTvwCnnAWtdrxMgGfydsuxA9fGbmaz%2bWL%2fRaf6Geibgh%2b2QOITx3ZaGeQgvXzUKht2KfkXXNZ0w%3d%3d&amp;ctrl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d12218111%26AN%3d117514077">https://web.a.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=12218111&amp;AN=117514077&amp;h=cvs_oWCxp6LWTvwCnnAWtdrxMgGfydsuxA9fGbmaz%2bWL%2fRaf6Geibgh%2b2QOITx3ZaGeQgvXzUKht2KfkXXNZ0w%3d%3d&amp;ctrl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d12218111%26AN%3d117514077</a>  <a href="http://studia.ubbcluj.ro/arhiva/abstract_en.php?editie=PSYCHOLOGIA-PAEDAGOGIA&amp;nr=1 &amp;an=2016&amp;id_art=14378">http://studia.ubbcluj.ro/arhiva/abstract_en.php?editie=PSYCHOLOGIA-PAEDAGOGIA&amp;nr=1 &amp;an=2016&amp;id_art=14378</a>  <a href="https://www.futureacademy.org.uk/publication/EpSBS/ERD2016FutureAcademy/">https://www.futureacademy.org.uk/publication/EpSBS/ERD2016FutureAcademy/</a></p>	1	1
	<p><b>The Effect of a Self-Supervision Model Based on Authentic Movement and Epimotorics' on Emotion-Related Physiological Parameters Among Dance Movement Therapists</b>  Yifat Shalem-Zafari, <b>E. Grosu</b>, Cluj-Napoca Romania Sport Published 2018  DOI:10.24193/subbeag.63(2).14Corpus ID: 150160224</p>	1	1

	<a href="https://www.semanticscholar.org/paper/The-Effect-of-a-Self-Supervision-Model-Based-on-and-Shalem-Zafari-Grosu/dbe1d23b8c527b73538378932110007201052e9f">https://www.semanticscholar.org/paper/The-Effect-of-a-Self-Supervision-Model-Based-on-and-Shalem-Zafari-Grosu/dbe1d23b8c527b73538378932110007201052e9f</a>		
	<b>Effects of applying mental training to alpine skiers through imagery and NLP techniques</b> , GROSU Vlad Teodor, <b>GROSU Emilia Florina</b> , MOISA Adrian Antonel, FETEAN Gheorghe 8 <sup>th</sup> World Conference on Educational Sciences 04-06 February 2016, Madrid, Spain <a href="https://sproc.org/ojs/index.php/pntsbs/article/view/1760">https://sproc.org/ojs/index.php/pntsbs/article/view/1760</a> , New Trends and Issues Proceedings on Humanities and Social Sciences, ISSN 2547 – 8818, Vol 3, No 1 (2017), DOI: <a href="https://doi.org/10.18844/prosoc.v3i1">https://doi.org/10.18844/prosoc.v3i1</a> , Published: 2017-06-28, pp 135 -141	1	1
	<b>EVALUATION OF STRENGTH, VELOCITY AND POWER USING LIGHT AND MEDIUM LOAD IN SPEED SKATERS / DEZVOLTAREA FORȚEI ȘI PUTERII PRIN UTILIZAREA UNUI SIMULATOR INOVATOR ÎN PATINAJUL VITEZĂ (2020)</b> Doina Raluca Stef, <b>Emilia Florina Grosu</b> The European Journal of Social & Behavioural Sciences 2020, The European Proceedings of Social & Behavioural Sciences EpSBS Future Academy ISSN: 2357-1330 <a href="https://www.researchgate.net/publication/350103087_The_European_Proceedings_of_Social_Behavioural_Sciences_EVALUATION_OF_STRENGTH_VELOCITY_AND_POWER_USING_LIGHT_AND_MEDIUM_LOAD_IN_SPEED_SKATERS_Corresponding_Author_Selection_and_peer-review_under_resp">https://www.researchgate.net/publication/350103087_The_European_Proceedings_of_Social_Behavioural_Sciences_EVALUATION_OF_STRENGTH_VELOCITY_AND_POWER_USING_LIGHT_AND_MEDIUM_LOAD_IN_SPEED_SKATERS_Corresponding_Author_Selection_and_peer-review_under_resp</a>	1	1
	<b>Power Output of Judo Athletes and High-Speed Neuromuscular Control</b> * Puterea dezvoltată de sportivii de judo și controlul neuromuscular la viteze mari de execuție, PÉTER-ZSOLT SZABÓ, <b>EMILIA FLORINA GROSU</b> , IOAN NELU POP, ALMOS ANDRAS, DAN MONEA, GHEORGHE MONEA - STUDIA UBB EDUCATIO ARTIS GYMN., LXI, 4, 2016, pp 45 -50. <a href="http://studia.ubbcluj.ro/download/pdf/1076.pdf">http://studia.ubbcluj.ro/download/pdf/1076.pdf</a>	1	1
	<b>Psychomotor development on preschool child through movement games</b> , Rodica Prodan, <b>Emilia Florina Grosu</b> , Alexandru Muresan, New Trends and Issues on Humanities and Social Sciences, <a href="#">Vol 2 No 7 (2016): Selected Papers of 6th World Conference on Learning, Teaching, and Educational Leadership (WCLTA 2015)</a> Published Feb 13, 2017, DOI: <a href="https://doi.org/10.18844/gjhss.v2i7.1184">https://doi.org/10.18844/gjhss.v2i7.1184</a> ISSN: 2547-8818, ISSN 2421-8030, <a href="http://sproc.org/ojs/index.php/pntsbs/about">http://sproc.org/ojs/index.php/pntsbs/about</a> , <a href="http://sproc.org/ojs/index.php/pntsbs/article/view/1184">http://sproc.org/ojs/index.php/pntsbs/article/view/1184</a> <a href="https://www.researchgate.net/publication/321486272_Psychomotor_development_on_preschool_child_through_movement_games">https://www.researchgate.net/publication/321486272_Psychomotor_development_on_preschool_child_through_movement_games</a>	1	1
	<b>Physical Activity and Intellectual Disabilities</b> , Inbal Bechar, <b>Emilia Florina Grosu</b> , ERD 2016: Education, Reflection, Development, Fourth Edition, the European Proceedings of Social & Behavioral Sciences EpSBS eISSN 2357-1330, No.30, p 225-234. <a href="http://dx.doi.org/10.15405/epsbs.2016.12.30">http://dx.doi.org/10.15405/epsbs.2016.12.30</a> , <a href="https://www.futureacademy.org.uk/publication/EpSBS/ERD2016FutureAcademy/">https://www.futureacademy.org.uk/publication/EpSBS/ERD2016FutureAcademy/</a> <a href="https://www.futureacademy.org.uk/files/images/upload/ERD2016FA030F.pdf">https://www.futureacademy.org.uk/files/images/upload/ERD2016FA030F.pdf</a>	1	1

<a href="http://apps.webofknowledge.com.am.e-nformation.ro/summary.do?product=WOS&amp;parentProduct=WOS&amp;search_mode=GeneralSearch&amp;parentQid=&amp;qid=1&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;&amp;update_back2search_link_param=yes&amp;page=1">http://apps.webofknowledge.com.am.e-nformation.ro/summary.do?product=WOS&amp;parentProduct=WOS&amp;search_mode=GeneralSearch&amp;parentQid=&amp;qid=1&amp;SID=E1JmCagJUN2k6Rd7DfL&amp;&amp;update_back2search_link_param=yes&amp;page=1</a> <a href="https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgebWdQB9dc6SyI&amp;page=1&amp;doc=5">https://apps-webofknowledge-com.am.e-nformation.ro/full_record.do?product=WOS&amp;search_mode=GeneralSearch&amp;qid=7&amp;SID=D4xqmgebWdQB9dc6SyI&amp;page=1&amp;doc=5</a>		
<p><b>REDUCE ANXIETY AND STRESS IN BIATHLON – SKIING’ ATHLETES USING MENTAL TRAINING</b>, Motică Florin, Grosu Vlad Teodor, <b>Grosu Emilia Florina</b>, Fifth Edition, The European Proceedings of Social and Behavioral Sciences EpSBS, ISSN: 2357-1330, <a href="http://dx.doi.org/10.15405/epsbs.2018.06.52">http://dx.doi.org/10.15405/epsbs.2018.06.52</a> No:52, Pages: 441- 448  <a href="https://www.futureacademy.org.uk/publication/EpSBS/ERD2017BabesBolyaiUniversityCluj_Napoca/page-3">https://www.futureacademy.org.uk/publication/EpSBS/ERD2017BabesBolyaiUniversityCluj_Napoca/page-3</a>  <a href="https://www.europeanproceedings.com/files/data/article/92/3151/article_92_3151_pdf_100.pdf">https://www.europeanproceedings.com/files/data/article/92/3151/article_92_3151_pdf_100.pdf</a></p>	1	1
<p><b>REDUCING STRESS IN SCHOOL CHILDREN THROUGH THE USE OF SOME DANCE TECHNICAL ELEMENTS AS A FORM OF THERAPY</b>, <b>E. F. GROSU</b> H. I. VARI V.T. GROSU A. RUSU C. POPOVICI, Bulletin of the Transilvania University of Braşov, Serie IX: Sciences oh Human Kinetics, Vol. 13(62) No. 2 – 2020, <a href="https://doi.org/10.31926/but.shk.2020.13.62.2.17">https://doi.org/10.31926/but.shk.2020.13.62.2.17</a></p>	1	1
<p><b>Specific Skills Development Using Appropriate Tools in the Tennis Game / Dezvoltarea Aptitudinilor Specifice Jocului de Tenis Utilizând Echipamente Adecvate</b>, Prodan Rodica, <b>Grosu Emilia Florina</b>, Gymnasium Journal, Vol. XVIII, Issue 2 / 2017, G Y M N A S I U M, Scientific Journal of Education, Sports, and Health, pp 43-55, (online) = ISSN 2344 – 5645, ISSN-L 1453-020, DOI: <a href="https://doi.org/10.29081/gsjesh.2017.18.2.03">https://doi.org/10.29081/gsjesh.2017.18.2.03</a>  <a href="file:///C:/Users/emili/Downloads/322-1-593-1-10-20180103.pdf">file:///C:/Users/emili/Downloads/322-1-593-1-10-20180103.pdf</a>  <a href="http://www.gymnasium.ub.ro/index.php/journal/article/download/322/292/">www.gymnasium.ub.ro/index.php/journal/article/download/322/292/</a>  <a href="https://search-proquest-com.am.e-nformation.ro/docview/1987361025/C3B9417C0DC14046PQ/7?accountid=136549">https://search-proquest-com.am.e-nformation.ro/docview/1987361025/C3B9417C0DC14046PQ/7?accountid=136549</a></p>	1	1
<p><b>WAYS TO DEVELOP RESISTANCE THROUGH SPECIFIC MEANS OF ATHLETICS IN FOOTBALL JUNIORS</b>, Monea Dan, Grosu Vlad Teodor, <b>Grosu Emilia Florina</b>, Popovici Cornelia, ERD 2018, 6<sup>th</sup> International Conference - Education, Reflection, Development, 6th International Conference, The European Proceedings of Social &amp; Behavioural Sciences, EpSBS, Future Academy, eISSN: 2357-1330, <a href="http://dx.doi.org/10.15405/epsbs.2019.0645">http://dx.doi.org/10.15405/epsbs.2019.0645</a>  <a href="http://dx.doi.org/10.15405/epsbs.2018.06.7">http://dx.doi.org/10.15405/epsbs.2018.06.7</a>  <a href="https://www.europeanproceedings.com/files/data/article/98/5514/article_98_5514_pdf_100.pdf">https://www.europeanproceedings.com/files/data/article/98/5514/article_98_5514_pdf_100.pdf</a>  <a href="http://www.dse.psiedu.ubbclui.rwo ww.ubbclui.ro 2018">www.dse.psiedu.ubbclui.rwo ww.ubbclui.ro 2018</a></p>	1	1
<p><b>The specifics of sensations and perceptions at students from different faculties</b>, <b>Grosu Emilia Florina</b>, Vari Hanna Imola, Grosu Vlad Teodor, Monea Dan, Timisoara 2017, Physical Education and Rehabilitation Journal (TPERJ), De Gruyter OPEN, Timisoara Vol. 11, Iss. 20, (2018) DOI: 12.2478/tperj-2018-0003, pp 17-26.</p>	1	1

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	<p><b>Therapeutic garden with ornamental plants for enhance and creating well-being at children</b>  Cantor Maria, Grosu Emilia Florina, Buru (Hitter) Timea, Buta Erzsebet, Boboc (Oros) Paula, eBook, Proceedings of the international Conference of Life Sciences, international Conference on Life science, May 2018, Filo Diritto, dal 2008, editore- Proceedings, ISBN 978-88-85813-24-3, © Copyright 2018 Filodiritto Publisher, <a href="mailto:filodirittoeditore.com">filodirittoeditore.com</a>, inFOROmatica srl, Via Castiglione, 81, 40124 Bologna (Italy)  <a href="http://informatica.it">informatica.it</a>, tel. 051 9843125 - Fax 051 9843529 - <a href="mailto:commerciale@filodiritto.com">commerciale@filodiritto.com</a>  <a href="file:///D:/1.Emy%20Cloud/Materiale%202018/Peisagistica%20articole/Horticulture%20TM%20Conferinta/Lucrare%20ISI_Cantor_Timis_oara_2018.pdf">file:///D:/1.Emy%20Cloud/Materiale%202018/Peisagistica%20articole/Horticulture%20TM%20Conferinta/Lucrare%20ISI_Cantor_Timis_oara_2018.pdf</a>  <a href="https://www.journal-hfb.usab-tm.ro/engleza/jhfb2018.html">https://www.journal-hfb.usab-tm.ro/engleza/jhfb2018.html</a></p>	1	1
		<b>Total 19 =</b>	<b>21 puncte</b>
<b>I 10</b>	<b>Lucrări in extenso (tip proceedings) indexate WoS sau altă BDI recunoscută, realizate în calitate de co-autor, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI</b>	<b>1/n</b>	<b>Lucrare</b>
	<p><b>Study on Athletes who Underwent an Athletic Training Program at Altitude in Order to Increase their Pulmonary Capacity, to Identify Psychological Changes Regarding Attention and Concentration, the Persistence of Motivation and the Correlations Between the Two</b>, Péter-Zsolt Szabó, Emilia Florina Grosu, Ioan Nelu Pop, Almos András, Dan Monea, Gheorghe Monea, Agnes Simon-Ugron,  DOI:<a href="http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1112&amp;serie=EDUCATIO%20ARTIS%20GYMNASTICAE&amp;nr=3&amp;an=2017">http://www.studia.ubbcluj.ro/arhiva/cuprins_en.php?id_editie=1112&amp;serie=EDUCATIO%20ARTIS%20GYMNASTICAE&amp;nr=3&amp;an=2017</a></p>	1/7	0.14
	<p><b>Comparative Study Between the Vertical Detachment of one Foot and the Vertical Detachment of Both Feet with One Step and Two Steps Take- Off Approach</b>, Stupar R., C. Monea G., Șanta C., Grosu E. F., Hanțiu I., Proceedings of ICU 2018, the 4th International Conference of the Universitaria Consortium, The Impact of Sport and Physical Education Science on Today's Society, November 23-24, 2018, Iași, Romania, Printed in December 2018 by Editografica, Bologna (Italy) ISBN 978-88-87729-54-2 pp 339-344,  <a href="http://www.edlearning.it">www.edlearning.it</a></p>	1/ 5	0.20
	<p><b>Implementation of dance therapy in 13-14 year old students in order to reduce stress and anxiety</b>, Grosu Emilia Florina, Vari Hana Imola, Mihaiu Costinel, Grosu Vlad Teodor, Moisa – Turcu Antonel Adrian, Cyprus Conference 2020 (în curs de apariție) <a href="#">Vol. 7 No. 3 (2020): Selected Paper of 9th Cyprus International Conference on Educational Research (CYICER-2020)</a>, <a href="https://unpub.eu/ojs/index.php/pntsbs/article/view/5242">https://unpub.eu/ojs/index.php/pntsbs/article/view/5242</a> Published: Dec 1, 2020  DOI: <a href="https://doi.org/10.18844/prosoc.v7i3.5242">https://doi.org/10.18844/prosoc.v7i3.5242</a></p>	1 /5	0.20

	<p><b>THE ROLE OF MOTOR SKILLS IN IMPROVING TECHNIQUES IN YURCENKO JUMP</b>  by Groza Gogean Gina; <b>Grosu Florina Emilia</b>  Gymnasium Journal, 07/2015, Volume 16, Issue 2, Journal  Article: Gymnasium, <b>Source</b>ProQuest Central (purchase pre-March 2016)  <b>Publication Title:</b>Gymnasium, <b>Publisher:</b>"Vasile Alecsandri"  University of Bacau, <b>Volume:</b>16, <b>Issue:</b>1, <b>Start Page:</b>7, <b>Date</b>  :01/2015, <b>ISSN:</b>1453-0201, <b>Subjects:</b> Mental health, Motor  ability, Linguistics, Sports training, <b>Limbă:</b>English  <a href="https://search-proquest-com.am.e-information.ro/results/BF3954FEFC154BEAPQ/1?accountid=136549">https://search-proquest-com.am.e-  nformation.ro/results/BF3954FEFC154BEAPQ/1?accountid=136549</a></p>	1/2	0.50
	<p><b>INCREASING COORDINATION AND AGILITY INDICES AT 14- 16 YEARS OLD JUNIOR FOOTBALL PLAYERS WITH A SYSTEM TECHNOLOGY</b>  Rozsnay Radu Adrian, Grosu Vlad Teodor, <b>Grosu Emilia Florina*</b>, Moisa-Turcu Antonel Adrian  ERD 2020, Education, Reflection, Development, Eighth Edition, The  European Proceedings of  Social and Behavioural Sciences, EpSBS,e-ISSN: 2357-1330, DOI:  10.15405/epsbs.2021.03.02.23</p>	1/4	0.25
	<p><b>THE DEVELOPMENT OF CREATIVE THINKING IN CHILDREN IN SECONDARY SCHOOLS</b>  by Preja Carmen Aneta; <b>Grosu Emilia Florina</b>; Grosu Vlad Teodor  Gymnasium, 01/2014, Volume 15, Issue 1  Source: ProQuest Central (purchase pre-March 2016)  Publication Title:Gymnasium  Publisher:"Vasile Alecsandri" University of Bacau  Gymnasium, Volume:15, Issue:1, Start Page:131, Date :01/2014,  ISSN:1453-0201  Subjects: Nonverbal communication, Imagination, Creativity,  Secondary school students, Physical education, Limbă: English  <a href="https://search-proquest-com.am.e-information.ro/results/BF3954FEFC154BEAPQ/1?accountid=136549">https://search-proquest-com.am.e-  nformation.ro/results/BF3954FEFC154BEAPQ/1?accountid=136549</a></p>	1/3	0.33
	<p><b>Repetition speed in the context of specific physical training period for judo athletes</b> Peter Szolt, <b>Grosu Emilia Florina</b>, Pop Ioan, Almos Andras, Monea Dan, Botezan Mihaela, , Studia Universitatis Babeş-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+, DOI:  <a href="http://www.studia.ubbcluj.ro/download/pdf/1076.pdf">http://www.studia.ubbcluj.ro/download/pdf/1076.pdf</a>, 2017</p>	1/5	0.20
	<p><b>Correlations between Attention, Emotional Distress and Anxiety with Regards to Athletes of 11-15 Years in Perceptual-motor Sports,</b>  <b>Emilia Florina Grosu</b>, Vlad Teodor Grosu, Dan Monea,  Horizon Research Publishing Corporation, <i>Universal Journal of Educational Research</i> Vol. 3(8), pp. 508 - 512, 2015, ISSN: 2332-3205 (Print), ISSN: 2332-3213 (Online)  DOI:10.13189/ujer.2015.030805, <a href="http://www.hrpub.org/journals/jour_archive.php?id=95&amp;iid=721">http://www.hrpub.org/journals/jo  ur_archive.php?id=95&amp;iid=721</a>  <a href="http://www.hrpub.org/journals/article_info.php?aid=2855">http://www.hrpub.org/journals/article_info.php?aid=2855</a>,  <a href="http://www.hrpub.org/download/20150831/UJER5-19504207.pdf">http://www.hrpub.org/download/20150831/UJER5-19504207.pdf</a>  ISSN: 2332-3205 (Print); ISSN: 2332-3213 (Online),  <a href="http://www.hrpub.org/journals/jour_info.php?id=95">http://www.hrpub.org/journals/jour_info.php?id=95</a></p>	1/3	0.33

	<p><b>Attention and emotional distress in junior athletes practicing judo and alpine skiing</b>  Grosu, Vlad Teodor; Florian, Toader; Ciufudean, Emil; <b>Grosu, Emilia Florina</b>, <i>Palestrica of the Third Millennium Civilization &amp; Sport</i>. Oct-Nov2015, Vol. 16 Issue 4, p. 338-341. 4p,  Print ISSN: 1582-1943, Online ISSN: 2247-7322, ISSN-L(Linking ISSN): 1582-1943  <a href="http://web.b.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=15821943&amp;AN=114631676&amp;h=5JQYoyz%2bh5vcCHinfSmzLYwzUbrQhin6wKS5PSb5boF%2bVyxOE5JJPQprzN1YRcvspkPYDbh15Di7seLdjh9gZA%3d%3d&amp;crl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d15821943%26AN%3d114631676">http://web.b.ebscohost.com/abstract?direct=true&amp;profile=ehost&amp;scope=site&amp;authtype=crawler&amp;jrnl=15821943&amp;AN=114631676&amp;h=5JQYoyz%2bh5vcCHinfSmzLYwzUbrQhin6wKS5PSb5boF%2bVyxOE5JJPQprzN1YRcvspkPYDbh15Di7seLdjh9gZA%3d%3d&amp;crl=c&amp;resultNs=AdminWebAuth&amp;resultLocal=ErrCrlNotAuth&amp;crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d15821943%26AN%3d114631676</a></p>	1/4	0.25
	<p><b>Power Output of Judo Athletes and High-Speed Neuromuscular Control</b> Szabo Peter, <b>Grosu Emilia Florina</b>, Pop Nelu, Almos Andras, Monea Dan, Monea Gh, , <i>Studia Universitatis Babes-Bolyai Educatio Artis Gymnasticae, Categ CNCSIS B+</i>  <a href="http://www.studia.ubbcluj.ro/download/pdf/1065.pdf">http://www.studia.ubbcluj.ro/download/pdf/1065.pdf</a>, 2016</p>	1/6	0.16
	<p><b>Neurolinguistic programming techniques in sports training for enhancing performance capacity, Tehnicile de programare neuro-lingvistică în antrenamentul sportiv pentru creșterea capacității de performanță.</b>  Vlad Teodor Grosu, Alina Cristina Rusu, <b>Emilia Florina Grosu</b>, <i>Palestrica of the third millennium – Civilization and Sport</i>, Vol. 14, no. 3, July-September 2013, 212–218,  <a href="http://pm3.ro/pdf/53/RO/14%20-%20grosu%20212-218.pdf">http://pm3.ro/pdf/53/RO/14%20-%20grosu%20212-218.pdf</a>  <a href="http://www.pm3.ro/en/2013-issues/palestrica-of-the-third-millennium-civilization-and-sport-vol-14-no-3-july-september-2013/">http://www.pm3.ro/en/2013-issues/palestrica-of-the-third-millennium-civilization-and-sport-vol-14-no-3-july-september-2013/</a>  Print ISSN: 1582-1943, Online ISSN: 2247-7322, ISSN-L(Linking ISSN): 1582-1943</p>	1/3	0.33
	<p><b>Expression of sensory submodalities by neurolinguistic programming methods in sport training</b> <b>Exprimarea submodalităților senzitive prin limbaj în programarea neurolingvistică din antrenamentul sportive,</b>  Vlad Teodor Grosu, Cornelia Popovici, Marin Dumitrescu, <b>Emilia Florina Grosu</b>,  <i>Palestrica of the third millennium – Civilization and Sport</i> Vol. 15, no. 3, July-September 2014, 193–199, <a href="http://www.pm3.ro/en/2014-issues/palestrica-of-the-third-millennium-civilization-and-sport-vol-15-no-3-july-september-2014/">http://www.pm3.ro/en/2014-issues/palestrica-of-the-third-millennium-civilization-and-sport-vol-15-no-3-july-september-2014/</a>,  <a href="http://pm3.ro/pdf/57/oct%202014/RO/15%20-%20grosu%20-%20inghesuit%20233-237.pdf">http://pm3.ro/pdf/57/oct%202014/RO/15%20-%20grosu%20-%20inghesuit%20233-237.pdf</a>, Print ISSN: 1582-1943, Online ISSN: 2247-7322, ISSN-L(Linking ISSN): 1582-1943,</p>	1/4	0.25
	<p><b>Factors involved in adherence to physical activity among Israeli physiotherapists, Factorii implicați în aderarea fizioterapeuților israelieni la activitatea fizică,</b>  Michal Azmon, <b>Emilia Grosu</b>,  <i>Palestrica of the third millennium – Civilization and Sport</i> Vol. 16, no. 3, July-September 2015, 228–234,  <a href="http://www.pm3.ro/en/2015-issues/palestrica-of-the-third-millennium-civilization-and-sport-vol-16-no-3-july-september-2015/">http://www.pm3.ro/en/2015-issues/palestrica-of-the-third-millennium-civilization-and-sport-vol-16-no-3-july-september-2015/</a></p>	1/2	0.50

	<a href="http://pm3.ro/pdf/61/RO/10%20-%20azmon%20%20%20228-234.pdf">http://pm3.ro/pdf/61/RO/10%20-%20azmon%20%20%20228-234.pdf</a> Print ISSN: 1582-1943, Online ISSN: 2247-7322, ISSN-L (Linking ISSN): 1582-1943		
	<b>Puterea dezvoltată de sportivii de judo și control neuromuscular la viteze mari de execuție, / Power output of judo athletes and high-speed neuromuscular control,</b> Peter -Zsolt Szabo, <b>Emilia Florina Grosu</b> , Ioan Pop Nelu, Almos Andras, Dan Monea, Gheorghe Monea, STUDIA EDUCATIO ARTIS GYMNASITICAE, no.4 / 2016, ISSN (online) 2065-9547, ISSN (print): 1453-4223, ISSN (online): 2065-9547, ISSN-L: 1453-4223, <a href="http://studia.ubbcluj.ro/arhiva/abstract.php?editie=EDUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=4&amp;an=2016&amp;id_art=14817">http://studia.ubbcluj.ro/arhiva/abstract.php?editie=EDUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=4&amp;an=2016&amp;id_art=14817</a> , (ERIH PLUS) (2015) <a href="https://dbh.nsd.uib.no/publiseringskanaler/erihplus/periodical/info?id=486646">https://dbh.nsd.uib.no/publiseringskanaler/erihplus/periodical/info?id=486646</a> <a href="http://studia.ubbcluj.ro/arhiva/cuprins.php?id_editie=1065&amp;serie=EUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=4&amp;an=2016">http://studia.ubbcluj.ro/arhiva/cuprins.php?id_editie=1065&amp;serie=EUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=4&amp;an=2016</a>	1/ 6	0.16
	<b>Viteza de repetiție în contextual unui program de antrenament specific al sportivilor de judo/ Repetition speed in the context of specific physical training period for judo athletes,</b> Peter – Zsolt Szabo, <b>Emilia Florina Grosu</b> , Ioan Pop Nelu, Almos Andras, Dan Monea, Mihaela Maria Botezan, STUDIA EDUCATIO ARTIS GYMNASITICAE, No. 1 / 2017, ISSN (online) 2065-9547, ISSN (print): 1453-4223, <b>DOI:</b> <a href="https://doi.org/10.24193/subbeag.62(1).04">https://doi.org/10.24193/subbeag.62(1).04</a> ISSN (online): 2065-9547, ISSN-L: 1453-4223, <a href="http://studia.ubbcluj.ro/arhiva/abstract.php?editie=EDUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=1&amp;an=2017&amp;id_art=14937">http://studia.ubbcluj.ro/arhiva/abstract.php?editie=EDUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=1&amp;an=2017&amp;id_art=14937</a> , <a href="http://studia.ubbcluj.ro/arhiva/cuprins.php?id_editie=1076&amp;serie=EUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=1&amp;an=2017">http://studia.ubbcluj.ro/arhiva/cuprins.php?id_editie=1076&amp;serie=EUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=1&amp;an=2017</a> <b>DOI:</b> <a href="https://doi.org/10.24193/subbeag.62(1).04">https://doi.org/10.24193/subbeag.62(1).04</a>	1/ 6	0.16
	<b>Studiu asupra sportivilor care urmează un program de pregătire athletică la altitudine pentru creșterea capacității pulmonare pentru a identifica modificări psihologice în ceea ce privește atenția și puterea de concentrare, persistența motivației și corelația dintre cele două / Study of athletes who underwent an athletic training program at altitude in order to increase their pulmonary capacity, to identify psychological changes regarding attention and concentration, the persistence of motivation and the correlation between the two,</b> Szabo Peter Zsolt, <b>Grosu Emilia Florina</b> , Ioan Pop Nelu, Andras Almos, Dan Monea, Gheorghe Monea, Ugron Agnes, Studia Educatio Artis Gymnasticae – No.3 /2017, <b>DOI:</b> <a href="https://doi.org/10.24193/subbeag.62(3).21">10.24193/subbeag.62(3).21</a> , Published Online: 2017-09-30, Published Print: 2017-09-30 <a href="http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=3&amp;an=2017&amp;id_art=15503">http://www.studia.ubbcluj.ro/arhiva/abstract_en.php?editie=EDUCATIO%20ARTIS%20GYMNASITICAE&amp;nr=3&amp;an=2017&amp;id_art=15503</a>	1/7	0.14
	<b>THE DEVELOPMENT OF CREATIVE THINKING IN CHILDREN IN SECONDARY SCHOOLS</b>	1/3	0.33

	<p>Preja Carmen Aneta, <b>Grosu Emilia Florina</b>, Grosu Vlad Teodor  No. 1, Vol. XV /2014, G Y M N A S I U M - Scientific Journal of  Education, Sports, and Health  <a href="http://www.gymnasium.ub.ro/index.php/journal/article/view/181/167">http://www.gymnasium.ub.ro/index.php/journal/article/view/181/167</a>,  ISSN: 2344-5645,  <a href="http://www.gymnasium.ub.ro/index.php/journal/issue/view/8">http://www.gymnasium.ub.ro/index.php/journal/issue/view/8</a>,  (online) = ISSN 2344 – 5645, ISSN-L 1453-0201</p>		
	<p><b>Sensory submodalities testing in neurolinguistic programming, part of mental training</b>, Vlad Teodor GROSU, <b>Emilia Florina GROSU</b>, Cornelia POPOVICI, Costinel MIHAIU, Timișoara  Physical Education and Rehabilitation Journal, ISSN: 2065-0574,  vol. 7, issue 14 (June 2015)  Published Online: 2015-12-10   DOI: <a href="https://doi.org/10.1515/tperj-2015-0001">https://doi.org/10.1515/tperj-2015-0001</a>, online, <a href="https://www.degruyter.com/view/j/tperj">https://www.degruyter.com/view/j/tperj</a>  Web: <a href="http://www.tperj.ro">www.tperj.ro</a>, E-mail: <a href="mailto:tperjournal@e-uvt.ro">tperjournal@e-uvt.ro</a></p>	1/4	0.25
	<p><b>How to increase the performance in Special Olympics (SO) table tennis players</b>,  Bechar Inbal, <b>Emilia Florina Grosu</b>, Vlad Teodor Grosu,  <i>Arena-Journal of Physical Activities, Arena – JPA</i>, 5, pp 28-45,  No 5 (2016), ISSN 2285 – 830X,  <a href="http://www.uav.ro/jour/index.php/ajpa/article/view/823">http://www.uav.ro/jour/index.php/ajpa/article/view/823</a>  <a href="http://www.uav.ro/jour/index.php/ajpa/article/view/823/pdf">http://www.uav.ro/jour/index.php/ajpa/article/view/823/pdf</a></p>	1/3	0.33
	<p><b>Behavioral Models on the Players’ Activities during the Tennis Matches</b>  Rodica Prodan, <b>Emilia Florina Grosu</b>,  <i>Arena-Journal of Physical Activities, Arena – JPA</i>, 5, pp 168-178, No  5 (2016), ISSN 2285 – 830X,  <a href="http://www.uav.ro/jour/index.php/ajpa/article/view/823">http://www.uav.ro/jour/index.php/ajpa/article/view/823</a>  <a href="http://www.uav.ro/jour/index.php/ajpa/article/view/834/pdf">http://www.uav.ro/jour/index.php/ajpa/article/view/834/pdf</a></p>	1/2	0.50
	<p><b>The place of sensorial submodalities in ideomotor representations of neurolinguistics programming</b>  Grosu Vlad Teodor, <b>Grosu Emilia Florina</b>, Suci Cornelia,  Dumitrescu Marian, Fetean Gheorghe, <i>Global Journal of Arts  Education</i>, Vol 4, No 2 (2014), p. 76 -81, ISSN: 2301-2560,  <a href="http://awer-center.org/gjae/">http://awer-center.org/gjae/</a>  <a href="http://sproc.org/archives/index.php/gjae/issue/view/168/showToc">http://sproc.org/archives/index.php/gjae/issue/view/168/showToc</a>  <a href="http://sproc.org/archives/index.php/gjae/article/view/3399/3034">http://sproc.org/archives/index.php/gjae/article/view/3399/3034</a></p>	1/5	0.20
	<p><b>Optimization of Performance in Alpine Skiing Through Different Mental Training Techniques</b>  Grosu Vlad Teodor, <b>Grosu Emilia Florina</b>, Motică Florin,  <i>International Journal of Modern Education Research</i> 2016,  American Association for Science and Technology; 3(2): 6-12  <a href="http://www.aascit.org/journal/ijmer">http://www.aascit.org/journal/ijmer</a>; ISSN: 2375-3781</p>	1/3	0.33
	<p><b>Using Dance Therapy Among High School Students and its Effects on Motivational Persistence in Students 14-18 Aged</b>  Vari Hanna, <b>Grosu Emilia Florina</b>, Grosu Vlad Teodor, Boancă Virgil,  Toader Florian  ARENA-JPA, ISSN 2285-830X 9, pp.27-41 , 2020  <a href="https://www.google.com/search?q=Using+dance+therapy+among+high+school+students+and+its+effects+on+motivational+persistence+in+students&amp;oq=Using+dance+therapy+among+high+school+student">https://www.google.com/search?q=Using+dance+therapy+among+high+school+students+and+its+effects+on+motivational+persistence+in+students&amp;oq=Using+dance+therapy+among+high+school+student</a></p>	1/5	0.20

	<a href="#">s+and+its+effects+on+motivational+persistence+in+students&amp;aqs=c hrome..69i57.1207j0j15&amp;sourceid=chrome&amp;ie=UTF-8</a>		
	<b>Dance movement therapy by practicing authentic movement and epimotorics / Terapia mișcărilor de dans practicând mișcarea autentică și EpiMotorics</b> , Shalem – Zafari Yifat <b>Grosu Emilia Florina</b> , Moraru Cristina Elena, Grosu Vlad Teodor, Proceedings of ICU 2019, The 5th international Conference of the Universitaria Consortiul, education for Health and Performance, october 11-12, 2019, Cluj - Napoca, Romania, <a href="http://www.edlearning.it">www.edlearning.it</a> , Printed in January 2020, Bologna (Italy), ISBN 978-88-87729-62-7, pp. 379-384	1/2	0.50
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	<b>Improvememnt of Kyphotic Posture Using Physical Therapy and Dancesport Means</b> , Moraru, C., E., <b>Grosu E., F.</b> , Alexe D.I., Gogean G., Proceedings of ICU 2018, the 4th International Conference of the Universitaria Consortium, The Impact of Sport and Physical Education Science on Today's Society, November 23-24, 2018, Iași, Romania, Printed in December 2018 by Editografica, Bologna (Italy) ISBN 978-88-87729-54-2 ISBN 978-88-87729-54-2 pp 165-170, <a href="http://www.edlearning.it">www.edlearning.it</a>	1/4	0.25
	<b>Reduce anxiety and stress in sky-biatlon by using mental training</b> <b>Grosu Emilia Florina</b> , Motică Florin Constantin, Grosu Vlad Teodor, ERD 2017: Education, Reflection, Development, Fourth Edition, The European Proceedings of Social & Behavioral Sciences EpSBS, eISSN: 2357-1330, <a href="http://dx.doi.org/10.15405/epsbs.2018.06.52">http://dx.doi.org/10.15405/epsbs.2018.06.52</a>	1/3	0.33
	<b>Study Concerning the Efficiency of the Use of Dynamic Games in Physical Education and Sports Lessons at 8th Class / Studiu privind eficiența folosirii jocurilor dinamice în lecția de educație fizică și sport la clasele a VIII-a</b> , ROZSNYAI RADU ADRIAN, <b>GROSU EMILA FLORINA</b> , ORMENIȘAN VASILE SEPTIMIU, GROSU VLAD, RADU PAUL OVIDIU, YEAR Volume 63 (LXIII) 2018, MONTH DECEMBER, ISSUE 4, S T U D I A UNIVERSITATIS BABEȘ-BOLYAI EDUCATIO ARTIS GYMNASITICAE, pg 49-57, 4/2018 DOI: 10.24193/subbeag.63(4)	1/5	0.20
	<b>STUDY ON THE SOMATO-FUNCTIONAL CHANGES OF</b>	1/3	0.33

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	<p><b>The Effect of the Self- Supervision Model Integrating Authentic Movement and Epimotorics' on Self-Efficacy Among Dance Movement Therapists,</b> YIFAT SHALEM-ZAFARI, <b>EMILIA FLORINA GROSU</b>, STUDIA UBB EDUCATIO ARTIS GYMN., LXII, 4, 2017, pp. 5 - 17 (RECOMMENDED CITATION) DOI:10.24193/subbeag.62(4).29, <a href="http://www.studia.ubbcluj.ro/download/pdf/1132.pdf">http://www.studia.ubbcluj.ro/download/pdf/1132.pdf</a></p>	1/2	0.50
		<b>Total I 10</b>	<b>8.85</b>
<b>I 11</b>	<p><b>Alte articole <i>in extenso</i> publicate în calitate de autor / co-autor în reviste științifice, cu condiția ca revistele să fie indexate la nivel de rezumat în cel puțin o bază de date internațională recunoscută</b></p>	<b>1/n</b>	<b>Articol</b>
	<p><b>The specifics of sensations and perceptions in students from different faculties,</b> <b>Emilia Florina GROSU</b>, Hanna Imola VARI, Vlad Teodor GROSU, Dan MONEA, Timisoara Physical Education &amp; Rehabilitation Journal, 2019, Vol. 10 Issue 3, p17-26. 10p. DOI: <a href="https://doi.org/10.2478/tperj-2018-0003">https://doi.org/10.2478/tperj-2018-0003</a> <a href="http://eds.b.ebscohost.com/abstract">http://eds.b.ebscohost.com/abstract</a> <a href="https://sciendo.com/article/10.2478/tperj-2018-0003">https://sciendo.com/article/10.2478/tperj-2018-0003</a></p>	1/4	0.25
	<p><b>Controlling anxiety and stress in ski-biathlon athletes using EmWave2,</b> <b>Grosu Emilia Florina</b>, Motica Florin Constantin Grosu Vlad Teodor Monea Dan, A New Trends and Issues Proceedings on Humanities and Social Sciences Volume 4, Issue 8 (2017) 01-07 Selected paper of 8th World Conference on Learning, Teaching and Educational Leadership, (WCLTA 2017) 26-28 October ISSN:2547-8818, <a href="http://www.prosoc.eu">www.prosoc.eu</a> 2017 <a href="https://un-pub.eu/ojs/index.php/pntsbs/article/view/2956">https://un-pub.eu/ojs/index.php/pntsbs/article/view/2956</a></p>	1/4	0.25
	<p><b>Aspects of heart rate monitoring in rhythmic gymnastics exercises,</b> Cristina-Elena Moraru, <b>Emilia Florina Grosu</b>, Liliana Elisabeta Radu, Gina Grosu Gogean, New Trends and Issues Proceedings on Humanities and Social Sciences, Volume 4, Issue 8 (2017) 01-07, Selected paper of 8th World Conference on Learning, Teaching and Educational Leadership, (WCLTA 2017) Universidade Aberta, Lisbon, Portugal, 26-28 October 2017, [Online]. 01, pp 396-400. Available from: <a href="http://www.prosoc.eu">www.prosoc.eu</a></p>	1/4	0.25
	<p><b>Training means and methods of junior soccer players for increasing speed, skill and aerobic resistance</b> Monea Dan, <b>Grosu Emilia Florina</b>, Grosu Vlad, Nica-Badea Delia, "Education For health and performance", International Conference, ISBN 978-973-53-1886-4, P.160-172, 2016</p>	1/4	0.25
	<p><b>Force-speed asymmetry in the context of structural consistency in judo athletes,</b> Szabó Péter-Zsolt, <b>Grosu Emilia Florina</b>, Pop Ioan</p>	1/6	0.16

	Nelu, Andras Almos, Monea Dan, Monea Gheorghe, Education For health and performance, International Conference, ISBN 978-973-53-1886-4, P. 316-321, 2016		
	<b>Metalanguage and sensory submodalities in mental training techniques through neurolinguistic programming</b> , Grosu Vlad Teodor, <b>Grosu Emilia-Florina</b> , Monea Dan, LINELT, AWER-Center Proceedings Journals indexed by AWER INDEX , Editor: SCOPUS, EBSCO, Thomson Reuters Conference Proceedings Citation Index – CPCI (ISI Web of Science), ISSN: 1877-0428, <a href="http://www.linelt.org">www.linelt.org</a> , P. 111-122 , Conferinta, 2016	1/3	0.33
	<b>Motor coordination and reactivity influenced by mental training in alpine skiing</b> , Moraru Cristina - Elena, Grosu Vlad Teodor, <b>Grosu Emilia - Florina</b> , Monea Dan, Conference: 15th World LUMEN Congress - Logos Universality Mentality Education Novelty (LUMEN) Location: Iasi, ROMANIA Date: APR 12-17, 2016, Elsevier Ltd.Publisher, Editor: Elsevier - Procedia Social and Behavioral Sciences, ISSN: 2445 - 1479., <a href="http://www.journals.elsevier.com/procedia-social-and-behavioral-sciences/">http://www.journals.elsevier.com/procedia-social-and-behavioral-sciences/</a> , P. 436-443, <a href="http://www.journals.elsevier.com/procedia-social-and-behavioral-sciences/">http://www.journals.elsevier.com/procedia-social-and-behavioral-sciences/</a> , 2016	1/4	0.25
	<b>An Interdisciplinary model for the study of the competition stress in alpine skiing: emotion perceived stress and salivary stress hormones</b> , Toma, Vlad, Bucălie Eduard, Ciolpan Paul, Banu Andreas, Roman Ioana, <b>Grosu Emilia F.</b> , Rusu Alina, S., International Session of Scientific Communication, Bucharest, 25 March, 2016, Editura Universității din București, p. 107-111, ISSN; ISSN-L: 1843-7079 <a href="http://editura-unibuc.ro/magazin/educatie-fizica-si-sport/international-session-of-scientific-communications-bucharest-march-25-2016/#prettyPhoto">http://editura-unibuc.ro/magazin/educatie-fizica-si-sport/international-session-of-scientific-communications-bucharest-march-25-2016/#prettyPhoto</a>	1/ 7	0.14
	<b>MENTAL TRAINING TECHNIQUES USING METALANGUAGE AND SENSORY SUBMODALITIES / Tehnici de antrenament mental folosind metalimbajul și submodalitățile senzoriale</b> , <b>Grosu Emilia Florina</b> , Grosu Vlad Teodor, <i>International Session of Scientific Communication, THE ROLE OF PHYSICAL EDUCATION AND SPORT IN PROMOTING A HEALTHY LIFESTYLE</i> Bucharest, 24 March, 2017, Editura Universității din București, p. 195- 204, ISSN; ISSN-L: 1843-7079	1/2	0.50
	<b>Use of Adapted Aerobic Gymnastics Means in the Rehabilitation of Bimalleolar Fracture , Utilizarea mijloacelor gimnasticii aerobice adaptate în recuperarea fracturii bimaleolare</b> , Moraru Cristina Elena, <b>Grosu Emilia Florina</b> , în vol. <i>Education for Health and Performance International Conference organized by the Universitaria Consortium 14-15 October 2016, Cluj-Napoca, Romania, ISBN 978-973-53-1886-4</i>	1/2	0.50
	<b>Metode și mijloace utilizate în antrenamentul fotbalistilor juniori pentru ameliorarea vitezei, îndemânării și rezistenței aerobe, / Training Means and Methods of Junior Soccer Players for Increasing Speed, Skill and Aerobic Resistance</b> , Monea Dan, <b>Grosu Emilia Florina</b> , Grosu Vlad Teodor, Nica Badea Delia, în vol. <i>Education for Health and Performance International</i>	1/4	0.25

	<i>Conference organized by the Universitaria Consortium 14-15 October 2016, Cluj-Napoca, Romania, ISBN 978-973-53-1886-4</i>		
	<b>Dance movement therapy practicing the Authentic Movement and EpiMotorics</b> , Shalem – Zafari Yifat, <b>Grosu Emilia Florina</b> , Moraru Cristina Elena, Grosu Vlad Teodor, ICU 2019 (11-12 October, 2019 - Cluj - Napoca, Romania) file:///C:/Users/emili/Downloads/379-384.pdf <a href="https://www.researchgate.net/publication/349536816_Dance_movement_therapy_by_practicing_authentic_movement_and_epimotorics">https://www.researchgate.net/publication/349536816_Dance_movement_therapy_by_practicing_authentic_movement_and_epimotorics</a>	1/4	0.25
	<b>Does swimming exercises improve posture for blind and visually impaired children?</b> Emese Maniu, Dragos Adrian Maniu, Vlad Teodor Grosu, Emilia Florina Grosu Project: project number POCU 123793 with the title „Researcher, future entrepreneur - New Generation”, 2020. <a href="https://www.researchgate.net/publication/349038677_Does_swimming_exercises_improve_posture_for_blind_and_visually_impaired_children">https://www.researchgate.net/publication/349038677_Does_swimming_exercises_improve_posture_for_blind_and_visually_impaired_children</a>	1/4	0.25
	<b>Increasing the Physical Condition of Young People from Cluj Napoca Through Modern Means</b> Grosu Vlad Teodor, Popa Călin, <b>Grosu Emilia Florina</b> , Radu Adrian Rozsnyai, Popovici Cornelia, FIEPS Congress – Barcelona 2019, publish in FIEP Bulletin, Journal of The International Federation of Physical Education, Volume 90 n. 1 e 2 – 2019, ISSN-0256-6419, ISSNe 2412-2688, pp 38-46, <a href="http://www.fiepbulletin.net">http://www.fiepbulletin.net</a> , register FIEP: CNPJ 03 946.5260001-57, DOI 10.16887	1/5	0.20
	<b>MENTAL TRAINING TECHNIQUES USING METALANGUAGE AND SENSORY SUBMODALITIES / TEHNICI DE ANTRENAMENT MENTAL FOLOSIND METALIMBAJUL ȘI SUBMODALITĂȚILE SENZORIALE</b> <b>Emilia Florina Grosu</b> , Vlad Teodor Grosu, INTERNATIONAL SESSION OF SCIENTIFIC COMMUNICATIONS- THE ROLE OF PHYSICAL EDUCATION AND SPORT IN PROMOTING A HEALTHY LIFESTYLE, Bucharest, March 24th, 2017, Editura Universității din București, ISSN 1843 – 7079, pp 195-204. <a href="http://www.defs.unibuc.ro/conferintaub/administrare/cpanel/file-manager/uploads/Revista%20DEFS%202017%20ONLINE%20(3.2%20MB).pdf">http://www.defs.unibuc.ro/conferintaub/administrare/cpanel/file-manager/uploads/Revista%20DEFS%202017%20ONLINE%20(3.2%20MB).pdf</a>	1/2	0.50
	<b>Lavender - Perfume and Business in Romania</b> , Grosu E F, Munteanu C, Grosu V T. Lavender, Agri Res& Tech: Open Access J. 2019; 19(3): 556097. DOI: 10.19080/ARTOAJ.2019.19.556097.pdf Agricultural Research and Technology, open access Journal, ISSN: 2471- 6774, Impact factor: 1.191 (2017-'18), NLM: 101731739, LCCN: 2016201373, OCoLC: 945700107, Case Report, Volume 19 Issue 3- January 2019, DOI 1019080/ARTOAJ.MS.ID.556097(2019) <a href="https://juniperpublishers.com/artoaj/ARTOAJ.MS.ID.556097.php#atype">https://juniperpublishers.com/artoaj/ARTOAJ.MS.ID.556097.php#atype</a>	1/3	0.33
		<b>Total I 11</b>	<b>4.66</b>
<b>I12</b>	<b>Cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B (m B = 0,5)</b>	<b>12 x m/n</b>	<b>Carte</b>
	Gimnastica acrobatică și sărituri, <b>Grosu Emilia Florina, Gina</b>	12 x 0.5/2	3.00

	<b>Gogean Groza</b> , Editura GMI, Cluj – Napoca, ISBN general, Colecția Gimnastică 978-973-1776- 61-3 ISBN vol. 3 978-973-1776- 62-0, 2016	/2	
	<i>Aplicații ale antrenamentului mental în sport. (2000).</i> <b>Grosu Emilia Florina</b> , vol 3, Publisher GMI, Cluj – Napoca, ISBN 973-98721-3-1	12 x 0.5	6.00
	<i>Învățarea motorie și performanța în sport (2001).</i> <b>Grosu Emilia Florina</b> , vol. 2, Publisher GMI; Cluj – Napoca, ISBN 973-98721-4-x.	12 x 0.5	6.00
	<i>Gimnastica aerobică - Programe de stilare corporală.</i> <b>Grosu Emilia Florina (2003)</b> , Publisher GMI, Cluj – Napoca, ISBN 973- 98721-5-8.	12 x 0.5	6.00
	<i>Psihomotricitate și gimnastica educativă -vol I (2002).</i> <b>Grosu Emilia Florina</b> , Publisher GMI, Cluj – Napoca, ISBN 978-973-98721-6-6	12 x 0.5	6.00
	<i>Paralele inegale din gimnastica artistică feminină (2004).</i> <b>Grosu Emilia Florina</b> , Vol I. from Colection "Gimnastică", ISBN 978-973-85692-1-4.	12 x 0.5	6.00
	<i>Biomecanica, metodică și tehnica elementelor acrobatice la sol și bâră (2005).</i> <b>Grosu Emilia Florina</b> , Vol II, from collection "Gimnastică", Publisher GMI, Cluj – Napoca, ISBN 978-973-85692-2-2	12 x 0.5	6.00
	<i>Psihomotricitate (2009).</i> <b>Grosu Emilia Florina</b> , Publisher GMI, Cluj – Napoca, ISBN 978-973-88283-6-0.	12 x 0.5	6.00
	<i>Săriturile în gimnastica competițională feminină (2011).</i> <b>Grosu Emilia Florina</b> , Vol II din Colecția Gimnastică, Publisher GMI, Cluj – Napoca, ISBN 978-973-1776-35-4. ISBN 978-973-1776-32-3.	12 x 0.5	6.00
	<i>Complexe de exerciții pentru influențarea selectivă a aparatului locomotor / Complex physical exercises for the development of locomotory system (1998).</i> <b>Grosu Emilia Florina, Grosu Vlad Teodor</b> , Ediția a 2 a, Gimnastica, Editura GMI, Cluj -Napoca, ISBN 973 -98721-1-5.	12 x 0.5/2	3.00
	Sportul - Fenomen social (2007). Grosu Emilia Florina & all. vol. I Collection "Știința Sportului". ISBN 978-973-1776-01-9. ISBN 978-973-88283-0-8	12 x 0.5/5 = 1.2	1.2
	<i>Optimizarea antrenamentului sportiv (2008).</i> Grosu Emilia Florina, Collection "Știința Sportului" vol IV, ISBN 978-973-1776-01-9. ISBN 978-973-88283-3-9	12 x 0.5/5 = 1.2	1.2
	<i>Conceptele fundamentale ale Științei Sportului (2008).</i> Grosu Emilia Florina in Collection " Știința Sportului"- vol II, in Collection "Știința Sportului", ISBN 978-973-1776-01-9. ISBN 978-973-88283-1-5	12 x 0.5/5 = 1.2	1.2
	<i>Pregătirea psihologică și antrenamentul invizibil în activitatea sportivă” (2008).</i> Grosu Emilia Florina vol III., in Collection "Știința Sportului" ISBN 978-973-1776-01-9. ISBN 978-973-88283-1-3.	12 x 0.5/5 = 1.2	1.2
	<i>Locul și roul fitness-ului în știința sportului (2010).</i> Grosu Emilia Florina ISBN 978-973-1776-33-0. Publisher GMI, Cluj – Napoca ISBN 978-973-1776-01-9. ISBN 978-973-88283-3-9.	12 x 0.5/5 = 1.2	1.2
	<i>Gimnastica educativă, acrobatică și sărituri la aparate (2010).</i> Grosu Emilia Florina, multiply UBB.	12 x 0.5/2	3.00
	<i>Spiritualitatea în sport (2011).</i> Grosu Emilia Florina, Grosu Clad Teodor, Publisher GMI, Cluj – Napoca. ISBN 978-973-1776-31-6		3.00
	Grosu Emilia Florina, Gogean Groza Gina, <i>Gimnastica acrobatică și săriturile cu sprijin la aparate în școală (2019).</i> Editura Risoprint 2019, 110 pagini, Editura GMI, Cluj – Napoca ISBN 978-973-53-	12 x 0.5/2	3.00

	2428-5		
	<i>Elementele tehnicii corporale in gimnastică artistică, ritmică și dans</i> (2011). Grosu Emilia Florina, Vol I, din colecția Gimnastică, Editura GMI, Cluj –Napoca, ISBN 978-973-1776-34-7. ISBN 978-973-1776-32-3.	12 x 0.5	6.00
	<i>Fitnessul componentă a Științei Sportului</i> (2022). Grosu Vlad Teodor, Grosu Emilia Florina, Ciorsac Alecu-Aurel, Editura Risoprint, ISBN 978-973-53-2843-6.	12 x 0.5 /3	2.00
	<i>Modalități de practicare a aerobiceiului prin implementarea unor programe de optimizare a condiției fizice</i> (2023). Grosu Vlad Teodor, Ciorsac Alecu-Aurel, Grosu Emilia Florina, Editura Risoprint Cluj – Napoca, ISBN 978-973-53-3033-0	12 x 0.5 / 3	2.00
	<i>Transformado la educacion: Tecnologia, innovacion y sociedad en la Era Digital</i> . Carlos Hervas- Gomez, M <sup>a</sup> , Dolores Diaz – Noguera, Emilia Florina Grosu & all. (2024). Editura Dykinson S.L. Madrid 2024, ISBN 978-84-1070-251-6.	12 x 0.5/3	2.00
	<i>The Education Revolution through Artificial Intelligence / Enhancing Skills Safeguarding Rights, and Facilitating Human – Machine Collaboration</i> , Carlos Hervas- Gomez, M <sup>a</sup> , Dolores Diaz – Noguera, Emilia Florina Grosu & all (2025). Horizontes Universidad, Octaedro S.L. Barcelona, ISBN 978-84-10282-58-2. DOI: 10.36006/09651-1	12 x 0.5/3	2.00
		<b>TOTAL I 12</b>	<b>83.00</b>
<b>I 13</b>	<b>Capitole în cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B (m B = 0,5)</b>	<b>3 x m/n</b>	<b>Capitol</b>
	<b>Dance movement therapy by practicing authentic movement and epimotorics / Terapia mișcărilor de dans practicând mișcarea autentică și EpiMotorics</b> , Shalem – Zafari Yifat Grosu Emilia Florina, Moraru Cristina Elena, Grosu Vlad Teodor, Proceedings of ICU 2019, The 5th international Conference of the Universitaria Consortiul, education for Health and Performance, october 11-12, 2019, Cluj - Napoca, Romania, <a href="http://www.edlearning.it">www.edlearning.it</a> , Printed in January 2020, Bologna (Italy), ISBN 978-88-87729-62-7, pp. 379-384	3 x 0.5/ 3	0.50

	<p><b>Dynamic of salivary cortisol and testosterone during competition stress in alpine skiing in adults and children</b>, Vlad Alexandru Toma, Eduard Bucălie, Anca Daniela Fărcaș, Paul Ciolpan, Ioana Roman, Alexandru Mureșan, Emilia Florina Grosu; Cognition, Brain, Behavior. An interdisciplinary Journal, Copyright 2019 ASCR Publishing House. All rights reserved. ISSN: Print 2247-9228, online 2601-226X, volume XXIII, No.1 (March), 29-41, doi: 10.24193/cbb.2019.23.02, pp.29-41</p> <p><a href="http://www.cbbjournal.ro/index.php/en/2019/124-23-1/641-dynamics-of-salivary-cortisol-and-testosterone-during-competition-stress-in-alpine-skiing-in-adults-and-children">http://www.cbbjournal.ro/index.php/en/2019/124-23-1/641-dynamics-of-salivary-cortisol-and-testosterone-during-competition-stress-in-alpine-skiing-in-adults-and-children</a></p> <p><a href="https://www.scopus-com.am.e-nformation.ro/results/authorNamesList.uri?origin=searchauthorlookup&amp;src=al&amp;edit=&amp;popUp=&amp;basicTab=&amp;affiliationTab=&amp;advancedTab=&amp;st1=Grosu&amp;st2=Vlad+Teodor&amp;institute=Technical+University+&amp;orcidId=&amp;authSubject=LFSC&amp;_authSubject=on&amp;authSubject=HLSC&amp;_authSubject=on&amp;authSubject=PHSC&amp;_authSubject=on&amp;authSubject=SOSC&amp;_authSubject=on&amp;s=AUTHLASTNAME%28Grosu%29+AND+AUTHFIRST%28Vlad+Teodor%29&amp;sdt=al&amp;sot=al&amp;searchId=85303a92ab281a78b1671916b28b5ccc&amp;exactSearch=off&amp;sid=85303a92ab281a78b1671916b28b5ccc">https://www.scopus-com.am.e-nformation.ro/results/authorNamesList.uri?origin=searchauthorlookup&amp;src=al&amp;edit=&amp;popUp=&amp;basicTab=&amp;affiliationTab=&amp;advancedTab=&amp;st1=Grosu&amp;st2=Vlad+Teodor&amp;institute=Technical+University+&amp;orcidId=&amp;authSubject=LFSC&amp;_authSubject=on&amp;authSubject=HLSC&amp;_authSubject=on&amp;authSubject=PHSC&amp;_authSubject=on&amp;authSubject=SOSC&amp;_authSubject=on&amp;s=AUTHLASTNAME%28Grosu%29+AND+AUTHFIRST%28Vlad+Teodor%29&amp;sdt=al&amp;sot=al&amp;searchId=85303a92ab281a78b1671916b28b5ccc&amp;exactSearch=off&amp;sid=85303a92ab281a78b1671916b28b5ccc</a></p> <p><a href="https://search-proquest-com.am.e-nformation.ro/docview/2227777154/DBE3FF31B5494F08PQ/11?accountid=136549">https://search-proquest-com.am.e-nformation.ro/docview/2227777154/DBE3FF31B5494F08PQ/11?accountid=136549</a></p>	3 x 0.5 / 7	0.21
	<p><b>Effect of sub-maximal weight training on force, velocity and power in junior speed skaters</b>, Ștef, R., D., Grosu E., F. Proceedings of ICU 2019, The 5th international Conference of the Universitaria Consortiul, Education for Health and Performance, october 11-12, 2019, Cluj - Napoca, Romania, www.edlearning.it, Printed in January 2020, Bologna (Italy), ISBN 978-88-87729-62-7, pp. 385- 392</p>	3 x 0.5 / 2	0.75
		<b>Total I13</b>	<b>1.46</b>
<b>I 14</b>	<b>Autor / co-autor rapoarte de analiză de politici/strategii educaționale</b>	<b>8 x m/n</b>	<b>Raport</b>

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<https://www.webofscience.com/wos/woscc/citation-report/d2ad3904-f1d5-4d74-9071-b5de64e2d637-019a503d01>

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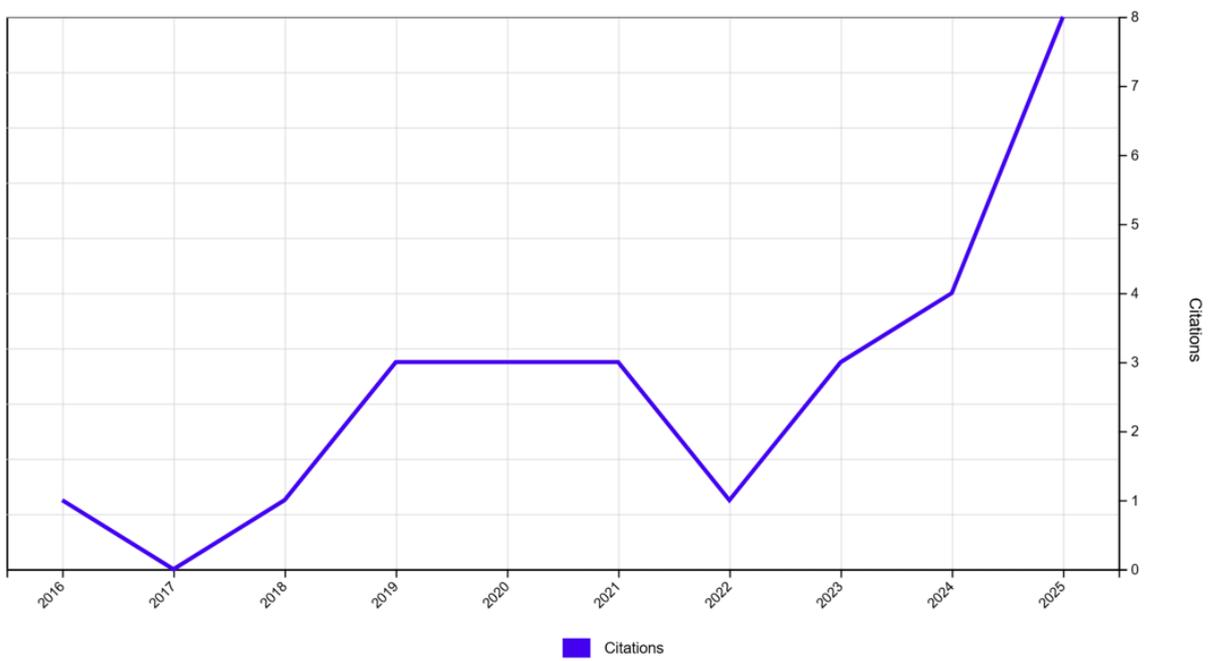
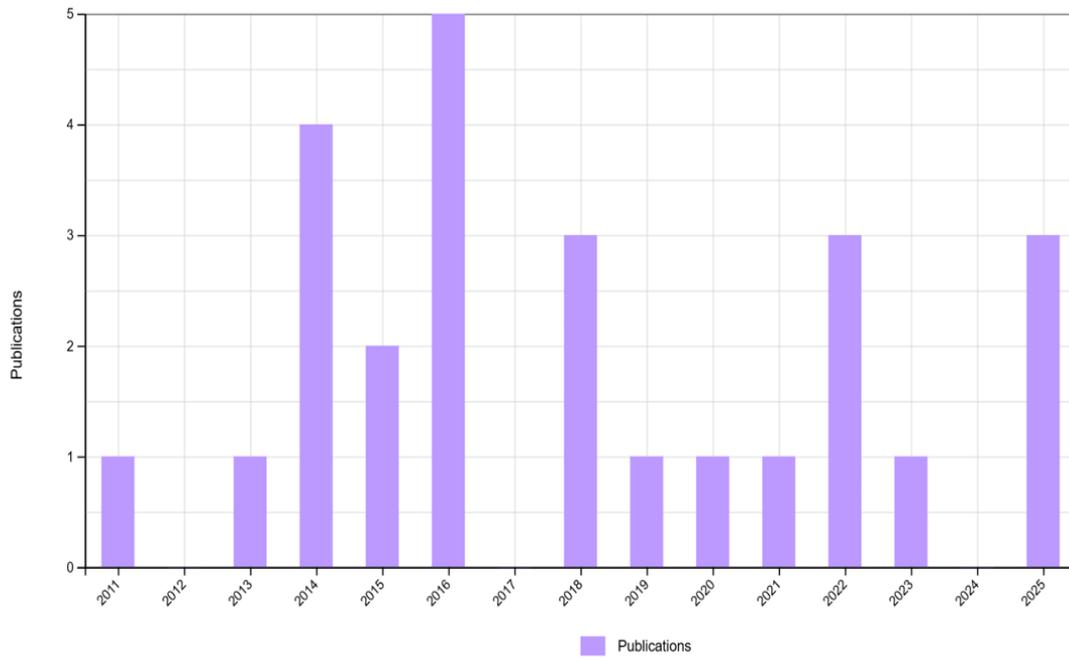
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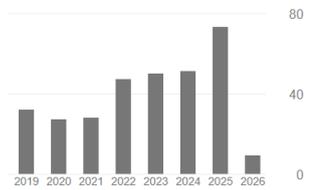
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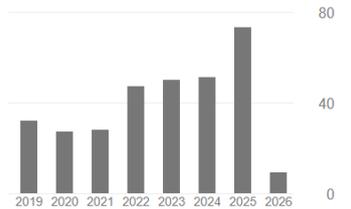
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<input type="checkbox"/>	<b>Sensory submodalities and the metalanguage, neurolinguistic programming techniques as part of the mental training,</b> Grosu Emilia-Florina, GROSU Vlad - Teodor, Moraru Cristina - Elena, Dobrescu ... Gymnasium	1 *	2015
<input type="checkbox"/>	<b>Correlations between physical activity and Ruffier indices in Romanian university students</b> D GRAȚIELA-FLAVIA, BB IULIANA, CPOPD RAREȘ, GE Florina Studia ubb educatio artis gymn 59 (4), 2014	1	2014
<input type="checkbox"/>	<b>Expression of sensory submodalities by neurolinguistic programming methods in sport training.</b> VT Grosu, C Popovici, M Dumitrescu, EF Grosu Paediatric of the Third Millennium Civilization & Sport 15 (3)	1	2014
<input type="checkbox"/>	<b>STUDY OF ADAPTATION PSYCHOMETRIC INSTRUMENTS THAT MEASURE ANXIETY, SELF-EFFICACY AND MOTIVATION FOR SPORT PERFORMANCE.</b> RA NUȚ, EF GROSU Studia Universitatis Babeş-Bolyai, Educatio Artis Gymnasticae 59 (1)	1	2014

<input type="checkbox"/>	STUDY OF ADAPTATION PSYCHOMETRIC INSTRUMENTS THAT MEASURE ANXIETY, SELF-EFFICACY AND MOTIVATION FOR SPORT PERFORMANCE. RA NUȚ, EF GROSU Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae 59 (1)	1	2014
<input type="checkbox"/>	THE DEVELOPMENT OF CREATIVE THINKING IN CHILDREN IN SECONDARY SCHOOLS, Preja Carmen Aneta , Grosu Emilia-Florina, GROSU Vlad - Teodor Gymnasium 15 (XV, 1)	1 *	2014
<input type="checkbox"/>	The Relation between Mental Training and the Physiological Index in Artistic Gymnastics GVT Grosu Emilia-Florina, Nica-Badea Delia INTERNATIONAL JOURNAL OF SPORTS SCIENCE & COACHING, International Journal of ...	1 *	2013
<input type="checkbox"/>	Relationship between body mass index and physical self-esteem in Romanian adolescents M CRĂCIUN, EF Grosu, D Petrehus	1	2010
	<b>CITĂRI IN GOOGLE SCHOLAR = 433 citări x 0.05 = 21.5 PUNCTE</b> <b>TOTAL CITĂRI I 17 + I 18 = 53.5</b> <b>TOTAL puncte = 14 + 18 + 21.5 = 53.5 puncte</b>	Total I 18 =	<b>21.5 puncte</b>
			<b>Total citări I 17 + I 18 = 53.5 puncte</b>
<b>I 18</b>	<b>Keynote speaker (comunicare științifică în plen) la conferințe internaționale (m = 3) / naționale (m = 1)</b>	<b>2 x m</b>	<b>Conferință</b>
	Conferința în Consorțiu a Doctoranzilor, Cluj -Napoca, decembrie 2020	2 x 1	2
		<b>Total</b>	<b>2 puncte</b>
<b>I 19</b>	<b>Membru în comitetul științific (A) / Referent științific pentru evaluarea și selecția lucrărilor unei conferințe (B) / Membru în comitetul de organizare (C) / Coordonator simpozion (Chair) (D) (se punctează o singură calitate / conferință)</b> <b>19.1 Conferințe internaționale (m = 3)</b> <b>19.2 Conferințe naționale (m = 1)</b>	<b>1 x m</b>	<b>Conferință</b>
	Univ. V. Alecsandri Bacău - Sesiunea de Comunicări Științifice 2016, 2017, 2018, 2023	3 x 4	12
	Univ. București - Sesiunea de Comunicări Științifice 2016	1 x 3	3
	Membru în comitetul științific, Conferința Națională a Școlilor Doctorale 11 decembrie 2020 Cluj-Napoca,	1 x 1	1
	Membru al asociației - ARACIS EUROPEAN - 2021	1 x 3	3
	Membru FIEPS – European Federation of Physical Education and Sport din 2015, (din 2016 până în prezent)	3 x 5 ani	15
	Grosu Emilia Florina, FEPSAC –European Federation of Sport Psychology, Membru FEPSAC, 2007 și în prezent.(din 2016 în prezent)	3 x 5 ani	15

	Membru în comitetul științific Conferința Națională Educație Sport și Motricitate Școlară –Abordare pluridisciplinară a problematicei specifice școlilor vocaționale, 07.05.2018	1 x 1	1
		<b>Total I 19</b>	<b>50 puncte</b>
<b>I 20</b>	<b>Președinte sau membru în comitetul executiv al unei asociații profesionale internaționale (<math>m = 3</math>) sau naționale (<math>m = 1</math>)</b>	<b>2 x m</b>	<b>Asociație</b>
	Membru al asociației - Quality Agency for Higher Education - 2021	2 x 6	12
	Membru FIEPS – European Federation of Physical Education and Sport din 2015, (din 2016 până în prezent)	2 x 6	12
	Grosu Emilia Florina, FEPSAC –European Federation of Sport Psychology, Membru FEPSAC, 2007 și în prezent.(din 2016 în prezent)	2 x 6	12
		<b>Total</b>	<b>36 punct</b>
<b>I 21</b>	<b>Premii și distincții</b> <b>I21.1. Premii pentru activitatea științifică oferite de către instituții sau asociații științifice / profesionale internaționale (<math>m = 3</math>) sau naționale de prestigiu (CNCS, etc.) (<math>m = 1</math>) (nu sunt incluse granturile de deplasare sau premiile articolelor din zona roșie, galbenă etc.)</b> <b>I21.2. Obținerea în activitate a unor rezultate de prestigiu privind promovarea țării și a învățământului românesc (de exemplu distincțiile, medaliile primite de către sportivi, antrenori, alți specialiști pentru rezultate la JO, CM, CE etc., oferite de Președinția României, MENCS, MTS etc.)</b>	<b>4 x m</b>	<b>Premiu</b>
<b>I 22</b>	<b>Coordonator al unei colecții de carte</b>	<b>6</b>	<b>Colecție</b>
<b>I 23</b>	<b>Carte coordonată relevantă pentru domeniu (<math>m A1 = 3</math>; <math>m A2 = 1</math>; <math>m B = 0.5</math>)</b>	<b>8 x m/n</b>	<b>Carte</b>
<b>I 24</b>	<b>Redactor șef / editor sau membru în comitetul editorial al unei reviste cu comitet științific și peer-review</b> <b>I24.1. Revistă indexată Web of Science (<math>m = 3</math>)</b> <b>I24.1. Revistă indexată în cel puțin două BDI (<math>m = 1</math>)</b> <b>I24.2 Revistă indexată într-un BDI (<math>m = 0.5</math>)</b>	<b>4 x m</b>	<b>Revistă</b>
	Revista <a href="#">Arena-Journal of Physical Activities – Arad (2011 – 2018)</a>	4 x 1	4.00
	<u>Act of Accession - International Scientific Committee Academic Journal G.I.E.S.S.E.D.I. (GSD)</u>	4 x 1	4.00
	<i>ATHENS INSTITUTE FOR EDUCATION AND RESEARCH A World Association of Academics and Researchers 8 Valaoritou Str., Kolonaki, 10671 Athens, Greece. Tel.: 210-36.34.210 Fax: 210-36.34.209 Email: info@atiner.gr URL: www.atiner.gr</i>	4 x 1	4.00
	Editura GMI Cluj – Napoca din 1998 Membru în comitet Editorial	4 x 1	4.00
		<b>Total</b>	<b>16.00</b>

<b>I 25</b>	<b>Referent științific ad hoc pentru reviste cu comitet științific și peer-review</b> <b>I25.1. Revistă indexată Web of Science</b> <b>I25.2. Revistă indexată BDI (alta decât WoS)</b>	<b>0.3 / 0.2</b>	<b>Articol</b>
	<b>2016 – 10 articole</b>		
	ASS- Review Form_189642-1-SM x 5 articole	5 x 0.2 =	1.00
	International Journal of Physical Medicine & Rehabilitation	1 x 0.3 =	0.30
	AJSSM_1001600174	1 x 0.3 =	0.30
	SciEP - Review Form	1 x 0.3 =	0.30
	WCPCG- 2233-27496 -2-RV	1 x 0.3 =	0.30
	SciEP 2016 WJSSH	1 x 0.3 =	0.30
	<b>2017 – 1 articol</b>		
	The Anthropologist (T-ANTH) <u>Received on 17. 09. 2016</u> <u>REF. NO. T-ANTH-379-16</u>	1 x 0.3 =	0.30
	<b>2018 – 2 articole</b>		
	ASS-Review 20181020	1 x 0.3 =	0.30
	SciEP-Review Form AJSSM_1001612235	1 x 0.3 =	0.30
	<b>2019 – 1 articol</b>		
	AJSSM_1001612272	1 x 0.3 =	0.30
	2020		
	FIEP Congress Bracelona – Reviewer x 4 articole	4 x 0.3 =	1.20
	AERJ-2020-134	1 x 0.3 =	0.30
	AJSSM_1001612297	1 x 0.3 =	0.30
	EDUCATION_1300113455_FOR_Review	1 x 0.3 =	0.30
		<b>Total</b>	<b>5.80</b>
<b>I 26</b>	<b>Profesor asociat / visiting scholar pentru o durată de cel puțin o lună de zile / susținerea unei conferințe sau prelegeri în fața cadrelor didactice sau a doctoranzilor (se punctează un singur aspect per universitate; nu sunt incluse aici schimburile Erasmus)</b> <b>26.1 la o universitate din TOP 500 conform clasamentului URAP (m = 3)</b> <b>26.2 la o universitate din afara topului 500 URAP, ca urmare a unei invitații nominale din partea instituției gazdă (m = 1)</b> <b>26.3 profesor invitat / lector al federațiilor internaționale pe ramură de sport / Academiei Olimpice a CIO / Asociații profesionale internaționale (m = 1) / federațiilor naționale pe ramură de sport sau Academiei Olimpice a COSR (m = 0,5)</b>	<b>0.5 x m</b>	<b>Instituție / invitație</b>
		<b>Total</b>	
<b>I 27</b>	<b>Director al unui grant finanțat / instituția coordonată</b> I27.1 Director grant de cercetare cu relevanță publică largă obținut prin competiție internațională, acordat de către o agenție / instituție internațională (m = 3) I27.2. A. Director grant de cercetare cu relevanță publică largă obținut prin competiție națională / B. Coordonator echipă România pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție internațională (m = 1) I27.3. A. Director sau coordonator partener al unui grant de dezvoltare instituțională (de exemplu tip POSDRU, Erasmus + etc.) / B. Director sau coordonator partener al unui grant de cercetare cu relevanță specifică (de exemplu finanțat de către o companie), obținut prin competiție națională sau internațională / C. Coordonator partener	<b>9 x m</b>	<b>Grant</b>

	pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție națională ( $m = 0.5$ )		
	CERTIFICATE OF ATTENDANCE COORDONATOR Asociația diabeticilor din Transilvania PROJECT TITLE <b>Diabetic runners and cyclists for more sport for all in Europe “SportGiveChance”</b> n° 590518-EPP-1-2017-1-IT-SPO-SNCESE <b>SPOLETO</b> WEDNSDAY 29 AUGUST 2018 — MONDAY 03 SEPTEMBER 2018 This is to certify that: Emilia Florina Grosu has participated in the Erasmus + Sport project named above	9 x 0.5 =	4.50
		<b>Total</b>	<b>4.50</b>
<b>I 28</b>	<b>Membru în echipa unui grant finanțat / instituția coordonată</b> I28.1 Membru în echipa unui grant de cercetare cu relevanță publică largă obținut prin competiție internațională sau națională ( $m = 1$ ) I28.2. Membru în echipa unui grant de cercetare cu relevanță specifică sau a unui grant de dezvoltare instituțională obținut prin competiție internațională sau națională ( $m = 0,5$ )	<b>3 x m</b>	<b>Grant</b>
	Membru în Proiectul „Cercetator, viitor antreprenor – Noua Generatie” cod 123793/ POCU	3 x 0.5 =	1.50
		<b>Total</b>	<b>1.50</b>
<b>I 29</b>	<b>Activitate de mentorat / îndrumare</b> 29.1. Conducător științific / membru în comisia de îndrumare sau de evaluare a tezelor de doctorat (punctajul total la 29.1 este plafonat la maximum 10 puncte) 29.2. Mentor cu rol oficial de îndrumare a unor cercetători postdoctorali	1 / 0.5  1	Doctorand / comisie de îndrumare
	Conducător doctorat – dr Pop Rodica cas Prodan – 2021 -finalizat	1	1
	Conducător doctorat - drd Ordean Mircea 2021	1	1
	Membru comisie sustinere publică Iordan Andrei – Univ Galati 2021	1	1
	Membru comisie sustinere publică Neagu Sonia - SIBIU – Univ. Pitesti 2019	1	1
	Conducător științific - Azmon Michal - finalizat 2016	1	1
	Conducător științific - Suciu Adrain - finalizat 2016	1	1
	Conducător științific - Ganea I Virgil - finalizat 2017	1	1
	Cond. științific - Macarie (căs Munteanu) Camelia, finalizat 2017	1	1
	Conducător doctorat – Szabo Peter Zsolt – finalizat 2019	1	1
	Conducător doctorat – Milo Navot – finalizat 2019	1	1
	Conducător științific - Motică Florin Cosntantin – finalizat 2019	1	1
	Conducător științific - Milo Navot - 2019 - finalizat	1	1
	Conducător științific - Bechar Inbal – 2019 – finalizat	1	1
	Conducător Științific – Yifat Shalem Zafari 2019 – finalizat	1	1
	Conducător științific - Rozsnyai Radu Adrian -2020 - finalizat	1	1
	Conducător științific - Stef Raluca Doina – finalizat 2020	1	1
	Conducător științific - Holubiac Iulian Ștefan – finalizat 2020	1	1
	Conducător științific - Vari hanna Imola – finalizat 2020	1	1
	Conducător științific - drd. Forminte Nicolae Valerian – finalizat 2021	1	1
	Conducător științific - drd. Moisa Antonel Adrian – finalizat 2021	1	1
	Conducător științific - drd. Pop ( Cas. Prodan) Rodica – finalizat 2021	1	1
	Conducător științific - drd. Ordean Mircea Nicolae – finalizat 2021	1	1
	Conducător științific - drd. Boros (căs. Maniu) Emese Agnes – finalizat 2023	1	1
	Conducător științific - drd. Pop Rares – Mihai – finalizat 2023	1	1
	Conducător științific - drd. Hăisan Angel Alexandru – finalizat 2023	1	1
	Conducător științific - drd Neamțu (cas. Popescu) Adela – final 2023	1	1

Conducător științific - drd. Maussier Nicole – finalizat 2023	1	1
Conducător științific - drd. Mancini Nicolae – finalizat 2023	1	1
Conducător științific - drd. Zadic Alexandru – finalizat 2023	1	1
Conducător științific - drd. Rad (Răbîncă) Simona Maria - final 2024	1	1
Conducător științific - drd. Morosanu Ștefan – finalizat 2024	1	1
Conducător științific - drd. Bitang Andrei – finalizat 2024	1	1
Conducător științific - drd. Zbanga Alexandra – înscrisă 2024	1	1
Conducător științific - drd. Boncuț Mircea – înscris 2023	1	1
Conducător științific - drd. Nagy Alpar – înscris 2023	1	1
Conducător științific - drd. Ghejan Horatiu Dacian – înscris 2024	1	1
Conducător științific - drd. Macavei Sergiu – înscris 2024	1	1
Conducător științific - drd. Nicolescu Lucian – înscris 2024	1	1
Membru în comisia de Îndrumare – Anton Andra Adraiana 2016,2017, 2018	0.5	0.5
Membru în comisia de Îndrumare - Bălașa Ghiță Ciprian, 2016, 2017, 2018	0.5	0.5

	Membru în comisia de Îndrumare - Nemeş Raul Alexandru 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – Burz Otilia Teodora 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – Torok Gyuri Zoltan 2016,2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – drd Hăisan Petronela – 2018, 2019, 2020	0.5	0.5
	Membru în comisia de Îndrumare – Iris Malka 2017,2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare - Paul Ovidiu Radu 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare – Bejenariu Andrei Lorand	0.5	0.5
	Membru în comisia de Îndrumare - Mureşan Dorin Alexandru 2017, 2018, 2019.	0.5	0.5
	Membru în comisia de Îndrumare – Văduva Cristian 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare - Truţa n. Bianca Nicoleta 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare – drd Parjol Ionut – 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare – drd Strava Cosmin – 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare – drd Hans Reitmaier – 2017, 2018, 2019	0.5	0.5
	Membru în comisia de Îndrumare - drd. Nicoară Rares – 2019, 2020	0.5	0.5
	Membru în comisia de Îndrumare - drd Arnăutu Gabriel Costel, 2016, 2017, 2018	0.5	0.5
	Membru în comisia de Îndrumare - drd Fenici Cristian 2015, 2016, 2017.	0.5	0.5
	Membru în comisia de Îndrumare - drd Stupar Radu 2015, 2016, 2017.	0.5	0.5
	Membru în comisia de Îndrumare - drd Cocar Nada 2015, 2016, 2017.	0.5	0.5
	Membru în comisia de Îndrumare - dr Nagy Klara, 2016, 2017, 2018 – finalizat	0.5	0.5
	Membru în comisia de Îndrumare - drd Culcă alexandra 2017	0.5	0.5
		<b>Total I 29</b>	<b>50</b>
<b>I 30</b>	<b>30.1. Inițierea sau coordonarea unor programe de studii universitare sau post-universitare</b>	<b>2</b>	<b>Program</b>
	<b>30.2. Introducerea unor discipline noi în planul de învățământ</b>	<b>0.5</b>	<b>Disciplină</b>
	Antropologia mișcării – Curs Școala doctorală	<b>0.5</b>	<b>0.50</b>
	Inițierea sau coordonarea programelor de studii universitare de doctorat	<b>2</b>	<b>2.00</b>
		<b>Total I 30</b>	<b>2.50</b>
<b>I 31</b>	<b>Coordonarea unui centru sau laborator de cercetare, recunoscut de către Senatul Universității sau Consiliul Științific al Institutului de cercetare</b>	<b>2</b>	<b>Centru</b>
	Director Școala doctorală a FEFS din anul 2012- până în 2025		2
		<b>Total</b>	<b>2</b>

<b>I 32</b>	<b>Evaluator proiecte / membru în Panel în competiții internaționale (<math>m = 3</math>) / naționale (<math>m = 1</math>) de granturi de cercetare</b>	<b>1 x m</b>	<b>Ediție competiții</b>
<b>I 33</b>	Membru în grupul de experți 33.1. Comisii / consilii științifice sau organisme internaționale (de exemplu UNESCO, UNICEF, CIO, Federații internaționale pe ramuri de sport etc.) ( $m = 3$ ) 33.2. Comisii / consilii științifice sau organisme naționale (CNATDCU, CNCS, ANCS, ARACIS sau alt grup de lucru consultativ / de lucru la nivelul MENCS sau la nivel interministerial, alcătuit ca urmare a unui ordin emis de MENCS sau de către un alt for ministerial ( $m = 1$ ))	1 x m	Comisie
	Membru CNATDCU din 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025,	1x 1x 11 ani	11
	Membru ARACIS din 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025	1x1 x 15 ani	15
		<b>Total I 33</b>	<b>26</b>
<b>I 34</b>	<b>Furnizarea de servicii pentru beneficiarii externi ai instituției (cursuri sau programe de formare / perfecționare profesională în domeniu)</b>	0,5	<b>Pe curs avizat</b>
<b>I 35</b>	<b>35.1. Antrenor emerit / profesor emerit / maestru emerit al sportului / arbitru internațional / comisar / observator (se iau în calcul doar calitățile existente la data înscrierii în concurs)</b> <b>35.2. Premii pentru activitatea sportivă acordate de către instituții naționale (MTS, MENCS, COSR) sau internaționale</b> <b>35.3. Performanțe ale sportivilor antrenați (JO, CM, JMU – locurile 1-5; CE, CN – locurile 1), creații pe linia sportului de performanță, recuperării motrice și funcționale, kinetoterapiei și kinetoprofilaxie (linii metodice / metodologii / strategii de pregătire pe ramuri de sport / probă sportivă recunoscute în comunitatea de specialiști / federații pe ramuri de sport); programe de profilaxie și recuperare prin mijloace kinetice pentru diferite categorii de populație / grupe de vârstă / grupe profesionale / patologii) recunoscute de organisme profesionale și / sau științifice naționale și internaționale.</b>	3 / 2 / 2	<b>Pe titlu / premiu / activitate</b>
		Total A2 (I16+...+I35)	<b>200.39</b>
		<b>TOTAL GENERAL</b>	<b>521.89+ 200.39 = 722.28 puncte</b>

**STANDARDE MINIMALE PENTRU DOMENIUL EDUCAȚIE FIZICĂ ȘI SPORT**

<b>Aria A 1</b>	<b>Criteriu</b>	<b>Indicatori esențiali / suma indicatorilor</b>	<b>Standard minimal conferențiar / CS IIv</b>	<b>Standard minimal profesor / CS I / abilitare</b>	<b>Punctaj realizat de candidat</b>
Realizări științifice (A 1)	C1	I1 + I2	4	6	<b>200,57</b>
	C2	I3 + I4	15	24	<b>156 + 27 = 183</b>
	C3	<b>Total A1 (I1+...+I15)</b>	55	65	<b>521.89</b>
Vizibilitate și impact (A 2)	C4	I16	2	4	<b>53.5</b>
	C5	I27	-	4	<b>4.5</b>
	C6	<b>Total A2 (I16+...+I35)</b>	25	55	<b>200.39</b>
	C7	<b>Total general</b>	80	120	<b>521.89 + 200.39 = 722.28</b>

Prof. univ.dr. Emilia Florina Grosu

