



## Balla Béla József

**Date of birth:** 10 Jan 1990 | **Nationality:** Hungarian, Romanian | **Gender:** Male |

**Email address:** [bela.balla@ubbcluj.ro](mailto:bela.balla@ubbcluj.ro) |

**Address:** Pandurilor, 7, 400677, Cluj-Napoca - Cluj, Romania (Work)

### WORK EXPERIENCE

1 OCT 2018 – 30 SEP 2023 Cluj-Napoca, Romania  
**ASSISTENT PROFESSOR** UNIVERSITY OF BABEȘ-BOLYAI

Main disciplines:

1. Gymnastics - Artistic and Methodology
2. Volleyball - The Basics and Methodology
3. Theory of Physical Education and Sports

**Department** Individual Sports | **Email** [bela.balla@ubbcluj.ro](mailto:bela.balla@ubbcluj.ro)

1 OCT 2023 – CURRENT Cluj-Napoca, Romania  
**LECTOR UNIVERSITAR (LECTURER)** UNIVERSITY OF BABEȘ-BOLYAI

Main disciplines:

1. Gymnastics - Artistic and Methodology
2. Volleyball - The Basics and Methodology
3. Theory of Physical Education and Sports

31 AUG 2014 – 14 JUN 2019 Cluj-Napoca, Romania  
**PHYSICAL EDUCATION TEACHER SECONDARY SCHOOL** LICEUL TEORETIC BÁTHORY ISTVÁN

14 AUG 2014 – CURRENT Casele Micești, Romania  
**ADVENTURE PARK MANAGER** ADRENALIN PARK SRL

### EDUCATION AND TRAINING

30 SEP 2013 – 24 JUN 2019 Cluj-Napoca, Romania  
**PHD DEGREE** University of Babeș-Bolyai, Faculty of Physical Education and Sport

**Address** Mihail Kogălniceanu Street 1, 400677, Cluj-Napoca, Romania | **Website** [ubbcluj.ro](http://ubbcluj.ro)

30 SEP 2011 – 9 JUN 2013 Cluj-Napoca, Romania  
**MASTER'S DEGREE** University of Babeș-Bolyai, Faculty of Physical Education and Sport

**Address** Mihail Kogălniceanu Street 1, 400677, Cluj-Napoca, Romania | **Website** [ubbcluj.ro](http://ubbcluj.ro)

30 SEP 2008 – 9 JUL 2011 Cluj-Napoca, Romania  
**BACHELOR'S DEGREE** University of Babeș-Bolyai, Faculty of Physical Education and Sport

**Address** Mihail Kogălniceanu Street 1, 15, 400677, Cluj-Napoca, Romania | **Website** [ubbcluj.ro](http://ubbcluj.ro)

### LANGUAGE SKILLS

Mother tongue(s): **HUNGARIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ROMANIAN</b>	C2	C2	C2	C2	C2
<b>ENGLISH</b>	C1	C1	C1	C1	C1

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## ● **DIGITAL SKILLS**

Excellent Microsoft Office skills (Outlook, OneDrive, Word, Excel, PowerPoint, etc.) | IBM Statistical Package for the Social Sciences (SPSS) - Utilizator Independent