

THE 8TH INTERNATIONAL CONFERENCE OF THE UNIVERSITARIA CONSORTIUM
“EDUCATION FOR HEALTH AND PERFORMANCE”

October 20-21, 2022

Cluj-Napoca, Romania

Conference President

Leon GOMBOȘ, PhD. Professor, Dean, Faculty of Physical Education and Sport, Babeș-Bolyai University, Cluj-Napoca, Romania

Scientific Committee

Prof. Renato MANNO, Former Education Coach Director of the Italian Olympic Committee (CONI), Professor at University San Raffaele in Rome, ITALY

Prof. PhD. Pongrác ÁCS, Dean, Faculty of Health Sciences of the University of Pécs, HUNGARY

Prof. PhD. Agron KASA, Rector, Sports University of Tirana, ALBANIA

Prof. PhD. Florin PELIN, Rector, National University of Physical Education and Sport, Bucharest, ROMANIA

Prof. PhD. Monica STĂNESCU, Vice-Rector, National University of Physical Education and Sport, Bucharest, ROMANIA

Prof. PhD. Silvia-Violeta TEODORESCU, National University of Physical Education and Sport, Bucharest, ROMANIA

Prof. PhD. Jonathan LING, University of Sunderland, UK

Prof. PhD. Beatrice ABĂLAȘEI, Dean, “Alexandru Ioan Cuza” University of Iasi, Faculty of Physical Education and Sport, Iasi, ROMANIA

Prof. Dr. of Sci. Olena ANDRIEIEVA, National University of Ukraine of Physical Education and Sport, Kyiv, UKRAINE

Prof. PhD. Aura BOTA, National University of Physical Education and Sport, Bucharest, ROMANIA

Prof. PhD. Arnold BACA, Dean, Centre for Sport Science and University Sports, University of Vienna, AUSTRIA

Prof. PhD. Adrian COJOCARIU, Vice-Dean, “Alexandru Ioan Cuza” University of Iasi, Faculty of Physical Education and Sport, Iasi, ROMANIA

Prof. PhD. Simona Angela PETRACOVSCI, West University of Timisoara, Faculty of Physical Education and Sport, Timisoara, ROMANIA

Prof. PhD. Enrique NAVARRO CABELLO, Universidad Politécnica de Madrid, SPAIN

Prof. PhD. Svitlana DROZDOVSKA National University of Ukraine of Physical Education and Sport, KYIV, UKRAINE

Prof. PhD. Dumitru Rareș CIOCOI-POP, “Babeș-Bolyai” University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Prof. PhD. Emilia GROSU, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Prof. PhD. Alina Daniela MOANȚĂ, Dean, National University of Physical Education and Sport, Faculty of Physical Education and Sport, Bucharest, ROMANIA

Prof. PhD. Mariana CORDUN, Dean, National University of Physical Education and Sport, Faculty of Kinetotherapy, Bucharest, ROMANIA

Prof. PhD. Carmen ENE-VOICULESCU, "Ovidius" University, Faculty of Physical Education and Sport, Constanța, ROMANIA

Prof. PhD. Alin LARION, "Ovidius" University, Faculty of Physical Education and Sport, Constanța, ROMANIA

Prof. PhD. Mircea DĂNOIU, Dean, University of Craiova, Faculty of Physical Education and Sport, ROMANIA

Prof. PhD. Germina Alina COSMA, University of Craiova, Faculty of Physical Education and Sport, ROMANIA

Prof. PhD. Petru GHERVAN, Dean, "Ștefan Cel Mare" University, Faculty of Physical Education and Sport, Suceava, ROMANIA

Prof. PhD. Andrade Ionuț BICHESCU, "Babeş-Bolyai" University, Faculty of Physical Education and Sport and "Eftimie Murgu" University, Reșița, ROMANIA

Prof. PhD. Iransé OLIVEIRA-SILVA, Universidade Evangélica de Goiás, Anápolis, BRAZIL

Prof. PhD. Jose Castro PIÑERO, University of Cadiz, SPAIN

Prof. PhD. Virgil ENE-VOICULESCU, Naval Academy „Mircea ce Bătrân”, Constanța, ROMANIA

Prof. PhD. Iosif SANDOR, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Prof. DSc. Pál HAMAR, Hungarian University of Sport Science, Budapest, HUNGARY

Prof. PhD. Emanuele ISIDORI, University of Rome „Foro Italico”, Rome, ITALY

Prof. PhD. István SOÓS, Hungarian University of Sport Science, Budapest, HUNGARY

Prof. PhD. Jaromír ŠIMONEK, University of Constantine the Philosopher in Nitra, SLOVAKIA

Prof. PhD. Fisnik BROVINA, Sports University of Tirana, ALBANIA

Assoc. Prof. PhD. Marius NECULAES, Vice-Dean, "Alexandru Ioan Cuza" University of Iasi, Faculty of Physical Education and Sport, Iasi, ROMANIA

Assoc. Prof. PhD. Adrian NAGEL, Dean, West University of Timisoara, Faculty of Physical Education and Sport, Timisoara, ROMANIA

Assoc. Prof. PhD. Eugen BOTA, Vice-Dean, West University of Timisoara, Faculty of Physical Education and Sport, Timisoara, ROMANIA

Assoc. Prof. PhD. Martin DOMOKOS, West University of Timisoara, Faculty of Physical Education and Sport, Timisoara, ROMANIA prof.

Assoc. Prof. PhD. Iuliana BOROS-BALINT, Vice-Dean, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Maria-Daniela MACRA OȘORHEAN, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Marius Alin BACIU, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Paula APOSTU, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Septimiu ORMENISAN, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Dan MONEA, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Cristian SANTA, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Ioan- Nelu POP, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Nicolae Horaţiu POP, Vice-Dean, "Babeş-Bolyai" University, Faculty of Physical Education and Sport, Cluj-Napoca, ROMANIA

Assoc. Prof. PhD. Marta HOCK, University of Pécs, HUNGARY

Assoc. Prof. PhD. Ioan TURCU, Dean "Transilvania" University, Faculty of Physical Education and Mountain Sports Braşov, ROMANIA

Assoc. Prof. PhD. Thanos YANNAKOS, Department of Physical Education and Sport, Aristotle University of Thessaloniki, GREECE

Assoc. Prof. PhD. Ionel MELENCO, Dean, "Ovidius" University, Faculty of Physical Education and Sport, Constanţa, ROMANIA

Assoc. Prof. PhD. Paul Florian DRAGOŞ, Vice-Dean, University of Oradea, Faculty of Geographical, Tourism and Sport, ROMANIA

Assoc. Prof. PhD-HDR. Laurent MOUROT, University Bourgogne Franche-Comté, FRANCE